



2025-26

PERFORMANCE SUPPORT PROGRAM

ATHLETE + COACH NOMINATION CRITERIA / OLYMPIC & PARALYMPIC STREAM

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1. INTRODUCTION

1.1 PURPOSE OF THIS DOCUMENT

The purpose of this document is to provide a clear outline of the BC Athletics Performance Support Program including but not limited to, program eligibility, athlete and coach selection and other important program information. This document ensures transparency and consistency in the administration of the program, providing a standardized framework that aligns with BC Athletics' mission to develop and sustain performance athletes across all Track & Field and Non-Stadia disciplines.

1.2 PERFORMANCE SUPPORT PROGRAM

The BC Athletics Performance Support Program is the provincial Performance program for Athletics (Track & Field, Road, Mountain and Trail Running and Cross Country) in BC. Examples of program support includes, but is not limited to, funding for competition at national age category championships and national multi-sport games, access to performance support modalities, and access to services through our partnership with Canadian Sport Institute Pacific. The objectives of this program include:

- To select a roster of male and female athletes who have demonstrated the ability to be a finalist at a National Championships event and/or international event.
- To support athletes in achieving their performance goals and successfully moving towards the Athletics Canada High Performance Pathway and National Team opportunities.
- To provide coaches with support and resources to advance their coaching practice.

1.3 PROGRAM ROLES

a. BC Athletics (BCA)

As the Provincial Sport Organization (PSO), BC Athletics is responsible for all BC Athletics specific criteria, program selection, nomination to Canadian Sport Institute (CSI-P) and annual reporting.

b. Canadian Sport Institute Pacific (CSI-P)

The Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), ViaSport, the network of PacificSport centers, and BC Athletics, collaborates to deliver programs and services to place BC Athletes onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout British Columbia.

Through the above partnership, and with the above purpose in mind, BC Athletics may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport

athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centers in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix C for an outline of BC Athletics targeted athlete benefits, programs, and services as delivered through BC Athletics.

Targeted athletes are nominated by BC Athletics based on the athlete criteria below. Any inquiries regarding the sport-specific selection criteria can be made to Garrett Collier, Program Manager, BC Athletics – garrett.collier@bcathletics.org. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Athletics high performance program benchmarks to remain in the program. Garrett Collier and the Canadian Sport Institute technical lead working with BC Athletics have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Athletics runs December 1 to November 30 annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Athletics targeted athlete list, on a case-by-case basis, by contacting the PSO/DSO Technical Representative.

c. Athletics Canada (AC)

As the National Sports Organization (NSO), Athletics Canada is responsible for identifying high performance athletes through the Canadian Athletics Performance Pathway (CAPP) program. BC Athletics athletes on the CAPP list will also be on the BC Athletics Support Program Athlete List.

2. PROGRAM SUPPORT

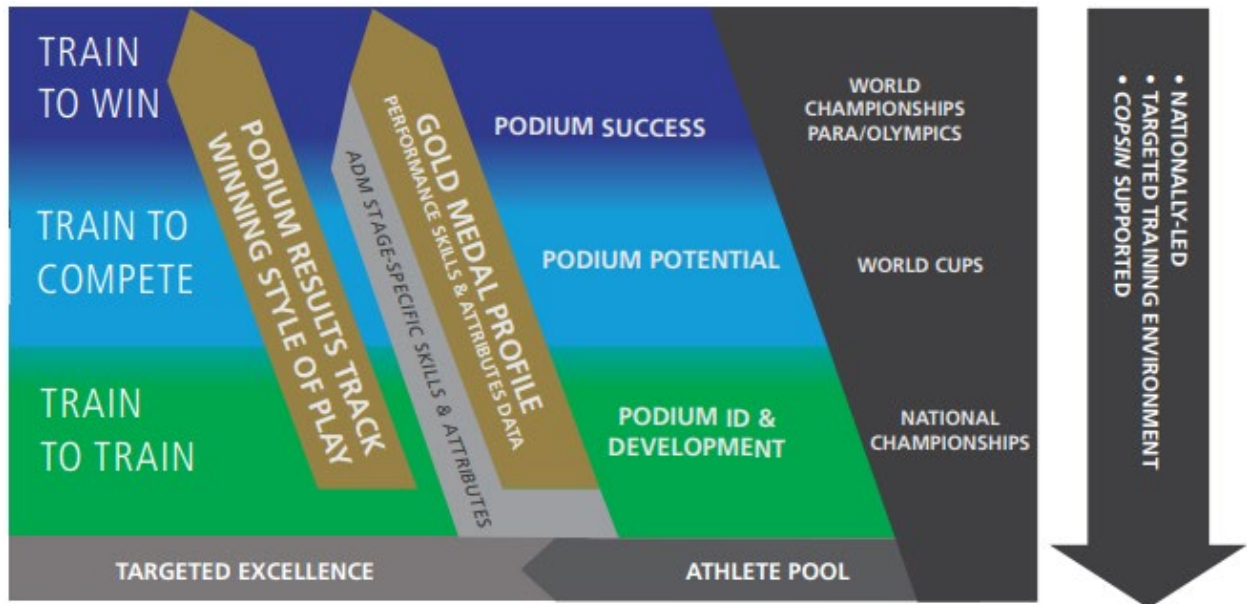
2.1 PURPOSE

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centers, and BC Athletics, collaborates to deliver programs and services to place BC athletes onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes represent the current generation of National Team athletes who are supported by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medalists. Support may be focused more on the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

FIGURE 1 – PODIUM PATHWAY (LTAD 3.0)



The BC Athletics Performance Support Program offers selected athletes support based on their level of classification (see Section 5). This program provides support through access to performance support through various services and funding (pending availability). To view a complete list of program benefits please review Appendix C Program Benefits.

PLEASE NOTE: Selection to the BC Athletics Performance Support Program roster does not guarantee selection to specific BC Teams (example: 2026 BC U26 Senior Team). Please consult specific BC Team selection criteria for selection to those teams.

3. IMPORTANT DATES

To view important dates for the 2025-26 BC Athletics Performance Support Program including application deadlines, selection dates and other important dates, please review Appendix A Program Calendar.

4. ELIGIBILITY

4.1 GENERAL ELIGIBILITY

a. ATHLETES

To be eligible for this program, athletes must:

- Hold a current BC Athletics Annual Athlete membership and be a member in good standing at the time of achieving the published performance standards and at the time of application and selection.
- Must hold a Canadian Citizenship or Permanent Residency.
- Must have permanent residence in BC for at least 6 months prior to selection.
- Has a permanent residence in BC or plans to resume permanent residence in BC but is temporarily residing outside of BC because of personal or professional work requirements.
- If previously affiliated with any other Athletics Association within the previous 12 months, the athlete must establish residency in BC for a minimum of 6 months and must be a registered annual athlete member of BC Athletics for 6 months.
- Must meet the age criteria set out for each support level (see Section 5).
- Achieving the published criteria in the event they wish to be considered for (Appendix B) within the published qualifying period (Appendix A).
- Must complete the 2025-26 BC Athletics Performance Support Program application by the published due date (Appendix A).
- Must agree to be registered as an annual athlete member for the upcoming membership year (2026) at the time of selection.
- Must agree to register with the Canadian Sport Institute Pacific or PacificSport at their regional centre within 45 days after final selection.

b. COACHES

To be eligible for this program, athletes must:

- Hold a current BC Athletics Coach Membership and be a member in good standing at the time of achieving the published performance standard.
- Must meet all BC Athletics requirements for coaching membership including SafeSport Training and have a valid Criminal Records Check on file with BC Athletics.
- Must be registered with the NCCP and have an NCCP Number.
- Must be at least NCCP Club Coach Certified, OR in their first year only, NCCP Club Coach Trained.
- Must hold a Canadian Citizenship or Permanent Residency
- Must have permanent residence in BC for at least 6 months prior to selection.
- If previously affiliated with any other Athletics Association within the previous 12 months, the athlete must establish residency in BC for a minimum of 6 months and must be a registered coach member of BC Athletics for 6 months prior to selection.
- Must complete the 2025-26 BC Athletics Performance Support Program application by the published deadline (Appendix A).

4.2 APPLICATION

All Athletes and coaches must complete the online application to be considered for this program by the deadline outline in Appendix A. Athletes will be allowed to apply for 2 intake periods (December and March). Any applications received after the December Intake deadline will be considered under the March intake. The online applications can be found below:

- a. **2025-26 ATHLETE APPLICATION**
- b. **2025-26 COACH APPLICATION**

***NEW FOR 2025-2026 - The athlete enrollment fee for this program will be \$35 + GST for Provincial Development 1 and Provincial Development 2 categories. The fee must be paid at the time of application. Any applicants not selected to the program will be provided with a refund. There will be no enrollment fee for Canadian Elite, Canadian Development or Coach categories.**

5. SELECTION CRITERIA

The following criteria are developed by BC Athletics and Canadian Sport Institute Pacific

5.1 PODIUM | CANADIAN ELITE (P/CE) Sport Canada AAP Carded

Athletes who meet the General Eligibility Criteria (Section 4.1a), and:

Athletes selected and/or considered as part of the 2025-2026 Athletics Canada CAPP “Podium” and “World Class” program levels as determined by the Athletics Canada Director of High-Performance Operations, Head Coach and Paralympic Performance Lead, and:

Who appeared on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway

5.2 CANADIAN DEVELOPMENT (CD)

a. ABLE-BODIED ATHLETES

Athletes selected and/or considered as part of the 2025-26 Athletics Canada CAPP “Podium” and “World Class” Program levels as determined by the Athletics Canada Director of High Performance, Head Coach and Paralympic Performance Lead and who do not appear on the Sport Canada AAP Carding list verified by the NSO, **OR**

Athletes selected and/or considered as part of the 2025-26 Athletics Canada CAPP “International” and “Talent Confirmation” Program Levels as determined by the Athletics Canada High Performance Director, Head Coach, and Paralympic Performance Lead.

b. PARA ATHLETES

Athletes selected and/or considered as part of the 2025-26 Athletics Canada CAPP “International” and “Talent Confirmation” Program Levels as determined by the Athletics Canada Director of High Performance, Head Coach, and Paralympic Performance Lead. *Para-athletes must hold a national or international IPC classification which is of “review” or “confirmed” status.

5.3 PROVINCIAL DEVELOPMENT 1 (PD1)

To be eligible for selection for Provincial Level 1 support, athletes must:

Be 20+ years of age (2005) during the published qualification period;

AND

- a. Achieved the published BC Athletics 2025 Provincial Development Level 1 performance standard (Appendix B) during the published qualification period (Appendix A), **OR**
- b. Have placed Top 5 at the 2025 Canadian Cross Country Championships in the Open category, **OR**
- c. Have been named to a 2025 Canadian Trail and/or Mountain Running Championship team and competed at the national team even for which they were selected for, **OR**
- d. Have been named to an Open or U23 National Team in an eligible event (or equivalent international development event) during the qualification period.

5.4 PROVINCIAL DEVELOPMENT 2 (PD 2)

To be eligible for selection for Provincial Level 1 support, athletes must:

Be 16 years old (2010) to 19 years old (2006) during the published qualification period.

AND

- a. Achieved the published BC Athletics Provincial Development Level 2 performance standard (Appendix B) during the published qualification period (Appendix A), **OR**
- b. Placed Top 5 at the 2025 Canadian Cross Country Championships in the U20 or U18 category, **OR**
- c. Have been named to a U20 or U18 National Team in an eligible event (or equivalent international U20 or U18 event) during the qualification period (Appendix A)

5.5 COACH SELECTION

To be eligible for selection for Coach Support, coaches must:

- a. Meet the eligibility requirements in section 4.1B, **AND**
- b. Have an athlete named to the 2025-26 BC Athletics Performance Support Program, or 2025 Provincial Team, or 2025 National Team.

5.6 SELECTION PROCESS

a. Athletes

Athletes who meet the eligibility requirements and the BC Athletics selection criteria (Appendix B Performance Standards) will be selected to the BC Athletics Performance Support program from January 1 – December 31, 2026. Once selected to the program, athletes will be required to meet the program registration and requirements to remain eligible set forth in Section 7.

BC Athletics will allow for 2 intakes as outline in Appendix A. All applications submitted after the Intake 1 deadline will be considered for Intake 2.

b. Coaches

Coaches who meet the eligibility requirements and the BC Athletics selection criteria will be selected to the BC Athletics Performance Support Program from January 1 – December 31, 2026. Reminder, coaches must apply to be considered.

5.7 PROVISIONAL ROSTER

A provisional roster will be posted on the BC Athletics website on or around the date listed in Appendix A Program Calendar. An email to all applicants will be sent notifying them of the provisional roster. Once posted, athletes will have 24 hours submit an appeal from the time stamp on the posted provisional roster.

5.8 APPEALS

a. Eligibility to Appeal

Only athletes that have achieved the minimum published standard (see Appendix B Performance Standards) during the qualification period or have met the selection criteria may submit an appeal.

b. Appeal Process

After BC Athletics has posted the provisional roster, athletes who meet the appeal eligibility requirement (see above) will have 24 hours to submit an appeal via **the BC Team Program Appeal for Selection Form**. Once an eligible appeal has been received, BC Athletics in consultation with the

Appeals Committee will render a decision. Once the appeals committee has made their ruling, the decision will be considered final, and the appeal will be closed.

NEW - If an appeal is denied, the athlete will be invoiced for a **\$50.00** appeal fee. All fees must be received by BC Athletics before athletes can be considered for future programs (i.e. teams) and membership renewal for the following year.

5.9 FINAL ROSTER & CONFIRMATION

Once all eligible appeals have been ruled, BC Athletics will post their final roster online and via social media channels.

After the final roster has been posted, BC Athletics will send all successful applicants a confirmation email with details of next steps including a mandatory athlete intake questionnaire. Athletes and coaches will have 48 hours to complete this form.

6. NOMINATION PROCESS

Once the final roster has been confirmed, BC Athletics will send the list of athletes and coaches to Canadian Sport Institute – Pacific. Athletes and coaches will receive an email from BCA with next steps for program registration with Canadian Sport Institute – Pacific and/or PacificSport.

7. PROGRAM REQUIREMENTS & REGISTRATION

7.1 ATHLETE REQUIREMENTS

Selected athletes will be expected to complete the following within 45 days of confirmation email:

- Register with their nearest CSI-P or PacificSport Centre.
- Obtain 2026 BC Athletics Annual Athlete Membership.
- Complete or have completed CCES True Sport online course*
- Complete or have completed SafeSport training course*
- In addition to the above requirements, selected athletes agree to complete mandatory check-in questionnaires (up to 3-4 a year) including a final post-season report.

* Selected athletes will only be required to complete the CCES True Sport and SafeSport course once. If you already completed this course, please email your certificate of completion to the BC Athletics Track & Field Program Manager garrett.collier@bcathletics.org. BC Athletics will provide access information for all required courses.

7.2 COACH REQUIREMENTS

Selected coaches will be expected to complete the following within 45 days of confirmation emails:

- Register with the nearest CSI-P or PacificSport Centre.

- Obtain 2026 BC Athletics Coach Membership.
- In addition to the above requirements, selected coaches agree to complete mandatory check-in questionnaires (1-2 a year) including a final post-season report.
- First year selected coaches, who are Club Coach Trained, MUST achieve Club Coach Certified status in subsequent years.

7.3 REGISTRATION

Once the athlete or coach is nominated, they will be notified by BC Athletics and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre to receive athlete or coach support.

8. AMMENDMENTS & CHANGE HISTORY

BC Athletics reserves the right to amend this Selection Criteria at any time. If any amendments are made, they will be communicated as soon as and will be included in this document in the Change History (see Appendix D). BC Athletics will also communicate amendments through the BC Athletics website and emails to declared athletes.

9. QUESTIONS

If you or your coach has any questions, please contact the Track & Field Program Manager Garrett Collier at garrett.collier@bcathletics.org.

APPENDIX A | PROGRAM CALENDAR

DATE(S)	ITEM	NOTE
JANUARY 1 – DECEMBER 31, 2025	QUALIFICATION PERIOD	
NOVEMBER 17, 2025	CRITERIA POSTED / APPLICATION OPEN	
DECEMBER 12, 2025	APPLICATION DUE	INTAKE 1
DECEMBER 15, 2025	PROVISIONAL ROSTER POSTED	
DECEMBER 16, 2025	FINAL ROSTER POSTED	
DECEMBER 17, 2025	CONFIRMATION EMAIL SENT	
DECEMBER 19, 2025	NOMINATION LIST SENT TO CSI-P	
MARCH 1, 2026	APPLICATION DUE (same link as above)	INTAKE 2
MARCH 4, 2026	PROVISIONAL ROSTER POSTED	
MARCH 5, 2026	FINAL ROSTER POSTED	
MARCH 6, 2026	CONFIRMATION EMAIL SENT	
MARCH 8, 2026	NOMINATION SENT TO CSI-P	
MARCH 31, 2026	DUE: CHECK-IN QUESTIONNAIRE 1	Link to questionnaire to be sent to athletes 30 days prior.
JUNE 30, 2026	DUE: CHECK-IN QUESTIONNAIRE 2	
SEPTEMBER 30, 2026	DUE: CHECK-IN QUESTIONNAIRE 3	
DECEMBER 1, 2026	DUE: CHECK-IN QUESTIONNAIRE 4	

* Dates are subject to change due to unforeseen events or delays. Any change will be communicated via email to applicants and/or highlighted in yellow in this document and added to the Change History (Appendix D).

APPENDIX B | PERFORMANCE STANDARDS

EVENTS	WOMEN		MEN	
	Provincial Dev 1	Provincial Dev 2 ¹	Provincial Dev 1	Provincial Dev 2 ¹
100m	11.42	11.94	10.26	10.61
200m	23.38	24.40	20.66	21.65
400m	52.30	55.60	46.47	48.17
800m	2:03.28	2:08.51	1:47.34	1:51.36
1500m	4:11.17	4:25.97	3:38.26	3:49.99
3000m		9:50.09		8:26.33
5000m	15:32.68	17:30.00	13:37.26	14:55.37
10000m	33:25.39		28:59.50	
10000RW	46:14.91	49:30.00	44:31.00	47:30.00
20000RW	1:35:31.70	1:43:00.00	1:32:00.00	1:38:14.47
100 H	13.44	14.11 (U20)		
110 H			14.18	14.48 (U20)
400 H	59.14	61.30	52.43	54.78
3000SC	9:46.87	9:51.14	8:47.40	9:29.41
High Jump	1.77	1.69	2.10	2.01
Pole Vault	4.10	3.67	5.06	4.44
Long Jump	6.12	5.75	7.38	7.01
Triple Jump	12.66	11.97	15.26	14.52
Shot Put	14.79	12.40	16.71	14.88 (U20)
Discus Throw	50.46	40.46	50.00	45.87 (U20)
Hammer Throw	62.27	49.53	63.51	58.22 (U20)
Javelin Throw	49.78	43.24	66.92	57.50
Heptathlon	5240	4454		
Decathlon			6560	5907
10K Road	33:25.00	36:58.17	28:59.51	31:35.62
10K RW	49:30.13		44:31.14	
20K RW	1:42:57.75		1:32:10.74	
Half-Marathon	1:13:12.46		1:03:42.41	
Marathon	2:35:42.89		2:14:59.47	

1. Performance standards for Provincial Development 2 are set using U20 implement and hurdle specifications. U18 athletes (with the exception of combined events) must register performances achieved with U20 specifications to be considered. An exception for Combined Events is provided due to the lack of competitive combined events competitive opportunities.

APPENDIX C | PROGRAM BENEFITS

BENEFITS	SUPPORT LEVEL				
	P/CE	CD	PD 1	PD 2	Coach
Access to discounts through CSI-P Community Partners	●	●	●	●	●
Funding (as available) for BCA camp and clinic opportunities	●	●	●	●	●
Access to GymWorks™	●	●	●	●	●
Access to FoodStuff™	●	●	●	●	●
Access to CSI-P available grants & bursaries	●	●	●	●	●
Access to BCA Performance Program Travel Grants ¹	●	●	●		●
Access to BCA Performance Program Services Grants ²	●	●	●	●	
Credits for BC External Sports Credentials Program ³	●	●	●	●	
Priority access to BCA hosted event clinics	●	●	●	●	●
Priority alerts on camps, clinics, conferences and programs	●	●	●	●	●
Performance program team gear	●	●	●	●	●
Priority BC Team information and updates	●	●	●	●	●
Discounted pricing (as available) on BC Athletics programs and services	●	●	●	●	●
Individual and group discounts on purchases through BCA suppliers	●	●	●	●	●
Travel, Team Kit, Event Registration and Accommodations ⁴	●	●	●	●	●

NOTES

1. To be used for camps, clinics and competitions (does not apply to team fees)
2. To be used toward access to athlete services (testing, nutrition, mental performance etc.)
3. Athlete 10 with Regional/Zone team selection, Athlete 11 with BC Performance Support program selection and Athlete 12 with BC Team Selection (including CSG/TeamBC).
4. For selected athletes pending final selection to a BC Athletics Team.

APPENDIX D | CHANGE HISTORY

DATE	CHANGE
11.18.25	New Criteria Posted