



NEW UPDATE: 2025 BC TEAM SELECTION CRITERIA AND STANDARDS

BC Athletics has updated our selection criteria to include the [2025 BC Para Ambulatory Team Selection Criteria and Standards](#). Athletes and coaches are asked to read carefully as there are changes to this year's selections.

NEW UPDATE: 2025 PERFORMANCE STANDARDS

After reviewing the current team standards, BC Athletics has made corrections to performance standards for the following teams:

- BC U20 Men's 3000m and 5000m standard. Adjusted due to miscalculation.
- BC U18 Women's 200m standard. Men's standard mistakenly input.
- BC 10000m. 10K Road Standard now included.

NEW REMINDER: AGE RESTRICTIONS

Athletes are reminded of the following age restrictions:

- BC Athletics has received some declarations of athletes born in 2011. Please note these athletes are not eligible for teams in 2025.
- The BC Senior Team (Ottawa, ON) is now a **U26 Team (YOB: 2005 – 2000)**
- The BC Para Ambulatory Team (Ottawa, ON) is now a **U35 Team (YOB 2007: -1991)**
- TeamBC and WCTC BC Team is a **U24 Team (YOB: 2009 – 2002)**

NEW REMINDER: CAPP ATHLETES OLYMPIC/PARALYMPIC

- CAPP Athletes of all ages are eligible for Travel Grants if you are on the current CAPP List.
- If you are U26 for the BC Senior Team or U35 for the BC Para Ambulatory Team and on the CAPP List, you must decide between accepting a travel grant or taking a spot on the team if selected.
- Athletes can apply for the grant [here](#).

REMINDER: BC TEAM ATHLETE DECLARATIONS

As a reminder, all athletes who wish to be considered for selection to all BC Track & Field Teams must complete a [2025 BC Team Athlete Declaration](#). Due dates for declaring can be found within the selection criteria for each team. Please note late declarations will not be accepted – NO EXCEPTIONS.



REMINDER: 2025 CANADA SUMMER GAMES TRIALS

DEADLINE: MAY 25th, 2025 11:59PM PST

As a reminder, the 2025 Canada Summer Games Trials will be hosted at the Jesse Bent Invitational on May 31 – June 01, 2025, in Coquitlam. [You can register here](#). If you cannot attend the trials meet due to circumstances outline in the selection criteria (see Section 7.5a) you must submit an exemption request through the [BC Team Selection Trials Exemption Form \(click here\)](#). Exemptions must be submitted before the start of the trials.