



BC 10K Road Race Championships hosted by Cobble Hill 10K Sunday January 28, 2024

U20 Female

Position	Time	Name	Club
1st	46.42	Elsa Romanik	Club Rapide

U20 Male

Position	Time	Name	Club
1st	30.54	Yemane Mulugeta	Ocean Athletics T&F
2nd	32.08	Charli Mlotshwa	Prairie Inn Harriers
3rd	35.51	Owen Sandquist-Sherman	Prairie Inn Harriers

Senior Women

Position	Time	Name	Club
1st	33.23	Glynis Sim	Vancouver Thunderbirds
2nd	35.30	Katie Newlove	Vancouver Thunderbirds
3rd	35.33	Jennifer Erickson	Speedfarm

Senior Men

Position	Time	Name	Club
1st	29.31	Andrew Davies	
2nd	30.54	Yemane Mulugeta	Ocean Athletics T&F
3rd	31.08	Aidan Anderson	

Master's Women

Position	Time	Name	Club
1st	36.25	Care Nelson	Prairie Inn Harriers
2nd	36.38	Patricia Roney	
3rd	37.34	Carley Gering	Espirit Running Club



### Master's Men

Position	Time	Name	Club
1st	31.30	Dusty Spiller	
2nd	32.05	Mark Klassen	
3rd	32.33	Andrew Russell	Prairie Inn Harriers