

RETURN TO ATHLETICS TOWNHALL June 17, 2020





PRESIDENT/CEO INTRODUCTION

- Introduce BCA Staff, Attending Directors, & Andrew Cameron from Athletics Canada



HOUSEKEEPING

1. Webinar to run for 60 minutes.
2. Mics are muted.
3. Questions can be submitted via the chat box and will be answered towards the end of the webinar.
4. Webinar recording will be posted to the BC Athletics website.



TOWN HALL AGENDA

1. BC Athletics “Return to Training” Guidelines
2. Trackie Waiver Demonstration
3. Submitted Questions
4. Q & A



OVERVIEW

BC Athletics is committed to safe sport for all members and has worked closely with the Athletics Canada's "Back on Track" Task Force and viaSport to develop return to training guidelines.

BC Athletics will be following the return to training guidelines developed by the Athletics Canada "Back on Track" Task Force. We have also published BC Athletics' "Return to Training Addendum" which, highlights any additional or differing guidelines that have been set specifically for the Province of BC.

Return to Training Guidelines:

- [BC Athletics Return to Training Addendum](#) - Posted June 11, 2020
- [National "Back on Track" Guidelines](#) - Posted June 1, 2020



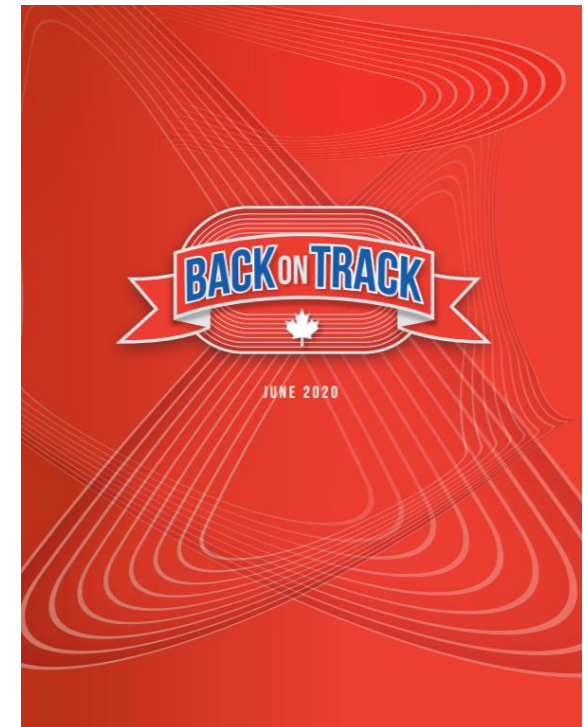
DISCLAIMER

- While we aim to provide relevant and timely information, because information known about the COVID-19 coronavirus and recommended health and safety measures can rapidly change, no guarantee can be given as to the accuracy or completeness of any information provided in these Guidelines.
- All members of BC Athletics should comply with the requirements of the provincial and local government and health officials in terms of public gatherings and sporting events

Athletics Canada “Back on Track” Guidelines



- GENERAL OVERVIEW AND RECOMMENDATIONS FOR ALL MEMBERS
- SETTING UP A SAFE TRAINING ENVIRONMENT
- RECOMMENDATIONS FOR ATHLETES AND PARENTS
- EVENT SPECIFIC GUIDELINES
- OUTBREAK ACTION PLAN
- OTHER IMPORTANT INFORMATION





BCA “Return to Training” Guidelines

- Guidelines will be reviewed and updated regularly as we receive guidance from the BC Government, WorkSafe BC, and viaSport.
- Resuming of sport activities may not be linear, increasing restrictions may be required in response to fluctuating numbers of COVID-19 cases in the province.
- Guidelines in this document are for use in training/practice settings.
- Return to Competition guidelines are currently being developed and will be released at a later phase. (Please anticipate short “lag” between the time the Govt announcing moving to a few Phase and BC Athletics providing guidelines.)



Return to Training Guidelines

INDIVIDUALS (Athletes of all Ages, Post-Secondary Team Roster Athletes, Coaches, Officials, Training, Track Rascals, Associate).

- Memberships have been set to “inactive” in Trackie.reg. To reactivate one’s membership they must read and complete:
 1. COVID-19 Questionnaire, Attestation and Participant Agreement (All Members)
 2. Informed Consent and Assumption of Risk Agreement (Participants under the Age of Majority and the Participant’s Parent or Guardian)or
 2. Release of Liability, Waiver of Claims and Indemnity Agreement (Participants over the Age of Majority)

To facilitate contact tracing, in the event of an outbreak, each member will also be asked to provide their current:

- PERSONAL Email
- Home address
- Phone Number



Trackie Waiver Demonstration

- Andrew Cameron – Manager, IT, membership and statistic services – Athletics Canada



Return to Training Guidelines

CLUBS & TRAINING GROUPS

1. Must appoint a Health/Safety Officer
 - Help oversee implementation of Physical Distancing and Hygiene Guidelines
2. Complete the following:
 - A. Risk Assessment before using a public facility. [Club Risk Assessment and Mitigation Checklist Tool](#).
 - B. Club must sign off acknowledging they have read the guidelines and understand their risk and are committed to implementing the recommendations into their training sessions.
 - C. Clubs may wish to add requirements over and above as per the requirements of the Local Health Authority and/or the requirements of the Training Facility Ownership or enhanced club measures.
 - D. Conduct daily symptom screenings for all athletes, coaches, officials, and associates. Wellness questionnaires and use of self-assessment tools are recommended. [SAMPLE Athlete Check-In Document](#)
 - E. Communication with all club members and/or facility users of any training restrictions, regulations, and recommendations.



Return to Training Guidelines

CLUBS & TRAINING GROUPS

2. The BC Recreation and Parks Association (BCRPA) Guidelines outline that user groups of rented municipal facilities are required to have a COVID-19 Safety Plan that clearly demonstrates how activities will be provided to align with the directives of the Provincial Health Officer, local authorities and other relevant regulators (i.e. WorkSafe BC).
 - [BC Recreation and Parks Association Guidelines](#)
 - Sample Safety Plan Template can be found in [Appendix G of the viaSport Guidelines](#) or via [WorkSafe BC](#).



Return to Training Guidelines

- It is recommended that Clubs or Training Groups meet with their members, to present the Club's "Return to Sport" plan and discuss any issues and concerns that individual members may have. Recommended to hold the meeting(s) through Video Conferencing.
- Individuals attending a sanctioned training session must be, at a minimum, training members of the association. This includes all athletes, coaches, officials, associates, etc.
- Limit group gatherings to a maximum of 50 and continued use of physical distancing and hygiene measures.
- Individual training groups limited to 10 (One coach to 9 athletes).
 - For clarity, a club may hold a training session for 50 athletes, coaches, officials, and associates but, any one training group (i.e. Throws Group) should be limited to 10.
- Maximum group size counts need to consider athletes, coaches, officials, associates, etc., and the size of the space is also a key factor.



Return to Training Guidelines

- Ensure Personal Protective Equipment (gloves, masks, etc.) is on hand and available to coaches. Where risk of exposure is high (cannot maintain physical distancing), PPE should be required.
- Signage within the facility is important to ensure that participants are aware of expectations related to use of the facility and best practices related to maximum capacity, physical distancing, personal hygiene, and protection against COVID-19.
- Remain community focused
 - Stay within the home sport community or club(s) where participants are members
 - Avoid cross-regional, inter-provincial or cross-country travel.
- First Aid
 - If first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves.



Outbreak Action Plan

- Identify the roles and responsibilities of coaches and associates if a case or outbreak is reported. Determine who within the organization has the authority to modify, restrict, postpone, or cancel activities.
- If a member reports they are suspected or confirmed to have COVID-19 and have attended a training session, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away.
- Implement your illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - Use the COVID-19 self-assessment tool at [BC COVID-19 Self-Assessment Tool](#) to help determine if further assessment or testing for COVID-19 is needed.
 - [BC COVID-19 Self-Assessment Tool](#)
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
 - Individuals can learn more about how to manage their illness [here](#).
- In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
- If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.



QUESTIONS

1. Will you be drafting a safety plan template that clubs can use?
2. How do these guidelines relate to private run clinics run through stores? The runners that sign up are not BC Athletic members and we are not a club registered with BC Athletics.
3. Can we host small local competitions?



QUESTIONS / COMMENTS

Any questions or feedback can be sent to:

Track & Field - Chris Winter - Chris.winter@bcathletics.org

Road Running / Cross Country - Clifton Cunningham - Clifton.Cunningham@bcathletics.org

Policy / Governance / Legal - Brian McCalder - Brian.Mccalder@bcathletics.org

Membership - Sam Collier - Sam.Collier@bcathletics.org