

NCCP Club Coach Track & Field - Technical



National Coaching
Certification Program

Nanaimo
April 2 - 3

LOCATIONS

Rotary Bowl Clubhouse

Club coach is an event specific course ideal for school educator/coach, club coach or parent coaching intermediate level athletes 4-6months of the year and would like to learn about a specific event group in further detail. Coaches will sign up for just one event group: sprints and hurdles, endurance, jumps, or throws.

Facilitators: Brenda Van Tighem (Sprints); Elena Voloshin (Jumps); Mike Van Tighem (endurance); Jenn Joyce (Throws)

NCCP Certification Requirements

In-Training VS Trained VS Certified

This course will start you on your way to becoming a Certified Athletics Club Coach with the National Coaching Certification Program (NCCP).

- After taking this course you will be **Club Coach "In-Training"**
- To be **Club Coach "Trained"** you will need to also take Make Ethical Decisions (MED), Foundations of Coaching (Theory), Long Term Athlete Development. (offered separately, [click here for details](#))
- To be **Club Coach "Certified"** you will need to complete your Club Coach and MED Evaluations

This is an NCCP course and requires an NCCP #. You can register for one for free here: <https://thelocker.coach.ca/>

Registration

Registration Fees (+GST)

	BCA Coach Members*	Non-members
Early Bird (before Mar 4)	\$100.00	\$125.00
Regular	\$120.00	\$155.00
Late (after Mar 28)	\$140.00	\$175.00

NEW: just technical day 1 (for those who have completed club coach in another event): \$80 regular fee; \$100 late

[Click here](#) for coaching financial assistance

Optional BCA Coach Membership (65.00+GST).

- You can sign up for a BCA Coach Membership with your course registration (optional)
- If you are already a BCA member but not a coach member, upgrade by contacting Sam.Collier@bcathletics.org. You will not pay more than your highest membership fee; the cost will be the difference of your current membership and the coach membership.
- Visit www.bcathletics.org/Membership/ for more info

SAFETY REGULATIONS

All participants must read our [Return to In-Person Safety Guidelines](#) and sign the appropriate waivers upon registration
Because this course involves indoor classroom components, all participants must show proof of fully vaccination.

Register Here: www.trackiereg.com/CCnanaimo2022



For more information for on coach education
visit <https://www.bcathletics.org/Coaches/Education/>
or contact jennifer.brown@bcathletics.org



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FULL SCHEDULE

Saturday (8:30am – 5:30pm) 9hrs			
8:30am – 9:00 am	30 min	Introduction	Track
9:00am – 12:00pm	3 hrs	Event Specific Technical 1	
Lunch (please bring your own)			
12:30pm - 5:30 pm	5 hrs	Event Specific Technical 2	Track

Sunday (9:00am – 4:00pm) – 7hrs			
9:00am – 10:00am	1 hr	Strength	Classroom/Weight room
10:00am – 11:00am	1hr	Program Planning 1: Training Principles	Classroom
11:00am – 1:00pm	2hrs	Program Planning 2: General Program Planning	
Lunch (please bring your own)			
1:30 – 3:30	2 hrs	Program Planning 3: Event Specific Planning	Classroom
3:30– 4:00pm	30 min	Wrap-up	

NOTES: Be prepared to be active in rain or shine and bring a water bottle, lunch and mask

Manuals

Manuals are provided for free online at <https://athletics.ca/coach/> under the documents tab.

- This course refers to Club Coach Workbook on day 1.
 - You can choose to bring a tablet/lap top to work from
 - OR purchase the hard copy manual (must be done at least 1 week prior).
- It also refers to the Sport/Club Coach technical manual which you do not need to bring to the course but is for your own reference.
- [More information on how to download and/or purchase manuals can be found here](#)



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