

# NCCP Club Coach Track & Field - Technical



National Coaching  
Certification Program

Nanaimo  
April 2 - 3

## LOCATIONS

Rotary Bowl Clubhouse

Club coach is an event specific course ideal for school educator/coach, club coach or parent coaching intermediate level athletes 4-6months of the year and would like to learn about a specific event group in further detail. Coaches will sign up for just one event group: sprints and hurdles, endurance, jumps, or throws.

*Learning Facilitators: Sprints- Brenda Van Tighem; Jumps – Elena Voloshin; Endurance – Lynn Kanuka; Throws – Jennifer Joyce*

## NCCP Certification Requirements

### In-Training VS Trained VS Certified

This course will start you on your way to becoming a Certified Athletics Club Coach with the National Coaching Certification Program (NCCP).

- After taking this course you will be **Club Coach “In-Training”**
- To be **Club Coach “Trained”** you will need to also take Make Ethical Decisions (MED), Foundations of Coaching (Theory), Long Term Athlete Development. (offered separately, [click here for details](#))
- To be **Club Coach “Certified”** you will need to complete your Club Coach and MED Evaluations

This is an **NCCP course and requires an NCCP #**. You can register for one for free here: <https://thelocker.coach.ca/>

## Registration

### Registration Fees (+GST)

	BCA Coach Members*	Non-members
Early Bird (before Mar 4)	\$100.00	\$125.00
Regular	\$120.00	\$155.00
Late (after Mar 28)	\$140.00	\$175.00

[Click here](#) for coaching financial assistance

### **\*Optional BCA Coach Membership (65.00+GST\*).**

- You can sign up for a BCA Coach Membership with your course registration (optional)
- If you are already a BCA member but not a coach member, upgrade by contacting [Sam.Collier@bcathletics.org](mailto:Sam.Collier@bcathletics.org). You will not pay more than your highest membership fee; the cost will be the difference of your current membership and the coach membership.
- Visit [www.bcathletics.org/Membership/](http://www.bcathletics.org/Membership/) for more info

## SAFETY REGULATIONS

All participants must read our [Return to In-Person Safety Guidelines](#) and sign the appropriate waivers upon registration  
**Because this course involves indoor classroom components, all participants must show proof of fully vaccination.**

Register Here: [www.trackiereg.com/CCnanaimo2022](http://www.trackiereg.com/CCnanaimo2022)



For more information for on coach education  
visit <https://www.bcathletics.org/Coaches/Education/>  
or contact [jennifer.brown@bcathletics.org](mailto:jennifer.brown@bcathletics.org)



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## FULL SCHEDULE

Saturday (8:30am – 5:30pm) 9hrs			
8:30am – 9:00 am	30 min	Introduction	Track
9:00am – 12:00pm	3 hrs	Technical 1	
Lunch (please bring your own)			
12:30pm - 5:30 pm	5 hrs	Technical 2	Track

Sunday (9:00am – 4:00pm) – 7hrs			
9:00am – 10:00am	1 hr	Strength	Classroom/Weight room
10:00am – 11:00am	1hr	Program Planning 1: Training Principles	Classroom
11:00am – 1:00pm	2hrs	Program Planning 2: General Program Planning	
Lunch (please bring your own)			
1:30 – 3:30	2 hrs	Program Planning 3: Event Specific Planning	Classroom
3:30– 4:00pm	30 min	Wrap-up	

NOTES: Be prepared to be active in rain or shine and bring a water bottle, lunch and mask

### Manuals

Manuals are provided for free online at <https://athletics.ca/coach/> under the documents tab.

- This course refers to the Sport/Club Coach technical manual (You don't have to write in it) and Club Coach Reference Guide
- You can purchase the hard copy manuals if you wish.
- [More information on how to download and/or purchase manuals can be found here](#)



For more information for on coach education  
visit <https://www.bcathletics.org/Coaches/Education/>  
or contact [jennifer.brown@bcathletics.org](mailto:jennifer.brown@bcathletics.org)

