

# NCCP CLUB COACH

## Track and Field



National Coaching  
Certification Program

Vancouver  
May 6-7

### LOCATIONS

UBC - 3065 Wesbrook Mall, Vancouver

Club coach is an event specific course ideal for school educator/coach, club coach or parent coaching intermediate level athletes 4-6months of the year and would like to learn about a specific event group in further detail.

Coaches will sign up for just one event group: sprints and hurdles, endurance, jumps, or throws.

#### Learning Facilitators:

(Sprints) Barb Vida - (Jumps) Elena Voloshin - (Throws) Shane Wiebe - (Endurance) Mike Van Tighem

### NCCP Club Coach Requirements

#### Club Coach "Trained" Requirements: (Can be taken any order)

##### Foundations of Coaching (FOC)

- theory of Sport and Club Coach
- online over 2x 3hr live sessions
- [Find courses here](#)
- Pre-reqs e-learnings to FoC
  - [Long Term Athlete Development \(75 min\)](#)
  - [Emergency Action Plan \(20 min\)](#)

##### Sport Coach Technical (this course)

##### Make Ethical Decisions (MED)

- Online or in Person.
- Discounted with BCA [\(here\)](#) or [viaSport](#)

#### Requirements to be Club Coach "Certified"

complete both Sport Coach and MED Evaluations [\(info here\)](#)

### Registration

#### Registration Fees (+GST)

	BCA Coach Members*	Non-members
Early Bird (before Feb 3)	\$100.00	\$125.00
Regular	\$120.00	\$155.00
Late (after Feb 20)	\$140.00	\$175.00

[Click here](#) for coaching financial assistance.

- You will NOT need a coach membership through BCA - a coach membership WILL give you a discount on this and future NCCP courses if you complete your membership PRIOR to registration.
- Already have a BCA COMPETITIVE or ASSOCIATE member? Contact [sam.collier@bcathletics.org](mailto:sam.collier@bcathletics.org) to upgrade your membership BEFORE REGISTERING.
- [Not yet a member?](#) [Sign up for a membership!](#)

This course requires an NCCP #. [Register for one for free here](#)

Register at [www.trackiereg.com/CCLowermainland2023](http://www.trackiereg.com/CCLowermainland2023)



For more information for on coach education  
visit <https://www.bcathletics.org/Coaches/Education/>  
or contact [jennifer.brown@bcathletics.org](mailto:jennifer.brown@bcathletics.org)



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### FULL SCHEDULE

Saturday (8:30am – 5:30pm) 9hrs			
8:30am – 9:00 am	30 min	Introduction	Track
9:00am – 12:00pm	3 hrs	Technical 1	
Lunch (please bring your own)			
12:30pm - 5:30 pm	5 hrs	Technical 2	Track

Sunday (9:00am – 4:00pm) – 7hrs			
9:00am – 10:00am	1 hr	Strength	Classroom/Weight room
10:00am – 11:00am	1hr	Program Planning 1: Training Principles	Classroom
11:00am – 1:00pm	2hrs	Program Planning 2: General Program Planning	
Lunch (please bring your own)			
1:30 – 3:30	2 hrs	Program Planning 3: Event Specific Planning	Classroom
3:30– 4:00pm	30 min	Wrap-up	

**Be prepared to be active in rain or shine and bring a water bottle and food**

**Manuals:** This course uses the Club Coach Reference Guide (required in course), and has additional information in the Club Coach Technical Manual.

- **Electronic Manuals** are provided for free online for BCA members at <https://athletics.ca/coach/> under the documents tab.
  - Login with your BCA/AC member ID ([look up here](#)).
  - Please download in advance and bring your laptop to the course
- OR You can **purchase the hard copy reference guide** for \$20 + GST (includes shipping), [here](#). Must order 1 week out.

For more information for on coach education  
visit <https://www.bcathletics.org/Coaches/Education/>  
or contact [jennifer.brown@bcathletics.org](mailto:jennifer.brown@bcathletics.org)



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### LOCATIONS

**Parking:**

*UBC* - 3065 Wesbrook Mall, Vancouver

Saturday: your best bet for the whole day is likely the underground Parkade under Save On Foods for \$9.00 <https://lots.impark.com//imp/en?latlng=49.261226,-123.1139268#details=1,1992>

Sunday: since the sessions will be at Osborne, you're likely better off at Thunderbird Parkade (above ground, multi-level parkade) for \$10 for the whole day

Map of all the key locations here: <https://goo.gl/maps/5sAeTVXpZazkK42y7>

On Saturday you will gather near the multi-purpose room (part of National Soccer Development Centre) closest to 100m start and straightaway. It's the classroom-like room with floor to ceiling windows at the southern most point of that big wood building.

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or contact [jennifer.brown@bcathletics.org](mailto:jennifer.brown@bcathletics.org)

