

NCCP Club Coach Track & Field - Technical



National Coaching
Certification Program

South Surrey
March 12-13

LOCATIONS

South Surrey Athletics Park

Club coach is an event specific course ideal for school educator/coach, club coach or parent coaching intermediate level athletes 4-6months of the year and would like to learn about a specific event group in further detail. Coaches will sign up for just one event group: sprints and hurdles, endurance, jumps, or throws.

Learning Facilitators: Barb Vida (Sprints); Byron Jack (Jumps); Mike Van Tighem (Endurance); Garrett Collier (Throws)

NCCP Certification Requirements

In-Training VS Trained VS Certified

This course will start you on your way to becoming a Certified Athletics Club Coach with the National Coaching Certification Program (NCCP).

- After taking this course you will be **Club Coach "In-Training"**
- To be **Club Coach "Trained"** you will need to also take Make Ethical Decisions (MED), Foundations of Coaching (Theory), Long Term Athlete Development. (offered separately, [click here for details](#))
- To be **Club Coach "Certified"** you will need to complete your Club Coach and MED Evaluations

This is an **NCCP course and requires an NCCP #**. You can register for one for free here: <https://thelocker.coach.ca/>

Registration

Registration Fees (+GST)

	BCA Coach Members*	Non-members
Early Bird (before Feb 11)	\$100.00	\$125.00
Regular	\$120.00	\$155.00
Late (after Mar 7)	\$140.00	\$175.00

[Click here](#) for coaching financial assistance

***Optional BCA Coach Membership (65.00+GST*).**

- You can sign up for a BCA Coach Membership with your course registration (optional)
- If you are already a BCA member but not a coach member, upgrade by contacting Sam.Collier@bcathletics.org. You will not pay more than your highest membership fee; the cost will be the difference of your current membership and the coach membership.
- Visit www.bcathletics.org/Membership/ for more info

SAFETY REGULATIONS

All participants must read our [Return to In-Person Safety Guidelines](#) and sign the appropriate waivers upon registration. **Because this course involves indoor classroom components, all participants must show proof of fully vaccination.**

Register Here: www.trackiereg.com/CCsouthsurrey2022



For more information for on coach education
visit <https://www.bcathletics.org/Coaches/Education/>
or contact jennifer.brown@bcathletics.org



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FULL SCHEDULE

South Surrey Athletics Park

Saturday (9:00am – 5:00 pm) 8 hrs			
9:00am – 9:15 am	15 min	Introduction	Classroom
9:15am – 10:15am	1hr	Program Planning 1: Training Principles	
10:30am – 12:30pm	2hrs	Program Planning 2: General Program Planning	
Lunch (please bring your own)			
1:30pm – 2:30pm	1 hr	Strength	Track/Weight Room
2:30 pm - 5:00 pm	2.5 hrs	Program Planning 3: Event Specific Planning	Classroom

Sunday (8:45am – 5:45pm) – 9 hr			
8:45am – 9:00am	15 min	Check in	Track/Classroom
9:00am – 12:00pm	3 hrs	Event-Specific Technical	
Lunch (please bring your own)			
12:30 – 5:30	5 hrs	Event 2	Track/Classroom
5:30– 5:45pm	15 min	Wrap-up	

NOTES: Be prepared to be active in rain or shine and bring a water bottle, lunch and mask

Manuals

Manuals are provided for free online at <https://athletics.ca/coach/> under the documents tab.

- This course refers to Club Coach Workbook on day 1.
 - You can choose to bring a tablet/lap top to work from
 - OR purchase the hard copy manual (most be done at least 1 week prior).
- It also refers to the Sport/Club Coach technical manual which you do not need to bring to the course but is for your own reference.
- [More information on how to download and/or purchase manuals can be found here](#)



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