

NCCP SPORT COACH TRACK & FIELD



National Coaching
Certification Program

West Vancouver
Nov 21 and 28th

LOCATIONS

Nov 21 – Mahon Park, North Vancouver
Nov 28 – West Vancouver Secondary School

AN INTRODUCTION TO TRACK & FIELD

This course teaches the basic skills of all events in track and field. It is ideal for the generalist coach that may be coaching introductory-intermediate level athletes in multiple events, often in a school or club, at a junior high –high school level.

Learning Facilitator: Barb Vida

NCCP Certification Requirements

In-Training VS Trained VS Certified

This course will start you on your way to becoming a Certified Athletics Sport Coach with the National Coaching Certification Program (NCCP).

- After taking this course you will be **Sport Coach “In-Training”**
- To be **Sport Coach “Trained”** you will also need to take Make Ethical Decisions (MED), Foundations of Coaching (Theory), Long Term Athlete Development. (offered separately, [click here for details](#)). **These do not have to be taken prior to this course.**
- To be **Sport Coach “Certified”** you will need to complete your Sport Coach and MED Evaluations

This is an **NCCP course and requires an NCCP #**. You can register for one for free here: <https://thelocker.coach.ca/>

Registration

Registration Fees (+GST)

	BCA Coach Members*	Non-members
Early Bird (before Nov 5)	\$70.00	\$105.00
Regular	\$90.00	\$125.00
Late (after Nov 17)	\$110.00	\$145.00

Optional BCA Coach Membership (65.00+GST).

- You can sign up for a BCA Coach Membership with your course registration (optional)
- If you are already a BCA member but not a coach member, contact Sam.Collier@bcathletics.org. You will not pay more than your highest membership fee; the cost will be the difference of your current membership and the coach membership
- Visit www.bcathletics.org/Membership/ for more information

[Click here](#) for coaching financial assistance

SAFETY REGULATIONS

All participants must read our [Return to In-Person Safety Guidelines](#) and sign the appropriate waivers upon registration

Register Here: www.trackiereg.com/SCwestvan2021



For more information for on coach education
visit <https://www.bcathletics.org/Coaches/Education/>
or contact jennifer.brown@bcathletics.org



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FULL SCHEDULE

Sunday Nov 21 (1:00pm – 5:00pm) 4 hrs – Mahon Park, North Vancouver			
1:00pm – 1:15pm	15 min	Introduction	Track
1:15pm – 3:15pm	3 hours	Sprints	
3:30pm – 5:00pm	90 min	Endurance	

Sunday Nov 28 (9:00am – 4:30pm) – 7.5hrs – West Vancouver Secondary School			
9:00am – 9:15am	15 min	Check-In	Track
9:15am – 11:45am	2.5 hrs	Jumps	
Lunch (please bring your own)			
12:30pm – 3:00pm	2.5 hrs	Throws	
3:00pm – 4:00pm	1 hr	Strength	
4:00pm – 4:30pm	30 min	Wrap-up	

NOTES: Be prepared to be active in rain or shine and bring a water bottle, lunch and mask

Manuals

Manuals are provided for free online at <https://athletics.ca/coach/> under the documents tab.

- This course refers to the Sport Coach technical manual. You don't have to write in it.
- You can purchase the hard copy manuals if you wish.
- [More information on how to download and/or purchase manuals can be found here](#)

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