

NCCP Performance Coach Richmond 2022

Minoru Park, Oct 7-10



National Coaching
Certification Program

An event specific course ideal for those who aspiring to coach year-round at a university or inter-provincial level. Coaches will develop and enhance their skills and knowledge in biomechanics, physiology, technical models, nutrition, annual planning, strength, mental performance, safe sport, and coach self-care.

Eligibility: Must be Club Coach Certified. Exceptions may apply - email jennifer.brown@bcathletic.org to inquire

*Note Performance Coach is required for national team applications and Canada Games Head Coach.

EVENTS AND LEARNING FACILITATORS:

Coaches can register for one event group – para is integrated in all

*Endurance—Mike Van Tighem; Sprints—Jason Reindl; Jumps—Carmyn James; Throws—Kim Cousins
Combined Events – Jason Reindl, Wheelchair Racing – TBC based on interest*

Pre-Requisites and Timelines

Register By Sept 1, 2022

By Sept 9: Pre-Course Assignments to submit to your facilitator

- A Yearly Training Plan (YTP). The Planning e-learning module will help with this or [watch this video](#)
- Pg 13-14 of workbook. Event Audit & Physiological Model

By Sept 23: Complete the 4 Performance Coach eLearning on The Locker (additional \$105), this requires a free [NCCP # \(here\)](#)

- [Nutrition Recovery](#)
- [Planning](#),
- [Strength](#)
- [Physiology and Biomechanics](#)

Course: 2-9pm Friday, 8-5 Sat and Sun, 8- 3 Mon.
Schedule to be announced

NCCP Certification Requirements

There are 3 stages to become a Certified Performance Coach with the National Coaching Certification Program (NCCP).

- After taking this course you will be **In-Training**
- To be **Performance “Trained”** you also need to take 6 multi-sport modules: Make Ethical Decisions (MED), Managing Conflict, Manage a Sports Program, Psychology of Performance, Coaching and Leading Effectively, Leading Drug Free Sport (offered separately, [click here for details](#))
- To be **Performance Coach “Certified”** you will need to complete your Performance Coach Evaluation + online Evaluations for MED and Managing Conflict

**The requirements to be Trained will be updated in Jan 2023. Coaches who have started the pathway before then are encouraged to complete training before then. Evaluations can be done after.*

REGISTRATION (+GST): [Coach members](#)- \$450; [Non-Members](#)- \$525; [Click here](#) for financial assistance

Optional purchase a [BCA/AC Coach Membership \(65.00+GST\)](#) with registration. If you are already a BCA member but not a coach member, upgrade by contacting Sam.Collier@bcathletics.org . Visit www.bcathletics.org/Membership/ for more info

Register Here: www.trackiereg.com/PCrichmond2022



For more information for on coach education
visit <https://www.bcathletics.org/Coaches/Education/>
or contact jennifer.brown@bcathletics.org

