

Professional Development Points Maintenance of Certification

Updated Summer 2022

This document lists some accessible e-learning modules to help you collect professional development points for Maintenance of your Certification in each of your 5 year maintenance cycles. These modules are free or inexpensive and can be complete on your own time. [Visit our website](#) to find out how many points you need for your certification.

- Remember, you can also collect pro-d points from active coaching (1 point per year) and self directed learning (listening to a webinar, reading a book, etc, 3 points per 5 year cycle), which is 8 points to get you started
- [Athletics Canada](#), [BC Athletics](#), and other branches also offer plenty of free or inexpensive pro-d events throughout the year. Check out their schedule by clicking the links above.

NCCP e-learning modules

found in the locker under the [e-learning tab here](#).

Athletics E-learning Modules

Module	Completion Time	Pro-d Points	Price
Competition Management for Team Coaches at Canada Games	-	1	Free
Fundamentals of Athletics: Jumps	-	1	Free
Fundamentals of Athletics: Throws	-	1	Free
Fundamentals of Athletics: Track	-	1	Free
Coach Developer Training	-	1	Free
Officials 101	-	-	-
Officials 201	-	-	-
Introduction to Long-Term Development in Athletics	75mins	1	\$25
Athletics Performance Coach: Nutrition, Recovery and Prevention (Pre-learning for Performance Coach Strength, Physiology and Biomechanics, and Planning modules)	-	10	\$105
Athletics Performance Coach eLearning: Strength	-	5	
Athletics Performance Coach: Physiology and Biomechanics	-	5	
Athletics Performance Coach: Planning	-	5	

Multi-Sport Modules

Module	Completion Time	Pro-d Points	Price
Safe Sport Training	90mins	2	Free
NCCP Emergency Action Plan	15mins	1	Free
Understanding the Rule of Two	20mins	1	Free
Support Through Sports – Bystander Empowerment	20-30mins	1	Free
Support Through Sports – Gender-based Violence in Sport	20-30mins	1	Free
Support Through Sports – Modelling Healthy Relationships	20-30mins	1	Free
Support Through Sports – Understanding Teen Dating Violence	30-40mins	1	Free
Mental Health in Sport	45-60mins	1	Free
Canada Games Coaching	45mins	1	Free
Leading a Return to Sport Participation	45-60mins	1	Free
NCCP Making Head Way	90mins	1	Free
Asthma Management in Sports	-	1	Free
NCCP Make Ethical Decisions (MED) Online Evaluation	-	5	Free or \$85*
NCCP Managing Conflict Online Evaluation	-	5	Free or \$85.00*
Athlete Representation Training: Athlete Director Module	-	-	Free
Athlete Representation Training: Athlete Representative Module	-	-	Free
Athlete Representation Training: Athletes' Council Module	-	-	Free
NCCP Creating a Positive Sport Environment	40-50mins	5	\$15.00
Coaching Athletes with a Disability	45-60mins	5	\$15.00
NCCP Coach Initiation in Sport	60mins	5	\$15.00
Anti-racism in Coaching	60-75mins	2	\$15.00
Decision Making for Officials	-	3	\$19.95
Skilled Interaction for Officials	-	-	\$19.95
NCCP Sport Nutrition	40-50mins	5	\$20.00
NCCP Leading a Drug-free Sport	45-60mins	5	\$50.00
Raising Next Gen Men	8-10 hours (14 lessons)	-	\$99.00

*Multi-sport evaluations are free if you take the course first or \$85 if you take the evaluation

Special Olympics

Module	Completion Time	Pro-d Points	Cost
Coaching Athletes with Down syndrome	20-30mins	-	-
Diversity and Inclusion in Action	30-40mins	-	-
Making Head Way in Special Olympics	-	-	Free
Supporting Individuals with Autism in Recreation Settings	60-90mins	-	Free

School Sports

Module	Completion Time	Pro-d Points	Cost
Fundamentals of Athletics: Jumps	-	1	Free
Fundamentals of Athletics: Throws	-	1	Free
Fundamentals of Athletics: Track	-	1	Free
Coaching for Life Skills	60-90mins	1	-
Coaching School Sport: Redefining Winning	-	-	\$53.00

e-Learning modules outside of the locker that provide NCCP Pro-D Points (click links below to access each course)

Module	Completion Time	Pro-d Points	Cost
Coaching Kids in All Abilities	-	3	Free
Commit to Kids	-	3	\$12.00
Keeping Girls in Sport	-	2	\$17.00
Stepping Stones to Indigenous Sport and Physical Activity Participation	-	-	\$25.00
Cultural Awareness in Youth Sport	-	-	\$25.00
Respect in Sport	-	3	\$30.00