

# BC Athletics Board of Directors Report – Nov 24, 2018 Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

#### Track & Field Committee

There are two vacant committee positions for which the Technical Manager is working with the Chair of the Track & Field Committee to fill. All interested coaches/athletes are asked to please contact the Track & Field Technical Manager to put names forward.

#### Current Committee:

- 1. Tara Self (Chair)
- 2. Open (Male Athlete Rep)
- 3. Jessica Smith (Female Athlete Rep)
- 4. Chris Johnson (Middle Distance)
- 5. Mark Bomba (Middle Distance)
- 6. Richard Lee (Endurance)
- 7. Laurie Willett (Throws)
- 8. Byron Jack (Jumps)
- 9. Ana Karanovic (Para)
- 10. Taylyr Dickenson (Para)
- 11. Pat Sima-Ledding (Combined Events)
- 12. Barb Vida (Combined Events)
- 13. Elena Voloshin (Sprints / Hurdles)
- 14. Open (Sprint / Hurdles)

## Pillar: Athlete Development

#### 1. 2018/2019 BC Athlete Assistance Program (AAP)

- o Application Deadline was Nov 1, 2018
- o Important Dates:
  - o BC Athletes Assistance Program (AAP) Athletes Identified February 2019
  - o Circulation of Funding February 2019
- o 2018/19 AAP Criteria
- o Para Athletics AAP Recommendation from the Track & Field Committee is to look for new money to support Para Athletes financially through BC AAP. Discussions are being planned with relevant Disability Sport Orgs to see if we can get outside financial support.

## 2. BC Athletics High Performance Targeted Athlete Program

- o Application Deadline for 2018/2019 cycle was Nov 1, 2018.
  - o 2018/2019 Cycle Criteria
  - o Nomination list has been submitted to Athletics Canada & Canadian Sports Institute for Approval



- o 175\* athletes to be nominated for 2018/2019 cycle
- o Provincial Dev Level 2 = 89 Athletes
- o Provincial Dev Level 1 = 38 Athletes
- o Canadian Dev = 25 Athletes
- Canadian Elite = 23 Athletes
- \*This is the first cycle to include Para Athletics Athletes. 8 Athletes have been identified.
- o As of Nov 2018 66% (126) of nominated Athletes (2017/2018 cycle) had registered with CSI Pacific
  - Pressure from CSIP to increase the # of targeted athletes registered with CSIP
- o Discussion and resulting recommendation from the Track & Field Committee is to update criteria for 2019/20 cycle to include U23 Performance Standards in order to help bridge the gap from Junior to Senior.

## 3. BC Throws Project

- Project Leadership: Garrett Collier, Sheldan Gmitroski, Laurie Willett, Dylan Armstrong & BCA Staff
- Funding: Through Enhanced Excellence BCA has received \$10,000.00 in funding to support this project.
- Activities:
  - o Past 2018 BC Throws Summit; Nov 10-11, 2018, Richmond Oval, Richmond, BC
  - o Future 2019 BC Throws Project Warm Weather Camp; March 2019; Tuscon, Arizona

## 4. BC Sprint / Hurdles Project

- Project Leadership: Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding: Through Enhanced Excellence BCA has received \$10,000.00 in funding to support this project.
- Activities: Future 2019 BC Throws Project Warm Weather Camp; March 2019; Tuscon, Arizona

## 5. 2018 BC Team Program

- Junior/Senior Track & Field Team Selection Criteria
  - o The 2019 BC Athletics Track & Field Jamboree taking place July 5-7, 2019 to serve as the Selection Trials for the 2019 BC Junior and Senior Teams travelling to Montreal for Nationals. The 10,000m and Combined events will be selected based on achieving a predetermined standard within the qualifying period.

## BC Team Staff Criteria

- o Updated Requirements for Team Staff Consideration
- o Committee felt that it was important to have more defined criteria for Team Staff Selection. Consideration should be based on a number of factors reflected in the new criteria.
- o Track & Field Committee approved updated standards at Nov 3<sup>rd</sup>, 2018 committee meeting.

#### 6. 2018/2019 BC Athletics Training Camps & Events

- Overview of Athletics Canada's High Performance Program & The New IAAF World Rankings System
  - o Date: Dec 1st, 2018
  - o Location: Granville Island Hotel, Vancouver, BC
  - o Attendees: Open to High Performance Athletes & Coaches
  - o Presenter: Simon Nathan, High Performance Director, Athletics Canada

# BC Athletics High Performance Development Camp

- o Date: January 19, 2019
- o Location: Fortius Sport & health
- o Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches
- o Presenters:
  - Mental Performance Danelle Kabush Mental Performance Consultant
  - Nutrition: Fuelling for Performance Joanna Irvine, Performance Nutritionist
  - Injury and Illness Prevention Stephanie McCann, BScKin, MPT, OLY, CAFCI
  - Anti-Doping Canadian Centre for Ethics in Sport (CCES)



## BC Sprint/Hurdle Project Warm Weather Camp

Date: March 2019Location: Tuscon, Arizona

o Camp Leaders: Laurier Primeau, Tara Self

o Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches

## BC Throws Project Warm Weather Camp

Date: March 2019Location: Tuscon, Arizona

o Camp Leaders: Garrett Collier, Sheldan Gmitroski, Laurie Willett, Dylan Armstrong

o Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches

## • BC Endurance Project – Whistler XC Camp

Date: August 2019Location: Whistler, BC

o Hosted by BC Athletics & the BC Endurance Project

o Open to all High School Aged Athletes

#### 7. Athlete Identification

#### RBC Training Ground

- o Dates: Expected that 2019 events will take place throughout BC in the months of Jan, Feb & March
- o Locations: 2018 locations included Langley, Prince George, Burnaby, Kamloops, Victoria, Vancouver
- o BC Athletics will promote program to our membership and help identify coaches to assist at the events.

## Pillar: Technical Leadership

#### Development (Coaches)

## 1. 2018 BC Throws Summit

o Date: Nov 10-11, 2018

o Location: Richmond Olympic Oval, Richmond, BC

o Audience: 31 Coaches from The Yukon, Alberta, Ontario, Washington State, California, Georgia and BC

o Presenters: Don Babbitt, Dr. Anatoliy Bondarchuk, Dylan Armstrong

o Financial Support: Athletics Canada, Jumpstart Athletics & BC Athletics

## Pillar: Competition

#### 1. 2018 BC Athletics Event Congress

- o BC Athletics Track & Field Events Congress was held immediately after the 2018 BC Athletics AGM
- o The Track & Field Calendar of Events was reviewed for the next 2 seasons.

#### 2. Junior/Senior Track & Field Team Selection Criteria

The 2019 BC Athletics Track & Field Jamboree taking place July 5-7, 2019 to serve as the Selection Trials for the 2019 BC Junior and Senior Teams travelling to Montreal for Nationals. The 10,000m and Combined events will be selected based on achieving a predetermined standard within the qualifying period.



#### 3. 2019 Pacific Endurance Series

- o Collaboration between events across Pacific Northwest
- o June 8/9, 2019 Portland Track Festival, Portland, OR
- o June 13, 2019 Pacific Distance Carnival, Burnaby, BC
- o June 18, 2019 1500m Night, Burnaby, BC
- o TBA Harry Jerome International Track Classic, Burnaby, BC
- o July 19, 2019 Stumptown Twilight, Portland, OR

#### 4. Event Sanctioning

Oversaw the BC Athletics process for the sanctioning of Track & Field Competitions

Year	Sanctioned Events	Not Received	Cancelled Events	Males	Females	Males (Para)	Females (Para)	Total	PESF Fees
2018	68	7	3	10,956	10,253	62	36	21,307	\$6,635.89
2017	76	5	3	10,951	10,087	44	27	21,109	\$6,221.96

Decrease in # of sanctioned events due, in part, to Vernon not holding the same number of events (twilight meets, coaching seminars) as they did in 2017

#### Pillar: Organization Capacity

#### 1. Organizational Management - Professional Development

- o Began 1-year part-time Graduate Certificate program through UBC, "High Performance Coach & Technical Leadership"
- o Runs June 2018 July 2019

#### 2. Communication and Marketing

- Sport BC Annual Athlete of the Year Awards
  - o BC Athletics Nominees\*: (\*Nominated by the Track & Field Committee)
    - High School Female Athlete Taryn O'Neill
    - High School Male Athlete Jarrett Chong
    - Junior (U24) Female Athlete Camryn Rogers
    - Junior (U24) Male Athlete Jerome Blake
    - Athlete with a Disability Tristan Smyth
    - Senior Female Athlete Rachel Cliff
    - Senior Male Athlete Django Lovett
    - Team of the Year Coquitlam Cheetahs 4x100m
    - Harry Jerome Comeback Award Taryn O'Neill
    - Master Athlete of the Year David Guss
    - Female Coach of the Year Malindi Elmore
    - Male Coach of the Year Ziggy Szelagowicz
    - Official of the Year Carol Cull

#### BC Athletics Annual Athlete of the Year Awards – Feb 2019

- o Track & Field Committee met on Nov 3<sup>rd</sup> to review discuss and approve 2018 award winners.
  - Midget Athlete Nominees Approved
  - Youth Nominees and Winner selected
  - Junior Nominees and Winner Selected
  - Senior Nominees and Winner Selected
  - Para Athletics Athletes Winners Selected