

Report to the BC Athletics Board of Directors

Clifton Cunningham Technical Manager Road and Cross Country Running

Events Attended

- Under Armour Eastside 10k
- Lower Mainland Road Race Series year end awards
- Goodlife Fitness Victoria Marathon (booth) & BCA Half Marathon Championships
- Whistler 50 Relay and Ultra
- BC Athletics Cross Country Championships
- BC High School Cross Country Championships

Strategic Plan Activities

- Athlete Development
 - Canadian Championships
 - 5k Toronto, Sept 9, 2018
 BC Male Athletes placed 2, 5. The BCA Team athletes placed 8, DNF.
 BC Female Athletes placed 1, 5. The BCA Team athlete placed 1.
 - Marathon Toronto, Oct 21
 We did not send a BCA Team. Few athletes met criteria, those that did declined the opportunity.
 - BC Male Athletes placed 1. Cam Levins setting new Canadian Record 2:09:25.

• Technical Leadership – Event Directors

 Race Directors conference has been scheduled for March 2nd in conjunction with Triathlon BC. Aim is for about 50 event directors. Topics and speakers are still being finalized. The event will be held at Fortius.

Competition & Recognition

- BC Championships
 - Half Marathon Goodlife Fitness Victoria Marathon Oct 7 38 eligible athletes. Male top 3 were Sean Chester, Jeremiah Ziak and Drew Nicholson. Female top 3 were Natasha Wodak (new CR), Robyn Mildren, Meg Lewis-Schneider.
 - Cross Country Abbotsford October 27

541 finishers this year, versus 550 in 2017. The event was used for the selection of the BC Team that would travel to Nationals in Kingston, Ontario on November 24.

 BC XC Team – 44 athletes and 6 team staff have been selected, team fees, uniforms, air and ground transportation have been organized. The team competes November 24, results and live broadcast will be available on Trackie.ca

BC ATHLETICS Development - Performance - Excellence

2019 BCA Championships

5k - St Patrick's Day 5k, March 16

8k – Kajaks Icebreaker 8k, January 20

10k - TC10k, April 28

Half - Goodlife Fitness Victoria Half Marathon, October 13

Marathon – BMO Vancouver Marathon, May 5

Cross Country – 2019 / 2020 – Prairie Inn Harriers, Victoria, fourth weekend October

National XC – 2019 / 2020 – Abbotsford, last weekend of November.

Whistler 50 Relay and Ultra, October 13

The event had 713 participants in 2018, versus 776 in 2017. It was the first year with new Race Director, Dave Clark. The event went well and we are building out plans for the 2019 event.

BC Super Series

The provincial series wrapped up with the Half Marathon in Victoria October 7. Final points were inputted and winners declared.

Top Male winners, Rob Watson, Jesse Hooton, Anthony Tomsich.

Top Female winners, Natasha Wodak, Rachel Cliff, Dayna Pidhoresky.

Key Indicators

2018 Race Trends

Road & Trail Race finishers January 1 to October 31

| Year | Races in | Finishers | Sanctioned | Sanctioned |
|------|----------|-----------|------------|------------|
| | Calendar | | Events | Finishers |
| 2018 | 336 | 157,414 | 142 | 100,733 |
| 2017 | 337 | 150,558 | 147 | 97,966 |
| 2016 | 354 | 163,760 | 152 | 124,530 |

2018 BC Super Series Participation

| Race | 2018 Finishers | 2017 Finishers | Difference |
|------------------------------------|----------------|----------------|------------|
| Harriers Pioneer 8K | 481 | 492 | -11 |
| Steveston Icebreaker 8K* | 308 | 242 | +66 |
| "First Half" Half Marathon | 1,535 | 0** | +1535 |
| St Patrick's Day 5K | 1,404 | 1,206 | +198 |
| Vancouver Sun Run 10K | 33,788 | 32,586 | +1202 |
| TC10K | 6,796 | 6,832 | -36 |
| Vancouver Marathon*** | 3,757 | 3,577 | +180 |
| 2017 Vancouver Half | | 6557 | |
| 2017 Fresh Air Midsummer 8k | | 119 | |
| Longest Day 5k | 737 | 752 | -15 |
| Scotiabank Vancouver Half Marathon | 3504 | 3500 | +4 |

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| B | C ATHLETICS Development - Performance - Excellence |

| Summerfast 10k | 402 | 419 | -17 |
|---|--------|--------|-------|
| Under Armour Eastside 10k | 2434 | 2158 | +276 |
| Goodlife Fitness Victoria Half Marathon | 2748 | 2628 | +120 |
| 2017 Victoria Full | | 1068 | |
| | 57,894 | 55,570 | +2324 |

^{*} Races in 2017, marked red, were not in the series 2017.

BC Championship Participation

| Championships | 2018 Eligible | | 2017 Eligible | | 2016 Eligible | |
|---------------|---------------|----|---------------|----|---------------|----|
| | Finishers | | Finishers | | Finishers | |
| | М | F | М | F | М | F |
| 5K | 77 | 57 | 63 | 41 | 63 | 44 |
| 8K | 32 | 21 | 14 | 6 | 14 | 12 |
| 10K | 19 | 16 | 44 | 26 | 57 | 34 |
| Half Marathon | 18 | 20 | 29 | 24 | 27 | 16 |
| Marathon | 26 | 8 | 13 | 9 | 12 | 13 |

5K Championship hosted by St Patrick's Day 5K all years.

8K Championship hosted by Midsummer 8K in 2016 & 2017, and by Steveston Icebreaker 8K in 2018.

10K Championship hosted by Eastside 10K in 2016 & 2017, and by TC10K in 2018.

Half Marathon Championship hosted by Vancouver Marathon in 2016 & 2017, and by Victoria Marathon in 2018.

Marathon Championship hosted by Victoria Marathon in 2016 & 2017, and by Vancouver Marathon in 2018.

^{** &}quot;First Half" Half Marathon was cancelled in 2017.