Recognition

2018 BC Athletics Masters Awards
The following athletes were chosen as the best in their category during 2018.
Female Road Running Master of the Year – F50 – Marilyn Arsenault
Male Road Running Master of the Year – M55 – David Guss
Female Track Master of the Year – F80 – Christa Bortignon
Male Track Master of the Year – M45 – Dmitry Babenko
Female Field Master of the Year – F80 – Christa Bortignon
Male Field Master of the Year – M65 – Michael Deady
Female Cross Country – F50 – Jill Delane
Male Cross Country - M55 – David Guss

Membership

In December 2018, we had 542 masters members. This is 53 more than the 489 masters members in 2017. These membership numbers include all members with a competitive masters membership. It does not include other age 35+ members with other types of membership.

Competitions

Masters Events
In addition to all of the usual road running, cross country and T&F events that are open to masters in BC (including the BCA supported regional road running and cross country series), the following Championships are scheduled:

2019 Masters Championships

- 5K Championship: BMO St Patrick's Day 5K, March 16, 2019
- 8K Championship: Steveston Icebreaker 8K, January 20, 2019
- 10K Championship: Times Colonist 10K, April 28, 2019
- Half Marathon Championship: GoodLife Fitness Victoria Half Mar., Oct. 13, 2019
- Marathon Championship: BMO Vancouver Marathon, May 5, 2019
- BC Cross Country Championships – Saanich, October 26, 2019
- Canadian Cross Country Championships – Abbotsford, BC, Nov. 30, 2019
- BC Masters Indoor T&F Championships – Kamloops, March 29-31,2019
- BC Masters Outdoor T&F Championships – Langley, June 14-16, 2019

Other

2019 55+ Games – September 10-14 Kelowna, BC

Results
Participation by BC Athletics Masters Members in BC championships:
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**Initiatives and plans for 2019**

We are planning to initiate a throws clinic for masters.

We would also encourage BCA to provide coaching clinics for people that may be interested in coaching masters athletes. We recognize a shortage of masters coaches within the BCA Clubs.

We also think that a program like Run, Jump Throw for masters might attract a significant number of older athletes that are currently active but not in our sport. The fitness classes in the various rec centres may be a good place to recruit participants.

**External factors that could influence our initiatives**

Shortage of masters committee members.

**What initiative would we undertake if budget were not object?**

An indoor training facility with a 200m track.

**Other**

After many years of participating in and contributing to the BCA Masters Committee, Harold Morioka and Tom Hastie have decided to step down. We thank them both for their significant contributions over the years.

I would also like to thank the other members of the BCA Masters Committee (Gerry Dragomir (Secretary), Bill Hooker, Dave McDonald, and Rose Hare for all of their work. I would also like to thank Mark Harding for contributing to our meetings as the BCA Board representative. Special thanks go to Gerry Dragomir for hosting our meetings.

Submitted by Jake Madderom – Chair, Masters Committee