

January 2019 Track and Field Committee
Report to BC Athletics Board

Initiatives and Plans for 2019

BC Sprint and Hurdles Project Warm Weather Camp

- Las Vegas, Nevada, March 15th – 24th, 2019
- Targeted athletes to receive funding for the camp
- Chiropractor to attend camp to offer Sport Medicine support to attending athletes

BC Throws Project

- Development Camp (Athletes) – September 2019
- BC Throws Summit (Coaches) – November 2019
- Funding available for training camps, competition expenses

Targeted athletes camps/summits

- CSIP - targeted athlete testing and support - 3-4 times per year

Pacific Distance Carnival and Canadian 10000m Championships – June 13th, 2019

- 1500m, 5000m, 10000m
- Able-bodied and para-athletics

BC Athletics High Performance Speed and Power Series

- June/July 2019 – as part of existing competitions on the Event Calendar
- Target specific events to feature high quality competition
- Prize money

BC Jamboree – July 5th – 7th, 2019 Kamloops

- Continue to work to make the Jamboree the best Track & Field Meet in BC each year.

BC Team Program

- Jamboree to serve as selection trials for BC Senior, U20, U18 & U16 Teams to Canadian Nationals
- Updates to BC Team Staff Selection Policy
- Continue & Build on success of BC Para Athletics Team

BC High Performance Program

- Creating U23 standards for BC High Performance Program to help support our targeted athletes

Challenges and Opportunities

- Finding hosts for athlete camps/summits and encouraging athletes to attend.
- To host competitions that are valuable to athletes in terms of timing during the season and level of competition provided.
- Continuing to provide funding that allows athletes to attend training camps
- Event Calendar - balancing Provincial, National and International competitions

The Quad – 2017 to 2020

“Areas of Emphasis”

- Athlete Retention
 - Keep athletes engaged in sport after they finish University

- Support athletes during key transition periods (i.e. from student-athlete to Post-Collegiate athlete)
- Increase BCAAP funding as a means to aid athlete retention
- Competition access – ensure targeted athletes have high quality in-province competition opportunities
- Factors that could influence initiatives
 - High Performance Funding
 - Finding and retaining committee members

Sky-high Thinking

- Increase funding in AAP exponentially. More money directly to athletes.
- If the fear of not being able to afford rent/food/treatment were removed, more athletes would stay in sport at the time when they are moving into the height of their performance careers.
- Without the need to consider every dollar, athletes would be able to train and travel for competition opportunities that could produce better results.
- Hosting High Performance competitions in province annually
- BC Athletics athlete camps to bring athletes together in a social context as well as a means to network and foster beneficial relationships