



Report to BC Athletics Nov 2020 Report

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The Coach Education Report connects to the Technical Leadership Pillar of the Strategic Plan. It covers NCCP Coach Education Courses, Professional Development Opportunities, NCCP Coach Evaluations, and Coach Developer (Learning Facilitators and Evaluators) Training.

1. NCCP Coach Education

1.1. COVID-19 Response

- Courses and evaluations can now run in person
- COVID-19 Safety Guidelines were created on Sept 22,2020 and can be found here:
[Return to In-Person Coach Education Full Guidelines](#)
[Return to In-Person Coach Education Summary Guidelines for Participants](#)

1.2. Course Updates

- We are previously working with Athletics Canada to develop the following:
 - i. A revised Road Running Course
 - ii. A mentorship model for high performance coaches
 - iii. An online Learning Facilitator and Coach Evaluator training so that we can train more coach developers across the province to reach more coaches
- We are developing a structured coach developer pathway and manual to be available in January 2021
- Starting January 2020, manuals for NCCP Coach Education will be available online. Coaches can request physical manuals for an additional fee. This is consistent with recommendations from Athletics Canada and Coaches Association of Canada.
- Athletics Canada have shifted the Long Term Athlete Development Module online via the Sport for Life website. This available for coaches for \$25.00 and is required for the Sport and Club Coach.

1.3. Grants

- We received the Northern Coaches Grant from viaSport for \$2500. This was used to host a variety of coach education grants in Fort Nelson, Nov 5-9th including Run Jump Throw Wheel Course, Sport Coach, Club Coach, training of a Learning Facilitator for Run Jump Throw Wheel and Sport Coach, and training a coach evaluator
- We received a \$2500 from the WISE Fund from Canadian Women and Sport to support Women Coaches to the virtual 2020 BC Throws Summit. 3 coaches received this grant. The rest of the fund is used to support our female facilitator, Ashley Kovacs

- We have applied for two grants to support a female coaching mentorship for next Spring and Summer including the WISE Fund from Canadian Women and Sport (\$2500) and the LeadForward grant from viaSport (\$5000).

1.4. NCCP Courses to date Aug 2020 – Nov 2020 and upcoming

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Nov 5-6	Club Coach Sprints	Fort Nelson	Fort Nelson Secondary School	Barb Vida	4
2	Nov 7-8	RJTW and Sport Coach*	Fort Nelson	Fort Nelson Secondary School	Barb Vida and Heather Sparshu	8
3	Nov 14-15	Sport Coach	Nanaimo	Nanaimo Track and Field Club	Sean Steele	4
Upcoming Courses						
5	Nov 21-22	Sport Coach	Kamloops	Kamloops Track and Field Club	Brenda Van Tighem	
6	Nov 27-28	Sport Coach*	Richmond	Kajaks Track and Field Club	Barb Vida	
Total:						16

*The Sport Coach in Richmond is open to only those who have taken the Theory Modules from the Foundations of Coaching in Athletics online in the Spring 2020.

1.5 Cancelled Courses

- A Road Running Course that was offered for those who had taken the Theory Modules from the Foundations of Coaching in Athletics online in the Spring 2020. This was cancelled due to a lack of participants.
- Some clubs who have not wanted to host courses, and coaches to attend courses due to COVID-19 concerns

2. Professional Development Opportunities

2.1 Professional Development to date Aug 2020 – Nov 2020 and upcoming

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Sept 30	Effective Coaching Strategies for High Performance Coaches (1 of 3)	Online	BCA	Dr Shaunna Taylor	34
2	Oct 7	Sleep as a Crucial Factor for Maximizing Peak Performance	Online	BCA	Pat Bryne	18

3	Oct 28 th	Coach and Athlete Mental Health (2 of 3)	Online	BCA	Dr. Shaunna Taylor	22
4	Nov 7,8,10,12	2020 BC throws Summit	Online	BCA	Ashley Kovacs, Don Babbitt, Ryan Whiting, Boris Obergfoll,	63
Upcoming Courses						
5	Nov 22-26	2020 Virtual Performance Summit	Richmond	BCA/Cycling BC	Dr Wade Gilbert, Brianne Theisen Eaton and Ashton Eaton, Dr .Trent Stellingwerff, Dr Shaunna Taylor, Dr. Sara Forsyth, Streamline Athletes, John O’Sullivan, Adam Sollitt, Sara Kramers, Sheereen Harris	
6	Nov 25	Eating and Exercise Disorders in Sport (3 of 3)	Online	BCA	Dr Shaunna Taylor	
Total:						137

3. Coach Evaluation

3.1 COVID-19 Response:

- Evaluations can now be completed in person

3.2 Evaluations to date Sept 2019 – Aug 2020

	Evaluation	#’s
1	Sport Coach	2
2	Club Coach	3
3	Performance Coach	3
Total:		15

4. Coach Developers

4.1 Updates:

- We are currently working with AC to develop an online Learning Facilitator and Coach Evaluator training so that we can train more coach developers across the province to reach more coaches
- We are also developing a structured coach developer pathway and manual to be available in January 2021

4.2. New Coach Developers Since Aug 2020

- One Coach Developer in Fort Nelson was trained as a Learning Facilitator for Run Jump Throw Wheel and Sport Coach as well as a Coach Evaluator for Run Jump Throw Wheel, Sport Coach and Club Coach
- We will be reaching out for other interested coach developers once the new courses from AC are completed.