



## 50K

Name	Club	Coach
Jade Belzberg	Unattached	Megan Roche
Brady Goreski	Unattached	Kathryn Drew
Michael Nangle	Unattached	Self Coached
Shannon Penway	Unattached	Self Coached

## 50 MILE

Name	Club	Coach
Eric Thompson	Unattached	Rob Watson
Ellen Whitman	Unattached	Self Coached