



2019 BC 8k Road Running Championships

The Provincial 8km Road Running Championships were incorporated into the Steveston Icebreaker 8k hosted by the Kajaks Track & Field Club. The Championship was open to any Junior, Senior, Masters or Road & Trail member of BC Athletics. The Championship winners were Kevin Coffey and Andrea Lee.

Overall 8k Male Champions

1	KEVIN	COFFEY	VANCOUVER	0:24:36	1	M3034
2	ANTHONY	TOMSICH	VANCOUVER	0:24:46	2	M3034
3	MAX	TRUMMER	VANCOUVER	0:25:15	3	M2024

Overall 8k Female Champions

1	ANDREA	LEE	NORTH VANCOUVER	0:29:08	19	F2529
2	EMMA	CHADSEY	VANCOUVER	0:30:16	33	F2024
3	JEN	MOROZ	VANCOUVER	0:29:24	21	F3034

20-24 Females

1	DANAE	DUMONTET	VANCOUVER	0:33:48	70	F2024
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25-29 Females

1	KIMBERLEY	DOERKSEN	VANCOUVER	0:30:59	41	F2529
2	CHRISTINE	BANT	VANCOUVER	0:31:01	42	F2529

30-34 Females

1	LAUREL	RICHARDSON	VANCOUVER	0:31:02	43	F3034
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40-44 Females

1	GENEVIEVE	CAUFFOPE	VANCOUVER	0:32:09	58	F4044
2	RACHEL	MAIKA	RICHMOND	0:33:38	69	F4044
3	MELANIE	CLEMENT	VANCOUVER	0:34:21	83	F4044
4	MELISSA	RAVEN	VANCOUVER	0:35:51	101	F4044

45-49 Females

1	BONNIE	CHUTER	RICHMOND	0:35:56	102	F4549
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50-54 Females

1	JILLIAN	FONG	VANCOUVER	0:30:22	35	F5054
2	ELLEN	CLAGUE	VANCOUVER	0:35:06	96	F5054
3	JILL	DELANE	VANCOUVER	0:35:45	100	F5054

55-59 Females

1	SUSAN	GORDON	SALT SPRING ISLAND	0:34:51	93	F5559
2	MARY	HINZE	SURREY	0:48:22	270	F5559
3	CHE	DAVISON	VICTORIA	1:00:06	349	F5559
4	DEBRA	KATO	VANCOUVER	1:02:41	355	F5559

**60-64 Females**

1	TERESA	DLUGON	VANCOUVER	0:40:17	169	F6064
2	PATRICIA	KEARNEY	NEW WESTMINSTER	0:40:24	173	F6064
3	JUDY	ANDERSEN	VANCOUVER	0:42:38	210	F6064
4	JUDY	WESTACOTT	VANCOUVER	0:43:58	225	F6064

70-74 Females

1	MARY	SIMMONDS	VANCOUVER	0:48:12	266	F7074
2	SHEILA	ALLISON	SURREY	0:48:17	269	F7074
3	LYNETTE	BALDOCK	SURREY	0:50:12	296	F7074

80-84 Females

1	RENATE	CHEETHAM	SURREY	1:03:36	360	F8084
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20-24 Males

1	THOMAS	SOMERVILLE	VANCOUVER	0:26:48	6	M2024
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25-29 Males

1	JONATHAN	WALKER	VANCOUVER	0:28:03	14	M2529
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30-34 Males

1	THEO	HUNT	VANCOUVER	0:25:35	5	M3034
2	DREW	NICHOLSON	SURREY	0:27:11	9	M3034
3	VINCENT	PAGOT	NORTH VANCOUVER	0:28:28	17	M3034
4	LEE	KENNETT	VANCOUVER	0:30:11	32	M3034
5	TURLOUGH	LENNON	VANCOUVER	0:33:07	65	M3034
6	KEVIN	AU	SURREY	1:09:18	366	M3034

35-39 Males

1	PAUL	MCNAMARA	VANCOUVER	0:27:08	8	M3539
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40-44 Males

1	CHRIS	NAPIER	VANCOUVER	0:27:58	13	M4044
2	JEREMY	BROWN	BURNABY	0:29:26	22	M4044
3	PHILIP	FINLAYSON	BURNABY	0:30:18	34	M4044
4	DARRELL	LAHEY	VANCOUVER	0:30:28	39	M4044

45-49 Males

1	STEPHEN	HAVAS	VANCOUVER	0:28:28	16	M4549
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50-54 Males

1	KEVIN	O'CONNOR	VANCOUVER	0:27:25	10	M5054
2	JAY	ZHU	SURREY	0:35:12	97	M5054
3	JOHN	FERBER	NORTH VANCOUVER	0:36:57	120	M5054

**55-59 Males**

1	MARK	PINCKARD	DELTA	0:29:40	25	M5559
2	ANTHONY	SKUCE	VANCOUVER	0:30:08	31	M5559
3	WALTER	DOWNEY	VANCOUVER	0:31:06	44	M5559
4	CRAIG	PREMACK	BURNABY	0:33:49	71	M5559
5	HENRY	SARTORE	VANCOUVER	0:37:00	123	M5559
6	BILL	CHANG	VANCOUVER	0:37:57	136	M5559
7	KIMMIS	CHOW	NORTH VANCOUVER	0:39:57	161	M5559
8	GORD	KURENOFF	LANGLEY	0:51:28	307	M5559

60-64 Males

1	DAVID	WATT	VANCOUVER	0:31:35	50	M6064
2	JACK	MACDOUGALL	DELTA	0:34:30	87	M6064
3	LEO	LAM	VANCOUVER	0:35:00	95	M6064
4	PAUL	BALUCH	VANCOUVER	0:45:28	241	M6064

70-74 Males

1	JAKE	MADDEROM	BURNABY	0:45:12	237	M7074
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75-79 Males

1	ARTHUR	GEE	BURNABY	1:07:38	364	M7579
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Congratulations,

Clifton Cunningham

BC Athletics, Technical Manager Road & Cross Country Running