

TENTATIVE SCHEDULE OF EVENTS



SCHEDULE NOTES

- This is a TENTATIVE schedule and subject to change.
- BC Athletics will port a FINAL schedule after late registration has closed.
- Field events with more than 16 entries will be split into multiple flights and separated based on seed performance.
- All para-ambulatory athletes will compete in their event category and age group.
- The schedule may run up to 15 minutes ahead of schedule if time permits.

Legend:

H = Hurdles | WC – Wheelchair | SC = Steeple Chase | RW = Race Walk |

CHANGE HISTORY	
04.14.26	Adjustment to Men’s/Women’s U16 Triple Jump (moved to Sunday) and Men’s U16 Long Jump (Saturday)
06.10.26	BC Athletics has added a 3000m event for U20+Senior athletes. U20 and Senior will run together in the heat. There will be a cap of 16 athletes for men and 16 athletes for women with minimum entry standards of 10:30.00 for men and 13:44.00 for women. After registration BC Athletics will select the top 16 athletes who have made the minimum standard and refund all other athletes

TENTATIVE SCHEDULE OF EVENTS**FRIDAY 03 JUL 26 | TRACK EVENTS**

Time	Event	Sex	Category	Round
11:00 AM	80mH	Women	U16	Pentathlon
11:15 AM	100mH	Men	U16	Pentathlon
11:20 AM	TRACK BREAK			
1:15 PM	300m	Women	U16	Semi Final
2:00 PM	300m	Men	U16	Semi Final
2:15 PM	400m	Women	U18	Semi Final
2:25 PM	400m	Men	U18	Semi Final
2:35 PM	400m	Women	U20	Semi Final
2:45 PM	400m	Men	U20	Semi Final
2:55 PM	400m	Women	Senior	Semi Final
3:05 PM	400m	Men	Senior	Semi Final
3:15 PM	1500mWC	Women	Para WC	Timed Final
3:20 PM	1500mWC	Men	Para WC	Timed Final
3:25 PM	TRACK BREAK			
4:25 PM	1500mSC	Women	U16	Timed Final
4:35 PM	1500mSC	Men	U16	Timed Final
4:45 PM	2000mSC - 0.76m	Women	U18	Timed Final
5:00 PM	3000mSC - 0.76m	Women	U20	Timed Final
5:15 PM	2000mSC - 0.84m	Men	U18	Timed Final
5:30 PM	3000mSC - 0.91m	Men	U20	Timed Final
5:45 PM	3000mSC - 0.76m	Women	Senior	Timed Final
6:00 PM	3000mSC - 0.91m	Men	Senior	Timed Final
6:15 PM	800m	Women	U16	Pentathlon
6:25 PM	1000m	Men	U16	Pentathlon
6:35 PM	1500mRW	Women	U16	Timed Final
6:45 PM	1500mRW	Men	U16	Timed Final
7:00 PM	5000mRW	Mixed	U18	Timed Final
7:00 PM	10000mRW	Mixed	U20-Senior	Timed Final

TENTATIVE SCHEDULE OF EVENTS**FRIDAY 03 JUL 26 | FIELD EVENTS**

Time	Event	Sex	Category	Round
11:00 AM	High Jump	Men	U18	Final
11:00 AM	Hammer Throw	Women	U16	Final
12:00 PM	High Jump	Women	U16	Pentathlon
12:10 PM	Long Jump	Men	U16	Pentathlon
1:00 PM	High Jump	Women	U16	Final
1:00 PM	Hammer Throw	Men	U16-U18	Final
2:00 PM	Long Jump	Women	U16	Pentathlon
2:30 PM	Shot Put	Men	U16	Pentathlon
3:00 PM	Pole Vault	Women	U20-Senior	Final
3:00 PM	Triple Jump	Women	U18	Final
3:00 PM	Hammer Throw	Women	U18	Final
4:00 PM	High Jump	Men	U16	Pentathlon
4:00 PM	Shot Put	Women	U16	Pentathlon
4:15 PM	Triple Jump	Men	U18	Final
5:00 PM	Hammer Throw	Men	U20-Senior	Final
5:00 PM	Shot Put	Men	U16	Final
6:00 PM	High Jump	Women	U20-Senior	Final
6:00 PM	Pole Vault	Men	U20-Senior	Final
6:15 PM	Shot Put	Women	U16	Final
6:45 PM	Triple Jump	Women	U20-Senior	Final
6:45 PM	Triple Jump	Men	U20-Senior	Final
6:45 PM	Hammer Throw	Women	U20-Senior	Final

TENTATIVE SCHEDULE OF EVENTS**FRIDAY 04 JUL 26 | COMBINED EVENTS**

Time	Event	Sex	Category	Round
11:15 AM	100mH	Men	U16	Pentathlon
12:10 PM	Long Jump	Men	U16	Pentathlon
2:30 PM	Shot Put	Men	U16	Pentathlon
4:00 PM	High Jump	Men	U16	Pentathlon
6:25 PM	1000m	Men	U16	Pentathlon

Time	Event	Sex	Category	Round
11:00 AM	80mH	Women	U16	Pentathlon
12:00 PM	High Jump	Women	U16	Pentathlon
2:00 PM	Long Jump	Women	U16	Pentathlon
4:00 PM	Shot Put	Women	U16	Pentathlon
6:15 PM	800m	Women	U16	Pentathlon

TENTATIVE SCHEDULE OF EVENTS**SATURDAY 04 JUL 26 | TRACK EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	100m	Men	U18-Senior	Decathlon
9:15 AM	80mH - 0.76m	Women	U16	Semi Final
9:25 AM	100mH - 0.76m	Men	U16	Semi Final
9:30 AM	100mH - 0.76m	Women	U18	Heptathlon
9:35 AM	100mH - 0.76m	Women	U18	Semi Final
9:50 AM	100mH - 0.84m	Women	U20	Semi Final
10:00 AM	100mH - 0.84m	Women	Senior	Semi Final
10:10 AM	110mH - 0.91m	Men	U18	Semi Final
10:20 AM	110mH - 0.99m	Men	U20	Semi Final
10:30 AM	110mH - 1.07m	Men	Senior	Semi Final
10:50 AM	100m	Women	U16	Semi Final
11:00 AM	100m	Men	U16	Semi Final
11:10 AM	100m	Women	U18	Semi Final
11:20 AM	100m	Men	U18	Semi Final
11:30 AM	100m	Women	U20	Semi Final
11:40 AM	100m	Men	U20	Semi Final
11:50 AM	100m	Women	Senior	Semi Final
12:00 PM	100m	Men	Senior	Semi Final
12:10 PM	300m	Women	U16	Final
12:15 PM	300m	Men	U16	Final
12:25 PM	400mWC	Women	Para WC	Final
12:30 PM	400mWC	Men	Para WC	Final
12:40 PM	400m	Women	U18	Final
12:45 PM	400m	Men	U18	Final
12:50 PM	400m	Women	U20	Final
12:55 PM	400m	Men	U20	Final
1:00 PM	400m	Women	Senior	Final
1:05 PM	400m	Men	Senior	Final
1:10 PM	TRACK BREAK			
2:10 PM	80mH - 0.76m	Women	U16	Final

TENTATIVE SCHEDULE OF EVENTS**SATURDAY 04 JUL 26 | TRACK EVENTS** continued

Time	Event	Sex	Category	Round
2:15 PM	100mH - 0.76m	Men	U16	Final
2:20 PM	100mH - 0.76m	Women	U18	Final
2:25 PM	100mH - 0.84m	Women	U20	Final
2:30 PM	100mH - 0.84m	Women	Senior	Final
2:35 PM	110mH - 0.91m	Men	U18	Final
2:40 PM	110mH - 0.99m	Men	U20	Final
2:45 PM	110mH - 1.07m	Men	Senior	Final
3:00 PM	100mWC	Women	Para WC	Final
3:05 PM	100mWC	Men	Para WC	Final
3:10 PM	100m	Women	U16	Final
3:15 PM	100m	Men	U16	Final
3:20 PM	100m	Women	U18	Final
3:25 PM	100m	Men	U18	Final
3:30 PM	100m	Women	U20	Final
3:35 PM	100m	Men	U20	Final
3:40 PM	100m	Women	Senior	Final
3:45 PM	100m	Men	Senior	Final
3:55 PM	1200m	Women	U16	Final
4:00 PM	1200m	Men	U16	Final
4:10 PM	1500m	Women	U18	Final
4:20 PM	1500m	Men	U18	Final
4:30 PM	1500m	Women	U20	Final
4:40 PM	1500m	Men	U20	Final
4:50 PM	1500m	Women	Senior	Final
5:00 PM	1500m	Men	Senior	Final
5:25 PM	200m	Women	U18-Senior	Heptathlon
5:45 PM	400m	Men	U18-Senior	Decathlon

TENTATIVE SCHEDULE OF EVENTS**SATURDAY 04 JUL 26 | FIELD EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	Javelin Throw	Men	U16	Final
9:00 AM	Long Jump	Women	U16	Final
9:00 AM	Long Jump	Men	U16	Final
10:00 AM	Pole Vault	Women	U16-U18	Final
10:30 AM	Javelin Throw	Men	U18	Final
11:00 AM	Long Jump	Men	U18-Senior	Decathlon
12:00 PM	High Jump	Women	U18-Senior	Heptathlon
12:30 PM	Discus Throw	Men	U16	Final
1:00 PM	Shot Put	Men	U18-Senior	Decathlon
1:00 PM	Pole Vault	Men	U16-U18	Final
1:00 PM	Long Jump	Men	U18	Final
1:00 PM	Long Jump	Women	U18	Final
1:30 PM	Seated Discus Throw	Mixed	Para WC	Final
2:30 PM	Discus Throw	Women	U16	Final
3:00 PM	Shot Put	Women	U18-Senior	Heptathlon
3:00 PM	High Jump	Men	U18-Senior	Decathlon
4:00 PM	Seated Javelin Throw	Mixed	Para WC	Final
4:00 PM	High Jump	Men	U16	Final
4:00 PM	Long Jump	Men	U20	Final
4:00 PM	Long Jump	Women	U20	Final
4:00 PM	Discus Throw	Men	U18 / U20	Final
5:30 PM	Discus Throw	Women	U18 / U20	Final
6:00 PM	Seated Shot Put	Mixed	Para WC	Final
6:00 PM	High Jump	Men	U20-Senior	Final
6:00 PM	Long Jump	Men	Senior	Final
6:00 PM	Long Jump	Women	Senior	Final
6:30 PM	Discus Throw	Mixed	Senior	Final

TENTATIVE SCHEDULE OF EVENTS**SATURDAY 04 JUL 26 | COMBINED EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	100m	Men	U18-Senior	Decathlon
11:00 AM	Long Jump	Men	U18-Senior	Decathlon
3:00 PM	High Jump	Men	U18-Senior	Decathlon
1:00 PM	Shot Put	Men	U18-Senior	Decathlon
5:45 PM	400m	Men	U18-Senior	Decathlon

Time	Event	Sex	Category	Round
9:30 AM	100mH - 0.76m	Women	U18	Heptathlon
12:00 PM	High Jump	Women	U18-Senior	Heptathlon
3:00 PM	Shot Put	Women	U18-Senior	Heptathlon
5:25 PM	200m	Women	U18-Senior	Heptathlon

TENTATIVE SCHEDULE OF EVENTS**SUNDAY 05 JUL 26 | TRACK EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	110mH - 0.91m	Men	U18-Senior	Decathlon
9:10 AM	110mH - 0.99m	Men	U18-Senior	Decathlon
9:20 AM	110mH - 1.07m	Men	U18-Senior	Decathlon
9:30 AM	2000m	Women	U16	Timed Final
9:45 AM	2000m	Men	U16	Timed Final
10:00 AM	3000m	Women	U18	Timed Final
10:10 AM	3000m	Men	U18	Timed Final
10:20 AM	3000m*	Women	U20 + Senior	Timed Trial
10:30 AM	3000m*	Men	U20 + Senior	Timed Trial
10:45 AM	200m	Women	U16	Semi Final
10:55 AM	200m	Men	U16	Semi Final
11:05 AM	200m	Women	U18	Semi Final
11:25 AM	200m	Men	U18	Semi Final
11:40 AM	200m	Women	U20	Semi Final
11:50 AM	200m	Men	U20	Semi Final
12:00 PM	200m	Women	Senior	Semi Final
12:05 PM	200m	Men	Senior	Semi Final
12:25 PM	300mH	Women	U16	Final
12:30 PM	300mH	Men	U16	Final
12:35 PM	400mH	Women	U18	Final
12:40 PM	400mH	Men	U18	Final
12:45 PM	400mH	Women	U20	Final
12:50 PM	400mH	Men	U20	Final
12:55 PM	400mH	Women	Senior	Final
1:00 PM	400mH	Men	Senior	Final
1:05 PM	TRACK BREAK			
2:05 PM	200mWC	Women	Para WC	Final
2:10 PM	200mWC	Men	Para WC	Final
2:25 PM	200m	Women	U16	Final
2:30 PM	200m	Men	U16	Final

TENTATIVE SCHEDULE OF EVENTS**SUNDAY 05 JUL 26 | TRACK EVENTS** continued

Time	Event	Sex	Category	Round
2:35 PM	200m	Women	U18	Final
2:40 PM	200m	Men	U18	Final
2:45 PM	200m	Women	U20	Final
2:50 PM	200m	Men	U20	Final
2:55 PM	200m	Women	Senior	Final
3:00 PM	200m	Men	Senior	Final
3:10 PM	800mWC	Women	Para WC	Timed Final
3:20 PM	800mWC	Men	Para WC	Timed Final
3:30 PM	800m	Women	U16	Timed Final
3:40 PM	800m	Men	U16	Timed Final
3:50 PM	800m	Women	U18	Timed Final
4:00 PM	800m	Men	U18	Timed Final
4:10 PM	800m	Women	U18-Senior	Heptathlon
4:20 PM	800m	Women	U20	Timed Final
4:30 PM	800m	Men	U20	Timed Final
4:40 PM	800m	Women	Senior	Timed Final
4:50 PM	800m	Men	Senior	Timed Final
5:00 PM	1500m	Men	U18-Senior	Decathlon

*The 3000m event for U20 + Senior will have a cap of 16 athletes for men and 16 athletes for women. There will be a minimum standard of 10:30.00 for men and 13:44.00 for women. Athletes may submit 5000m times which will be converted using WA points. All performances must be on the Athletics Canada rankings

TENTATIVE SCHEDULE OF EVENTS**SUNDAY 05 JUL 26 | FIELD EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	Javelin Throw	Women	U16	Final
9:00 AM	Shot Put	Men	U18	Final
10:00 AM	High Jump	Women	U18	Final
10:00 AM	Long Jump	Women	U18-Senior	Heptathlon
10:45 AM	Discus Throw	Men	U18-Senior	Decathlon
11:00 AM	Javelin Throw	Women	U18	Final
12:00 PM	Triple Jump	Women	U16	Final
12:30 PM	Javelin Throw	Mixed	Senior	Final
1:00 PM	Pole Vault	Men	U18-Senior	Decathlon
1:30 PM	Shot Put	Mixed	U20	Final
2:00 PM	Javelin Throw	Women	U18-Senior	Heptathlon
2:00 PM	Triple Jump	Men	U16	Final
3:00 PM	Shot Put	Women	U18	Final
3:00 PM	Javelin Throw	Men	U18-Senior	Decathlon
4:30 PM	Shot Put	Mixed	Senior	Final
4:30 PM	Javelin Throw	Mixed	U20	Final

TENTATIVE SCHEDULE OF EVENTS**SUNDAY 05 JUL 26 | COMBINED EVENTS**

Time	Event	Sex	Category	Round
9:00 AM	110mH - 0.91m	Men	U18-Senior	Decathlon
9:10 AM	110mH - 0.99m	Men	U18-Senior	Decathlon
9:20 AM	110mH - 1.07m	Men	U18-Senior	Decathlon
10:45 AM	Discus Throw	Men	U18-Senior	Decathlon
1:00 PM	Pole Vault	Men	U18-Senior	Decathlon
3:00 PM	Javelin Throw	Men	U18-Senior	Decathlon
5:00 PM	1500m	Men	U18-Senior	Decathlon

Time	Event	Sex	Category	Round
10:00 AM	Long Jump	Women	U18-Senior	Heptathlon
2:00 PM	Javelin Throw	Women	U18-Senior	Heptathlon
4:10 PM	800m	Women	U18-Senior	Heptathlon