

BC ATHLETICS

2026 BC U20 TRACK & FIELD TEAM

SELECTION CRITERIA + STANDARDS

1. BC TEAM PROGRAM

The BC Athletics BC Team Program provides selected athletes with the opportunity to represent the British Columbia in national and interprovincial competitions, supporting their development within a structured high-performance pathway. Through a clear selection process based on performance standards, rankings, and championship results, the program brings together athletes, coaches, and integrated support staff to create a unified team environment focused on excellence, preparation, and pride in representing British Columbia. In addition to competitive opportunities, the BC Team Program delivers key supports such as travel coordination, team services, and performance expectations, while reinforcing standards of conduct, accountability, and commitment to both individual and team success

2. 2026 CANADIAN TRACK & FIELD CHAMPIONSHIPS

The 2026 Canadian U20 Track & Field Championships, presented by Bell, will take place in Ottawa, Ontario from June 17–21, bringing together the country's top athletes across Open, U20, and Para categories to compete for national titles and selection opportunities. Hosted at the Terry Fox Athletic Park by the Ottawa Lions Track and Field Club, the championships serve as Canada's premier domestic track and field event, providing a high-performance environment where athletes test themselves against the nation's best and prepare for international competition. Over five days of competition, the event showcases the full range of track and field disciplines while bringing together athletes, coaches, officials, and fans in a celebration of Canadian athletics excellence.

3. PURPOSE OF THIS DOCUMENT

The purpose of this document is to clearly outline the selection criteria and performance standards for the 2026 BC U20 Team, ensuring a fair, transparent, and consistent process for identifying athletes who will represent British Columbia at national competitions. It defines the eligibility requirements, qualification pathways, and performance benchmarks used to evaluate athletes, while also establishing expectations for team composition and selection timelines. This document is intended to support athletes and coaches in understanding the standards required for selection, align decision-making with BC Athletics' high-performance objectives, and ensure that selected athletes are well-positioned to compete successfully at the national level.

4. FUNDING

BC Athletics endeavors to provide support to those athletes selected to the 2026 BC U20 Track & Field Team. Support for this team includes:

4.1 FOR NON-CAPP ATHLETES:

- Travel to and from Ottawa, ON (YOW) from Vancouver (YVR). Athletes who reside outside of the Metro Vancouver area will be provided with connecting transportation to meet the team at Vancouver International Airport
- Transportation of equipment
- Accommodation for the duration of the Championships
- BC Team competition and warm up kit
- Competition entry
- Support from BC Team Staff

5. ELIGIBILITY

5.1 ELIGIBLE ATHLETES

To be eligible for the 2026 BC U20 Track & Field Team, athletes must meet the following criteria:

- a. Hold a 2026 Annual Athlete Membership and be a member in good standing at the time of achieving the published performance standard.
- b. Must hold a Canadian Citizenship or Permanent Residency.
- c. Must have permanent residence in British Columbia for at least 6 months prior to selection.
- d. Have a permanent residence in British Columbia or plans to resume permanent residency in British Columbia but is temporarily residing outside of British Columbia due to personal or professional work requirements.
- e. If previously affiliated with any other P/TSO within the previous 12 months, the athlete must establish residency in British Columbia for a minimum of 6 months and must be a registered Annual Athlete member of BC Athletics for 6 months prior to selection.
- f. Be between 16 (YOB 2010) as of December 31, 2026
- g. Submit a BC Team Athlete Declaration by **May 31, 2026 (11:59PM) PST**

- h. Achieve the published performance standard (Appendix B) in the event they wish to be considered for within the published qualifying period (Appendix A).
- i. Must comply with Competitive Readiness Requirements outline in this document (see Section 7).

6. SELECTION CRITERIA

6.1 PERFORMANCE STANDARDS

a. 2026 Standards

The performance standards for the 2026 BC U20 Team are listed in Appendix B of this document.

6.2 SELECTION TRIALS

There are no selection trials for this team.

6.3 ELIGIBLE PERFORMANCES

All eligible performances must appear on the Athletics Canada Outdoor Rankings. It is the responsibility of the athlete to ensure eligible performances appear in the Athletics Canada Rankings to be considered for selection. Please submit results to results@athletics.ca. For performances that take place on the last day of the qualification period, please email the Track & Field Program Manager at garrett.collier@bcathletics.org.

6.4 IN-ELIGIBLE PERFORMANCES

For purposes of team selection, the following performances will not be eligible for selection and/or funding:

- Wind-Aided performances
- Hand-timed performances for events 800m and shorter*
- Indoor performances.

* Note. Hand-timed performances in individual and relay events 800m and shorter will not be accepted for the purposes of team selection. For other events, hand-timed results will be accepted for selection when accompanied by documentation signed by the chief track referee.

6.5 SELECTION PROCESS

Athletes who meet the eligibility requirements (see Section 5.1) will be selected using the following process:

- a. Athletes will be ranked on their percentage of team standard (see Appendix B) within the published qualification period (see Appendix A).
- b. Athletes will be selected until the team quota (up to 25 athletes) has been met.

6.6 TEAM ROSTERS

- a. Provisional Roster

A provisional roster will be released no later than **MONDAY JUNE 1, 2026**, on the BC Athletics website. An email to all declared athletes will be sent with a link to the provisional roster. Once posted athletes will have 24 hours to submit an appeal (see Section 6.7) from the time stamp on the posted provisional roster.

- b. Final Roster

Once all eligible appeals have been ruled, BC Athletics will post the final roster online in addition to all BC Athletics communications (e.g. social media, newsletter etc.).

Athletes on the final roster will be contacted via email to complete a BC Team Confirmation Form with a required response within 24 hours of the email to confirm their spot on the final roster.

6.7 APPEALS

- a. Eligibility to Appeal

Only athletes that have achieved the published performance standard (see Appendix B) during the published qualification window (see Appendix A) and meet the eligibility criteria (see Section 5.1) are eligible to submit an appeal. Athletes who do not meet these criteria will have the appeal automatically denied.

b. Appeal Process

After BC Athletics has posted the provisional roster, athletes who meet the above eligibility to appeal criteria will have 24 hours to submit an appeal via the Online Appeal Form (see link below). This form must be accompanied by a **\$50.00 CDN** fee charged at the time of submitting the appeal form.

Once an eligible appeal has been received, BC Athletics in consultation with the Appeals Committee (BC Athletics Program Manager and BC Team Event Staff) will render a decision.

Once the appeals committee has made their ruling, the decision will be considered final, and the appeal will be closed. If an appeal is upheld, then the \$50.00 CDN fee will be refunded to the appellant.

c. Online Appeal Form

[Those wishing to launch an appeal can do so by clicking here.](#)

7. COMPETITIVE READINESS

Selected athletes are expected to be competition ready at the time of selection and leading up to, and at, the national championship event. As part of demonstrating competitive readiness, athletes will be required to complete the steps below:

7.1 BC TEAM CONFIRMATION FORM

All athletes selected to the final team roster must complete and sign a BC Team Confirmation Form (sent electronically by email) prior to receiving any further team information. As part of this form, athletes will be required to disclose at BC Athletics any reasons (injury or illness) that may affect their competitive readiness. Primary coaches will also be required to confirm competitive readiness.

7.2 COMPETITIVE READINESS

If a selected athlete presents reasons (injury or illness) that may result in questionable competitive readiness, BC Athletics will work with the athlete and primary coach on a case-by-case basis to certify the athlete's competitive readiness.

7.3 EVALUATIONS

Athletes with questionable competitive readiness will be required to submit a “Back to Competitive Readiness Plan” and required to prove fitness. This may be through proof of fitness at a competition, of video proof of fitness to be submitted on a case-by-case basis. In some cases, medical documentation from a medical professional may be used as an evaluation tool if competition is not possible.

7.4 VIOLATION OF COMPETITIVE READINESS

If an athlete and personal coach falsely certifies that a selected athlete is competitive ready resulting in poor performance or non-performance at the BC Team event, the athlete and personal coach could be:

- a. Responsible for refunding BC Athletics the total costs incurred for team travel, entries, transportation of equipment and any additional costs associated with the BC Team.
- b. Deemed members not-in-good standing with BC Athletics and limited or suspended from any further BC Team Program opportunities.

BC Athletics will consider these situations on a case-by-case basis.

8. 2026 BC U20 TRACK & FIELD TEAM INFORMATION

Please see below for information specific to this team:

8.1 TEAM SIZE

- a. BC Athletics will select a maximum roster of twenty-five (25) U20 athletes.
- b. Selected athletes will be supported by an eight (8) staff member team.

8.2 TEAM RESTRICTIONS

- a. BC Athletics will select a maximum of three (3) athletes in an event.
- b. Team size will be dependent on funding available.

8.3 TEAM FEES

The team fee for the 2026 BC U20 Track & Field team will be \$750.00 + GST. The team fee can be paid through the BC Team Confirmation email by credit card and must be submitted to remain on the team roster. The athlete is responsible for paying the team fee. If the athlete's club is covering the fee, this must be arranged by the athlete. An athlete will not be permitted to travel until the team fee is paid. If an athlete is facing financial hardship, please contact Garrett Collier.

8.4 TEAM ENTRIES

BC Athletics will register all selected athletes into the Canadian U20 Track & Field Championships prior to the deadline.

a. Primary Events

Selected athletes must compete in their selected event/primary event. If an athlete wishes to be considered for a different primary event, they will have to be re-selected under the new event. Please note this could mean an athlete is no longer on the final selected roster.

b. Secondary Events

Selected athletes may be entered in additional events if performances in those events:

- Are equal to, or surpass the published performance standard (see Appendix B), and
- Does not hinder performance in the primary selected event as determined by BC Athletics, BC Team Staff in consultation with the athlete and primary coach.

8.5 TEAM TRAVEL

TRAVEL WITH THIS TEAM IS MANDATORY

Selected athletes will travel on the Team Flight from Vancouver, BC (YVR) to Ottawa, ON (YOW). Athletes. BC Athletics will make travel arrangements for all athletes that reside outside of the Metro Vancouver Area. If travelling to and from the Vancouver from a location outside of British Columbia, athletes must notify the BC Athletics Program Manager to make alternative travel arrangements. Travelling with the team is mandatory and athletes must commit to staying for

the duration of the event. If an athlete has an academic commitment that requires them to leave early, they must indicate this on their declaration form.

The team will be split into 2 team flights. Flight #1 will depart on Tuesday June 16. Flight #2 will depart on Wednesday June 17th. Team returns June 21st. Allotment of seats will be based on selected athletes and event schedule.

8.6 PERSONAL EQUIPMENT

BC Athletics will make the necessary arrangements for athletes who require personal equipment (e.g. throwing implements, pole vault poles etc.). Ultimately, athletes are responsible for the transport of their equipment through the means provided by BC Athletics. Please note that BC Athletics is not responsible for any damage that occurs during transportation and competition while representing the BC Team.

8.7 TEAM ACCOMMODATIONS

Use of BC Team Accommodations is MANDATORY

BC Athletics will cover the cost of Accommodations. Athletes will be assigned to a roommate in a double occupancy room. BC Athletics will make a group reservation at a designated meet hotel for all selected athletes and BC Team staff. All selected athletes are required to stay with BC Athletics Team Accommodations for the duration of the event.

8.8 TEAM COMMUNICATIONS

BC Athletics will communicate with selected athletes via email (or phone if required) on the lead up to team departure.

There will be a mandatory virtual team meeting on Wednesday, June 10th, 2026 at 7:30pm for all team athletes and staff.

Prior to departure, BC Athletics provide a link to join a WhatsApp group for the 2026 BC U26, U20 and Para team competing in Ottawa.

8.9 TEAM MEETINGS

Attendance at all team meetings is mandatory. After selection of team athletes has occurred, BC Athletics in consultation with coaching staff will set all team meetings for BC Team events.

9. AMMENDMENTS

BC Athletics reserves the right to amend this Selection Criteria at any time. If any amendments are made, they will be communicated as soon as possible though they will be highlighted and included in this document in the Change History (see APPENDIX C). BC Athletics will also communicate amendments through the BC Athletics website and emails to declared athletes.

10. CHANGE HISTORY

BC Athletics will maintain a change history (see APPENDIX B) for any changes made to this selection criteria.

11. QUESTIONS

If you or your coach have any questions, please contact the Track & Field Program Manager, Garrett Collier at garrett.collier@bcathletics.org.

APPENDIX A | IMPORTANT DATES

DATE(S)	DESCRIPTION	NOTE(S)
JULY 3, 2025	Qualification Window Open	
MAY 31, 2026	Qualification Window Closes	
MAY 31, 2026	2026 Athlete Declarations Due (11:59pm PT)	CLICK HERE
JUNE 01, 2026	Provisional Roster Posted	Email/Website
JUNE 02, 2026	Final Roster Posted	Email/Website
JUNE 16, 2026	Travel Day (Depart) BC Team Flight # 1 (YVR – YOW)	
JUNE 17, 2026	Travel Day (Depart) BC Team Flight # 2 (YVR – YOW)	
JUNE 17 – 21, 2026	2026 Canadian U20 Track & Field Championships	Ottawa, ON
JUNE 21, 2026	Travel Day (Return) (YOW – YVR)	All Team
JULY 3-5, 2026	2026 BC Athletics Outdoor Track & Field Championships	Coquitlam, BC

APPENDIX B | PERFORMANCE STANDARDS

WOMEN	EVENT	MEN
11.94	100M	10.61
24.40	200M	21.65
55.43	400M	48.17
2:08.16	800M	1:51.75
4:25.66	1500M	3:50.41
9:45.22	3000M	8:27.26
17:31.69	5000M	14:54.26
14.46	100MH 110MH	14.57
61.83	400MH	55.21
10:45.90	3000MSC	9:39.08
51:00.00	10000RW	46:56.00
1.69	HIGH JUMP	2.03
3.58	POLE VAULT	4.52
5.76	LONG JUMP	7.08
11.94	TRIPLE JUMP	14.66
12.43	SHOT PUT	15.39
41.25	DISCUS	47.21
50.37	HAMMER	56.59
42.61	JAVELIN	59.01
4419	HEPTATHLON DECATHLON	5892

APPENDIX C | CHANGE HISTORY

LAST UPDATE

DATE(S)	Change
APRIL 02, 2026	Criteria Posted
APRIL 09, 2026	Standards Adjustment (Women's 200m / Men's 100m/200m/400m)