

BC ATHLETICS

2026 MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

AUGUST 14 – 15, 2026 | Vancouver, BC

ABOUT THE EVENT

The 2025 BC Athletics Masters Outdoor Track & Field Championship is the provincial outdoor track & field championship for the Masters (35Y+) age category. BC Athletics would like to thank the Vancouver Falcons Athletics Club (VFAC) for hosting this event. Additionally, BC Athletics would like to thank our BC Athletics Officials and Event Volunteers who make this event happen!. Thank you!

SPIRIT OF THE EVENT

The BC Athletics Outdoor Masters Track & Field Championships is an annual provincial championship event for athletes aged 35+ (Masters). For 2026, this will be a limited schedule with the following events offered: 100m, 200m, 400m, 800m, 1500m, 3000m, 3000mRW, 4 x 100m, 4 x 400m Mixed, 4 x 800m Mixed, Long Jump, High Jump, Shot Put, Discus Throw, Javelin Throw, Hammer Throw. Athletes are invited to participate in one or more events throughout the 2 days.

RASHPAL DHILLON OVAL

Rashpal Dhillon Oval at UBC is a well-established track and field venue located within Thunderbird Park in Vancouver. The facility is home to the UBC Thunderbirds track and field program and features an eight-lane, 400m synthetic track, seating for approximately 300 spectators, and event areas for jumps, throws, steeplechase, and other track and field disciplines. Its location on the UBC campus provides strong access to sport infrastructure, parking, athlete services, and event support, making it a suitable venue for training, competitions, and community-based athletics programming.

ELIGIBILITY

To participate in the BC Athletics Outdoor Track & Field Championships, athletes must:

- Be 35+ years of age as of the date of competition.
- Have a valid 2026 BC Athletics Annual Athlete Membership (Master, Senior/Master or Senior) or the equivalent from another Provincial Branch (e.g. Athletics Alberta) or World Athletics Federation (e.g. Athletics Australia).

Athletes from another Provincial Branch or WA Federation must email **GARRETT COLLIER** with proof of valid membership and good standing before registering for this event.

Non-Member Single Event Licenses are not available or accepted for this event.

Please note that Community Road and Trail memberships do not provide eligibility for track and field events.

ENTRY STANDARDS

There are no entry standards for this event.

REGISTRATION

Participants can register [online here](#).

REGULAR REGISTRATION	LATE REGISTRATION
AUGUST 2 – 11:59PM (PST)	AUGUST 9 – 11:59PM (PST)
\$40.00 for first event \$20.00 per additional event + GST (5%) + \$5.00 ODF* + \$10.00 non-BCA Member Fee**	\$60.00 for first event \$20.00 per additional event + GST (5%) + \$5.00 ODF* + \$10.00 non-BCA Member Fee**

*Officials Development Fee

X NO REFUNDS AFTER LATE REGISTRATION IS CLOSED (SEE ABOVE). NO EXCEPTIONS
X NO REGISTRATIONS ACCEPTED AFTER LATE REGISTRATION CLOSSES (SEE ABOVE). NO EXCEPTIONS

RESULTS

This event will use live results. A link to live results will be provided in final championship details emailed to all participants in addition to social media prior to the start of the event.

AWARDS

Only BC Athletics members are eligible for championship medals. Awards can be collected at the Awards Desk located near Athlete check in. A podium and backdrop will be available for pictures near the Championships Welcome Centre.

MEDICAL AND FIRST AID

Emergency first aid care will be provided on site. The medical tent will be located next to the track on the northwest corner of the track (near the 100m start line). The nearest hospital is: [UBC Hospital \(UBCH\), Koerner Pavilion, 2211 Wesbrook Mall, Vancouver, BC V6T 2B5](#)

VOLUNTEERS

Volunteers are essential to the success of our championships, and we can never have too many! If you are interested in supporting the event, we encourage you to sign up and lend a hand. Volunteers will receive a complimentary event T-shirt as a thank you for their support.

MERCHANDISE

Athletes who register by the early deadline will receive a complimentary BC Athletics T-shirt. Athletes can pick these up at Athlete Check-in. Please note that BC Athletics will only hold complimentary t-shirts until Saturday, August 15 @ 2:00pm. After the pickup deadline, T-shirts will be made available for public purchase.

Merchandise will be available at Championship Headquarters. BC Athletics will accept tap and cash (exact change only and all sales are final).

PARKING

Paid street parking is available on Wesbrook Mall and East Mall. There is a parking structure located [Thunderbird Parkade](#) on the corner of Wesbrook Mall and Thunderbird Blvd.

TECHNICAL INFORMATION

There will be no technical meeting prior to the start of the event. All information will be available online. Technical questions should be submitted to [Garrett Collier](#).

COMPETITION CATEGORIES

This event will serve as the outdoor provincial track and field championship for the following competition categories: 35Y+

COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers. Competition numbers must be worn on the front and the back except in jumping events where one bib may be worn either on the front or back of the torso. Competition numbers will be included in the registration packages. Lost or destroyed numbers may be replaced with a \$10.00 replacement fee. Replacement numbers can be obtained at the Athlete Check-in area located in the Championship headquarters. Hip numbers for track events must also be worn on both hips and on the upper left chest area.

COMPETITION ATTIRE

Athletes who are members of affiliated clubs are encouraged to wear their club-issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted). Present or past BC Athletics and/or Athletics Canada Team Uniforms are not permitted to be worn at the provincial championships.

SPIKE LENGTH

The maximum spike length allowed is 7mm (pyramid or Christmas tree) for all events except high jump and javelin. A maximum of 9mm spikes (pyramid or Christmas tree) can be used for high jump and javelin throw. No needle spikes allowed.

IMPLEMENTS

All implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal throwing implements must meet all WA and WMA Standards and must be submitted for inspection no later than 60 minutes prior to the scheduled start time of the event.

Implement weigh-ins will be located at the southeast corner of the stadium. Once the implement has been weighed-in it will be kept by the competition until the conclusion of the event. Personal implements can be picked up at the event location.

ATHLETE WARM UP

Athletes will be permitted to warm up throughout the competition venue. Please note the infield will be closed during the event. Please stay in the designated warm up area and away from the finish line tent. Only cross the track at designated crossing areas. Athletes may also use the surrounding public park trails for warm up and cool down.

Field event athletes will be provided with a warm-up opportunity at the event venue. Warm up duration will be the following:

- High Jump – minimum 40 minutes
- Horizontal Jumps – minimum 20 minutes
- Throws – minimum 20 minutes

CALL ROOM

There will be no call room for this event. Athletes must check in at the event site / event start line at the check-in timed below.

ATHLETES WITH CONFLICTING EVENTS

All events will proceed as scheduled. Athletes must check in at the event for both events and notify officials at all events which are in conflict. In field events, if a round is completed before an athlete returns, the missed attempt will be forfeited and cannot be made up.

SCRATCHES

For all scratches, please notify the competition secretary located at the finish line.

EVENT SEEDING

Coaches and athletes must enter a valid outdoor performance when registering for all events to ensure correct seeding. Performances will be accepted from August 16, 2025, to August 9, 2026. All seeds marks will be validated once registration is closed.

Throwing and horizontal jumping events with more than 15 athletes entered will be scheduled into flights for the preliminary rounds. Flights will be organized from lowest to highest entry seeds.

Athletes in laned events will be seeded by time, not age.

QUALIFYING FOR FINALS

LANED TRACK EVENTS

All Track events will be run as a timed final.

FIELD EVENTS

For horizontal jumps and throws – In events where there are more than eight (8) BC athletes in an age group, eight (8) BC athletes will advance to the final and receive an additional 3 attempts. In cases where there are more than 8 athletes in the field (including BCA members and non-BCA members), athletes must have a valid attempt in the first 3 attempts to advance to the final three attempts

Non-BC Athletics Members Field Events

For horizontal jumps and throwing events, non-BC Athletics members will not displace BC Athletics members from the final.

WHEELCHAIR ATHLETE LANE ASSIGNMENTS

Athletes competing in a laned event will be assigned to the same lane for all events throughout the championships.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official posting of the results of that event (WA TR 8.2). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee recognizable by the red arm band.

Only an athlete and their representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director at the Championship Headquarters if the Referee is not immediately available. No deposit is required for a protest.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (WA TR 8.4). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record their decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee’s decision, has the right to make an appeal to the jury regarding the Referee’s decision, within 30 minutes of the official announcement of that decision.

An appeal to the jury shall be in writing and should cite the relevant Rule number. A **\$50.00 CASH DEPOSIT** shall accompany an Appeal to the Jury Form located at the Championship Headquarters. The deposit will be refunded if the appeal is successful. The deposit will not be refunded if the appeal is denied.

Jury of Appeals: A jury of appeal consisting of three competent and qualified people will be available for decisions arising from protests. All decisions are final.