

FINAL SCHEDULE OF EVENTS



SCHEDULE NOTES

- This is the FINAL schedule and subject to change.
- Field events with more than 16 entries will be split into multiple flights and separated based on seed performance.
- Events may run up to 15 minutes ahead of schedule if time permits.
- For 2026, this will be a limited schedule with the following events offered: 100m, 200m, 400m, 800m, 1500m, 3000m, 3000mRW, 4 x 100m, 4 x 400m Mixed, 4 x 800m Mixed, Long Jump, High Jump, Shot Put, Discus Throw, Javelin Throw, Hammer Throw
- As this event is in partnership with the VFAC Track Series Meet, events marked with an (*) will be non-sanctioned open events, and not eligible for rankings and/or records. There will also be WC events for 400m and 100m.
- All OPEN and WC events must register through the VFAC Track Series Registration.

Legend:

WC – Wheelchair

CHANGE HISTORY	
06.25.26	Tentative Schedule Posted
07.21.26	Addition of 100m T72 and 1500m Open Event (non-sanctioned) as part of VFAC meet.
08.11.26	FINAL SCHEDULE POSTED

FINAL SCHEDULE OF EVENTS



FRIDAY 14 AUG 26 | TRACK EVENTS

Time	Event	Sex	Category	Round
5:30 PM	400m WC *	Mixed	Para	Final
5:35 PM	400m	Female	Masters (35+)	Timed Finals
5:45 PM	400m	Male	Masters (35+)	Timed Finals
5:55 PM	400m*	Female	Open	Timed Finals
6:00PM	400m*	Male	Open	Timed Finals
6:05 PM	100mWC *	Mixed	Para	Final
6:10 PM	100m *	Mixed	Kids/Open	Timed Finals
6:15 PM	100m	Female	Masters (35+)	Timed Finals
6:25 PM	100m	Male	Masters (35+)	Timed Finals
6:40 PM	1500m*	Mixed	Open	Timed Finals
6:45 PM	800m	Female	Masters (35+)	Timed Finals
6:50 PM	800m	Male	Masters (35+)	Timed Finals
6:55 PM	3000m*	Mixed	Open	Timed Finals
7:10 PM	3000m	Mixed	Masters (35+)	Timed Finals
7:25 PM	4 x 400m	Mixed	Masters (35+)	Timed Finals
7:35 PM	4 x 400m*	Mixed	Open	Timed Trials

*NON-SANCTIONED EVENT

FINAL SCHEDULE OF EVENTS



FRIDAY 14 AUG 26 | FIELD EVENTS

Time	Event	Sex	Category	Round
5:00 PM	Shot Put	Female	Masters (35+)	Final
5:00 PM	Discus Throw	Male	Masters (60+)	Final
5:00 PM	High Jump	Female	Masters (35+)	Final
6:15 PM	Discus Throw	Male	Masters (40-59)	Final
6:45 PM	Shot Put	Male	Masters (60+)	Final
7:00 PM	High Jump	Male	Masters (35+)	Final
7:45 PM	Discus Throw	Female	Masters (35+)	Final
8:00 PM	Shot Put	Male	Masters (35-59)	Final

FINAL SCHEDULE OF EVENTS



SATURDAY 15 AUG 26 | TRACK EVENTS

Time	Event	Sex	Category	Round
11:00 AM	4 x 800m	Mixed	Masters (35+)	Timed Final
11:30 AM	3000mRW	Mixed	Masters (35+)	Timed Final
12:00 PM	200m	Female	Masters (35+)	Timed Final
12:10 PM	200m	Male	Masters (35+)	Timed Final
12:20 PM	1500m	Mixed	Masters (35+)	Timed Final
12:30 PM	4 x 100m	Female	Masters (35+)	Timed Final
12:40 PM	4 x 100m	Male	Masters (35+)	Timed Final

*NON-SANCTIONED EVENT

SATURDAY 15 AUG 26 | FIELD EVENTS

Time	Event	Sex	Category	Round
9:00 AM	Long Jump	Female	Masters (35+)	Final
9:00 AM	Hammer Throw	Male	Masters (50-69)	Final
10:25 AM	Hammer Throw	Male	Masters (70+)	Final
10:50 AM	Long Jump	Male	Masters (45-64)	Final
11:45 AM	Hammer Throw	Female	Masters (35+)	Final
12:15 PM	Long Jump	Male	Masters (65+)	Final
1:00 PM	Javelin Throw	Female	Masters (35+)	Final
2:40 PM	Javelin Throw	Male	Masters (60+)	Final
4:15 PM	Javelin Throw	Male	Masters (40-59)	Final