



BC ATHLETICS

2026 OUTDOOR TRACK & FIELD CHAMPIONSHIPS

JULY 03 – 05, 2026 | Coquitlam, BC

ABOUT THE EVENT

The 2026 BC Athletics Outdoor Track & Field Championship is the provincial outdoor track and field championship for the U16, U18, U20, Senior and Para categories. This event will also serve as the selection meet for the BC U18 and 15YO Legion Track & Field Teams selected to compete at the 2026 Legion National Youth Track & Field Championships.

BC Athletics would like to thank the Coquitlam Cheetahs Track & Field Club for hosting this event and viaSport and the BC/Yukon Command of the Royal Canadian Legion for their continued support for these provincial championships. This event would not be possible without the dedication of our BC Athletics Officials and event volunteers. Thank you!

SPIRIT OF THE EVENT

This annual event is the premier track and field event in British Columbia and celebrates our track and field community. Over three days of competition athletes, coaches, officials and spectators from around the province, Canada and the world will come together to share in their passion for the sport of track and field. This event promotes athlete development, friendly competition, sportsmanship, and camaraderie. Officials and volunteers are the engines that power these Championships, ensuring each event runs smoothly and fairly. Please take a moment after your event to thank them for their time, effort, and dedication

PERCY PERRY STADIUM

Percy Perry Stadium is a World Athletics certified track and field facility located in Town Centre Park in Coquitlam, British Columbia. Built for the 1991 B.C. Summer Games, the stadium features eight-lane, 400-metre synthetic track and full field event facilities including long jump, triple jump, high jump, pole vault, shot put, discus, hammer throw, and javelin. With permanent spectator seating, lighting, and athlete support amenities, the venue regularly hosts local, provincial, and national track and field competitions



ELIGIBILITY

To participate in the BC Athletics Outdoor Track & Field Championships, athletes must:

- Have a valid 2026 BC Athletics Annual Athlete Membership or the equivalent from another Provincial Branch (e.g. Athletics Alberta) or World Athletics Federation (e.g. Athletics Australia).

Athletes from another Provincial Branch or WA Federation must email **GARRETT COLLIER** with proof of valid membership and good standing before registering for this event.

Masters athletes wishing to compete in the Senior category must have a Senior/Master Annual Athlete membership with BC Athletics. Please contact **CRISTI LUNDMAN** with any questions

Non-Member Single Event Licenses are not available or accepted for this event.

ENTRY STANDARDS

The following entry standards will be applicable to this event:

- 3.00m – Men's Senior Pole Vault
- 2.00m – Women's Senior Pole Vault
- 60:00.00 – Women's Senior 10000mRW
- 10:30.00 – Men's U20 and Senior 3000m
- 13:44.00 – Women's U20 and Senior 3000m

REGISTRATION

Participants can register [online here](#).

EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
JUNE 7 – 11:59PM (PST)	JUNE 17 – 11:59PM (PST)	JUNE 28 – 11:59PM (PST)
\$40.00 for first event \$20.00 per additional event \$60.00 per combined event + GST (5%) + \$5.00 ODF* + \$10.00 non-BCA Member Fee**	\$40.00 for first event \$20.00 per additional event \$60.00 per combined event + GST (5%) + \$5.00 ODF* + \$10.00 non-BCA Member Fee**	\$60.00 for first event \$20.00 per additional event \$80.00 per combined event + GST (5%) + \$5.00 ODF* + \$10.00 non-BCA Member Fee**
BC Athletics T-Shirt Custom Competition Bib	Custom Competition Bib	

*Officials Development Fee

X NO REFUNDS AFTER LATE REGISTRATION IS CLOSED (SEE ABOVE). NO EXCEPTIONS

X NO REGISTRATIONS ACCEPTED AFTER LATE REGISTRATION CLOSSES (SEE ABOVE). NO EXCEPTIONS



RESULTS

This event will use live results. A link to live results will be provided in final championship details emailed to all participants in addition to social media prior to the start of the event.

AWARDS

Only BC Athletics members are eligible for championship medals. Awards can be collected at the Awards Desk located near the Athlete Welcome Desk. A podium and backdrop will be available for pictures near the Championships Welcome Centre.

MEDICAL AND FIRST AID

Emergency first aid care will be provided on site. The medical tent will be located next to the track on the southeast corner of the track (behind pole vault pits). The nearest hospital is: [Eagle Ridge Hospital \(4.5km away\) 475 Guilford Way Port Moody, BC V3H 3W9](#)

VOLUNTEERS

Volunteers are essential to the success of our championships, and we can never have too many! If you are interested in supporting the event, we encourage you to sign up and lend a hand. Volunteers will receive a complimentary event T-shirt as a thank you for their support. Please register using the volunteer sign-up link below.

MERCHANDISE

Athletes who register by the early deadline will receive a complementary BC Athletics t-shirt. Athletes can pick these up at Athlete Check-in. Please note that BC Athletics will only hold complementary t-shirts until Sunday, July 5 @ 12:00pm. After the pickup deadline, T-shirts will be made available for public purchase.

Merchandise will be available at Championship Headquarters. BC Athletics will accept tap and cash (exact change only and all sales final).



ACCOMMODATIONS

Participants are reminded that this event coincides with the 2026 FIFA World Cup. As a result, accommodation will be limited. BC Athletics is working on securing more accommodation options. For now, please see below for the following options:

- [Simon Fraser University Accommodations](#)
- [Trinity Western University Accommodations](#)

PARKING

Parking is free around the venue. Please view the park map in Appendix B.

BC LEGION TEAM TRIALS

This meet will act as the Selection Trials for the 2026 15 YO and U18 BC/Yukon Command Legion Team. For more information including selection criteria, [please visit the BC Team Program webpage here](#). For any questions concerning the BC Team program please contact the Program Manager for Track & Field at garrett.collier@bcathletics.org.

COACH'S LOUNGE

BC Athletics will be hosting a coaches lounge located at the Championship Headquarters. Coaches are encouraged to stop by for snacks, conversation and a chance to relax. BC Athletics staff will be onsite to help answer any questions. We look forward to seeing you there.

TECHNICAL INFORMATION

There will be no technical meeting prior to the start of the event. All information will be available online. Technical questions should be submitted to [Garrett Collier](#).

COMPETITION CATEGORIES

This event will serve as the outdoor provincial track and field championship for the following competition categories: U16 (2011/2012), U18 (2009/2010), U20 (2007/2008), Open (2006+) and Para.

Participants are permitted to move up one age category; however, they must compete exclusively in that age category for all individual and combined events throughout the duration



of the Championships except for relay events. For the purposes of team selection, participants who opt not to compete in their age category will only be considered for team selection as Non-Winner in Non-Standard.

Athletes in the Masters category are eligible to participate in the championships if they hold a Masters/Senior membership and compete using the Senior technical specifications for the event.

Participants born in 2013 or later are not permitted to participate in this event (no exceptions).

ORDER OF EVENTS

All track events will be run from youngest to oldest, females then males, except for hurdles.

COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers. Competition numbers must be worn on the front and the back except in jumping events where one bib may be worn on the front of the torso or on the back only. Competition numbers will be included in the registration packages. Lost or destroyed numbers may be replaced with a \$10.00 replacement fee. Replacement numbers can be obtained at the Athlete Check-in area located in the Championship headquarters. Hip numbers for track events must also be worn on both hips and on the upper left chest area.

COMPETITION ATTIRE

Athletes who are members of affiliated clubs are encouraged to wear their club-issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted). Present or past BC Athletics and/or Athletics Canada Team Uniforms are not permitted to be worn at the provincial championships.

SPIKE LENGTH

The maximum spike length allowed is 7mm (pyramid or Christmas tree) for all events except high jump and javelin. A maximum of 9mm spikes (pyramid or Christmas tree) can be used for high jump and javelin throw. No needle spikes allowed.



IMPLEMENTS

All implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal throwing implements must meet all WA Standards and must be submitted for inspection no later than 60 minutes prior to the scheduled start time of the event.

Implement weigh-ins will be located at the southeast corner of the stadium. Once the implement has been weighed-in it will be kept by the competition until the conclusion of the event. Personal implements can be picked up at the weigh-in location.

ATHLETE WARM UP

Athletes will be permitted for general warm up on **Field 3**. Please stay in the designated warm up area and away from the finish line tent. Only cross the track at designated crossing areas. Athletes may also use the surrounding public park trails for warm up and cool down.

Field event athletes will be provided with a warm-up opportunity at the event venue. Warm up duration will be the following:

- Pole Vault – minimum 60 minutes
- High Jump – minimum 40 minutes
- Horizontal Jumps – minimum 20 minutes
- Throws – minimum 20 minutes

CALL ROOM

NEW IN 2026. Athletes participating in TRACK and FIELD events must check in to the Athlete Call Room. Field athletes cannot check-in at their event location.

The athlete call room will be located on **Field 2** across from Championship headquarters. All athletes must present themselves to the call room according to the scheduled check-in times as noted below. Athletes who fail to appear on time in the call room without a valid reason (e.g. medical certificate) may be excluded from participating in this and all further events in the Championships including relays. Coaches and parents are NOT permitted to enter the Call Room.

CALL ROOM CHECK-IN TIMES

Athletes' call room reporting times will be according to the following schedule. The exact check-in window for each respective event is posted outside of the call room. No announcements will be made. It is the responsibility of athletes to be aware of the exact check-in window and to present themselves on time.



All times below are prior to the scheduled start time of the event (and not the heat number for track and field events).

EVENTS	CALL ROOM OPEN	CALL ROOM CLOSE	DEPART CALL ROOM
Track Events	30 min.	20 min.	10 min.
High Jump	70 min.	60 min.	50 min.
Pole Vault	90 min.	80 min.	70 min.
Other Field Events	50 min.	40 min.	30 min.
Seated Throws	30 min.	20 min.	10 min.

ATHLETES WITH CONFLICTING EVENTS

All events will go as scheduled. Athletes must check in at the call room for both events and notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return. Athletes will not be able to “make up” missed attempts.

SCRATCHES

Athletes in the U18, U20 and Senior age category that fail to scratch and do not present themselves at the call room for their event will not be eligible to compete in subsequent events throughout the championships.

Athletes in the U16 age category that fail to scratch and do not present themselves at the call room for their event will not be eligible to compete in subsequent events on the day of competition.

The scratch deadline for the 2026 championships is listed below. Scratches must be received by 2:00pm PST the day prior to the event being scratched. Scratches can be submitted via email at bcachampionships@gmail.com. The chart below outlines the deadline for each day.

COMPETITION DATE	SCRATCH DEADLINE
Friday, July 3	Thursday, July 2 – 2:00pm
Saturday, July 4	Friday, July 3 – 2:00pm
Sunday, July 5	Saturday, July 4 – 2:00pm



FAILURE TO COMPETE

An athlete may be determined as having “failed to compete” if one or more of the following occurs:

- Illegal use of equipment
- Uniform is not clean and considered to be objectionable
- Failure to comply honestly with a “Bona Fide Effort” (honest effort)
- Failure to wear bib number(s) properly
- Failure to report to the Call Room (to be noted on the event sheet as DNS)

WA TECHNICAL RULE 4.4

This event will enforce the “Failure to participate rule” under World Athletics Technical Rule 4.4. An athlete shall be excluded from participating in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

- **WA TR 4.4.2** An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further.
- **WA TR 4.4.3** An athlete failed to compete honestly with bona fide effort. (Note: the situation foreseen in Technical Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events).

EVENT SEEDING

Coaches and athletes must enter a valid outdoor performance when registering for all events to ensure correct seeding. Performances will be accepted from July 4, 2025, to June 28, 2026. All seeds marks will be validated once registration is closed.

Throwing and horizontal jumping events with more than 15 athletes entered will be scheduled into flights for the preliminary rounds. Flights will be organized from lowest to highest entry seeds.



QUALIFYING FOR FINALS

LANED TRACK EVENTS

Laned track events (100m, 200m, 300m, 400m, 80mH, 100mH, 110mH, 300mH, 400mH) with eight (8) or fewer competitors will advance to the final and compete at the scheduled final time.

NON-BC ATHLETICS MEMBERS IN LANED TRACK EVENTS

For laned track events, non-BC Athletics members will not displace BC Athletics members from the final. Non-BC Athletics members may compete in a B Final, while only BC Athletics members will be eligible to advance to and compete in the Final. Should non-BCA Final members not wish to participate in a B Final, they must notify the competition secretary located in the timing tent at the finish line.

A + B FINALS

For laned events with more than 25 athletes entered, an A and B final will be run. B finals will be run first, followed by the A final. Athletes will be allowed to scratch from the B final but must scratch in person at the Call Room before the call room closes to avoid being scratched from the remainder of the meet (for U18+) or the remainder of the competition day (for U16).

FIELD EVENTS

For horizontal jumps and throws – In events where there are more than eight (8) BC athletes, eight (8) BC athletes will advance to the final and receive an additional 3 attempts. In cases where there are more than 8 athletes in the field (including BCA members and non-BCA members), athletes must have a valid attempt in the first 3 attempts to advance to the final three attempts

NON-BC ATHLETICS MEMBERS FIELD EVENTS

For horizontal jumps and throwing events, non-BC Athletics members will not displace BC Athletics members from the final.

If, after the first three attempts, non-BC Athletics members are among the top eight, only 2 non-BC Athletics athletes will advance to the final. Officials will extend the final field as necessary to ensure eight BC Athletics athletes receive the additional three final attempts, selecting the next highest-placed BC Athletics athletes accordingly.

WHEELCHAIR ATHLETE LANE ASSIGNMENTS

Athletes competing in a laned event will be assigned to the same lane for all events throughout the championships.



PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official posting of the results of that event (WA TR 8.2). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee recognizable by the red arm band.

Only an athlete and their representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director at the Championship Headquarters if the Referee is not immediately available. No deposit is required for a protest.

In track events, "if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete "under protest" in order to preserve the rights of all concerned (WA TR 8.4). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record their decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee's decision, has the right to make an appeal to the jury regarding the Referee's decision, within 30 minutes of the official announcement of that decision.

An appeal to the jury shall be in writing and should cite the relevant Rule number. A **\$50.00 CASH DEPOSIT** shall accompany an Appeal to the Jury Form located at the Championship Headquarters. The deposit will be refunded if the appeal is successful. The deposit will not be refunded if the appeal is denied.

Jury of Appeals: A jury of appeal consisting of three competent and qualified people will be available for decisions arising from protests. All decisions are final.



APPENDIX A | CALL ROOM PROCEUDRES

Call Room officials will check the following in accordance with World Athletics, World Para Athletics and BC Athletics rules:

Item(s)	Must Have	Permitted	Not Permitted
Bib number	X	X	
Uniform / competition attire	X	X	
1-2 pairs competition shoes (e.g. spikes)	X	X	
Bags – must be inspected		X	
Rain gear		X	
Legal Spikes / Wrench (see more below)		X	
Ear canals		X	
PARA – MASH Measurement	X	X	
PARA – Eye Patches / Mask / Visual Coverings	X	X	
PARA – Tethering	X	X	
PARA – Racing Chairs	X	X	
PARA – Frame Runners	X	X	
PARA – Throwing Frames	X	X	
PARA – Helmets	X	X	
Electronic devices			X
Illegal shoes / illegal spikes			X
Glass containers			X
Measuring Tapes / Markers (see more below)			X
Dangerous goods			X
Personal implements			X
Medications (see more below)			X

- Medications may be permitted if accompanied by doctor's note and Therapeutic Use Exemption (TUE).
- Loose spikes. Reminder that the maximum spike length allowed on the track and in the field is 7mm. The only exceptions are for high jump and javelin, where the maximum length is 9mm
- Electronics not permitted include cell phones, video/audio player cameras, radio transmitters, etc.
- Throwing Frames. Athletes should ensure their throwing frames are ready 1 hour before their call room time in the storage area. Throwing frames should be properly identified and ready to be transported to the field of play by volunteers.)



APPENDIX B | TOWN CENTRE PARK MAP

