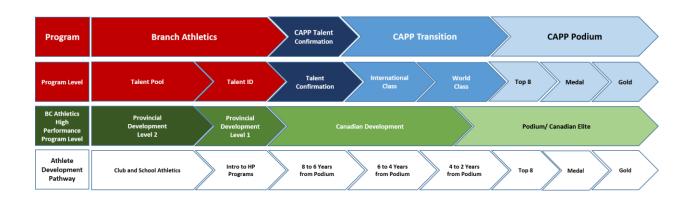


# BC Athletics High Performance Athlete Support 2021/2022 Selection Policy



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# 1. BC ATHLETICS HIGH PERFORMANCE SYSTEM

#### 1.1 Overview

BC Athletics, working with personal coaches and member clubs, leads the development of High Performance athletes in the sport of Athletics in British Columbia. Together with our funding partners (government, national/provincial organizations, corporations and foundations) BC Athletics provides support for athletes and coaches with the goal of strong representation and podium performances at National championships, advancing more BC athletes to National Teams, and Podium Performances at International competition.

The purpose of this document is to provide athletes and coaches with information concerning the BC Athletics High Performance System. Please note that BC Athletics reserves the right to update this document at any time. Any such update will be considered valid upon posting on the BC Athletics website at <a href="https://www.bcathletics.org">www.bcathletics.org</a>.

# 1.2 BC Athletics High Performance Programs

BC Athletics offers 3 programs of support to athletes who meet the eligibility requirements for each program.

- HIGH PERFORMANCE PROGRAM (HPP): High performance athlete identification and access to athlete services provided by Canadian Sport Institute Pacific and Pacific Sport.
- 2. **ATHLETE ASSISTANCE PROGRAM (AAP):** Financial support provided based on age graded selection standards.
- 3. **BC TEAM and TEAM BC:** Travel and coach support to national championships and national multi-sport games through the BC Team and Team BC program.

### 1.3 Qualification Period

The qualification period to obtain legal performance achievement for the High Performance Program (HPP) and the Athlete Assistance (AAP) Program is **November 1, 2020 - October 31, 2021.** 

The qualification period to obtain legal performances for the BC Team program will be announced on the BC Team page in Spring 2022.

# 1.4 Program Timelines

BC Athletics will make every effort to this timeline. Circumstances sometimes require adjustments, therefore athletes and personal coaches are please asked to monitor their email for important updates.

Circulation of BC Athletics High Performance System Criteria HPP and APP Application deadline Circulation of U20/SR BC Team Criteria Circulation of Legion Youth BC Team Criteria August 2021 November 1, 2021 February 2022 February 2022

Circulation of Team BC Canada Summer Games Criteria

BC Athletics High Performance Program (HPP) Athletes Identified

BC Athletes Assistance Program (AAP) Athletes Identified

Circulation of Funding

U20/Sr BC Team Announcement

BC Legion Team Announcement

Team BC Canada Summer Games Announcement

February 2022

February 2022

June 2022

July 2022

# 2. BC ATHLETICS HIGH PERFORMANCE PROGRAM (HPP)

The Canadian Sport Institute, through a partnership with the Province of BC and ViaSport, the network of PacificSport Centres, and BC Athletics collaborates to deliver programs and services that aim to support BC athletes as they pursue spots on National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout British Columbia.

# 2.1. Eligibility

Athletes wishing to be considered for the **BC Athletics High Performance** Program must meet the following eligibility requirements as set forth by BC Athletics and the Canadian Sport Institute Pacific.

#### **ELIGIBLE** athletes must:

- a) Meet the BC Athletics General Criteria for Funding and Selection;
- Achieve the relevant age performance standard between November 1, 2020 October 31, 2021;
- c) Meet the BC Athlete High Performance Program requirements of athlete eligibility and commitment;
- d) Be a member in good standing with BC Athletics;
- e) Be at least 15 years of age during the qualifying period (November 1, 2020 October 31, 2021). 16 years of age in nomination cycle;
- f) Have submitted the online application.

# 3. BC ATHLETE ASSISTANCE PROGRAM (AAP)

The BC Athlete Assistance Program (BC AAP) is an athlete-centered program of financial assistance funded by BC Athletics. The program seeks to recognize high performance athletes who are participating in programs offered through BC Athletics (PSO) or post-secondary institution and competing in recognized national or international competitions to support training and competition expenses. BC Athletics is charged with selection of said athletes.

# 3.1. Eligibility

Athletes wishing to be considered for funding must meet the following eligibility requirements as set forth by BC Athletics and the Province of British Columbia.

### **ELIGIBLE** athletes must:

- a. Meet the BC Athletics General Criteria for Funding and Selection;
- Achieve the relevant age performance standard between November 1, 2020 October 31, 2021;
- c. Be a member in good standing with BC Athletics;
- d. Meet the BC Athlete Assistance Program requirements of athlete eligibility and commitment:
- e. Be at least 17 years of age during the qualifying period (November 1, 2020 October 31, 2021); 18 years of age in nomination cycle.
- f. Have submitted the online application.

### **IN-ELIGIBLE** athletes are those athletes who:

- a. Those athletes attending a post-secondary school that forbids the receipt of financial assistance;
- Those athletes who are in receipt of BC Athlete Assistance or Sport Canada Funding in a sport other than Athletics (unless so arranged between sports)
- c. Those athletes not meeting the eligibility criteria listed above;
- d. Those athletes who are under suspension by BC Athletics, Athletics Canada or Sport Canada for any doping related offence, or any offence warranting such penalty.

# 3.2 Injury, Illness, or Pregnancy Status

# Injury and Illness Status

Eligible athletes who received BC AAP funding in the previous year (2020-21); who met the age performance standard in the previous year (2020-21); who are eligible to receive funding based on the established eligibility requirements; who have been injured or ill during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under injury or illness status. All athletes wishing to be considered for an injury or illness status must complete all application requirements, and must also provide additional documentation in the form of:

<u>Document 1:</u> A formal letter, signed by the athlete and the athlete's personal coach outlining the nature of the injury/illness; the impact it had on training, competition and performance; the current status of the athlete relative to training, rehabilitation, competition and performance; and

<u>Document 2:</u> A letter from the doctor(s) involved in the treatment of the injury or illness and their current update and recommendations with respect to training and competition.

Please note that BC Athletics will provide BC AAP support for only 1 year under the injury or illness status.

# Pregnancy Status (new for 2021/2022)

Eligible athletes who received BC AAP funding in the previous year (2020-21); who met the age performance standard in the previous year (2020-21); who are eligible to receive funding based on the established eligibility requirements; who have been pregnant during the year; and who have been unable to meet the criteria for BC AAP Funding can apply for AAP under pregnancy status. All athletes wishing to be considered for pregnancy status must complete all application requirements, and must also provide additional documentation in the form of:

<u>Document 1:</u> A letter from the doctor(s) involved in the athlete's pregnancy care and their current update and recommendations with respect to training and competition.

Athletes are eligible to apply for pregnancy status more than once, if it is in non-consecutive years, and they must have achieved the eligible performance standard.

### 3.3 NCAA Athletes

Athletes attending an NCAA Division I Institution can accept BC AAP funding as of August 1, 2013. Under NCAA bylaw 12.1.2.4.7 the definition of entities that can issue support under "Training Expenses" is extended to"...a government entity." This includes BC Athletics because there is reasonable access to training facilities and competition travel during the school year (fall-late spring), BC Athletics NCAA athletes who are selected for funding will receive funding for the summer program (June-August or 3 months).

# 3.4 Sport Canada Carded Athletes

Athletes who may be nationally carded for (2021-22) are also encouraged to apply for BC AAP funding. Limited funding may be provided (funding permitting). All Sport Canada funded athletes must comply with the eligibility requirements and funding commitments of the BC AAP program and must apply for funding to be considered.

# 4 APPLICATION FOR ATHLETE SUPPORT

All athletes wishing to be considered for High Performance Athlete Support must complete the application process outlined below. The same application process will be used for both the BC Athletics High Performance Program and the BC Athlete Assistance Program. A separate Team Declaration will be available for all BC Teams.

# 4.1 Online Application

All athletes wishing to be considered for Athlete Support must complete the High Performance Athlete Support Application. This is an <u>online form</u>. Once completed and submitted, a copy of the application will be sent to BC Athletics and the personal coach. The personal coach will need to reply to the notification email that they agree and approve of the information submitted.

# 4.2 Yearly Training and Competition Plan

All athletes must have a comprehensive yearly training and competition plan. Athletes should work with their coaches to develop this each year. Information about your yearly training and competition plan will be integrated into the online application form (you do not need to upload your YTP). This information will be reviewed by the Track and Field Committee prior to athlete nomination for Athlete Support. If the athlete or coach needs support in building their yearly training and competition plan, please email Track and Field Program Manager Megann VanderVliet – Megann.vandervliet@bcathletics.org

### 5.0 SELECTION

For both the BC Athletics High Performance Program and the BC Athletics Athlete Assistance Program, athletes select themselves based on their performances throughout the year. All performances must be achieved in sanctioned competitions, and therefore listed on the <a href="Athletics Canada rankings list">Athletics Canada rankings list</a>. All performances must meet the rules for recognizing performances (i.e. legal wind readings, etc.).

# 5.1 BC Athletics High Performance Program Selection Process

For information on selection for BC Athletics High Performance Program, please <u>CLICK</u> HERE.

# 5.2 BC Athletics Athlete Assistance Program (AAP) Selection Process

## a) BC AAP Specific Selection Criteria

Athletes need to meet the minimum age performance standard (see Appendix B & C) in the event (one only) they wish to be carded in within the established qualification period. Other athletes may be considered by nearness to the age performance standard if funds are available (see below).

# b) Age Performance Standards (APS)

Achieving the age performance standard enters the athlete into the selection pool for consideration of funding. Achieving the age performance standard is not a guarantee of selection for funding.

BC Athletics has published Age Performance Standards for Men (see: Appendix B) and Women (see: Appendix C). These performance standards are created in consultation with the Track & Field Committee and BC Athletics staff. Standards take into consideration a wide variety of factors. These standards are revisited annually.

Athletes who have achieved a performance near to their age performance standard, but not surpassing it, are encouraged to apply for BC AAP funding. This is recommended as these athletes may be considered for funding if all athletes who

achieved the minimum athlete performance standard have been selected, and available funds remain.

## **6.0 APPEALS**

Athletes may appeal the decisions of the selection committee based on the: (1) The award level or amount for which they have been recommended or (2) The athlete has not been recommended for athlete assistance, and believes they should be, based only on the published criteria.

# 6.1 Appeals Deadline

All appeals must be received by BC Athletics within 48 hours of the posting of BC High Performance Athlete Support targeted athlete list on the BC Athletics website.

# **6.2 Appeals Process**

All appeals must be based on the criteria as outlined above. The process for BC AAP appeals is the following:

- Step 1: Athletes must submit a Formal Letter of Appeal to the BC Athletics Program Manager (via email) (megann.vandervliet@bcathletics.org) no later than the published deadline (see above).
- Step 2: All appeals will be forwarded to the Track & Field Committee and staff for decision. The initial appeal decision will be sent to the athlete and personal coach of the athlete via email and will require a confirmation signature from both.
- Step 3: If the initial appeal is accepted, the athlete and personal coach must send the Appeals Sign-Off form.
- Step 4: If the initial appeal is not accepted, a Formal Letter of Appeal is to be submitted to the President/CEO of BC Athletics no later than 5 days after the initial appeal is received. The final appeal is then considered by the BC Athletics Appeals committee of the Board of Directors.
- Step 5: The Final Appeal will be communicated back to the athlete and personal coach by the BC Athletics President/CEO. The decision of the appeals committee shall be final.

# 7.0 QUESTIONS

For any questions relating to BC Athlete Assistance, please contact the BC Athletics Track and Field Program Manager, Megann VanderVliet - (megann.vandervliet@bcathletics.org)

# APPENDIX A: Athlete Level, Status, and Funding Amounts

Award	Performance Level		Award A Post-Se				
Level		Working	Non-NCAA	, NCAA	Secondary School		
LEVEL 5	<ul> <li>National Senior Team (See: Appendix D)</li> <li>CAPP Medal, Top 8, World Class Levels</li> </ul>	Non-Sport Canada Carded: up to \$3500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$3500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$1000 Sport Canada Carded: up to \$500	Up to \$2000		
LEVEL 4	- CAPP International Level	Non-Sport Canada Carded: up to \$3000 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$3000 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$875 Sport Canada Carded: up to \$500	Up to \$1500		
LEVEL 3	<ul> <li>National Senior         Development Team (See:         Appendix D)</li> <li>National U20 Team (See:         Appendix D)</li> <li>Canada Games Team</li> <li>Provincial Senior Team</li> <li>CAPP Talent Confirmation         Level</li> </ul>	Non-Sport Canada Carded: up to \$2500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$2500 Sport Canada Carded: up to \$500	Non-Sport Canada Carded: up to \$750 Sport Canada Carded: up to \$500	Up to \$1000		
LEVEL 2	- Provincial U20 Team	Up to \$1500	Up to \$1500	Up to \$675	Up to \$750		
LEVEL 1	- Elite Club - University/College	Up to \$1000	Up to \$1000	Up to \$500	Up to \$500		

<sup>\*</sup>CAPP Levels will include both athletes considered and selected.

# APPENDIX B: 2021 BC Athlete Assistance $\underline{\mathsf{MALE}}$ Age Performance Standards

Event	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33
100m	10.58	10.55	10.52	10.49	10.45	10.42	10.39	10.36	10.33	10.30	10.27	10.24	10.20	10.17	10.14	10.11
200m	21.25	21.20	21.14	21.09	21.03	20.98	20.92	20.87	20.81	20.76	20.70	20.65	20.59	20.54	20.48	20.43
400m	47.35	47.23	47.12	47.00	46.88	46.76	46.65	46.53	46.41	46.29	46.18	46.06	45.94	45.82	45.71	45.59
800m	1:50.80	1:50.47	1:50.13	1:49.80	1:49.47	1:49.13	1:48.80	1:48.47	1:48.13	1:47.80	1:47.47	1:47.13	1:46.80	1:46.47	1:46.13	1:45.80
1500m	3:48.00	3:47.20	3:46.40	3:45.60	3:44.80	3:44.00	3:43.20	3:42.40	3:41.60	3:40.80	3:40.00	3:39.20	3:38.40	3:37.60	3:36.80	3:36.00
5000m	14:12.00	14:08.70	14:05.40	14:02.10	13:58.80	13:55.50	13:52.20	13:48.90	13:45.60	13:42.30	13:39.00	13:35.70	13:32.40	13:29.10	13:25.80	13:22.50
10000m			29:38.89	29:30.33	29:21.77	29:13.22	29:04.66	28:56.10	28:47.55	28:38.99	28:30.43	28:21.88	28:13.32	28:04.76	27:56.21	27:47.65
110mH	14.40 or 13.90 (U20)	14.37 or 13.87 (U20)	14.34	14.31	14.28	14.25	14.23	14.20	14.17	14.14	14.11	14.08	14.05	14.02	14.00	13.47
400mH	52.10	51.92	51.74	51.56	51.39	51.21	51.03	50.85	50.67	50.49	50.31	50.13	49.96	49.78	49.60	49.42
3000mSC	8:58.17	8:56.23	8:54.28	8:52.34	8:50.39	8:48.45	8:46.50	8:44.56	8:42.61	8:40.67	8:38.72	8:36.78	8:34.83	8:32.89	8:30.94	8:29.00
Pole Vault	5.10	5.14	5.17	5.21	5.24	5.28	5.32	5.35	5.39	5.42	5.46	5.50	5.53	5.57	5.60	5.64
High Jump	2.16	2.17	2.17	2.18	2.19	2.20	2.20	2.21	2.22	2.23	2.23	2.24	2.25	2.26	2.26	2.27
Long Jump	7.58	7.61	7.65	7.68	7.71	7.75	7.78	7.81	7.85	7.88	7.91	7.95	7.98	8.01	8.05	8.08
Triple Jump	15.60	15.69	15.77	15.86	15.95	16.04	16.12	16.21	16.30	16.39	16.47	16.56	16.65	16.74	16.82	16.91
Shot Put	16.64 or 18.30 (U20)	16.91 or 18.57 (U20)	17.18	17.42	17.67	17.91	18.15	18.39	18.64	18.88	19.12	19.36	19.61	19.85	20.09	20.28
Discus	55.32 or 57.00 (U20)	55.99 or 57.67 (U20)	56.67	57.36	58.05	58.74	59.43	60.12	60.81	61.50	62.19	62.88	63.57	64.26	64.95	63.67
Hammer	62.27 or 68.50 (U20)	63.16 or 69.39 (U20)	63.84	64.76	65.67	66.59	67.50	68.42	69.33	70.25	71.16	72.08	72.99	73.91	74.82	76.00
Javelin	69.50	70.24	70.98	71.73	72.47	73.21	73.95	74.69	75.44	76.18	76.92	77.66	78.40	79.15	79.89	80.63
Decathlon	6691 (SR) or 7100 (U20)	6775 (SR) or 7178 (U20)	6863	6951	7039	7127	7215	7303	7391	7480	7568	7656	7744	7832	7920	8012
H Marathon			1:05:15	1:05:02	1:04:49	1:04:36	1:04:24	1:04:11	1:03:58	1:03:45	1:03:32	1:03:19	1:03:07	1:02:54	1:02:41	1:02:28
Marathon					2:19:27	2:18:57	2:18:27	2:17:58	2:17:28	2:16:58	2:16:28	2:15:58	2:15:28	2:14:59	2:14:29	2:13:59
10K RW	42:50.00	42:37.93														
20K RW			1:27:43	1:27:19	1:26:55	1:26:31	1:26:07	1:25:43	1:25:19	1:24:54	1:24:30	1:24:06	1:23:42	1:23:18	1:22:54	1:22:30
50K RW			4:12:58	4:11:54	4:10:49	4:09:45	4:08:40	4:07:36	4:06:31	4:05:27	4:04:22	4:03:18	4:02:13	4:01:09	4:00:04	3:59:00

# APPENDIX C: 2021 BC Athlete Assistance $\underline{\mathsf{FEMALE}}$ Age Performance Standards

Event	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33+
100m	11.80	11.76	11.73	11.69	11.65	11.62	11.58	11.54	11.51	11.47	11.43	11.40	11.36	11.32	11.29	11.25
200m	24.20	24.12	24.04	23.96	23.89	23.81	23.73	23.65	23.57	23.49	23.41	23.33	23.26	23.18	23.10	23.02
400m	54.25	54.09	53.92	53.76	53.60	53.43	53.27	53.11	52.94	52.78	52.62	52.45	52.29	52.13	51.96	51.80
800m	2:07.20	2:06.76	2:06.32	2:05.88	2:05.44	2:05.00	2:04.56	2:04.12	2:03.68	2:03.24	2:02.80	2:02.36	2:01.92	2:01.48	2:01.04	2:00.60
1500m	4:23.20	4:22.09	4:20.97	4:19.86	4:18.75	4:17.63	4:16.52	4:15.41	4:14.29	4:13.18	4:12.07	4:10.95	4:09.84	4:08.73	4:07.61	4:06.50
5000m	16:35.00	16:30.13	16:25.27	16:20.40	16:15.53	16:10.67	16:05.80	16:00.93	15:56.07	15:51.20	15:46.33	15:41.47	15:36.60	15:31.73	15:26.87	15:22.00
10000m			34:34.67	34:22.00	34:09.33	33:56.67	33:44.00	33:31.33	33:18.67	33:06.00	32:53.33	32:40.67	32:28.00	32:15.33	32:02.67	31:50.00
100mH	13.70	13.65	13.60	13.56	13.51	13.46	13.41	13.36	13.32	13.27	13.22	13.17	13.12	13.08	13.03	12.98
400mH	59.50	59.27	59.03	58.80	58.57	58.33	58.10	57.87	57.63	57.40	57.17	56.93	56.70	56.47	56.23	56.00
3000mSC	10:19.30	10:16.68	10:14.06	10:11.44	10:08.82	10:06.20	10:03.58	10:00.96	09:58.34	09:55.72	09:53.10	09:50.48	09:47.86	09:45.24	09:42.62	9:40.00
Pole Vault	4.07	4.10	4.12	4.15	4.17	4.20	4.22	4.25	4.27	4.30	4.32	4.35	4.37	4.40	4.42	4.45
High Jump	1.82	1.83	1.83	1.84	1.85	1.86	1.86	1.87	1.88	1.89	1.89	1.90	1.91	1.92	1.92	1.93
Long Jump	6.15	6.19	6.22	6.26	6.29	6.33	6.36	6.40	6.43	6.47	6.50	6.54	6.57	6.61	6.64	6.68
Triple Jump	12.90	12.98	13.06	13.14	13.23	13.31	13.39	13.47	13.55	13.63	13.71	13.79	13.88	13.96	14.04	14.12
Shot Put	14.60	14.82	15.03	15.25	15.46	15.68	15.90	16.11	16.33	16.54	16.76	16.98	17.19	17.41	17.62	17.84
Discus	49.00	49.81	50.63	51.44	52.25	53.07	53.88	54.69	55.51	56.32	57.13	57.95	58.76	59.57	60.39	61.20
Hammer	58.00	58.75	59.51	60.26	61.02	61.77	62.53	63.28	64.04	64.79	65.55	66.30	67.06	67.81	68.57	69.32
Javelin	50.50	51.14	51.79	52.43	53.08	53.72	54.36	55.01	55.65	56.30	56.94	57.58	58.23	58.87	59.52	60.16
Heptathlon	5390	5434	5479	5523	5567	5612	5656	5700	5745	5789	5833	5878	5922	5966	6011	6055
H Marathon			1:15:58	1:15:41	1:15:24	1:15:07	1:14:50	1:14:33	1:14:16	1:14:00	1:13:43	1:13:26	1:13:09	1:12:52	1:12:35	1:12:18
Marathon					2:41:46	2:41:05	2:40:24	2:39:42	2:39:01	2:38:20	2:37:39	2:36:58	2:36:17	2:35:35	2:34:54	2:34:13
10K RW	47:50.00	47:39.87														
20K RW			1:37:59	1:37:38	1:37:18	1:36:57	1:36:36	1:36:16	1:35:55	1:35:34	1:35:13	1:34:53	1:34:32	1:34:11	1:33:51	1:33:30
50K RW			4:49:01	4:47:33	4:46:05	4:44:38	4:43:10	4:41:42	4:40:14	4:38:47	4:37:19	4:35:51	4:34:23	4:32:56	4:31:28	4:30:00

# APPENDIX D: Canadian Teams Classification

#### Senior

- Olympic Games
- World Athletics World Championships (Indoor Track & Field & Outdoor Track & Field)
- Commonwealth Games

# Senior Development / U20

- World Athletics World Race Walking Team Championships
- World Athletics World Half Marathon Championships
- World Athletics Continental Cup
- World Athletics World U20 Track & Field Championships
- World Athletics World Relays
- Pan American Games
- Pan American U20 Championships
- NACAC Championships
- NACAC U23 Championships
- Les Jeux de la Francophonie
- FISU Summer Universiade