

Quick Guide for Track Umpires & Forms ¹

REVISED 2024

Purpose:

- To act as a Referee's eyes and ears, observing competition and report any violations of rules by competitors to the Referee *Also to note any incidents that occur that although they are not a result of a rule infraction, may be a subject of a complaint or protest to the referee. For example, an athlete trips or falls and no one is at fault, or is a result of debris on the track.*
- Contribute to athlete's positive experience at event. Be consistent with each athlete throughout event—treat everyone fairly.

Responsibilities:

1. Before the meet:

- a. Check meet schedule for venue location, parking, etc.
- b. Check start times for the meet.
- c. Dress in the appropriate Umpire uniform – White polo shirt, Navy pants / skirt, name tag.
- d. Be sure to carry appropriate sun screen, hat, rain poncho etc. for unpredictable weather.
- e. Bring a water bottle in case the meet does not provide water.

2. Before the day's events:

- a. Assemble 60 minutes prior to the event at Official Quarters, 20 minutes before the event: at Track entrance, 10 minutes before the event: assume your assigned position on the track.
- b. Ensure you have all the necessary equipment; folders and cards etc., report forms, clipboard, pencil.
- c. Familiarize yourself with the report forms used at the meet.
- d. Ensure you receive your assignment from the Chief Umpire or Track Referee.
- e. *Identify competition areas and walk around the track to identify possible hazards, missing curbs, debris on track, etc."*

3. During the day:

- a. At Major Meets: Umpires will stand during events (except 5-10km events) and sit down as a Section, when possible, between events. *If an infraction has occurred and the umpire is involved in reporting an incident, then the umpire(s) involved should remain standing until the report is complete.*
- b. After each event, signal your Section head with the signaling method used at the meet. e.g. Colored cards, or flags or electronic devices, or as directed by Chief Umpire or Referee.
- c. *Using the Umpire's Form, report any infractions to the Chief Umpire, noting which lane, the competitor's number (or anything that can help you identify which athlete committed the infraction such as uniform colors, team, etc), a brief description of the infraction observed, the rule number if possible, and whether or not there was an advantage or interference. The Chief Umpire collects all forms to include in the report to the Track Referee.*
- d. Do not discuss any infraction with anyone other than the Chief Umpire or Referee.
- e. Report any coaching or assistance to the athletes.
- f. *Make a note of incidents that are not infractions which can help the referee if there is a complaint or protest.*

- f. Duties for all Races, watch for runners
 - i. Out of lane (especially on corners, on the athlete's inside line)
 - ii. Stepping Off Track (voluntary or involuntary)
 - iii. Jostling or impeding other runners
 - iv. Cutting in, and impeding other runners in the process
 - v. Receiving aid from coaches, other athletes, or personal devices *within the competition area.*
- g. Relay Duties
 - i. Position of baton, not athlete's hand or foot is decisive factor in determining out of zone infractions.
 - ii. If baton is dropped, must be picked up by the runner who dropped it
 - iii. Runners must stay in lanes after passing the baton until all other runners have passed. The exception would be in the distance relay where runners should try to avoid impeding other athletes after the baton is exchanged.
 - iv. For 4x100 Outdoors, runners must receive the baton inside of the 30m exchange zone in accordance with rule TR24.3
 - v. *Familiarize yourself with the different exchange zones and start positions in the 4x400 and medley relays (eg. 200x200x200x600)*
 - vi. Remove all markings (tape etc.) made by athletes after the race.
- h. Hurdles Duties
 - i. Ensure Trail leg goes over the "plane" of hurdle not around it – especially on "outer" hurdles, or on the curves in the 400 hurdles.
 - ii. Ensure competitor clears hurdle in their own lane. Interpretive exceptions: Rule TR22.6
 - iii. Watch for interference or contact with another competitor while clearing a hurdle.
 - iv. Take a crouched position if possible for better perspective.
 - v. Pick up any knocked down hurdles if possible or in the absence of hurdles crew.
- i. Steeplechase
 - i. Watch for steps on inside line coming into or out of water jump.
 - ii. Watch that athletes go over the barriers, not around or under barriers.

4. End of Day:

- a. Return all supplies to the Officials' Quarters, if necessary.
- b. De-brief with Chief Umpire or Referee.
- c. Check for start times for the following day if applicable.

Resourcing:

- At larger meets, umpires might be assigned to the lap board and bell.
- At larger meets, umpires might be assigned to "lap scoring" or keeping track of laps completed.
- At larger meets, umpires might be assigned to manage the "cut-in" line. (eg.800m)
- *At meets without automatic wind gauges, an umpire may be assigned to the wind gauge.*



BC ATHLETICS OFFICIALS Outdoors Athletics Competitions

Umpire Report

Athlete

Number(s):

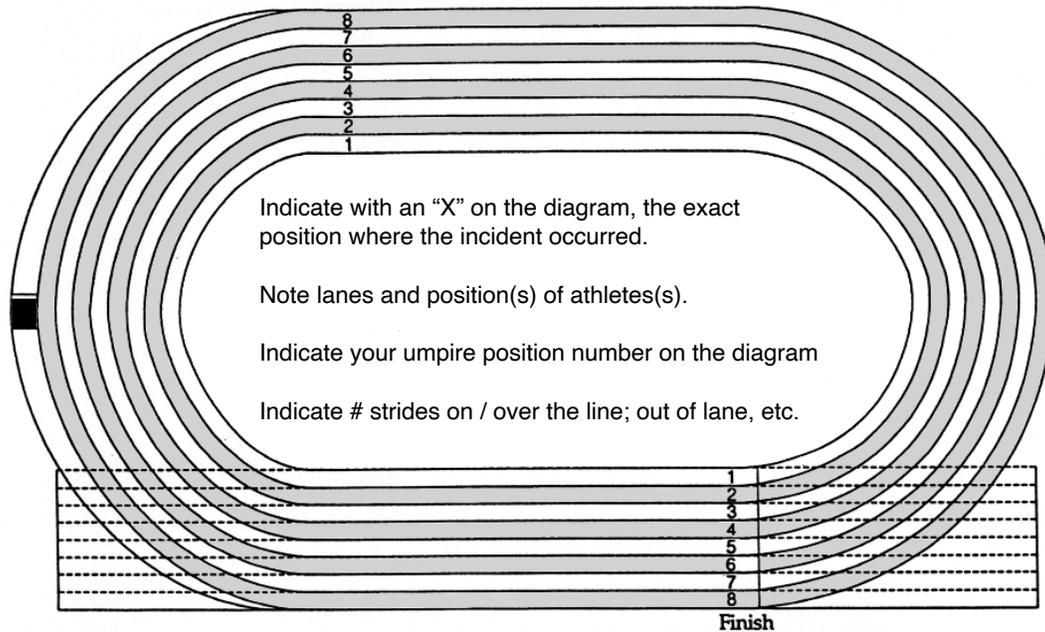
Name(s):

Description:

Event

Event: Men: Women:

Heat Quarter Semi Final



Incident

Time of Incident:

Lanes Involved:

Hurdles Flight: Distance: Lap:

Umpire

Name:

Number:

Signature:

Chief / Assistant Umpire

Witness: Yes: No: Others:

Name: Position:

C.U. Signature:

Description of Incident

Observed Rule Infraction #: _____

Interference: Yes: No:

Referee Decision

No Action: Warning: DQ:

Time: Rule(s):

Ref Signature:

Basic IAAF Rule Infringement Numbers for Track

TR references the Technical Rule Book, old rule numbers in parenthesis.

TR 6.3 (144)	Assistance to Athletes
TR 7 (145)	Effect of Disqualification

TR 16.5(162)	Improper Conduct with the Start
TR 16.7(162)	False Start
TR 17.2 (163)	Obstruction
TR 17.3 (163)	Lane Infringement Running Out of Lane
TR 17.6 (163)	Leaving the Track

TR 22.6 (168)	Going over Hurdle Not in own Lane
TR 22.6.1 (168)	Leading or Trailing Foot Below the Plane of the Hurdle
TR 22.6.2 (168)	Hurdles Knocked Down Deliberately

TR 24.6.3 (170)	Relay Dropped Baton Error
TR 24.7 (170)	Relay out of Zone
TR 24.7 (170)	Passing the Baton, who's hand is it in?
TR 24.19 (170)	Not permitted to begin running outside takeoff zone
TR 24.20 (170)	Maintaining receiving order



Lap Scoring Sheet

Long Track (Outdoor)

Event: _____ Women _____ Men _____

Heat: _____ Quarter: _____ Semi: _____ Final: _____

1500m	2000m	3000m	5000m	10,000m	#	#	#	#
Laps to go								
3	4	7	12	24				
2	3	6	11	23				
1	2	5	10	22				
0	1	4	9	21				
	0	3	8	20				
		2	7	19				
		1	6	18				
		0	5	17				
			4	16				
			3	15				
			2	14				
			1	13				
			0	12				
				11				
				10				
				9				
				8				
				7				
				6				
				5				
				4				
				3				
				2				
				1				
				0				

Umpire: _____

Chief Judge: _____