

## 2017 BC Athletics JD Track & Field Championships



July 21-23  
South Surrey Athletic Park  
Track



**Meet Director:** Maureen de St. Croix

**Meet Manager:** Brad Smith

# General Information

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## Athlete Eligibility

- All participating athletes must be current full Junior Development members of BC Athletics.
- 'Supporting', 'Training', 'Day of event' and School memberships are INELIGIBLE for the championship.

## Entry Information

- \$7.00 per individual event, \$8.00 per relay team. Late fees are \$15.00 per individual event. Late entry participants may not be seeded. (the Trackierereg processing fee is in addition to the entry fee) Late fees do not apply to relay entries nor to Track Rascal entries. Relays can be entered up until 90 minutes before the event (medley 2004-2006 Saturday 3:45 – enter by 2:15pm, 4x100 Sunday 1:00pm – enter by 11:30am).
- Regular Entry is via Trackierereg ONLY
- Submission of an event performance along with event entry will ensure better seeding of the athlete.
- Track Rascals event \$10 – register on line or on site.

## Age Divisions

- Competition is by single age group and gender separated.  
**2008 (9's) 2007 (10's) 2006 (11's) 2005 (12's) 2004 (13's)**  
\*\*Special Track Rascal Event on Saturday – 1 to 2pm - to inspire our future stars !! – 2011 – 2009 athletes

## Package Pickup

- Team and Individual Competition Packages will be available at the track on Friday, July 21 after 4pm and on Saturday, July 22 and Sunday, July 23 after 8am.

## Coaches meetings

- Friday July 21<sup>th</sup> – 5:30pm, Saturday July 22<sup>nd</sup> – 9:30am and Sunday July 23<sup>rd</sup> – 9:15am

## Awards

• BC Athletics Championship medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>. Championship ribbons for places 4<sup>th</sup> to 8<sup>th</sup>. Awards Ceremonies have been organized to recognize athletes for their accomplishments. Athletes unable to attend the awards ceremony can pick up their awards 30 minutes after the event results have been posted.

- Unclaimed awards will not be mailed out.

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### Results

- Full meet results will be posted on the BC Athletics website and Ocean Athletics website after the meet.

### Meet Rules

- IAAF Rules with BC Athletics Junior Development variations.

### Competition Areas

- The infield is out of bounds to all athletes, coaches and parents.
- Only athletes and officials are allowed in the competition area. A coaching box will be provided at each of the field event areas. Only the designated coach will be allowed in this area.
- Coaches, Parents and other supporters are to remain off the track during an event. Standing and cheering in lane 3 while the athletes are running is not allowed.
- Coaches, Parents and other supporters may not give individual split times to athletes in distance events. If you wish to volunteer to give split times for all of the athletes, please see the BC Athletics official in charge.
- Coaches, Parents and Athletes are not to approach the Timing Tent with individual questions.

### Athlete Uniform

- Club athletes are to compete in their club singlets.
- Unattached athletes are to compete in appropriate athletic wear.
- Competition numbers are worn on the front for all events. Athletes are issued one number for the entire competition. Lost or forgotten bib numbers can be replaced at the registration desk for a \$5 fee. Please do not crinkle competition numbers !! The ink will deteriorate around the creases making it difficult for the camera to pick up the image. Crinkling of bib numbers occurred when bib numbers were made of thick cardboard. The bib numbers are of a high quality and should provide the athlete with a souvenir of the event.

### Equipment

- All equipment, with the exception of Pole Vault poles, will be supplied by Ocean Athletics. Personal implements may not be used.
- Starting blocks are not used for any track events.
- Breakaway hurdles will be used for all hurdle events. NOTE: hurdles are placed so that the short feet are facing down the track. The placement of the cross board is not indicative of how the hurdle should be placed on the track.
- Please do not remove hurdles from their designated spots on the track. Warmup hurdles will be available for use by all athletes.

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### Marshalling

- All field events will marshal at the field event venue
  - NOTE: The start time listed for the event is the start time for the event. Athletes must organize themselves to ensure they have sufficient time to set down marks and have a few practice throws or jumps. Athletes arriving late will not be allowed to delay the competition to set marks or have practice throws/jumps. Events can run up to 30 minutes ahead of schedule but every effort will be made to keep the event to the posted schedule. Schedule may be adjusted once competition participant numbers are finalized.
- All track events athletes must check in at the Marshalling tent which will be located near the start of the 100m 15 minutes before the designated start time of the event. Once checked in, athletes will be allowed to finish their warmup in a designated area. Athletes will be escorted from the marshalling tent to the start line of the track race.

### Conflicting Events

- In the event of field and track conflicts, it is the athlete's responsibility to check in at both the Marshalling tent and the field event to inform the officials that they are in two events simultaneously.
- In order to give field event athletes the best opportunity to complete their event before proceeding to a track event, Volunteers will be assigned to take field event athletes to their track event. There is no need for field event athletes to go to the track event too early. Athletes cannot 'catch up' on missed rounds of jumps/throws, nor move into different races and compete with other age groups to facilitate conflicts.
  - Athletes returning to a High Jump or Pole Vault event must jump at the current height of the bar
  - Athletes returning to Throws, Long Jump or Triple Jump may make an attempt in the current round even if they have missed their particular placement, as long as the round has not been completed.

### Facilities:

- Spike Length is 7mm
- Synthetic/Polyurethane surface for Track, Jump runways and Javelin Run Up
- Concrete Throwing Circles
- Finish Lynx Electronic Timing System
- Concession on site operated by Ocean Athletics

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### Protests and Appeals to the Jury

- Coaches, Athletes or the Athlete's representative should attempt to verbally resolve any concerns with the event chief. If not resolved, the coach, athlete or athlete representative may protest verbally to the Track/Field Referee. The Referee will let the coach, athlete or athlete representative know his/her decision. If the coach, athlete or athlete representative is not satisfied with the Referee's decision they may make an appeal to the Jury of Appeal. The appeal must be in writing and accompanied by a \$25 fee. This appeal must be made within 30 minutes of the coach, athlete or athlete representative being made aware of the Referee's decision. The decision of the Jury is final.
- A Jury of Appeal will consist of two BC Athletics Officials and one other qualified person, none of which were involved in the original decision or ruling.

## Track Events

### Scheduling of Track Events

- All track events will be run oldest to youngest with Females going first in each group, with the exception of the hurdle events (2004 Male/Female, 2005 Male/Female, 2006 Male/Female, 2007 Male/Female, 2008 Male/Female)
  - Note: breakaway hurdles are designed to be placed with the shorter feet up track from the athlete. The shorter lever allows the hurdle to fall more easily if they are knocked down. The placement of the cross board does not determine how the hurdles are placed.
- Age groups for distance events may be combined, but males and females will not compete together except in Race Walk if participation numbers do not warrant separate races.

### Seeding

- Athletes will be seeded for heats and timed finals according to seed times sent with registration. In the case of timed finals, sections will be seeded with the fastest seeds in the same section and the fastest section competing last. IT IS THE RESPONSIBILITY OF THE CLUB REGISTRARS OR CLUB COACHES TO FILL OUT ACCURATE, LEGITIMATE SEED TIMES ON THE ENTRY FORM. SEED TIMES WILL NOT BE ADDED AFTER ENTRIES ARE RECEIVED. Athletes without seed times are placed in ranking after all seed times and may thus end up in heats inappropriate to their ability.

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### Preliminary Heats

- Heats will be held in the 60m, 100m, and 60/80m Hurdles. Should any of these events have only 8 or less athletes, the final for the event will be held at the heat time. All other track events will be run as finals.
- The winner of each heat, plus the next fastest times to fill 8 lanes, will proceed to the final. Should an athlete not intend to compete in a final they have qualified for, courtesy dictates that the athlete's coach inform the timing team so that the next fastest athlete may move to the final.

### Relays

- Two types of relays are available – 4x100 for all age groups, and a medley relay (200, 200, 200, 600m) for the 2004-2006 age groups only.
- Clubs may form teams from various age groups but the team must run in the category of the oldest team member. Males and females may not be combined on relay teams.
- Mixed club teams may be made up of unattached athletes and athletes from clubs who cannot field a 4 member team. Club team participation takes precedence over running for a mixed team. Mixed teams are not eligible for BC championship awards.
- There is no late entry fee for relay teams, but teams must be registered 90 minutes in advance of the relay start.

## Field Events

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- Athletes leaving the competition to participate in another event, must inform the BC Athletics official and understand that they will not be allowed to make up missed rounds. If an athlete leaves after the first round, and returns before the second round has been completed, they will be allowed to throw/jump in the second round. If the athlete returns after the second round has finished, they will forfeit that round.

### Throws

- Each athlete is permitted a maximum of 3 throws.
- Athletes are not permitted to use their own implements. All implements will be supplied by Ocean Athletics and will have been weighed and certified by BC Athletics Officials.

### Horizontal Jumps

- Each athlete is permitted a maximum of 3 jumps in both the Long Jump and Triple Jump events.
- Athletes are expected to be ready to compete at the designated start of the event. Athletes showing up at the start time of the event will not have the opportunity to set marks except within the 1 minute allotment of their jump turn.
- There shall be no more than 2 takeoff Boards in the Triple Jump events.

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### Vertical Jumps

- 3 consecutive failed attempts eliminates an athlete from the competition.
- Starting heights for Pole Vault will be determined by the BC Athletics Pole Vault official once athletes have checked in to the event.
- The bar is to be raised by 5cm in High Jump, and 10cm in Pole Vault each time until one competitor remains in the competition. Once the one competitor remains, the incremental increase in bar height will be determined in consultation with the BC Athletics official.
- Ties are broken by comparing the number of misses at the last successful height. If a tie remains, then there is a comparison of total misses. Any ties for first place that still exist will remain a tie. If the first two athletes are tied, the place judging then becomes 1,1,3 .

### Volunteer Sign Up

A thank you to all clubs who have already contacted Ocean Athletics to offer help for this event due to the sudden change of event site. Your help will be appreciated. Anyone else able to help out with the event please contact Maureen [mdestcroix@sotique.com](mailto:mdestcroix@sotique.com)

Volunteer opportunities will be posted soon.

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## Accommodation

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Accommodation is difficult due to the large Fusion Festival starting in Surrey July 22<sup>nd</sup>. The Fortius Lodge in Burnaby has available rooms for \$115 per night per room. Two double beds, TV, wifi access and a small washroom in each room. The Bistro is open 11-4pm but there are restaurants close by and a Costco 5 minutes away. Contact Fortius at 604-292-2500.

A call for billets has also gone out to the Ocean membership. Please check the Ocean Athletics website & Trackiereg for accommodation updates [www.oceanathletics.org](http://www.oceanathletics.org)

## Track Location

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Google Maps overview: <https://www.google.ca/maps/@49.0373698,-122.8151479,714m/data=!3m1!1e3>

**Address:** South Surrey Athletic Park is located at 146th St. on 20th Ave. in South Surrey. Parking is located in the lot above the park, across the street at the South Surrey Recreation Centre or the large parking lot off 148<sup>th</sup> Street at 18<sup>th</sup> Avenue (Semiahmoo Secondary School).



# 2017 BC Junior Development Championship

## Friday July 21 - Sunday July 23

### TRACK - Friday, July 21st, 2017

Time	Event	Comments	Age Group
6:00pm	60m	Heats	2006-2008
6:45pm	2000m	Finals	2004
7:10pm	300m	Timed Finals	2004-2005
7:30pm	60m	Finals	2006-2008

### FIELD - Friday, July 21<sup>st</sup>, 2017

Time	Event	Comments	Age Group
5:30pm	Long Jump	2 pits	2005M, 2004M
	Shot Put		2007M
	Hammer Throw		2004F, 2005F
	Javelin		2007F
6:30pm	High Jump		2006F
	Shot Put		2006M
7:00pm	Hammer Throw		2004M, 2005M
	Long Jump		2004F, 2005F
	Javelin		2006M

### TRACK – Saturday, July 22<sup>nd</sup>, 2017

10:00am	80m Hurdles	Heats	2004-2005
10:30am	60m Hurdles	Heats	2006-2008
11:10am	800m	Timed Finals	2004-2005
11:30am	600m	Timed Finals	2006-2008
12:00pm	100m	Heats	2004
12:15pm	100m	Heats	2005
12:30pm	100m	Heats	2006
12:45pm	100m	Heats	2007
1:00pm	100m	Heats	2008
	<b>AWARDS &amp; OFFICIALS BREAK 1-2pm + Track Rascal Event</b>		
2:15pm	80m Hurdles	Final	2004-2005
2:30pm	60m Hurdles	Final	2006-2008
3:00pm	100m	Final	2004-2008
3:45pm	4x100m	Timed Finals	2004-2008
	<b>AWARDS 4:15</b>		

### FIELD – Saturday, July 22<sup>nd</sup>, 2017

9:30am	Long Jump	2 PITS	2008F, 2008M
	High Jump	2 pits	2007F, 2007M
	Shot Put		2006F
	Discus		2007F
	Javelin		2004M
10:00am	Pole Vault		2004F, 2004M
10:30am	Discus		2004M
	Javelin		2004F
	High Jump	2 pits	2005F, 2004F
	Long Jump	2 pits	2006F, 2006M
	Shot Put	2 sectors	2005M
11:30am	Shot Put		2008M
12noon	Triple Jump		2004F
	Triple Jump		2004M
	Discus		2006F
<b>12:45</b>	<b>Shot Put</b>		<b>2005F</b>
1pm	Javelin		2005M
<b>2pm</b>	<b>Discus</b>		<b>2007M</b>
	<b>AWARDS &amp; OFFICIALS BREAK 1-2pm</b>		
	<b>Awards 4:15pm</b>		



### TRACK – Sunday, July 23<sup>rd</sup>, 2017

Time	Event	Comments	Age Group
10:00am	200m	Timed Finals	2004-2006
10:45am	1000m	Final	2006-2008
11:30am	1200m	Final	2004-2005
12noon	1500mRW	Timed Finals	2004
12:20pm	800mRW	Timed Finals	2005-2008
12:30pm	200mHurdles	Timed Finals	2004-2005
2:15pm	Medley Relay	Timed Finals	2004-2006
	<b>AWARDS 3PM</b>		

### FIELD – Sunday, July 23<sup>rd</sup>, 2017

Time	Event	Comments	Age Group
9:30am	Discus		2005M
	Javelin		2006F
	High Jump		2008M
	Long Jump	2 pits	2007F, 2007M
	Shot Put	2 sectors	2007F, 2008F
10:30am	Discus		2006M
	Javelin		2005F
	High Jump		2004M
12noon	High Jump		2005M, 2006M
	Shot Put		2004M
	Javelin		2007M
	Discus		2004F
1:30pm	Shot Put		2004F
	Discus		2005F
	<b>High Jump</b>		<b>2008F</b>
	<b>AWARDS 3PM</b>		

## Technical Specifications

Hurdles: 2008 males & females 60mH – 6 hurdles at 21" / 0.533m  
 2006/07 males & females 60mH – 6 hurdles at 24" / 0.610m  
 2005 males & females 80mH – 8 hurdles at 27" / 0.686m  
 200mH – 5 hurdles at 24" / 0.610m

2004 females & males 80mH - 8 hurdles at 30" / 0.762m  
 200mH – 5 hurdles at 27" / 0.686m

Shot Put: 2008/07/06 males & females 2kg  
 2005/04 males & females 3kg

Discus: 2007/06 males & females 750g  
 2005/04 females 750g  
 2005/04 males 1kg

Javelin: 2007/06 males & females 400g  
 2005/04 females 400g  
 2005/04 males 500g

Hammer: 2005/04 males & females 3kg

Starting Heights for High Jump

2008 females	0.80m	2008 males	0.85m
2007 females	0.90m	2007 males	0.95m
2006 females	1.00m	2006 males	1.05m
2005 females	1.05m	2005 males	1.10m

2004 females 1.15m      2004 males 1.20m

Pole Vault: BC Athletics Official will determine the starting height of the Pole Vault events