

BC ATHLETICS JUNIOR DEVELOPMENT CREST PROGRAM

PROGRAM OBJECTIVE

- The objective of the Junior Development Crest Program is to encourage and recognize personal improvement and athletic development through participation in multiple event disciplines at BC Athletics sanctioned events throughout the track & field season.
- The performance standards are based on historical performance data for each age group and are designed to provide achievable, progressive benchmarks that recognize athletes' ongoing development.

PROGRAM ELIGIBILITY

• ABLE BODIED ATHLETES

- Athletes must hold an ANNUAL BC Athletics Junior Development Athlete membership.
- Athletes must meet the Junior Development Crest Award Standard in at least **3** different events.
- All performances must be achieved at a BC Athletics sanctioned competition and be published on the Athletics Canada Rankings.

• PARA ATHLETES

- Athletes must hold an ANNUAL BC Athletics Junior Development Athlete membership.
- Athletes must meet the Junior Development Crest Award Standard in at least **3** different events, comprised of at least 1 track and 1 field event.
- All performances must be achieved at a BC Athletics sanctioned competition and be published on the Athletics Canada Rankings.

**CREST
DETERMINATION**

- Athletes are eligible to receive one crest per year, determined by the following table.

Gold	Gold	Gold	= Gold crest
Gold	Gold	Silver	= Silver crest
Gold	Gold	Bronze	= Silver crest
Gold	Silver	Silver	= Silver crest
Gold	Silver	Bronze	= Silver crest
Silver	Silver	Silver	= Silver crest
Gold	Bronze	Bronze	= Bronze crest
Silver	Silver	Bronze	= Bronze crest
Silver	Bronze	Bronze	= Bronze crest
Bronze	Bronze	Bronze	= Bronze crest

**RECEIVING YOUR
CRESTS**

- BC Athletics affiliated clubs will be required to request the BC Athletics crests through the **“Club Crest Order Form”** in September of each year. It will be the club’s responsibility to distribute the crests to the athletes from their club.
- Unattached athletes will be required to request their BC Athletics crest through the **“Unattached Athlete Crest Order Form”** in September of each year. BC Athletics will mail the crest directly to the athlete.

STANDARDS FEMALE

NOTE:

BC Athletics introduced a new scoring system for the Junior Development Pentathlon in 2026, therefore no historical data is available.

Athletes placing 1st–3rd will be awarded gold standard, 4–8th, silver standard and 9th–12th a bronze standard.

FEMALE TRACK						
		9yr	10yr	11yr	12yr	13yr
60m	Gold	10.54	9.97	9.60		
	Silver	11.18	10.58	10.19		
	Bronze	11.91	11.28	10.85		
100m	Gold	16.91	15.66	14.94	14.50	14.15
	Silver	17.94	16.61	15.85	15.39	15.01
	Bronze	19.12	17.70	16.89	16.40	16.00
200m	Gold			31.31	29.97	29.33
	Silver			33.21	31.79	31.12
	Bronze			35.39	33.88	33.16
300m	Gold				48.30	46.56
	Silver				51.24	49.40
	Bronze				54.60	52.64
600m	Gold	2:10.52	2:03.05	1:57.86		
	Silver	2:18.46	2:10.54	2:05.04		
	Bronze	2:27.54	2:19.10	2:13.24		
800m	Gold				2:40.10	2:36.40
	Silver				2:49.80	2:45.90
	Bronze				3:01.00	2:56.80
1000m	Gold	4:00.91	3:50.00	3:38.24		
	Silver	4:15.59	4:04.00	3:51.52		
	Bronze	4:32.35	4:20.00	4:06.69		
1200m	Gold				4:17.59	4:12.99
	Silver				4:33.27	4:28.39
	Bronze				4:51.19	4:45.99
2000m	Gold					7:34.20
	Silver					8:01.80
	Bronze					8:33.40
60mH	Gold	12.64	11.90	11.44		
	Silver	13.40	12.62	12.14		
	Bronze	14.28	13.45	12.93		
80mH	Gold				14.52	14.05
	Silver				15.41	14.91
	Bronze				16.42	15.89
200mH	Gold				33.20	33.91
	Silver				35.23	35.97
	Bronze				37.54	38.33
800mRW	Gold	5:39.50	5:09.70	5:12.80	4:48.50	
	Silver	6:00.20	5:28.50	5:31.90	5:06.10	
	Bronze	6:23.80	5:50.10	5:53.60	5:26.20	
1500mRW	Gold					9:14.40
	Silver					9:48.20
	Bronze					10:26.80

FEMALE FIELD & PENTATHLON						
		9yr	10yr	11yr	12yr	13yr
High Jump	Gold	0.96	1.09	1.16	1.24	1.27
	Silver	0.88	1.00	1.06	1.13	1.16
	Bronze	0.80	0.91	0.97	1.04	1.07
Pole Vault	Gold					2.05
	Silver					1.87
	Bronze					1.72
Long Jump	Gold	3.04	3.46	3.67	4.00	4.25
	Silver	2.77	3.16	3.35	3.65	3.87
	Bronze	2.55	2.90	3.07	3.35	3.56
Triple Jump	Gold					8.77
	Silver					8.00
	Bronze					7.34
Shot Put	Gold	4.16	5.52	7.18	6.76	8.07
	Silver	3.51	4.66	6.07	5.71	6.82
	Bronze	2.88	3.82	4.97	4.68	5.58
Discus	Gold		13.88	18.33	21.60	24.34
	Silver		11.73	15.49	18.26	20.58
	Bronze		9.61	12.68	14.95	16.85
Hammer	Gold				21.05	27.75
	Silver				17.79	23.46
	Bronze				14.57	19.21
Javelin	Gold		13.62	18.00	21.82	25.10
	Silver		11.51	15.21	18.44	21.22
	Bronze		9.43	12.46	15.10	17.37

STANDARDS MALE

NOTE:

BC Athletics introduced a new scoring system for the Junior Development Pentathlon in 2026, therefore no historical data is available.

Athletes placing 1st-3rd will be awarded gold standard, 4-8th, silver standard and 9th-12th a bronze standard.

MALE TRACK						
		9yr	10yr	11yr	12yr	13yr
60m	Gold	10.39	9.89	9.54		
	Silver	11.03	10.49	10.12		
	Bronze	11.75	11.18	10.78		
100m	Gold	16.29	15.47	14.98	14.36	13.33
	Silver	17.29	16.41	15.89	15.23	14.14
	Bronze	18.42	17.49	16.93	16.23	15.07
200m	Gold			30.69	29.05	27.26
	Silver			32.56	30.82	28.92
	Bronze			34.70	32.85	30.82
300m	Gold				46.61	43.93
	Silver				49.44	46.60
	Bronze				52.69	49.66
600m	Gold	2:07.54	2:00.06	1:54.99		
	Silver	2:15.30	2:07.37	2:01.98		
	Bronze	2:24.17	2:15.72	2:09.99		
800m	Gold				2:34.30	2:24.90
	Silver				2:43.60	2:33.70
	Bronze				2:54.40	2:43.80
1000m	Gold	3:52.29	3:37.35	3:26.99		
	Silver	4:06.43	3:50.58	3:39.59		
	Bronze	4:22.59	4:05.69	3:53.99		
1200m	Gold				4:07.25	3:52.85
	Silver				4:22.30	4:07.03
	Bronze				4:39.50	4:23.23
2000m	Gold					6:59.70
	Silver					7:25.20
	Bronze					7:54.40
60mH	Gold	12.32	11.69	11.37		
	Silver	13.07	12.40	12.07		
	Bronze	13.93	13.21	12.86		
80mH	Gold				14.27	13.61
	Silver				15.13	14.44
	Bronze				16.13	15.38
200mH	Gold				32.51	30.77
	Silver				34.49	32.64
	Bronze				36.75	34.78
800mRW	Gold	5:59.00	5:14.40	4:53.90	4:42.50	
	Silver	6:20.90	5:33.60	5:11.80	4:59.70	
	Bronze	6:45.80	5:55.50	5:32.20	5:19.30	
1500mRW	Gold					8:53.00
	Silver					9:25.40
	Bronze					10:02.50

MALE FIELD & PENTATHLON						
		9yr	10yr	11yr	12yr	13yr
High Jump	Gold	1.01	1.11	1.19	1.27	1.39
	Silver	0.92	1.01	1.08	1.16	1.27
	Bronze	0.85	0.93	0.99	1.07	1.17
Pole Vault	Gold					2.14
	Silver					1.95
	Bronze					1.79
Long Jump	Gold	3.13	3.43	3.63	4.01	4.55
	Silver	2.85	3.12	3.32	3.66	4.15
	Bronze	2.62	2.87	3.04	3.36	3.81
Triple Jump	Gold					9.23
	Silver					8.42
	Bronze					7.73
Shot Put	Gold	4.90	6.70	7.81	7.69	9.54
	Silver	4.14	5.66	6.60	6.50	8.07
	Bronze	3.39	4.64	5.40	5.32	6.60
Discus	Gold		15.86	19.89	21.76	26.82
	Silver		13.40	16.81	18.39	22.67
	Bronze		10.97	13.77	15.06	18.56
Hammer	Gold				26.06	33.08
	Silver				22.03	27.96
	Bronze				18.04	22.90
Javelin	Gold		17.22	21.03	24.51	32.05
	Silver		14.55	17.77	20.72	27.09
	Bronze		11.92	14.55	16.96	22.18