



Effective immediately, the BC Athletics JD Performance Lists will no longer be posted on the BC Athletics website. Instead, they can be accessed on the Athletics Canada's Ranking Page.

Below are instructions for:

- 1) How to view performance rankings by year
- 2) How to view performances by athlete – Method 1
- 3) How to view performances by athlete – Method 2

At present, Athletics Canada database does not have the BC Athletics All Time Top 10 Rankings. We are working with them to update this for the future.

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## HOW TO VIEW PERFORMANCE RANKINGS BY YEAR

- 1) Follow the link to the Athletics Canada Ranking website:
  - a. LINK FOR: [U14 athletes \(12 & 13 Year Old\)](#)
  - b. LINK FOR: [U12 athletes \(9, 10, & 11 Year Old\)](#)

← RANKINGS & RECORDS

# RANKINGS

Year: 2022 ▼

Season: Outdoor ▼

Area: British Columbia ▼

Age Group: U14 ▼

Discipline: Sprints ▼

Event + Gender: 100 Metres ▼

**REFINE RESULTS**    RESET

2) Click the Discipline dropdown arrow to select the event group you want to view

The screenshot shows the 'RANKINGS & RECORDS' section with a large red header containing the word 'RANKINGS' in white. Below the header are six dropdown menus arranged in two rows of three. The first row contains 'Year' (2022), 'Season' (Outdoor), and 'Area' (British Columbia). The second row contains 'Age Group' (U14), 'Discipline' (Sprints), and 'Event + Gender' (100 Metres). The 'Discipline' dropdown menu is open, showing a list of options: Sprints (highlighted in blue), Middle/Long, Hurdles, Road, Jumps, Throws, Combined Events, Race Walks, and Relays. At the bottom left, there is a link for 'Submissions' and at the bottom right, a link for '@athletics.ca'.

3) Click the Event + Gender dropdown arrow to select the event and gender you want to view

This screenshot shows the same 'RANKINGS & RECORDS' page, but with the 'Event + Gender' dropdown menu open. The dropdown menu is divided into two sections: 'Male' and 'Female'. Under 'Male', the options are 80 Metres, 100 Metres, 150 Metres, 200 Metres, and 300 Metres. Under 'Female', the options are 80 Metres, 100 Metres (highlighted in blue), 150 Metres, 200 Metres, and 300 Metres. A red 'REFINE RESULTS' button and a 'RESET' link are visible below the filters. At the bottom, there is a breadcrumb trail: '2022 / OUTDOOR / BRITISH COLUMBIA / U14 / SPRINTS / 100 METRES'. On the far left, there is a small green circle with the letter 'O', and on the far right, there is a link for 'Best by Athlete | All'.

4) Click the Refine Results button to load selected performance rankings.

2022 / OUTDOOR / BRITISH COLUMBIA / U14 / SPRINTS / 100 METRES									
Best by Athlete   All									
RANKINGS									
RANK	MARK	WIND	ATHLETE	PROVINCE	CLUB	YOB	PLC	LOCATION	DATE
1	13.50	-0.3	TAYA FRASER	BC	COQC	2009	1	Coquitlam, BC	2022-06-05
2	13.52	0.5	TANAZ AULAKH-KAHLON	BC	OATF	2009	1	Surrey, BC	2022-07-05
3	13.58	-0.3	KAILA WOO	BC	COQC	2009	2	Coquitlam, BC	2022-06-05
4	13.61	-0.7	SCOTIA LAFRENIERE	BC	OACS	2009	1	Kelowna, BC	2022-07-19
5	13.67	-0.3	VANESSA PANG	BC	VOCA	2009	4	Coquitlam, BC	2022-06-05
6	13.71	-0.3	OLIVIA ROBINSON	BC	TBIR	2009	5	Coquitlam, BC	2022-06-05
7	13.82	0.4	JAYLAH DENNIS	BC	COQC	2010	1	Coquitlam, BC	2022-06-05
8	13.88	0.4	GEORGIA KANAVOS	BC	TBIR	2010	2	Coquitlam, BC	2022-06-05
9	13.89	0.4	SARAH AKA	BC	PGTF	2009	1	Prince George, BC	2022-06-18
9	13.89	0.5	SOFIA SALES	BC	OATF	2009	4	Surrey, BC	2022-07-05
11	13.91	0.4	ELLIE WALTON	BC	BBYS	2010	4	Coquitlam, BC	2022-06-05
12	13.96	0.4	RACHAEL PRUDEN	BC	PGTF	2009	2	Prince George, BC	2022-06-18
12	13.96	-0.3	ELENI DEDA	BC	UNBC	2009	6	Coquitlam, BC	2022-06-05
14	14.01	-0.6	ADDISON LEWIS	BC	CXVC	2009	1	Duncan, BC	2022-06-05
15	14.05	-2.0	PAIGE BAILEY	BC	TBIR	2009	1	Burnaby, BC	2022-05-08
16	14.07	-0.4	DANAEA BRAND	BC	NTFC	2009	2	Nanaimo, BC	2022-05-29

## HOW TO VIEW PERFORMANCES BY ATHLETE

### Method 1:

- i. Once the Performance Rankings page is open, click on a specific athlete's name. Their personal profile will open in a new tab, with their Personal Best performances displayed.

For example, if you were to click on the name "Divine Aniamaka" the following profile would appear.

PERSONAL BESTS / YEARLY RESULTS								
<b>DIVINE ANIAMAKA</b>								
PERSONAL BESTS	2023	2022	2021	2020	2019	2018	2016	2015
EVENT	SEASON	MARK	MEET	LOCATION	DATE			
300 Metres	Indoor	46.60	Harry Jerome Indoor	Richmond	2019-02-02			
60 Metres Hurdles (0.840m)	Indoor	10.56	Harry Jerome Indoor	Richmond	2019-02-02			
4x200 Metres Relay	Indoor	1:48.22	Harry Jerome Indoor	Richmond	2019-02-02			
Triple Jump	Indoor	15.02m	UW High School Invite	Seattle	2023-02-12			
60 Metres	Outdoor	9.12 (NWI)	Trevor Craven Memorial T&F Meet	Burnaby	2016-07-10			
100 Metres	Outdoor	11.75 (-0.4)	Performance Trial	Vancouver	2021-06-05			
200 Metres	Outdoor	24.50 (-1.8)	Vancouver Thunderbird	Vancouver	2021-06-19			
600 Metres	Outdoor	2:00.03	BCJD Championships	Kamloops	2015-07-17			
1000 Metres	Outdoor	3:09.61	BC HS Track & Field Championships	Kelowna	2019-06-01			
60 Metres Hurdles	Outdoor	11.57 (NWI)	BCJD Championships	Kamloops	2015-07-17			
60 Metres Hurdles (0.610m)	Outdoor	10.88 (-0.3)	Jesse Bent Memorial Cheetah Meet	Coquitlam	2016-06-12			
100 Metres Hurdles (0.840m)	Outdoor	16.21 (NWI)	BC HS Track & Field Championships	Kelowna	2019-06-01			
200 Metres Hurdles (0.690m)	Outdoor	31.46 (1.1)	Universal Track Meet	Surrey	2018-07-01			
200 Metres Hurdles (0.762m)	Outdoor	30.27 (-2.0)	BC HS Track & Field Championships	Kelowna	2019-06-01			
300 Metres Hurdles (0.762m)	Outdoor	49.72	Jesse Bent	Coquitlam	2019-06-09			

- i. To view Seasonal Best results, click on a specific year.  
 Results highlighted Green indicate a seasonal best result.  
 Non-highlighted results indicate all other performances that season.

**PERSONAL BESTS / YEARLY RESULTS**

# **DIVINE ANIAMAKA**

**PERSONAL BESTS**    2023    2022    2021    2020    2019    2018    2016    2015

EVENT	SEASON	MARK	MEET	LOCATION	DATE
60 Metres	Outdoor	9.42 (0.2)	Jesse Bent Inv	Coquitlam	2015-06-14
600 Metres	Outdoor	2:00.03	BCJD Championships	Kamloops	2015-07-17
600 Metres	Outdoor	2:01.42	BC JD Pentathlon	Victoria	2015-07-11
600 Metres	Outdoor	2:02.68	First Universal Track & Field Meet	Surrey	2015-06-28
600 Metres	Outdoor	2:04.33	Jesse Bent Inv	Coquitlam	2015-06-14
600 Metres	Outdoor	2:06.56	Langley Pacific	Langley	2015-06-21
60 Metres Hurdles	Outdoor	11.57 (NWI)	BCJD Championships	Kamloops	2015-07-17
60 Metres Hurdles	Outdoor	11.58 (NWI)	BC JD Pentathlon	Victoria	2015-07-11
60 Metres Hurdles	Outdoor	11.64 (-0.5)	Jesse Bent Inv	Coquitlam	2015-06-14
High Jump	Outdoor	1.25m	First Universal Track & Field Meet	Surrey	2015-06-28
High Jump	Outdoor	1.25m	BCJD Championships	Kamloops	2015-07-17
High Jump	Outdoor	1.25m	Jesse Bent Inv	Coquitlam	2015-06-14
High Jump	Outdoor	1.22m	BC JD Pentathlon	Victoria	2015-07-11
Long Jump	Outdoor	3.60m (NWI)	BCJD Championships	Kamloops	2015-07-17
Long Jump	Outdoor	3.59m (NWI)	BC JD Pentathlon	Victoria	2015-07-11
Long Jump	Outdoor	3.36m (NWI)	Langley Pacific	Langley	2015-06-21
Shot Put (2kg)	Outdoor	6.26m	BC JD Pentathlon	Victoria	2015-07-11

## HOW TO VIEW PERFORMANCES BY ATHLETE

### Method 2:

- ii. Type the below link BUT insert the desired athlete name in place of First Name and Last Name in lower case.

<https://athletics.ca/athlete/firstname-lastname/>

Ex. To search for the athlete “Divine Aniamaka”, use the link:

<https://athletics.ca/athlete/divine-aniamaka/>

The athletes’ personal profile will open in a new tab, with their Personal Best performances displayed.

PERSONAL BESTS / YEARLY RESULTS								
<b>DIVINE ANIAMAKA</b>								
PERSONAL BESTS	2023	2022	2021	2020	2019	2018	2016	2015
EVENT	SEASON	MARK	MEET	LOCATION	DATE			
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60 Metres Hurdles (0.840m)	Indoor	10.56	Harry Jerome Indoor	Richmond	2019-02-02			
4x200 Metres Relay	Indoor	1:48.22	Harry Jerome Indoor	Richmond	2019-02-02			
Triple Jump	Indoor	15.02m	UW High School Invite	Seattle	2023-02-12			
60 Metres	Outdoor	9.12 (NWI)	Trevor Craven Memorial T&F Meet	Burnaby	2016-07-10			
100 Metres	Outdoor	11.75 (-0.4)	Performance Trial	Vancouver	2021-06-05			
200 Metres	Outdoor	24.50 (-1.8)	Vancouver Thunderbird	Vancouver	2021-06-19			
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60 Metres Hurdles	Outdoor	11.57 (NWI)	BCJD Championships	Kamloops	2015-07-17			
60 Metres Hurdles (0.610m)	Outdoor	10.88 (-0.3)	Jesse Bent Memorial Cheetah Meet	Coquitlam	2016-06-12			
100 Metres Hurdles (0.840m)	Outdoor	16.21 (NWI)	BC HS Track & Field Championships	Kelowna	2019-06-01			
200 Metres Hurdles (0.690m)	Outdoor	31.46 (1.1)	Universal Track Meet	Surrey	2018-07-01			
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