

# 2022 NEW B.C. MASTERS OUTDOOR TRACK AND FIELD RECORDS

From BC Masters Championships, August 13-14 (20 BC & 1 tie, 4 CR, 1WR)  
 From Greyhounds Multi-Events Meet, August 27-28 (25 BC, 10 CR, 3 WR & 1 tie)

Records are pending until approved at the 2023 BC ATHLETICS' AGM

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
<b>100M</b>						
W85	18.14 0.0	Christa Bortignon	85	13/08/22	Surrey, BC	<b>WR</b>
M90	22.86 0.0	Joe Giegerich	90	13/08/22	Surrey, BC	<b>CR</b>
<b>200M</b>						
M90	50.19 0.0	Joe Giegerich	90	14/08/22	Surrey, BC	
<b>1500M</b>						
W55	<b>5:18.40</b>	<b>Carol Montgomery</b>	<b>57</b>	<b>28/08/22</b>	<b>Surrey, BC</b>	
W60	<b>5:39.39</b>	<b>Juliette Christie</b>	<b>60</b>	<b>28/08/22</b>	<b>Surrey, BC</b>	
<b>3000M</b>						
W55	11:19.04	Carol Montgomery	56	14/08/22	Surrey, BC	
W60	11:52.19	Juliette Christie	60	14/08/22	Surrey, BC	
<b>SPRINT HURDLES</b>						
W60	<b>14.77 0.0</b>	<b>Cindy O'Brien Hugh</b>	<b>64</b>	<b>27/08/22</b>	<b>Surrey, BC</b>	
M70	15.23 0.0	Reidar Zapf-Gilje	70	13/08/22	Surrey, BC	
M75	<b>18.08 0.0</b>	<b>Tom Ukonmaanaho</b>	<b>77</b>	<b>28/08/22</b>	<b>Surrey, BC</b>	
<b>4x100M</b>						
W60	59.60	Cindy O'Brien Hugh(63), Elaine Whidden(67) Patty Szybunka (64), Patti Rogers (62)		13/08/22	Surrey, BC	
M45	<b>47.54</b>	<b>Brian Carnate (45), Marvin Johnson (48) Sam Walker (51), Andrew Day (47)</b>		<b>28/08/22</b>	<b>Surrey, BC</b>	
<b>4x400M</b>						
W35	5:00.13 (New)	Karin Adande (36), Sheila Gelinas (4?) Halimah Beaulieu (40), Marina Khonina (41)		14/08/22	Surrey, BC	
M45	3:56.54	Alex Galo (56), Win Myint (48) Marvin Johnson (48), Sam Walker (51)		14/08/22	Surrey, BC	
M75	5:22.77 (New)	Tom Ukonmaanaho(77), Terry Riggins(75) Fred Pawluk(75), Mark Stewart (78)		14/08/22	Surrey, BC	
<b>4x800M</b>						
W60	<b>Not BC 11:55.73</b>	<b>Juliette Christie (60), Patti Rogers (62) Donna Dixon (60), Janette Wood (62)</b>		<b>28/08/22</b>	<b>Surrey, BC</b>	<b>CR</b>
M75	<b>Not BC 12:27.64</b>	<b>Mark Stewart (78), Terry Riggins (75) Fred Pawluk (75), Pat Harton (80)</b>		<b>28/08/22</b>	<b>Surrey, BC</b>	<b>WR</b>
<b>LONG JUMP</b>						
W85	<b>3.03 0.0</b>	<b>Christa Bortignon</b>	<b>85</b>	<b>28/08/22</b>	<b>Surrey, BC</b>	<b>WR</b>
M90	2.09 0.0 (Tie)	Joe Giegerich	90	13/08/22	Surrey, BC	
<b>HIGH JUMP</b>						
W85	<b>0.95</b>	<b>Christa Bortignon</b>	<b>85</b>	<b>27/08/22</b>	<b>Surrey, BC</b>	<b>WR tie</b>
M70	<b>1.39</b>	<b>Reidar Zapf-Gilje</b>	<b>70</b>	<b>27/08/22</b>	<b>Surrey, BC</b>	
<b>SHOT PUT</b>						
W75	8.78	Gabriella Moro	75	13/08/22	Surrey, BC	
<b>DISCUS</b>						
W75	23.33	Gabriella Moro	75	14/08/22	Surrey, BC	
W75	<b>23.44 no form</b>	<b>Gabriella Moro</b>	<b>75</b>	<b>27/08/22</b>	<b>Surrey, BC</b>	

**JAVELIN**

W80	19.19	Marg Radcliffe	80	13/08/22	Surrey, BC	
M55	50.27	Graham Morfitt	55	13/08/22	Surrey, BC	CR
M55	51.11	Graham Morfitt	55	27/08/22	Surrey, BC	CR

**HAMMER THROW**

W60	34.03	Celina Wong	60	13/08/22	Surrey, BC	CR
W80	27.36	Kathy Brand	80	13/08/22	Surrey, BC	
M75	37.56	Harnek Toor	76	27/08/22	Surrey, BC	

**WEIGHT**

W35	5.31 (New)	Karin Adande	36	14/08/22	Surrey, BC	
W55	9.74	Christine Dalglish	58	27/08/22	Surrey, BC	
W80	9.63	Kathy Brand	80	27/08/22	Surrey, BC	
M75	15.74	Harnek Toor	76	27/08/22	Surrey, BC	CR

**SUPERWEIGHT**

W45	7.19	Nicole Carlos	48	14/08/22	Surrey, BC	
W55	6.40	Christine Dalglish	58	14/08/22	Surrey, BC	
W60	7.83	Celina Wong	60	14/08/22	Surrey, BC	

**THROWS PENTATHON**

W80	3934	Kathy Brand	80	27/08/22	Surrey, BC	
M55	3539	Graham Morfitt	55	27/08/22	Surrey, BC	
M75	3962	Harnek Toor	76	27/08/22	Surrey, BC	CR

**HEPTATHLON**

W40	2344	Marina Khrisanova	43	27-28/08/22	Surrey, BC	
W45	2748	Olesea Chitul	47	27-28/08/22	Surrey, BC	
W60	4779	Cindy O'Brien Hugh	64	27-28/08/22	Surrey, BC	CR
W85	5807 (New)	Christa Bortignon	85	27-28/08/22	Surrey, BC	WR (new)

**DECATHLON**

M70	7691	Reidar Zapf-Gilje	70	27/28/08/22	Surrey, BC	CR
M75	6089	Tom Ukonmaanaho	77	27-28/08/22	Surrey, BC	CR

**MILE RACE WALK**

W35	11:28.69 (New)	Karin Adande	no form	36	28/08/22	Surrey, BC
W70	12:40.80 (New)	Bertha Johnson	no form	71	28/08/22	Surrey, BC

**NOTE:** The W60 4x800m record is a Canadian record but not a BC record. Donna Dixon is a resident of Alberta, not British Columbia.

**NOTE:** The M75 4x800m record is a World record but not a Canadian nor BC record. Another M75 4x800m team ran slightly faster last year (12:27.30) that established a Canadian and BC record, but their time was not recognized as a World record because they were the only team in the race. WMA rules require at least 2 teams to be in the race.