

# **2018 BC MASTERS INDOOR CHAMPIONSHIPS**

**March 9-11, 2018, Kamloops**

## **39 New BC Masters Indoor Records**

Competing at the Tournament Capital Centre in Kamloops, the 2018 BC Masters Indoor Championships were held in conjunction with the Van Ryswyk Invitational Meet from March 9-11. Competition was held on the newly reconstructed and resurfaced Mondo track. Thirty nine BC Masters and seven Canadian Masters records were set/broken over the weekend. Another three BC Masters records were tied.

Breaking individual Canadian records were: Monica Pomietlarz W55 High jump (1.46m), Dmitry Babenko M40 1500m Race Walk (6:25.58) and Joe Giegerich who set two new standards in the M85 Pole Vault (1.50m) and Pentathlon. Three Canadian records were broken in the 4x200m relays. The relay team of Karen Shook, Deborah Lee, Lynette Baldock and Urith Hayley broke the W65 record (2:53.20), the relay team of Jorge Woods, Brent Davy, Steve Law and David Wall broke the M55 record (1:54.39) and the team of Dave McGraw, Vern Shook, Lynn Thompson and Harold Morioka broke the M75 record (2:26.49).

One of the stars of the meet was Margaret Rhebergen who broke six BC W60 records. Margaret broke records in the: 800m, 60m hurdles, triple jump, high jump (only 1 cm off the Canadian record), pole vault, and pentathlon. Joe Giegerich put his name on seven new BC records. Besides his two Canadian records, Joe broke BC records in the long jump, triple jump and shot put, and set new standards in the hurdles and high jump.

Breaking a pair of BC Masters records were: Marvin Johnson with two very fast times in the M40 200m (23.68) and 400m (53.03), Harnek Toor M70 weight throw (15.77) and triple jump, Sharon Evans W45 triple jump and long jump, Suzanne Sharp W60 1500m and 3000m race walks, Jim Dyer M75 3000m race walk and weight throw, and Shane Wiebe M45 shot put and weight throw.

Breaking one BC Masters record were: Urith Hayley W65 200m, Harold Morioka M75 200m, Cindy O'Brien Hugh W55 400m, Julie Valente W50 400m, Melanie Clement W40 3000m and Dwight Liburd who bettered his own M35 long jump. Three athletes tied their own BC records: Brian Carnate M40 60m, Tom Ukonmaanaho M70 high jump and Lynn Thompson M75 long jump.

In addition to the three relay teams that broke Canadian records, two more relay teams broke BC records: The relay team of; Sharon Evans, Julie Valente, Cindy O'Brien Hugh and Margaret Rhebergen, broke the W45 4x200m record. The relay team of Will Harrower, Randy Sheldon, Shawn Nouraei and Sam Walker broke the M45 4x200m record.

The Kamloops Track and Field Club hosted another excellent meet. Joe Giegerich M85 wrote a note to Brian Beck (registrar and photo finish official) stating, "... thank you and your committee for putting on such a superb meet. Being my first indoor meet I didn't know what to expect, but I was very impressed with your facility and how expertly all the events were staged." A very big 'Thank You' to all of the officials and volunteers.