

February 26, 2019

BCA Athletic Officials' Newsletter

Track season is definitely upon us. Numerous Meets are listed below, all requesting your help. If you need further information or direction – just let me know.



Training

- The next scheduled workshop will be presented by Peter Fejfar at UBC on March 9th. This is a Provincial Level **Racewalk** Workshop. This is recommended for anyone wanting to review their knowledge or wanting to prepare for certification at Walks Level 3. Participants will be assigned to the judges' team for the Walks Events that follow the Workshop. A FREE continental breakfast will be available in the classroom at 8:45am. For details please click on the [Clinic/Workshop](#) tab on the Officials' section of the BCA website.

- A Level 1 Workshop will be held in Kamloops on March 14th. Presenters will be Greg Nicol and Alwilda van Ryswyk. For more information, please see the Officials' Website or contact Greg (glnicol@telus.net) or Alwilda (alvan50@shaw.ca).
- Please note the change of date for the Level 2 Workshop that is being held in the Lower Mainland. It is now taking place at Fortius on August 17th, 2019. More information will be available here as we get closer to the date, however, details and the registration form are available on the Officials' Website.

Development

- A number of Officials have spoken with or notified Cheryl Elke about their upgrading plans for this year. If this is something that you need to do, now would be a good time. Don't forget, please send your requests for upgrading to Cheryl at wcelke@shaw.ca. More information can be found on the Officials page of the BC Athletics website.
- **Upgrading is not successful until paperwork is complete and submitted to Cheryl Elke.** Don't forget this important last step! Cheryl will respond with confirmation of your successful upgrading.
- Level 1 officials should check in with their Regional Coordinators soon to bring their Passports up to date. This is a good time to fill in any missing signatures and arrange for mentoring for the new year.
Coordinators in the Interior – Greg Nicol (glnicol@telus.net), Alwilda van Ryswyk (alvan50@shaw.ca)
Coordinator on the Island – Vince Sequeira (vince.sequeira@shaw.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)

Recognition

- Many thanks to Emily Kydd and to Kevin Kydd for developing task lists for the disciplines of Photo Timing and Competition Secretary. Level 1 officials will now have more choices in the **Passport to Level 2**. We will go to print with the new edition before Spring Break.

Mentoring

- Level 5 Officials in BC were provided with information on the Master Mentor Trainer Program by Brian Thomson. Brian also provided information to these individuals on Mentoring. The nomination for the trainer for BC has been sent to Serge Thibaudeau as requested. We hope to hear soon how and when this initial training will be accomplished. Once this training has been done, that trainer will provide training in BC for those wishing to be Mentors.

Technical Corner

- We have not received any queries about Technical Issues of late, but expect that once the Season for Track and Field gets truly underway, there will be thoughts coming from many of you. Don't hesitate to send these items along as they are of much interest to those who receive this Newsletter.
- It has been suggested by a few of our readers that having the option of viewing this Newsletter as either a Word document (the usual way in which this Newsletter have been distributed) or as a PDF document, would be good. Brian Beck offers this bit of advice for those of you who have difficulty downloading a PDF file. Brian uses Sumatra PDE (only available for Windows). The address link to download is: <https://www.sumatrapdfreader.org/free-pdf-reader.html>. This is a free download and one which Brian has used for many years. Thanks for this information, Brian
- We are always looking for submissions from our Officials about issues of concern or interest. Below is a very worthy document sent to us by Kevin Kydd.

Under the Tent

As someone who has spent many days under the tent at the finish line and as I age and start to lose my barriers, (okay, maybe I didn't have many to begin with,) I'm going to point out some things to other officials that they probably don't even realize they are doing.

Over the years the finish line tent has become a rather social area and it's very understandable why this has happened. It's the hub where officials check in, and get their entry lists and score sheets for their events. It's where they bring those said sheets back. Officials also use the tent as a storage area even though there isn't much room in the tent. Those things make it a natural meeting place.

The problem is that the tent is the job site of several officials who are trying to concentrate over extended periods of time. Take an official who is reading a tape measure and then writing down the correct result, there is a certain amount of concentration needed to get it right. This may take 30 seconds of concentration. Now an official who is reading a picture of a 1500M race with 20 athletes will need to spend probably 2 to 3 minutes per race by putting the line to each athlete's torso, find their bib number, type it in correctly and then go to the next and repeat. The other official under the tent does a whole host of tasks but imagine the official inputting a field event with the field series. If there are 10 athletes in the event then there will be 54 attempts to input. This will take a minimum of 5 minutes depending on how fast the official can type in numbers. Stopping and starting any of these functions will have a higher probability of mistakes being made.

So, my point is, when you come to the tent please pay attention to what is happening under the tent. If you see either of these officials with their fingers on the mouse or the keyboard then you should probably act accordingly. If you see the results official working away and you need to hand in results just say, "Here are the results for the shot put," put them under the paper weight usually there and walk away. If the official reading the picture is working there is no reason to interrupt, (yes this does happen.) If both of them are sitting there not looking very busy then they will probably be happy to converse with you about anything, otherwise show some respect and let them concentrate.

The other thing that shouldn't happen is a lot of loud talk, arguing, or any other type of discussion, meet related or otherwise between officials who just happen to be under the tent at the same time. If the "Under the Tent Officials" aren't needed to give their input, take this conversation elsewhere. They don't come out and talk to you or to other officials when you're trying to read a tape, call up athletes, or otherwise doing your job.

Obviously, this issue can be taken to any area of the competition. While many of us are there partly because of the social aspect of being a T&F Officials and being with long-time friends, we need to remember we all need to do our jobs to the best of our abilities. Getting distracted by outside forces will cause mistakes and will cause more stress than is necessary. It's not in the athlete's best interests (or ours) for those working to make mistakes.

Be aware of your surroundings. If an official is typing, announcing, measuring, giving instruction, and so forth, hold your conversation to a bare minimum, or take the chatter elsewhere.

I realize that this may come across as I'm pontificating from on high but I think it needs to be said. Hopefully we can all be respectful of all officials and still have fun. It is a sport after all.

Conceived and Written by Kevin Kydd
Edited by Emily and Sue Kydd

In Touch

- It is with sadness that we inform you of the very recent passing of one of our longest serving Officials. Bob Adams, former Olympian (1952 Helsinki Olympics), Coach (Canada's head Track and Field coach at the 1964 Olympics) and Official, died this past weekend at the age of 94. This gentle, knowledgeable and inspiring man will be greatly missed.
- Our thoughts and sincere condolences go out to Diane Matus whose husband, Gerald, passed away very recently.
- Congratulations to Emily Kydd who completed her half marathon run in 'The First Half Marathon' in a personal best time. Emily improved her former best time by an impressive 7 minutes. Way to go Emily!

Officiating Q & A Questions

This feature seems to be enjoyed by many of our Newsletter recipients. Don't forget, you can send in your own questions. We can always research the answers for you if you don't have them at hand.

Here are the new Questions and Answers for this Newsletter. Answers can be found at the end of the Newsletter.

Q 1

What is the maximum number of spikes that may be used in an athlete's shoe?

- a) 7
- b) 9
- c) 11

Q 2

An athlete bumps her head on the standard in a High Jump competition. May she delay her next attempt until the end of the round in order to have a bit more time to recover?

Q 3

Is pacing by an athlete, who has been entered in the race, allowed?

Items from the Branch Officials' Committee

- If you have not yet registered with BC Athletics for 2019, you should do this very soon. Remember there are a number of benefits to membership, not the least of which is reimbursement for travel expenses. Not a member of a Club? – you can register with BC Athletics directly. Please see <https://www.bcathletics.org/Membership/>. Club Members should contact their Club Registrar. Most Clubs in BC will pay for the registration of their members who participate as Officials.
- **Travel Expenses.** If you are submitting Travel Expenses this year please do the following:
 - List each Meet individually, i.e. on separate lines, with expenses noted for each.
 - If possible, please use the downloadable Excel form rather than sending a scanned version.
- All candidates for Level 2 Official are now issued a Level 2 Passport to record their training and experience. All Senior Officials (Levels 3 and up) should make themselves familiar with the Passport. They may be asked to initial items in the task list or to do an evaluation in a discipline.

note: The passport is currently under review. The new version will hopefully be available by May and will include new optional task lists for Competition Secretary, Photos and Walks. All Officials should continue, however, to use the passport that you have been given. The new task lists will be given to you for insertion at a later date. Please note that the addition of Photo Timing and Competition Secretary disciplines will give you more options and are not intended to provide additional tasks for you to complete.

Officiating Opportunities

Please come lend a hand. Send me a note to let me know that you are available. Your help is needed!

Event: **Pan Am Race Walk Cup Qualifier * More help is required with this Competition**

Sponsored by: UBC

Date: Saturday, March 9

Location: Rashpal Dhillon Track and Field Oval
UBC Campus (Wesbrook/16th Ave.)

Times:

First Event – 11:00am (5km, 10km and 15km with a common Start for all)

This Event requires Starters, Starters Assistants, Race Walk Judges as well as those who can volunteer to act as Umpires and Lap Scorers.

Please note that a Workshop is being offered on Race Walk Officiating prior to the start of this Competition. Please see the information under the 'Training' section of this Newsletter or go to the Officials Page of the BC Athletics website [Clinics/Workshop](#) tab.

Officials who have committed to attend:

Peter Fejfar, Scott Saunders, Kathy Terlicher, Carol Parsakish, Jake Madderom, Iain Fisher, Sandra Turner, Louise Meville, John Cull, Carol Cull

Event: **2019 UBC Open**

Sponsored by: UBC

Date: Saturday, March 30 and Sunday, March 31

Location: Rashpal Dhillon Track and Field Oval
UBC Campus (Wesbrook/16th Ave.)

Times:

Track

Saturday

First Event – 1:00pm

Last Event – 5:55pm

Sunday (2nd day of Combined Events only)

First Event – 10:00am

Last Event – 1:45pm

Field

Saturday

Hammer – 10:00

Discus – 12:45

Shot Put – 2:35, 3:35

Javelin – 4:20, 5:50

High Jump – 11:15, 12:50, 1:30, 4:25

Pole Vault – 2:30, 4:10

Long Jump – 11:15, 1:05

Triple Jump – 4:10

Sunday (2nd day of Combined Events only)

Discus – 10:30

Javelin – 12:00, 12:30

Pole Vault – 11:30

Long Jump – 11:10

Officials who have committed to attend:

Scott Saunders, Ted de St. Croix, Dawn Driver, Zach Durand, Reg Harris (Sat.), Jake Madderom, Kathy Terlicher, John Cull, Carol Cull

Event: **Emilie Mondor**

Sponsored by: SFU

Date: Saturday, April 6

Location: We have not got confirmation on a location as yet. The Meet may be held at Burnaby Central

Times:

Information not yet available.

Officials who have committed to attend:

Jason Swan, Dawn Driver, Zach Durand, Reg Harris, Jake Madderom, Kathy Terlicher, John Cull, Carol Cull

Event: **The Vancouver Olympic Club Elementary and High School Track Meet**

Sponsored by: Vancouver Olympic Club

Date: Friday, April 12th and Saturday, April 13th

Location: Swangard Stadium, Burnaby

Times:

Track

Friday

First Event – 3:00pm

Last Event – 6:50pm

Saturday

First Event – 10:00am

Last Event – 3:50pm

Field

Friday

Long Jump (two pits) – First Event 3:00pm, Last Event 7:00pm

High Jump – First Event 3:00pm, Last Event 7:00pm

Shot Put – First Event 3:00pm, Last Event 7:00pm

Saturday

Long Jump (two pits) – First Event 10:00am, Last Event 5:00pm

Triple Jump (two pits) 3:00pm

High Jump – First Event 10:00am, Last Event 2:00pm

Shot Put – First Event 10:00am, Last Event 2:00pm

Officials who have committed to attend:

Emily Kydd

Event: **Vaisakhi Meet**

Sponsored by: Valley Royals Track and Field Club

Date: Saturday, April 13th

Location: Rotary Stadium, Abbotsford

Times:

Track

Friday

There are no Track events scheduled for Friday evening.

Saturday

First Event – 10:00am

Last Event – 3:15pm

Field

Friday

Hammer – 4:00pm, 5:00pm

Discus – 6:00pm, 7:00pm

Saturday

Track

Shot Put – First Event 10:00am, Last Event 1:30pm

Javelin – First Event 10:00am, Last Event 2:30pm

Long Jump – First Event 10:00am, Last Event 1:30pm

High Jump – First Event 10:00am, Last Event 3:15pm

Officials who have committed to attend:

Dawn Driver, Debbie Foote, Abresia Foote, Ted de St. Croix, John Cull, Carol Cull

Event: **The Vancouver Sun Run**

Date: Sunday, April 14

Location: Meet at the Finish Line (approx. 7:45am)
Behind BC Place Stadium, Pacific Boulevard

Times:

8:00 – Start of the Mini Sun Run

8:40 – Start of the competitive Wheelchair Race

9:00 – Start for all other Competitors

Officials who have committed to attend:

Bill Koch, Reg Harris, Kathy Terlicher, John Cull, Carol Cull

Event: **2019 Vancouver Elementary School Championship**

Sponsored by: UBC

Date: Thursday, April 25

Location: Rashpal Dhillon Track and Field Oval

UBC Campus (Wesbrook/16th Ave.)

Times:

Track

First Event – 9:00am

Last Event – 2:30pm

Field

High Jump (two pits) – First Event 9:00am, Last Event 2:00pm

Long Jump (two pits) – First Event 9:00am, Last Event 2:00pm

Shot Put (two circles) – First Event 9:00am, Last Event 2:00pm

Officials who have committed to attend:

Scott Sanders, John Cull, Carol Cull

Please note that Officials will have their parking paid. Please bring your receipt from the Thunderbird Parkade to the Finish Line tent.

Looking forward to seeing many of you very soon.

Carol

Officiating Q & A Answers

A1

c) 11 (Rule #143.3)

A2

No, the designated order may not be changed. (Rule #144)

A3

Pacing is allowed by an athlete entered in the same race as long as that athlete has not been lapped. (Rule#144.3a)