

June 5,  
2019

# BCA Athletics Officials' Newsletter

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As always, we are looking for more help at every Meet. Come join us!

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*There are many things you don't have to fear at a Track and Field Meet.*



## Training

- And the Workshops continue .....

**Upcoming Workshops** – please register at <https://www.bcathletics.org/Officials/>

- A Level 1 Workshop will be presented in conjunction with the Langley Pacific Invitational Track and Field Meet being held in Langley on June 14th to 16<sup>th</sup>. The Workshop will be held on Saturday, June 15th (8:30am to 10:am). This workshop will be presented by Brian Thomson.
- The National Level Walks Workshop that was to be held in conjunction with the Trevor Craven Track and Field Meet on Friday June 21, (5:00pm to 7:00pm) has been cancelled.
- A Level 1 Workshop will be presented in conjunction with the Trevor Craven Track and Field Meet, Saturday, June 22 (8:30am to 10:00am). This will be held at Swangard.
- Please note the change of date for the Level 2 Workshop that is being held in the Lower Mainland. It is now taking place at Fortius on August 17<sup>th</sup>, 2019. More information will be available here as we get closer to the date, however, details and the registration form are available on the Officials' Website.

## Development

- Evaluations and Mentoring continue throughout the season Don't forget, if you wish to upgrade your certification this year, contact Cheryl Elke at [wcelke@shaw.ca](mailto:wcelke@shaw.ca). More information can be found on the Officials' page of the BC Athletics website.
- Coordinators in the Interior – Greg Nicol ([glnicol@telus.net](mailto:glnicol@telus.net)), Alwilda van Ryswyk ([alvan50@shaw.ca](mailto:alvan50@shaw.ca))  
Coordinator on the Island – Vince Sequeira ([vince.sequeira@shaw.ca](mailto:vince.sequeira@shaw.ca))  
Coordinators in the Lower Mainland – Carol Cull ([carolcull@telus.net](mailto:carolcull@telus.net)), John Cull ([johncull@telus.net](mailto:johncull@telus.net))
- Don't panic if there appears to be a broken link on the Officials' portion of the website when you are trying to register for a Clinic. This has happened on a few occasions but the reasons are unknown. If you contact me to tell me or contact Sam at BC Athletics, the problem can be corrected quickly.

## Recognition

Cheers to all of our wonderful Officials who braved the HEAT



and the RAIN at recent Competitions.



*Thank you to Ocean Athletics for these excellent photos which I found on your website!*

## Mentoring

- More Mentoring and Evaluating of Officials will take place at the upcoming Jamboree being held in Kamloops in July.

## Technical Corner

- Please do not hesitate to seek medical attention or advise if an Athlete (or a bystander) injures their head at an Event. Be ever vigilant as head injuries may appear slight but even a small bump can cause a concussion. We are encouraging Meet Organizers to attach a sheet to every event clipboard that includes information on where Medical assistance is available during the Competition.
- A number of times at the recent High School Championships, Field results were questioned. It becomes much easier to verify results when backup recording takes place at an Event.

## In Touch

- Congratulations to Harnek Toor, who took on the job of Starter at the recent South Fraser Junior Olympics. Harnek told us that he hadn't done any Starting in quite some time but he stepped up to do the job most ably, when one of our usual Starters was not available on the day. Huge Thanks, Harnek.

## Officiating Q & A Questions

A few more of these puzzlers.

*Here are the new Questions and Answers for this Newsletter. Answers can be found at the end of the Newsletter.*

### Q 1

In which Event do Practice Trials take place in draw order (as listed on the event sheet)?

- a) Horizontal Jumps                      b) Throwing Events                      c) Vertical Jumps

### Q 2

Who may recall the athletes in a Track event?

- a) only the Starter may recall athletes      b) the Starter or Starter's Assistant      c) the Starter or Recaller

### Q 3

When is an athlete not disqualified for a first false start?

- a) in a Combined Events competition      b) any race over 1500m in length      c) in a 4X400m Relay race

## Items from the Branch Officials' Committee

- Planning continues for the Francophone Games. Expect a questionnaire to come your way to determine your ability to speak and understand French. This questionnaire will be sent to all registered BC Athletics Officials.

## With Much Appreciation for Your Help

Event: **2019 Fraser Valley Track and Field Championships**  
Sponsored by: The High Schools of the Fraser Valley

**Date:** Monday May 13, Tuesday May 14, Thursday May 16  
**Location:** McLeod Park, Langley

Thanks to:

Cathy Carr, Iain Fisher, Tom Hastie, Sue Kydd, Julie Lees, Steve Martin, Betsy Rollins, Jim Rollins, Harnek Toor, John Cull, Carol Cull

**Event:** **South Fraser Junior Olympics**  
**Sponsored by:** South Fraser Track and Field Club  
**Date:** Saturday, May 18 and Sunday, May 19  
**Location:** Bear Creek Park, Surrey

Thanks to:

Jeff Byington, Shirley Byington, Cathy Carr, Chris Eliopoulos, Ron Heron, Marina Khrisanova, Jake Madderom, Harnek Toor, John Cull, Carol Cull

**Event:** **Richard Collier Big Kahuna Throwsfest**  
**Sponsored by:** Kajaks Track and Field Club  
**Date:** Saturday, May 18  
**Location:** Minoru Athletic Park, Richmond

Thanks to:

Peter Fejfar, Debbie Foote, Shari Rogers, Dawn Driver, Betsy Rollins, Celina Wong

**Event:** **Vancouver Distance Track Series**  
**Sponsored by:** Vancouver Falcons Athletics Club  
**Date:** Saturday May 18, Friday May 31 and Saturday August 31  
**Location:** Rashpal Dhillon Track and Field Oval  
 UBC Campus (Wesbrook/16<sup>th</sup> Ave.)

**Times:**

Saturday, May 18

First Event – 5:30pm - 5,000m Races - (remaining Start times dependent on number of entries)

Friday, May 31

First Event – 6:30pm - Mile Races - (remaining Start times dependent on number of entries)

Thanks to:

Scott Saunders (all dates), Iain Fisher (18<sup>th</sup>), John Cull (18<sup>th</sup>), Carol Cull (18<sup>th</sup>), Leo Lam (31<sup>st</sup>), Sanda Turner (31<sup>st</sup>), Nic Browne (all dates)

**Event:** **ISEA Track and Field Championships**  
**Sponsored by:** Independent Elementary Schools  
**Date:** Tuesday, May 21, 2019  
**Location:** South Surrey Athletic Park

Thanks to:

Maureen de St. Croix, Ted de St. Croix, Iain Fisher, Rose Hare, Kevin Kydd, Sue Kydd, Jake Madderom, Betsy Rollins, Jim Rollins, John Cull, Carol Cull

**Event:** **BC High School Multi Event Championships**  
**Sponsored by:** BC High Schools  
**Date:** Friday, May 24 and Saturday, May 25  
**Location:** South Surrey Athletic Park

Thanks to:

Ted de St. Croix, Maureen de St. Croix, Dawn Driver, Chris Eliopoulos, Iain Fisher, Rose Hare, Kathleen Henderson, Bill Koch, Emily Kydd, Kevin Kydd, Sue Kydd, Betsy Rollins, Jim Rollins, Celina Wong, John Cull, Carol Cull

Event: **BC Elementary Championships**  
 Sponsored by: Kajaks Track and Field Club  
 Date: Friday May 24, Saturday May 25, Sunday, May 26  
 Location: Minoru, Richmond

Thanks to:  
 Sharon Hann, Jake Madderom

Event: **Ultra Throws Festival #2**  
 Sponsored by: Ultra Throws  
 Date: Sunday, May 26  
 Location: McLeod Athletic Park, Langley

Thanks to:  
 Dawn Driver, Ron Heron, Sanda Turner, Celina Wong, Betsy Rollins, Maureen de St. Croix, Peter Fejfar

## Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.  
 We need help for all of the Meets listed below!***

**\* It is Important that Officials coming to Meets check the Club's website the night before the Meet as  
 Schedules can Change \***

Event: **Coquitlam Cheetahs 2019 Invitational Track Meet \* More Help is Needed for this Meet \***  
 Sponsored by: Coquitlam Cheetahs Track and Field Club  
 Date: Saturday, June 8 and Sunday, June 9  
 Location: Percy Perry Stadium, Town Centre, Coquitlam

Times:

*Track*

Saturday

First Event – 8:45am

Last Event – 5:15pm

Sunday

First Event – 9:00am

Last Event – 3:30pm

*Field*

Saturday

High Jump (2 pits) – First Event 9:30, Last Event 3:30

Long Jump (2 pits) – First Event 9:00, Last Event 4:00

Shot Put – First Event 9:30, Last Event 4:30

Discus – First Event 9:00, Last Event 4:30

Javelin – First Event 10:30, Last Event 3:00

Pole Vault – 10:00, 1:30

Sunday

High Jump – First Event 9:00, Last Event 2:30

Triple Jump – First Event 10:00, Last Event 2:30

Long Jump – First Event 10:00, Last Event 2:00

Shot Put – First Event 9:30, Last Event 3:00

Discus – First Event 12:30, Last Event 3:30

Javelin – First Event 10:00, Last Event 2:00

**Hammer – First Event 9:00, Last Event 11:30 - Cancelled**

**Officials who have committed to attend:**

Dawn Driver, Chris Eliopoulos, Ted de St. Croix, Maureen de St. Croix, Chris Eliopoulos, Iain Fisher, Sharon Hann, Jim Hinze (Sat.), Bill Koch, Emily Kydd, Sue Kydd, Jake Madderom (Sun.), Judy Needham, Marina Khrisanova, John Cull, Carol Cull

**Event: Pacific Distance Carnival, 10,000m Canadian Championships**

**Sponsored by:** BC athletics

**Date:** Thursday, June 13, 2019

**Location:** Swangard Stadium, Burnaby

**Times:**

*Track*

First Event – 6:00pm

Last Event – 9:45pm

**Officials who have committed to attend:**

Iain Fisher, Sharon Hann, Kathleen Henderson, Bill Koch, Emily Kydd, Jason Swan, Jake Madderom, Kathy Terlicher, Sanda Turner, Nicholas Browne, John Cull, Carol Cull

**Event: Langley Pacific Track and Field Meet and BC Masters Championship**

**Sponsored by:** Langley Pacific Track and Field Club

**Date:** Friday, June 14, Saturday, June 15 and Sunday, June 16

**Location:** McLeod Park, Langley

**Times:**

*Track*

Friday

First Event – 6:30pm

Last Event – 7:30pm

Saturday

First Event – 8:30am

Last Event – 6:10pm

Sunday

First Event – 9:00am

Last Event – 4:30pm

*Field*

Friday

Shot Put – 6:00pm

Hammer – 5:30pm, 6:00pm

Weight Throw – 3:00pm, 4:00pm

Long Jump – 6:00pm, 7:00pm

Saturday

High Jump (2 pits) – First Event 9:00, Last Event 2:30

Long Jump (2 pits) – First Event 8:30, Last Event 3:00

Pole Vault – 9:00, 11:00, 1:00

Shot Put) – First Event 9:00, Last Event 4:00

Discus) – First Event 8:30, Last Event 4:30

Javelin) – First Event 9:00, Last Event 3:30

Sunday

High Jump (2 pits) – First Event 9:30, Last Event 2:00

Long Jump – 1:00

Triple Jump (2 pits) – First Event 9:00, Last Event 12:00

Shot Put – First Event 8:30, Last Event 3:00

Hammer – First Event 10:00, Last Event 2:00

Javelin – First Event 9:0, Last Event 2:00

Officials who have committed to attend:

Susan Creighton (15<sup>th</sup>, 16<sup>th</sup>), Maureen de St. Croix (16<sup>th</sup>) Dawn Driver (14<sup>th</sup>, 16<sup>th</sup>), Iain Fisher, Chris Eliopoulos, Sharon Hann (15<sup>th</sup>, 16<sup>th</sup> possibly), Reg Harris (15<sup>th</sup>), Kathleen Henderson (14<sup>th</sup>, 15<sup>th</sup>), Brian Thomson, Sandra Dever, Lorna Lundeen, Bill Koch, Emily Kydd, Jason Swan, Celina Wong (15<sup>th</sup>, 16<sup>th</sup>), Jake Madderom, Steve Martin (15<sup>th</sup>, 16<sup>th</sup>), Betsy Rollins, Jim Rollins, Kathy Terlicher (15<sup>th</sup>), Sanda Turner (14<sup>th</sup>, 16<sup>th</sup> after 12:00), Heather Wiebe, Carol Cull

**Event:** Harry Jerome Track Classic

**Sponsored by:** Achilles Track and Field Club

**Date:** Thursday, June 20, 2019

**Location:** Swangard Stadium, Burnaby

There will also be some Events being held on Wednesday, June 19<sup>th</sup> in Richmond – More information to follow.

**Times:** tentative

*Track*

First Event – 6:10pm

Last Event – 9:03pm

*Field*

Shot Put – 6:31

Javelin – 6:44, 7:48

Long Jump – 6:51, 7:58

High Jump – 7:01, 8:08

Officials who have committed to attend:

Susan Creighton, Ted de St. Croix, Dawn Driver, Zach Durand, Chris Eliopoulos, Iain Fisher, Abresia Foote, Sharon Hann, Rick Rathy, Keith Newell, Brian Thomson, Tom Hastie, Wayne Elke, Cheryl Elke, Bill Koch, Steve Martin, Judy Needham, Kanwal Neel, Carol Parsakish, Kathy Terlicher, Sanda Turner, Celina Wong, Marina Khrisanova, Brian Hawksworth, Heather Wiebe

**Event:** Trevor Craven Memorial Meet

**Sponsored by:** NorWesters Track and Field Club

**Date:** Friday June 21, Saturday June 22, Sunday June 23

**Location:** Swangard Stadium (Friday and Saturday), Burnaby Central High School (Sunday), 6011 Deer Lake Parkway, Burnaby

**Times:**

*Track*

Friday

First Event – 5:00pm

Last Event – 8:30pm

Saturday,

First Event – 9:00am

Last Event – 5:15pm

*Field*

Friday

Long Jump – First Event 5:00pm, Last Event 8:00pm

High Jump – First Event 5:00pm, Last Event 8:00pm

Shot Put – 5:00pm, 6:00pm

Javelin – 6:00pm, 7:00pm, 8:00pm

Saturday

Long Jump – First Event 9:00am, Last Event 5:00pm

Triple Jump – First Event 9:00am, Last Event 5:00pm

High Jump – First Event 9:00am, Last Event 6:00pm

Discus – First Event 9:00am, Last Event 4:00pm

Shot Put – First Event 9:00am, Last Event 4:00pm

Javelin – First Event 10:30am, Last Event 4:00pm

Pole Vault – 10:00am, 2:00pm

Sunday (Burnaby Central High School)

Discus – First Event 8:00am, Last Event noon

Hammer – First Event 1:00pm, Last Event 7:00pm

Shot Put – First Event 10:00am, Last Event 3:00pm

Officials who have committed to attend:

Dawn Driver (Sat., Sun.), Chris Eliopoulos (Fri., Sat.), Bill Koch, Steve Martin (Sat.), John Cull (Sat. until 5:00), Carol Cull (Sat. until 5:00)

**Event:** 6<sup>th</sup> Annual Universal Track and Field Meet

**Sponsored by:** Universal Track and Field Club

**Date:** Saturday, June 29 and Sunday, June 30

**Location:** Bear Creek Park, Surrey

**Times:**

*Track*

Saturday

First Event – 9:30am

Last Event – 3:30pm

Sunday, May 19

First Event – 9:00am

Last Event – 3:15pm

*Field*

Saturday

High Jump (2 pits) – First Event 9:00, Last Event 4:00

Long Jump – First Event 9:00, Last Event 4:00

Triple Jump – First Event 9:00, Last Event 1:30

Shot Put – First Event 9:00, Last Event 4:00

Javelin – First Event 9:00, Last Event 2:30

Discus – First Event 12:30, Last Event 3:30

Hammer – 9:00, 11:00

Sunday

High Jump – First Event 9:00, Last Event 2:00

Long Jump (2 pits) – First Event 9:00, Last Event 12:30

Triple Jump – 1:00, 2:00

Shot Put – First Event 9:00, Last Event 2:00

Javelin – First Event 9:00, Last Event 2:00

Discus – First Event 9:00, Last Event 2:00

Officials who have committed to attend:

Maureen de St. Croix, Emily Kydd, Ted de St. Croix, Kevin Kydd, Sue Kydd, John Cull, Carol Cull, Zach Durand, Sharon Hann, Brian Thomson, Dawn Driver, Chris Eliopoulos, Abresia Foote, Kathleen Henderson (Sat.), Anthony Thomson, Marina Khrisanova, Bill Koch, Steve Martin (Sat.), Judy Needham, Kathy Terlicher

**Event:** BCJD Championships

**Sponsored by:** BC Athletics and Ocean Track and Field Club

**Date:** Friday July 19, Saturday July 20 and Sunday July 21

**Location:** South Surrey Athletic Park

**Times:**

*Track*

Friday

First Event – 6:00pm

Last Event – 7:30pm

Saturday

First Event – 10:00am

Last Event – 3:45pm

Sunday

First Event – 10:00am

Last Event – 2:15pm

*Field*Friday

High Jump – 5:00pm

Long Jump – 5:30pm, 6:30pm

Shot Put – 5:30pm, 6:30pm

Hammer – 5:30pm, 6:30pm

Javelin – 5:30pm, 6:30pm

Saturday

High Jump (two pits) – 9:30, 11:15, 12:45

Pole Vault – 10:00

Long Jump – 10:00, 11:30, 1:30

Triple Jump – 12:30, 1:00

Shot Put – 9:30, 10:45, 11:45, 1:45

Javelin – 9:30, 10:30, 11:45, 1:00

Discus – 9:30, 10:30, 1:00, 2:00

Sunday

High Jump (two pits) – 10:30

Long Jump – 9:30, 11:30

Shot Put – 9:30, 10:15, 11:15, 12:00

Javelin – 9:30, 10:45

Discus – 10:30, 12:00, 1:00

**Officials who have committed to attend:**

Maureen de St. Croix, Ted de St. Croix, Dawn Driver, Chris Eliopoulos, Abresia Foote (Sat., Sun.), Sharon Hann, Ron Heron (Sat., Sun.), Marina Khrisanova, Bill Koch, Emily Kydd, Sue Kydd, Steve Martin (Sat.), Celina Wong (Sat., Sun.), John Cull, Carol Cull

**Event:** Vancouver Distance Track Series**Sponsored by:** Vancouver Falcons Athletics Club**Date:** Saturday August 31**Location:** Rashpal Dhillon Track and Field Oval  
UBC Campus (Wesbrook/16<sup>th</sup> Ave.)**Times:**Saturday, August 31

First Event – 3:30pm - 10,000m Races - (remaining Start times dependent on number of entries)

**Officials who have committed to attend:**

Scott Saunders,

## Upcoming

Ocean Summer Series, South Surrey Athletic Park – June 25, July 9, July 23

BCJD Pentathlon Championship – Maple Ridge – July 13

**AND .... Into the More Distant Future:**Francophone Games (Events to be held in Oak Bay): July 14 to 18, 2020

The Invictus Games (Events to be held in Victoria) A bid has been submitted to host these Games. The awarding of the Games will take place on June 13, 2019. The Games themselves are being held in 2022.

Canadian Track and Field Championships (Events to be held in Langley): July 19 to 22, 2021, June 23 to 26, 2022 (tentative dates)

Much to keep everyone busy.

Carol

## Officiating Q & A Answers

### A1

b) In Throwing Events, the practice trials will be in draw order and always under the supervision of the Judges. (Rule #180.1)

### A2

c) The Starter or any Recaller, who is of the opinion that the start was not a fair one, shall recall the athletes by firing a gun. (Rule #162.10)

### A3

a) Combined Events Competitions. in the Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts shall be disqualified by the Starter. (Rule #200.8c)