

July 25,  
2019

# BCA Athletics Officials' Newsletter

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It's almost August.

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## Training

- And the Workshops continue .....

## Upcoming Workshops – please register at <https://www.bcathletics.org/Officials/>

Click on the link to the Clinics and Workshop Registration

- A Level 2 Workshop is being presented at Fortius (the building in which BC Athletics' offices can be found), Lodge Board Rooms A & B, on August 17<sup>th</sup>, 10:00am to 3:30pm. Lunch is included at the Workshop along with a current IAAF Rule Book. Presenters are John and Carol Cull.

## Official's Development

- Evaluations and Mentoring will begin again with the Indoor Season. Don't forget to complete the Upgrading Tracking form (<https://www.cognitoforms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at [wcelke@shaw.ca](mailto:wcelke@shaw.ca). More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol ([glnicol@telus.net](mailto:glnicol@telus.net)), Alwilda van Ryswyk ([alvan50@shaw.ca](mailto:alvan50@shaw.ca))  
Coordinator on the Island – Vince Sequeira ([vince.sequeira@shaw.ca](mailto:vince.sequeira@shaw.ca))  
Coordinators in the Lower Mainland – Carol Cull ([carolcull@telus.net](mailto:carolcull@telus.net)), John Cull ([johncull@telus.net](mailto:johncull@telus.net))

## Recognition

Sue Kydd has worked hard to find items suitable to be given to Officials in recognition of their many hours helping Athletes achieve their best. If you are a registered Official and have achieved a minimum of 15 credits at BCA sanctioned events throughout the past year (September 1, 2018 to August 31, 2019), then you are eligible to receive your choice of either a BCA Officials' toque or a 'Relaxus Cooling Towel'. The Order Form and pictures of the items (as seen below) will soon be found on the Officials' portion of the BCA website ([bcathletics.org](http://bcathletics.org)). The items themselves, will be available to be claimed at the BC Athletics' Officials AGM, which will be held on October 19<sup>th</sup> at the Fortius building. More information concerning the AGM will be available in upcoming Newsletters.

### Order Form for Official's Recognition Item

**Deadline:** order form **MUST** be received by September 1, 2019.

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
City/Club or Region: \_\_\_\_\_



Question: Are you HOT or are you COLD? Check ONE box.

Item 1: A Relaxus Cooling Towel, you soak it in cold water, and it will stay cool around your neck for up to 5 hours before needing more water.

Item 2: A good quality blue BCA Officials logo toque.



- There are 20 cooling towels available, and will go to the first 20 officials requesting that item.
- All other officials will receive the BCA toque
- In order to qualify for a recognition item, officials must have a minimum of 15 credits at BCA sanctioned events throughout the year starting September 1, 2018 ending August 31, 2019
- Please fill in ALL parts of your record card and send it with this order form.
- **Deadline: September 1, 2019, no exceptions!!!**
- Items will be available for pick up at the Officials AGM.
- Island and Interior Zone Regs will pick up item for those officials from those zones not in attendance at the AGM.
- No orders taken at the AGM
- Unclaimed items will be sent to home clubs during the winter.

Please fill out this form and your record card, scan to your computer and email to:  
Sue Kydd at [suekydd50@gmail.com](mailto:suekydd50@gmail.com)  
OR  
Please fill out this form and your record card, print and post all paperwork to:  
Sue Kydd  
19618 41A Ave.  
Langley, BC, V3A 2Z6



## Technical Corner

The City of Surrey wants opinions about the new "destination sports facility" it plans to build at Bear Creek Park.

[An online survey](#) has been launched "to help develop a cohesive vision" for the Bear Creek Park Athletics Centre Plan, as described on [surrey.ca](http://surrey.ca).

“The proposed facility, to be constructed in 2022, will upgrade an existing track and sports field to international standards,” says [a post on the website](#).

Existing wooden bleachers would be replaced with “a modern 2,200-seat grandstand with covered seating along with other supporting amenities.”

Also, a new rubberized walking track around a field to the north of the current track is currently under design, with construction anticipated to start in the fall of 2019, according to the website post.

The survey is done through Surrey’s [CitySpeaks](#) website, where people “can influence decisions, be heard 24/7 and share ideas about your City.”

[CLICK HERE](#) to take the survey online.

We encourage all Officials to take part in this survey. You do not have to be a Surrey resident to participate.

## Rules and Technical Update

Rules for BC Junior Development events have undergone a recent facelift. The update below was in place for last weekend’s BC JD Championships. Many thanks to Brian McCalder for providing the text of the amendments which were passed by the BCA Board of Directors. Your editor has added a few plain English notes within the text.

Attached to this Emailed Newsletter, please find an updated essay on conflicting events (soon to be a major motion picture), and notes on the upcoming IAAF Rule Changes (in force as of November 1, 2019)

### The JD Changes

**This will confirm the approval** of the proposed IAAF Rule variations as circulated earlier today, together with the previously approved, by the BC Athletics Board of Directors, Rules for BC Athletics Championship Relay Awards (copy included below).

Please be sure to update the BC Athletics Junior Development Track & Field Championships Meet Information Package.

#### 1. Advancement to Finals

- a. That advancing to the finals from heats/semi-finals – the following variation of the IAAF Rule 166 shall apply:
  - i. Winner of each Heat/Semi-Final plus the next fastest times from all the heats/semi-finals in that event, will advance to the final to fill all the lanes.

#### 2. Re-Ordering of Semi-Finals/Heats and Finals

- a. Re-ordering of Heats/Semi-Finals and Finals because of a scratch or no show for a Laned Event:
  - i. **Heats/ Semi-Finals and Finals will not be reseeded** (no athletes will be added to the Heat/Semi-Final or Final to fill the lane(s)).

#### 3. Simultaneous Entries – IAAF Rule 142.3

[Plain English summary by JC: Junior development athletes may compete out of the assigned order in any of the 3 rounds in throws or horizontal jumps, or in any round of vertical jumps, if they are participating in another event at the same time (but for no other reason). However, if a round is missed entirely, it may not be made up. An athlete may not have more than one trial in any round.

Note. An athlete who misses (passes) a round in vertical jumps passes that height.]

- a. Relative to athletes with event conflicts and the order of competing in Field Events:
  - i. Throwing Events and Horizontal Jumps:
    1. Junior Development age group athletes have 3 rounds in each of the Throwing Events (Shot Put, Discus, Javelin, Hammer) and the Horizontal Jumping Events (Long Jump and Triple Jump)
    2. The Referee may allow for an athlete to take their trial in a different order than that decided upon by the draw to start the competition.
    3. For the purpose the Junior Development Age Group, the 3 Trials **shall not be considered** as a Final Round of Trials.

- ii. Vertical Jumps (High Jump and Pole Vault)
  1. The Referee may allow for an athlete to take their trial at each height in the competition in a different order than that decided upon by the draw to start the competition.
  2. Should an athlete not be present for a particular trial (a height in the vertical jump) it is deemed that they have passed that height once the time allowed for the trial at that height has elapsed.
    - a. Note: IAAF Rule 182.2 shall apply relative to 3 consecutive failures should an athlete fail a height in one round (1<sup>st</sup> or 2<sup>nd</sup> trial at that height) and because of a **Simultaneous Event Entry** miss any other attempts at the failed height (deemed to have passed that height).

#### 4. Athletes Scratching from or who do Not Show Up for a Heat/Semi-Final or Final:

[Plain English summary by JC: See [Rule 142.4 Failure to Participate](#). This Rule has rarely been enforced at meets in BC. We may see a change in this, and more consistent enforcement.... but not with JD athletes].

- a. **No Junior Development age athlete will be removed** from further competition if they Scratch from or do Not Show Up to compete in a Final in which they Qualified through a Heat/Semi-Final.
  - i. Note: Upon Qualifying for a Final each athlete should be reminded that they have qualified for the Final and be encouraged to compete in the Final.
- b. **No Junior Development age athlete will be removed** from further competition if they Scratch or Do Not Show Up for a Heat/Semi-Final or a Timed Final.

#### 5. Relay Events – BC Athletics Junior Development Track & Field Championships

- a. As per the Junior Development Rule change approved by the BC Athletics Board of Directors (April 30<sup>th</sup>, 2019):
  - i. Reference BC Athletics Junior Development Manual – Section 7.14 and 7.15 (see below), the following NEW RULES will apply effective May 1, 2019:
  - ii. 4 x 100m Relays and 1200m Medley Relays (200/200/200/600m)
    1. Club Teams and Mixed Teams run against each other and are eligible for BC Athletics Championship Medals.
    2. Both Club Teams and Mixed Teams may run in the Championships. All teams are eligible for the BC Athletics Championship Medals.

#### Essay on Conflicting Events (Simultaneous Entries). Updated to 2019

Simultaneous entries are a frequent problem in age class meets. In fact, the younger the age group, the more frequently do we find athletes shuttling back and forth between a field event and a track event, or worse, between two conflicting field events. Even when meet organizers take great care with the schedule, simultaneous events are impossible to avoid. In a large meet, horizontal jumps never stop, and will always overlap with sprints. However, if officials handle the conflicts correctly, and there is cooperation among parents, coaches and officials, we can follow the rules, and still support the athletes effectively.

#### The Officials' Role

Officials have some flexibility in accommodating athletes, but are constrained by the competition rules. The rules governing simultaneous entries are:

#### 142.3 Simultaneous Entries

*If an athlete is entered in both a Track and Field Event, or in more than one Field Event taking place simultaneously, the appropriate Referee may, for one round of trials at a time... allow an athlete to take his trial in an order different from that decided upon by the draw ... except the final round in a horizontal jump or throw, where the announced order must be maintained.*

Note: This prohibition of order changes in the “final round” does not apply to the third round in a JD event. Officials may change the order in any of the 3 rounds of a JD event, in order to facilitate an athlete’s participation in a simultaneous event. In practice these changes are made by the Chief Judge of the event without reference to a Referee.

#### 180.5 and 180.6 Competing Order and Trials

*Except for the High Jump and Pole Vault, no athlete shall have more than one trial recorded in any one round of trials.*

The above Rules are in force for all ages of competition. The effect is that the official can put an athlete at the top or bottom of the list (order) to give him or her time to compete in a running event, or in a conflicting field event. Usually, this is enough to prevent the athlete from missing a trial. He cannot allow an athlete to “make up” a missed trial, or to take more than one trial in a row within a round. Improvising changes to the Rules on the fly can lead the official into a mess of trouble.

In cases where athletes have left a field event, and have not returned by the end of the round, the official should call each of them in turn, allowing the standard time to elapse in each case. An athlete who does not respond within the time limit is deemed to have passed the trial. An athlete who passes a trial in a vertical jump is deemed to have passed the entire height.

What can field officials do to help?

Field officials in non-Championship meets have some flexibility in regard to delaying the start of an event or round, if a substantial number of athletes have left to go to a simultaneous event. (with permission from the Referee). The limiting factor is TIME. Each event has an allotted time slot in the schedule. If the official feels that there is enough time in the slot to allow a delay, he MAY do it. However, he will NEVER jeopardize completion of the event on time. Delaying the start of a subsequent event can have disastrous consequences. For instance, it may result in athletes forced into 2 simultaneous Field Events, or even delay completion of the meet. Running behind is the worst mistake an official can make.

Field officials who see a conflict coming up should open up communication with the Starters Assistants:

- Determine which athletes have a conflict
- Inform the Starters assistants
- Request that the athletes be allowed to check in to the track event and return to the field venue to continue
- Send a parent or coach to act as “point man” at the Start Line and signal when the athletes are needed

Ideally, athletes should be missing from the Field Event for no more than 5 or 10 minutes. Starters Assistants should consider allowing a parent or coach to check in on the athlete’s behalf, if they can confirm the bib number.

The Parents and Coaches Role

What can parents and coaches do to help?

Parents should look at the meet schedule carefully before selecting events. Determine where conflicts are likely to take place. The athlete doesn’t have to do all events offered every weekend.

Encourage the athlete to stay in the Field Event as long as possible. The athlete does not have to leave the Field Event on hearing the “first call” from the Announcer. The parent or coach can help by going to the start line to determine the state of play, and establish when the athletes are really needed. Events may be running behind the Announcer’s schedule.

Cooperate with the field officials in moving athletes efficiently between events. Offer to help. Ensure that the athlete “checks out” with the Field official before leaving, and identifies herself by bib number. He should also “check in” immediately on returning.

Coaches should NEVER remove an athlete from a Field Event in progress to “warm up” or practice with a relay team. This shows lack of respect for the other participants, and creates the idea that Field Events are of lesser importance. Drill the relay teams during Club practices, or forego entering the Field Event, if the relay event is more important. Correct choices will help reduce conflict.

What can meet Organizers do to help?

Include a correct summary of the rules on simultaneous entries in the Technical package, and repeat them during the Coaches meeting. Here is a good example from the Kajaks package for the BC Elementary Track and Field Championship, 2012.

### ***Simultaneous Events***

*Track events will not be delayed. Check in at your field event and your track event. Then return to your field event and continue competing. Have someone from your team or family monitor the progress of the races and then come back and get you in time for your race. After your race, return immediately to your field event. If you return before the end of a round, you may compete in that round. If the next round has started, missed attempts from the previous round(s) will not be made up. If the event is over, the event is over.*

It’s all about:

- Cooperation
- Communication
- Respect

### **IAAF Rule Changes (in force as of November 1, 2019).**

Full text of the amendments may be downloaded from this page:

## [IAAF Amended Rules](#)

Many thanks to our foreign correspondent, Bob Cowden, for noticing this document on the IAAF web page, and sending in the information.

The text may go through some revision when it is folded into the new IAAF Competition Rules book (2020-2021). However, it has been approved by the IAAF Council, and major changes are unlikely.

Your editor will be pleased to receive comments from any officials brave enough to read the document...

A few of my favorite sections (on which I will comment in a future newsletter).

### Section 4 Rule 125.1 Referees

*A Referee appointed to oversee the starts is designated the Start Referee.....*

I may be reading too much into the change from “A **Track** Referee appointed...”

So..... any old Referee will do it? Or even, we hope, a Starter masquerading as a Referee? At any rate, it seems that the official appointed no longer has to be qualified as a Track Referee.

### Section 7. Rule 125.5 Referees

*The applicable Referee shall have the authority to warn or exclude from competition, an athlete **or relay team** guilty of acting in an unsporting or improper manner.....*

Thatsa lotta red cards

### Section 18. Rule 162.7 The Start

Further defines and explains a false start. Perhaps one of our senior Starters can spot the difference, and explain its significance.

### Section 25. Rule 168.6-7 Hurdle Races

There is extensive editing in this section, which will provoke some discussion. An interesting part:

In addition, an athlete shall be disqualified if:

*(b) he knocks down or displaces any hurdle by hand, body **or the upper side of the lead leg.***

Not sure how the upper side of the lead leg comes into play.... trying to slide under the hurdle?

### Section 30, 31. Horizontal Jumps. Rules 184.3 and 185.1

These changes will not be implemented until November 1, 2020. This will give us all enough time to re-cut the plasticine indicator boards.....

There are extensive changes here which will significantly change the way we judge faults at take-off:

- redefines the fundamental rule which defines the fault. A fault will now be created by breaking the vertical plane of the take-off line with any part of the foot. No longer necessary to have proof of touching the ground beyond the take-off line.
- The plasticine indicator board becomes optional
- the (optional) plasticine board is re-designed to make it much more difficult to use.

Note: This change opens up a real possibility of using simple electronic devices as an aid to judging foot faults.

## In Touch

- Grand news from Philip Barrington (son of Stephen and the late, Jackie Barrington). On July 10<sup>th</sup> at 11:45 Kimiko and Philip along with young daughter, Amara, welcomed Eisen Christopher Barrington into their lives. Philip wanted to ensure that all those who knew and loved his Mom, Jackie, could share in the excitement of this happy news.
- AND IT STILL FITS – the very dapper Al McLeod wearing the 1994 Commonwealth Games Uniform (minus, I note, the red and navy, woolen vest and the royal blue pants). Apparently, Al donned the uniform for a select few at the Jamboree in Kamloops.



## Officiating Q & A

### Questions

A few more of these puzzlers.

*Here are the new Questions and Answers for this Newsletter. Answers can be found at the end of the Newsletter.*

#### Q 1

In a Horizontal Jumping Event, the further end of the pit should be how far from the take-off line?

- a) 20m                      b) depends on the age of the athlete                      c) 10m

#### Q 2

What are the standard distances for Senior Indoor Race Walking Events?

- a) 3000m and 5000m                      b) 1500m and 10,000m                      c) 800m and 2000m

#### Q 3

How many trials is each athlete allowed in a Qualifying Round in Shot Put?

- a) 6                      b) 3                      c) 3 or fewer if the qualifying standard is reached in trials 1 or 2

## Items from the Branch Officials' Committee

- Our next Branch Officials' Committee Meeting is scheduled to take place on September 21<sup>st</sup>. If you have items which you wish to have discussed at this meeting please send an email with your thoughts to the Chairperson of the Committee, Brian Thompson ([brian.thomson@shaw.ca](mailto:brian.thomson@shaw.ca)).
- BC Athletics Officials Awards—as the 2019 season winds down, it is time to consider nominations for the four BC Athletics Officials Awards. The awards and details can be found under the "Officials Honour Roll" link under the Benefits, Recognition tab of the Officials website.

- Travel Claims... a friendly reminder to submit any outstanding travel expense claims ASAP. In August we will be preparing our annual reports on officiating activities in 2019. These reports include financial information such as travel expenditures.

## With Much Appreciation for Your Help

**Event:** Summer Series #2  
**Sponsored by:** Ocean Athletics Track and Field Club  
**Date:** Tuesday, July 9  
**Location:** South Surrey Athletic Park

Thank you from Ocean Athletics for once again providing the opportunity for athletes to compete at the Summer Series #2. Thanks to John & Carol Cull, Cathy Carr, Kevin & Sue Kydd, Ron Heron, Sanda Turner, Sharon Hann, Julie Lees, Ted de St. Croix and Roy Jiang  
 Maureen

### From Laurie Harder in Kamloops

Over 600 athletes, including a contingent of 51 from Australia, enjoyed the hospitality of Kamloops for this year's BC Jamboree. While the weather was not all we could have hoped for, especially for a July weekend, the level of competition was high – three Canadian records were set! – and the comradery and sportsmanship evident was superb. A torrential downpour on the Friday evening played merry old havoc with schedules, but all rose to the occasion to provide a great experience for the athletes.

This meet saw 47 Kamloops officials in attendance. Thanks also go to our regular friends from the Okanagan, who are always appreciated, and this year saw a number of officials from the Lower Mainland and Vancouver Island make the trek up the Coquihalla. Their experience and good nature definitely added to the weekend. Thanks also go to the many volunteers who stepped in to help wherever needed.

Tara Alexander - Judy Armstrong - Mark Backmeyer - Evelyn Barker - Brian Beck - Dawn Beck- Marnie Benz - Holly Borden - Crystal Bowman - Kathy Brand - Klaas Broersma - Greg Bush - Ken Christensen - Bob Cowden - Joan Cowden - Carol Cull - John Cull - Sandra Dever - Miriam Dziadyk - Cheryl Elke - Daniel Elke - Wayne Elke - Vikki Ferguson - Iain Fisher - Phil Froment - Nick Gillespie - Lillian Harcus – Laurie Harder - Lucas Heer- Jim Hinze - Mary Hinze - Dave Hopkins - Jack Isenor - Kathy Jmaiff - Siobhan Lane - Julie Lau - Al McLeod - Tom McWilliam - Jake Madderom - Sandra Mah - Helen Newmarch - Greg Nicol - Georgia O'Hara - Sherri Oryschak – Carol Parsakish - Ianna Polos - Warren Polos - Jack Ready - Carol Riddell - Gene Sanderson - Linda Schatkoske - Vince Sequeira - Ken Serl - Peter Sharpe - Karen Siggers - Wally Smeaton - Mike Stoll - Onna Stoll -Derm Strong - Patti Swoboda - Shelley Takahashi - Kathy Terlicher - Brian Thomson - Sanda Turner - Alwilda van Ryswyk - Ina Wallace - Dianne Weddell - Heather Wiebe

**Event:** 2019 BCJD Pentathlon Championship  
**Sponsored by:** BC Athletics and Golden Ears Athletics  
**Date:** Saturday, July 13, 2019  
**Location:** Maple Ridge Secondary School  
 21911 122<sup>nd</sup> Avenue, Maple Ridge, BC

Thanks to:

Cathy Carr, Maureen de St. Croix, Ted de St. Croix, Chris Eliopoulos, Sue Kydd, Kevin Kydd, Steve Martin, Jason Swan, Meeka Sorenson, Celina Wong, John Cull, Carol Cull

**Event:** BCJD Championships  
**Sponsored by:** BC Athletics and Ocean Track and Field Club



**Date:** Friday July 19, Saturday July 20 and Sunday July 21  
**Location:** South Surrey Athletic Park

Ocean Athletics wishes to thank the BCA officials who attended the 2019 BCA JD championships in South Surrey. Your positive nature, expertise and friendliness made for an enjoyable and fair event for all.  
 Maureen

Thanks to:

Cathy Carr, Nancy Champagne, Maureen de St. Croix, Ted de St. Croix, Dawn Driver, Chris Eliopoulos, Iain Fisher, Abresia Foote, Sharon Hann, Rose Hare, Kathleen Henderson, Ron Heron, Marina Khristanova, Bill Koch, Emily Kydd, Sue Kydd, Kevin Kydd, Julie Lau, Keaton Lees, Cayla Smith, Jake Madderom, Carol Parsakish, Steve Martin, Celina Wong, Betsy Rollins, Jim Rollins, Deborah Carter, Vince Sequeira, Dave Hopkins, John Akehurst, Tyler Coell, Dave McDonald, Jim Hinze, John Cull, Carol Cull

Loved the shirts, the mugs, the water bottles the never-ending food and beverages and we also liked getting our pictures taken in front of the roses.

## Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.  
 We need help for all of the Meets listed below!***

**\* It is Important that Officials coming to Meets check the Club's website the night before the Meet as Schedules can Change \***

\*Please note that the **Ultra Throws Meet #3**, scheduled for August 11<sup>th</sup>, has been cancelled.\*

**Event:** **Vancouver Distance Track Series**  
**Sponsored by:** Vancouver Falcons Athletics Club  
**Date:** Saturday August 31  
**Location:** Rashpal Dhillon Track and Field Oval  
 UBC Campus (Wesbrook/16<sup>th</sup> Ave.)  
**Times:**

Saturday, August 31

First Event – 3:30pm - 10,000m Races - (remaining Start times dependent on number of entries)

Officials who have committed to attend:

Scott Saunders, Kathleen Henderson, Sanda Turner, Kathy Terlicher

## Upcoming

55+ Games will take place in Kelowna September 10<sup>th</sup> to 14<sup>th</sup>. A limited number of accommodation spaces are available for out of town Officials for this Meet. Officials will be contacted once more information becomes available.

**AND .... Into the More Distant Future:**

Francophone Games (Events to be held in Oak Bay): July 14 to 18, 2020

The Invictus Games (Events to be held in Victoria) A bid has been submitted to host these Games. The awarding of the Games will take place on June 13, 2019. The Games themselves are being held in 2022. No information has yet been received about the success of the bid.

Canadian Track and Field Championships (Events to be held in Langley): July 19 to 22, 2021, June 23 to 26, 2022 (tentative dates)

See you soon,

Carol

## Officiating Q & A Answers

### A1

c) 10m (Rule #185.4)

### A2

a) 3000m and 5000m (Rule #230.1)

### A3

c) In a Qualifying Round, apart from the High Jump and the Pole Vault, each athlete shall be allowed up to three trials. Once an athlete has achieved the qualifying standard, he shall not continue in the Qualifying Round. (Rule #180.13)