Contains cookies.
Official’s Development

- **Name Tags** If you are needing a name tag (Level 2 Officials and higher) please send a note to me or to Jim Rollins (clanrollins@shaw.ca). Jim will need your information by September 20th in order to compile a list to send to the good folks who manufacture these items. By the way, Nancy, we have your name tag! It was dropped at a track, picked up and given to us. Carol and John

- Evaluations and Mentoring will begin again with the Indoor Season. Don’t forget to complete the Upgrading Tracking form (https://www.cognitoforms.com/BCAthletics1/OfficialsUpgradingTrackingForm), if you require evaluations or credits for upgrading in the coming season.

- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials’ page of the BC Athletics website.

- You can also speak with your local regional development coordinator if you have any questions.

- Coordinators in the Interior – Greg Nicol (glnicol@telus.net), Alwilda van Ryswyk (alvan50@shaw.ca)
  Coordinator on the Island – Vince Sequeira (vince.sequeira@shaw.ca)

- Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)

- Coordinator for Zones 7 and 8 TBA soon

Annual Officials Meeting—soliciting items for 2020
The Annual Officials meeting is October 19, 2019. Please send any questions or considerations for 2020 to the Officials Committee Chair (brian.thomson@shaw.ca). We have already received some good thoughts. We may not have time to cover all at the October meeting but will address and communicate via the website and the newsletter.

Dale Loewen is preparing another GREAT show for our enjoyment at the AGM. The Officials’ Annual Report will be presented along with news updates, prizes and LUNCH. More information will follow soon.

Mentoring Program
The roll-out of the National mentoring program is scheduled for later this Fall or early next year. There are a few details that are being finalized before implementation. It will most likely start with mentorships for level 1 and 2 officials.

Workshops explaining the program and process will be provided to mentors. The program has tremendous potential to assist you develop as officials by answering questions and providing information on the officiating career path. Brian Thomson is coordinating BC’s effort on this Canada wide program. More information will be circulated through this newsletter and website as soon as available. Please contact brian.thomson@shaw.ca if there are any questions in the interim.

Recognition

A Note from Sue Kydd regarding the Recognition Items pictured below:

The Deadline is near! Yes, September 1 is the final day to apply for recognition items. Please send your application, plus your record card, or page from your Officials’ Passport to Sue Kydd.

**You must be a registered 2019 member of BCA, and must have volunteered for 15 or more credits over the past year, from September 1, 2018-August 31, 2019.**

The neck towels have proved to be very popular, and Sue was able to get 10 more, for a total of 30. There are only a few left, so if that is your choice, please do not delay. There are plenty of BCA toques, so if your first choice is gone, that will be a welcome addition come cross country or early meet season.

As of mid-August, the following folks have ordered their Recognition Item. Don’t panic if your name is not on this list and you have placed an order since August 14th.

| John Akehurst                     | Crystal Bowman                  | Kathy Brand               | Carol Cull                  | John Cull                     |
| Maureen de St. Croix             | Ted de St. Croix                | Dawn Driver               | Zacharie Durand             | Abresia Foote                |
| Laurie Harder                    | Rose Hare                       | Ron Heron                 | Bill Koch                   | Emily Kydd                   |
| Sue Kydd                        | Kevin Kydd                      | Jake Madderom             | Steve Martin                | Al McLeod                    |
| Louise Meville                  | Rod Mudie                       | Greg Nicol                | Carol Parsakish             | Ianna Polos                  |
| Warren Polos                    | Gene Sanderson                  | Vince Sequeira            | Harnek Toor                 | Alwilda van Ryswyk           |
| Linda Schatzoske                | Celina Wong                     |                            |                            |                             |
Technical Corner

At the April 30th, 2019 BC Athletics Board of Directors Meeting proposals for Rule Changes relating to the Junior Development Age Group (9 to 13 Yrs) were presented, discussed and passed by the BC Athletics Board of Directors. These Rule Changes are effective immediately for 2019.

Junior Development Age Group Name Changes
The Age Group Names for the Junior Development Age Group of 9 to 13 yrs will now be registered in the BC Athletics Membership Database as follows:

- U10 – (9 yrs of age) previously known as Tyke
- U12 – (10 & 11 yrs of age) previously known as Pee Wee
- U14 – (12 & 13 yrs of age) previously known as Bantam

Notes:

Annual Membership Registration
  i. This relates only to Annual BC Athletics membership age groups.

  Competition
  ii. Junior Development Age Group athletes compete in the one-year age groups i.e. 9 yrs olds/10 yr olds/11 yr olds/12 yr olds/13 yr olds.

Relays
Teams may be formed with individuals from various age groups but the team must run in the age category of its oldest member.

Teams may be formed by:

- Members of the same club, and those athletes having 2nd claim club status with that club
- Unattached members
- Combining unattached and club members
- Combining members from different clubs who cannot field a four member team. Athletes must run for their own club if at all possible.

All teams are eligible for BC Athletics Championship Awards. Championship medals will be awarded to the top 3 teams in each age category. Championship ribbons will be awarded to those teams placing 4th through 8th in each age category.
Relay teams may register on the day of the meet.

In Touch

Huge congratulations to Carol and John who finally finished cleaning their garage. Now they can actually find the items they keep asking Tara and Paul Self to look for in the Coquitlam shed.

Officiating Q & A

Questions

A few more of these puzzlers.

Here are the new Questions and Answers for this Newsletter. Answers can be found at the end of the Newsletter.

Q 1
An Athlete in a Hammer Event in his starting position is allowed to put the head of the hammer on the ground only inside the circle.
True or False?

Q 2
How many flights of hurdles are used in each lane in a Men’s 110m race?

a) 8  

b) 12  

c) 10

Q 3
Once a flag, red or white, has been raised, the decision as to the fairness of the trial has been made and may not be changed.
True or False?

Items from the Branch Officials’ Committee

• Our next Branch Officials’ Committee Meeting is scheduled to take place on September 21st. If you have items which you wish to have discussed at this meeting please send an email with your thoughts to the Chairperson of the Committee, Brian Thompson (brian.thomson@shaw.ca).

Nominations for the four BC Athletics Officials Awards are now being accepted. Please take a moment to consider the officials you worked with and make your nominations. We have a great pool of officials—let’s recognize those who had a great year in 2019 (p.s. don’t forget to apply for the Recognition Item). The awards and details can be found under the “Officials Honour Roll” link under the Benefits, Recognition tab of the website: https://www.bcathletics.org/Officials/

• Travel Claims… a friendly reminder to submit any outstanding travel expense claims ASAP. In August we will be preparing our annual reports on officiating activities in 2019. These reports include financial information such as travel expenditures. Any questions? Better call John johncul@telus.net
**Officiating Opportunities**

_Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland. We need help for the Meets listed below!_

* It is Important that Officials coming to Meets check the Club’s website the night before the Meet as Schedules can Change *

<table>
<thead>
<tr>
<th>Event:</th>
<th>Vancouver Distance Track Series</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sponsored by:</td>
<td>Vancouver Falcons Athletics Club</td>
</tr>
<tr>
<td>Date:</td>
<td>Saturday August 31</td>
</tr>
</tbody>
</table>
| Location: | Rashpal Dhillon Track and Field Oval  
UBC Campus (Wesbrook/16th Ave.) |
| Times: | Saturday, August 31  
First Event – 3:30pm - 10,000m Races - (remaining Start times dependent on number of entries) |

Officials who have committed to attend:  
Scott Saunders, Kathleen Henderson, Sanda Turner, Kathy Terlicher

**Upcoming**

**Exciting Meet for 2020—World Masters, Toronto (July 20 to August 1, 2020)**  
Planting a seed for an exciting meet in 2020—the World Master’s Athletics Championships in Toronto, Ontario from July 20 to August 1. A huge meet—over 6,000 athletes expected, three and a half stadiums plus non-stadia events. If you are level 3 or higher...Ontario is interested! Almost all disciplines are needed but particularly throws, CE referees, technical managers and race walk officials. Please give this opportunity a consideration. More information, and sign-up requests, will come shortly once financing and travel costs are determined. Brian and Anthony Thomson participated in Toronto’s warm-up event this past July—giving four major “thumbs-up” for this excellent experience. Good facilities, nice paced schedule and competitive but friendly athletes. This will be great for those officials looking for N level experience and evaluations (NOC is working on this...get your upgrading requests in soon!). Stay tuned for more information. In the interim...visit [wmatoronto2020.com](http://wmatoronto2020.com)...and let your Regional Development Coordinator know if interested. Questions to brian.thomson@shaw.ca.

**AND ... Into the More Distant Future:**  
- **Francophone Games** (Events to be held in Oak Bay): July 14 to 18, 2020  
- **The Invictus Games** (Events to be held in Victoria) A bid has been submitted to host these Games. The awarding of the Games will take place on June 13, 2019. The Games themselves are being held in 2022. **No information has yet been received about the success of the bid.**  
- **Canadian Track and Field Championships** (Events to be held in Langley): July 19 to 22, 2021, June 23 to 26, 2022 (tentative dates)

See you soon,

Carol

**Officiating Q & A Answers**

**A1**  
False. An athlete in his starting position prior to the preliminary swings or turns, is allowed to put the head of the Hammer on the ground _inside or outside the circle_. (Rule # 191.1)
A2

c) 10 (Rule #168.1)

A3

False. The judge may reconsider a decision if he believes he raised the incorrect flag. (Rule #180.8).