

January 23,
2020

BCA Athletics Officials' Newsletter

The week that was... Now we are definitely ready for sunshine!!!



Official's Development

Your Branch Officials' Committee for 2020 (with apologies to Bill for leaving him off the list in the last newsletter)

- **Brian Thomson** - Committee Chairperson
Bill Koch
Marnie Benz
Carol Cull
John Cull
Cheryl Elke
Wayne Elke
Sue Kydd
Jim Rollins
Anthony Thomson
Jasmine Gill – BC Athletics representative to the Committee

Wanting to Upgrade your Certification??? Please, look at the following information!

- Evaluations and Mentoring will begin again with the Indoor Season. Don't forget to complete the Upgrading Tracking form (<https://www.cognitofrms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol (gregorynicol136@gmail.com), Alwilda van Ryswyk (alvan50@shaw.ca), Marnie Benz (m.benz@shaw.ca)
Coordinators on the Island – Vince Sequeira (vince.sequeira@shaw.ca), Brian Thomson (bthomson@alantem.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net)
Coordinator for Zones 7 and 8 TBA soon

IAAF becomes World Athletics

John Cull has prepared the following 'Coles Notes Guide' to the new World Athletics Competition Rules 2020/2021. We hope that this will help Officials to navigate this reorganized, renumbered and updated Rule Book. We note that with some of the rule changes we will have to look for guidance from the governing bodies (BC Athletics / Athletics Canada) regarding implementation. This guide has been sent to BCA staff for consideration. John is happy to receive any comments, corrections or opinions. johncull@telus.net Please note that some rules are already in force and others come into force November 1, 2020.

If you follow international athletics news and gossip you will probably have noticed a change "at the top". The IAAF is no more. The international body for "Athletics" has a new look and a new name..... World Athletics.

Visit the redesigned web page at:

<https://www.worldathletics.org/>

The updated [Competition Rules](#) (2020-2021) are freely available as a download, and have been extensively re-organized. The bad news is that they are still hard to find on their web site, buried on the third layer of [World Athletics](#) under [Competitions/Our Sport/Rules and Regulations].

The updated Competition Rules are now in force almost entirely. Actually, have been in force since November 1, 2019. The exceptions, which come into force on November 1 2020 are noted in this text. The BCA Committee has placed an order for print copies, and will distribute to BCA officials (**with 2020 memberships**) without charge. We do not yet know the availability date. We hope to get the same format as the 2018-2019 edition... coil bound, with nice colour cards included.

The re-organization.

Competition Rules and Technical Rules have been folded into a larger publication, the Book of Rules, where they form 2 chapters of Book C. The rules we normally use have been distributed into these 2 separate sections, and given new numbers. Each Rule shows both the old number and the new number. It may be that the old numbers will pass out of use in the next edition.

Chapter 1 (of Book C) Competition Rules (C1.1 to C31)

This includes old rules 2 (Authorization to stage competitions) to 137 (Advertising Commissioner) and Rules 260-265 (World Records)

Chapter 2 (of Book C) Technical Rules (C2.1 to C2.57)

This includes old rules 100 (General Technical Rules) and 140 (The Athletics Facility) to 251 (Mountain and Trail Races).

Taken together the 2 new chapters add up to 180 pages, considerably slimmer than the Competition Rules 2018-2019. Field of Play officials may be able to do without the other content of Chapter 3:

- Health Medical and Welfare
- Athletes' Representatives
- Event Bidding
- Marketing and Advertising

Officials will have to read the new book(s) with close attention:

- New text is no longer indicated with double vertical lines to bring it to your attention... you have to find it for yourself
- Green notes (explanations) from the previous edition are, in some cases, brought forward intact and without revision, but some notes have been dropped.
- Other green notes are revised or new.... you have to find these for yourself.

Highlights from the 2020-2021 Rules.

It is noteworthy that the book now uses gender-neutral language. He/she and his/hers have been replaced with they/their/theirs.

U-18 athletes will be pleased to note that they have been promoted from "boys and girls" to "men and women".

In this section I am citing the "new" Rule number, with the old number in brackets. New language is in **bold**.

Rule C18.1 Referees (125.1)

Recommendation that when 2 Referees are available for races, one of them should be appointed as the Starts Referee. The official appointed no longer has to be qualified as a Track Referee. The Start Coordinator may also act as the Starts Referee. These provisions are not actually new, but were included in the 2018-2019 Competition Rules. I am including the recommendations here because they seem to make the Starters happy.

Rule C18.5. Referees (125.5)

"The applicable Referee shall have the authority to warn or exclude from competition, an athlete **or relay team** guilty of acting in an unsporting or improper manner....."

There are 2 new provisions here:

- Recognition that an entire relay team can be warned or excluded
- Explanation in green note 7 that "cards received in relay events are only applicable to the team and never applicable to an individual athlete". This should mean that an athlete who receives a yellow card (warning) as part of a relay team, may still receive an additional yellow card in an individual event, without it progressing automatically to a red, as it normally would.

Rule C19.4 Field Events (126.4)

There is nothing really new here, but I can't stop myself from repeating the 2 pieces of good advice which have carried forward into this Rule Book in green notes:

- (In field events) "At least 2 judges should keep a record of all trials, checking their recordings at the end of each round of trials". And please (JC says) keep both of these judges within close range of the foul line or circle so they can hear and see the results. Give the Referee something to work with.....
- "It is recommended that for each Field Event only one set of white and red flags is used, in order to reduce the possibility of any confusion about the validity of trials". So... the throws judges who use a red flag in the landing area to indicate flats in Javelin should give it up. The green note goes on to recommend standardized hand signals.....

Rule C28 Measurement Judge (Scientific). (135)

I am including this tiny change because we are now using Electronic Distance Measurement in BC (hello there Kamloops!), and it is clearly in our future.

New Note: "**A set of check measurements should be made after, and if circumstances justify it, during the event, usually without reference to the steel tape.**"

(JC is unclear about the usefulness of check measurements which do not include reference to a steel tape..... maybe Wayne or Al can explain).

Rule C4.3 Simultaneous Entries (142)

Don't you just love this rule? Every young official and coach should be required to recite it from memory daily..

A new paragraph is attached to the green note:

“Whilst Rules 4.3 and 26.2 of the Technical Rules provide that an athlete may not attempt the second or third trial at any particular height in Vertical Jumps if it has been deemed that they have passed an earlier trial at that height, it is suggested that in lower level competitions such as children’s or school meets, the competition regulations could be adapted so as to allow an athlete to opt to take the second or third trial in such cases.”

JC's note:

There is some value in this suggestion in regard to JD athletes, as we are encouraging them to participate in a wide range of events. The JD Committee should take the lead here, and individual officials should wait for a decision before going ahead with a change.

Rule C5.4 Dimensions of the spikes (143.4)

New note 2: **“For Cross Country competitions, the specific regulations or the Technical Delegates may allow an increased length of the sizes of the spikes of the shoes depending on the surface.”**

Rules C6.4.7 and C6.4.8 Assistance Allowed (144.4)

These 2 new paragraphs give examples of types of assistance which an athlete can receive during an event.

- **“An official (or other designated person) may provide an athlete with support to recover to a standing position or to access medical assistance.”**
(JC's note) The previous rule (6.3.6) allows for an athlete to receive this assistance from another athlete, but specifically forbids assistance in making forward progression in a race. Officials must be aware of the limitations in their ability to provide assistance to injured athletes. An athlete injured in a field event may receive assistance to return to a standing position inside the circle or runway or landing area, but should probably exit (and thereby complete the trial) without assistance”. To be discussed by Referees?
- (A meet may provide) **“electric lights or similar appliances indicating progressive times during a race, including of a relevant record”**.

Rule C14 Track Measurements (160)

New green note provided: **“When any section of the kerb is temporarily removed this should be kept to a minimum, sufficient to enable the field events to function fairly and efficiently”**.

Rule C16 The Start (162)

There are some small editorial changes in the section on False Start (C16.7), but they do not appear (to me) to affect the meaning or operation of the original rule. Only a Starter will know for sure....

Rule C17.6 Leaving the Track (163.6)

There is a slight but significant change to the wording. New language clarifies that when an athlete voluntarily leaves the track to **pick up a dropped baton** they shall not be disqualified. Of course, this has to be done without obstruction of another athlete and without gaining any advantage.

Rule C17.14 Indication of Intermediate Times (163.14)

There is a change in the Rule regarding communication of intermediate times and preliminary winning times to the athletes by persons in the competition area. The new language allows the Referee to **“appoint no more than one person to call times at each of no more than two agreed timing points”**. Approval can now be given even if time displays are visible to the athletes.

Rule C17.15.3 Drinking/sponging (163.15)

This new paragraph seems to apply to any race.

“An athlete may, at any time, carry water or refreshment by hand or attached to their body, provided it was carried from the start or collected or received at an official station”. This was probably implicit in the previous Rule, but is now spelled out. It is now included in Rules for all non-Stadium events.

Rule C19.17 Fully Automated Timing and Photo Finish System (165.13)

This section has been rewritten.

New text: **“a system which operates automatically at the finish but not at the start shall be considered to produce to produce Hand times provided that the system was started in accordance with Rule 19.7 of the Technical Rules or with equivalent accuracy”.**

(JC’s note). It is not clear to me what impact this change might have on our practices. In the previous Rule book, times derived in this manner were “considered to produce neither Hand times nor Fully Automatic times and shall not therefore be used to obtain official times”.

Rule C20 Seedings, Draws and Qualification in Track Events (166)

(JCs comments) There are minor changes in wording which do not appear to affect the operation of the Rule.

Rule C22 Hurdle Races (168)

All officials should read this section carefully.

The reference to disqualification for deliberately knocking down a hurdle has been removed.

Rule C22.6.2 now requires disqualification “if an athlete knocks down or displaces any hurdle by hand, body **or the upper side of the lead leg.**” The following green notes provide a good explication of these points. And yes, an athlete can jump a hurdle in another lane in some circumstances. Read on!

Rule C23 Steeplechase Races (169)

This Rule does not appear to have been altered, but has been edited for clarity, and is much easier to understand. Hallelujah!

- There are some slight changes in the construction of the water pit.
- The 0.838m height for U18M is now included.

Rule C24 Relay Races (170)

Addition of a new paragraph C22.22 **“in the case of relay events not covered by this Rule, the relevant competition regulations should specify any particular rule that should be applied and the method by which the relay should be conducted.”**

(JCs note) . This seems to provide meet organizers with the flexibility to develop their own relay events. A “governing body”, e.g. BCA or AC might still want to limit the choices

Rule C25.5 (and C25.6.2) Competing Order and Trials (180.5)

There are 2 new paragraphs which provide governing bodies with flexibility in creating new formats for conducting horizontal field events (throws and horizontal jumps).

This Rule is in force as of November 1, 2019, so these new options are available.

(Note 3). **“The regulations of the relevant governing body may specify the number of trials (provided it is no more than 6) and the number of athletes which may progress to each additional round of trials after the third.”**

(Note 4) **“The regulations of the relevant governing body may specify that the competing order be changed again after any further round of trials after the third.”**

This new language allows meet organizers to create compressed formats in order to save time and provide a more audience friendly event....and presumably benefit the higher performing athletes at the event....if the formats have been approved by the relevant governing body. Or continue awarding 3 additional trials to the 8 top performing athletes....with or without an additional “reversal” after Round 5 (which now appears to be optional).

Currently meets that want to save time either cut the final trials completely (e.g. at twilight meets), or offer all athletes 4 trials. The latter does not seem to be allowed under the Rules (except in cases where there are 8 or fewer athletes).

Under the new Rules a meet COULD offer one of these alternative formats, if approved. These are samples of formats that COULD be approved.

Rounds 1-3	Round 4	Round 5	Round 6	Total trials in 4-6
All athletes	top 8 athletes	top 6 athletes	top 3 athletes	17 (minus passes)
All athletes	top 8 athletes	0	0	8 (minus passes)
All athletes	top 6 athletes	top 4 athletes	top 3 athletes	13 (minus passes)
All athletes	top 6 athletes	top 3 athletes	0	9 (minus passes)

(JCs notes on the table)

The normal number of trials offered in Rounds 4-6 is 24.

Change of order (reverse of performance) MUST be done after Round 3

Change of order (reverse of performance) MAY be done after round 4 and after round 5

The above options for rounds after round 3 and options for reversal of order may also be applied in the same way in cases where there are 8 or fewer athletes.

There does not appear to be an option to change the number of “preliminary” trials.

Rule C25.9 Qualification Rounds (180.6)

This Rule applies in situations where the meet is conducting separate qualifying rounds to reduce the field for the main competition. The previous rule book directed that in field events “athletes shall normally be divided into two or more groups at random. The new Rule directs that “ the groups are approximately of equal strength”, e.g. using seed performances to distribute the athletes. This makes it easier to conduct a qualifying round in vertical jumps with 2 simultaneous groups. Competition Secretaries will have to watch this one, and may need to revise decisions made by the meet management software. There do not appear to be any other changes in this Rule.

Rule C25.17 Time Allowed for Trials (180.17)

This Rule carries forward the decision announced in 2019. The time allowed for “more than 3 athletes (or for the very first trial of each athlete) is one minute”. It appears from the new table that the time allowed in horizontal events is one minute irrespective of the number of athletes remaining in the competition; except for 2 minutes in the case of consecutive trials. The final paragraph in the green notes is a relic, and no longer makes sense.

Rule C25.18 Replacement Trials (180.18)

This rule has been re-titled. The term “replacement trials” is used instead of “substitute trials” throughout, but there are no other changes.

Rule C26.6 Height Measurement (181.5)

This paragraph includes an additional sentence. “ A re-measurement (of the bar) should be made if the bar has been substituted”. Good advice.

Rule C27.4 Runway and Take-off Area (in High Jump) (182.4)

Revised paragraph: “The maximum overall downward inclination in the last 15m of the runway and take-off area shall not exceed 1:167 (0.6%). This was previously 1:250 (0.4%). The reason for this tiny change?

Rule C28 Pole Vault (183)

There are some changes in the green notes. The most significant one is the addition of a new paragraph (e) at the end. This puts to rest an old dispute about whether athletes are permitted to return to the runway after a vault. Some officials will feel vindicated by this decision, but they should not gloat.

“there is a common practice where athletes return to the box after a trial (whether it is a clearance or failure) and place the pole in the box to check their take-off position. Provided this occurs after the trial is completed in accordance with Rule 25.8 of the Technical Rules and before the time for the next athlete’s trial begins and does not otherwise delay the conduct of the competition, it is allowed.”

Rule C29.3 Horizontal Jumps. Take-off Board (184.3)

New sentence. “Immediately beyond the take-off line there **may** be placed a plasticine board for the assistance of judges”. The change from **shall** to **may** makes it optional to use a plasticine indicator board. The plasticine board may be replaced with a “blinking board” placed flush with the runway.

Rule C29.4 (184.4) Additional sentence. “In order to ensure that the take-off line is clearly distinguishable and in contrast to the take-off board, the ground immediately beyond the take-off line shall be in a colour other than white.

Rule C29.5 (184.5) Additional paragraph. “ the use of video or other technology, to assist the Judge in deciding the application of Rule 30.1 of the technical rules, is strongly recommended at all levels of competition. However, if no technology is available, a plasticine indicator board may still be used”.

Revised paragraph and drawing. “The plasticine indicator board “shall be cut away such that the relation to the recess, when filled with plasticine, the surface of the plasticine nearer to the take-off line shall be at an angle of 90 degrees”.

The drawing illustrates what this will look like.

Note that changes to Rule C29.3 through C29.5 are in force as of November 1, 2020.

Rule C30 Long Jump (185)

Rule C30.11 revised paragraph . “An athlete fails if.....they, while taking off, **break the vertical plane of the take-off line** with their foot/shoe, whether running up without jumping, or in the act of jumping”.

(JCs note) This change also comes into force on November 1, 2020. It is a very significant change in the way we judge the event, and actually makes horizontal jumps different from all other field events. It will no longer be necessary to have proof of an athlete touching the ground beyond the take-off line to determine a fault. This change opens up a real possibility of using simple electronic devices as an aid to judging foot faults.

We can use the intervening time (until November 1, 2020) to do the following:

- Cut some indicator boards to the new design, and try them out
- Identify technology that we can use as assistance in judging foot faults

Rule C30.4 Take-off line (185.4)

Revised paragraph. "The distance between the take-off line and the far end of the landing area shall be at least 10m and **where possible 11m**".

(JCs note). We have to remember that most new sand pits are 8m in length. Use of a board 11m from the end of the pit in this case would push the board out to 3m from the near edge.... too far for the youngest (and the oldest) athletes.

Rule C32 Throwing Events (187)

Rule C32.1 Official Implements

New sentence. "**Unless the Technical Delegate decides otherwise, not more than two implements may be submitted by any athlete for any throwing event in which they are competing**"

(JCs note). I am not aware of this issue (excess implements) creating problems in this Province.

Rule C32.20 Distance Measurement (187.20)

There are some small editorial changes (improvements) in this paragraph which make it clearer, but do not change the sense or operation of the rule.

Rule C35.3 The Discus Cage (190)

Revised sentence. "The height of the netting panels or draped netting at the lowest point should be at least 4 m and it should be **at least 6m** for the 3m nearest the front of the cage on each side".

(JCs notes). This small change clarifies that the 6m height at the front of the cage is a minimum height. There are few "Discus-only" cages in use in BC. Most are "Hammer/Discus" cages which have a higher standard (7m and 10m at the front).

In each case the standards, including the height specifications apply to cages in use "where spectators may be present". For cages which are purely for training "a much simpler construction may be satisfactory".

Rule C39 Combined Events (200)

All 2-day events now "shall be held on **two consecutive 24 hour periods**" (previously 2 consecutive days).

Rule C39.8.5 New paragraph

"Starting position/lanes for last event of a combined events competition may be determined by the Technical Delegate(s) or Combined Event Referee as they deem desirable. In all other events they shall be drawn by lot."

(JCs notes). The previous Rule book stated that "The Technical Delegate(s) or the Combined Events Referee shall have the authority to rearrange any group if, in his opinion, it is desirable". It was unclear whether that discretion included assigning "favored lanes" to high performing (or high scoring) athletes in sprints, or whether these events were to be treated similarly to heats. The TDs and CERS now have clear guidance, and there will be more consistency and less debate.

Rule C40 Indoor Competitions (210)

Rule C42 The Straight Track (212)

This Rule has been removed from the Technical Rules. The reader is referred to the Track and Field Manual.

Rule C43.4 Marking of the inside edge (of the track) (213.4)

Revised sentence: "the cones shall be **at least 0.15M high**". previously 0.20m high

Rule C45 Seedings and draw for lanes (215)

New Rule C45.1 "**The ranking and composition of heats shall be made in accordance with Rule 20.3 of the Technical Rules**"

Rule 54.7.3 Race Walking (230)

Rule 54.7.3 Disqualification.

The term "**penalty zone**" replaces the former term "pit lane".

Rule 54.7.4

Additional paragraph "**Ifan athlete receives a third red card and it is no longer practicable to direct them to the penalty zone before the end of the race, the Referee shall add the time they would have been required to spend in the penalty zone to their finishing time and adjust the finishing order as may be necessary**".

(JCs note). We have not yet, to my knowledge, used a penalty zone (or pit lane) in this Province.

Rule C54.8 Start

Revised sentence. "**The race shall be started by the firing of a gun, cannon or air horn or the like**"

(JCs note). This brings starts in walks into alignment with Cross-Country, Road Races, and Mountain and Trail runs.... But presumably, only for non-stadium races.

Rule C57 Mountain and Trail Races (251 and 252)

This section combines the previously separate rules, and adds substantial new rules for Trail Runs.

Recognition

The BC Athletics Awards Banquet will take place February 1, 2020 at the Executive Plaza Hotel in Richmond. The Officials listed below are being recognized for their exemplary contributions to the Sport of Athletics.



2019 Annual Award Nominees & Recipients

OFFICIATING SERVICE AWARDS

Officiating Service Award Recipients

Name	Club	Category
Dave Short	Ocean Athletics	Longstanding Service
Chris Eliopoulos	Vancouver Olympic Club	Inspirational Service
Marilyn Benz	Okanagan Athletics	Novice Official
Brad Heinzman	Okanagan Athletics	Official of the Year

2020 HALL OF FAME INDUCTEES ANNOUNCED

BC Athletics is pleased to announced Jake Madderom as the 2020 inductee into the BC Athletics Hall of Fame! Jake has an extensive history with BC Athletics both as an Athlete and a Builder. As an athlete, he has over 50 years of competitive experience at the Provincial, National, and International level. As a builder, Jake has and continues to serve many roles within Athletics, including as an active Official, Chair of the BC Athletics Masters Committee, and formerly the Chair of the BC Athletics Board of Directors.

Technical Corner

Upcoming Workshops

John Cull will present a Level 1 Officials' Workshop at the upcoming Harry Jerome Indoor Meet.

For further information about this workshop and to register visit the Officials' Page of the BC Athletics website (www.bcathletics.org). Click on the 'Clinics/Workshops link.

You will see that another Level 1 Workshop is also listed. This workshop is to take place in Abbotsford on April 18th.

The National Mentoring Program:

The Officials Committee is aiming to announce the dates of mentor workshops in the next 2-4 weeks. In the absence of newsletter editors, information will be announced via the Officials page on the BC Athletics website. Anyone interested

in being a mentor should ensure they have notified Brian.thomson@shaw.ca and check the website regularly for updates.

Clinicians and Evaluators

Thanks to all those officials who are level 3 or higher who responded to the request for clinicians and evaluators under the revised Athletics Canada/NOC Certification Program.

If you haven't responded or considered the opportunity, the BC Athletics Officials Committee is soliciting your interest in the following new roles:

- Clinician—for delivering level 3 and level 4 clinics.
- Evaluator—for assessing officials upgrading to level 3.

We encourage you to consider undertaking one or more of these roles. Please reply to brian.thomson@shaw.ca by January 29 with your interests.

Note: those officials who are currently a clinician and/or mentor (changing to evaluator) will need to be re-certified under the new pathway. Please reply with your interest in continuing as clinician and/or evaluator.

In Touch

Membership Renewal

Don't forget to renew your membership with BC Athletics for 2020. Unattached members can sign up online through the BC Athletics website and members of BC Athletics clubs should sign up through their club registrar.

The 2020 BC Athletics Annual Awards Banquet

The Banquet will celebrate the 2019 Athletics season.

Date: Saturday, February 1st, 2020

Time: Social Hour - 6pm | Dinner - 7pm | Awards - 8pm

Location: [Executive Airport Plaza Hotel, Richmond](#) (7311 Westminster Hwy)

For more information about this event and to order your tickets please go to <https://www.bcathletics.org/News/bc-athletics-annual-awards-banquet-feb-1-2020/2948/>

Officiating Q & A

Questions

New Questions – still using the 2018/2019 Rule Book

Q 1

The Hammer has how many parts

- a) 1 b) 2 c) 3

Q 2

In a Combined Event competition, what is the desirable length of time between the last event on the first day and the first event on the 2nd day?

- a) 24 hours b) 10 hours c) 12 hours

Q 3

An athlete in a 3000m race steps into the infield to retie their shoes. They then step back onto the track and resume the race. The athlete in doing this, does not shorten the distance run.

What is the ruling by the Track Referee?

Items from the Branch Officials' Committee

Our next Officials' Committee Meeting will take place on February 2nd 2020.

With Much Appreciation for Your Help

Thank you to those of you who have responded to requests for help with upcoming Competitions.

Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.
We need help for the Meets listed below!***

*** It is Important that Officials coming to Meets check the Club's website the night before the Meet as Schedules can Change ***

Event: **The Harry Jerome Indoor**
Sponsored by: Achilles International Track & Field Society
 The Richmond Kajaks Track and Field Club
Date: Saturday, February 1, 2020
Location: Richmond Olympic Oval

Times: (tentative)

Oval Track

First Event 10:00am
Last Event 4:30pm

Straightaway Track

First Event 9:45am
Last Event 3:30pm

Field

Shot Put 10:00, 11:30
 High Jump 1:20, 3:15

Officials who have committed to attend:

Jason Swan, Ted de St. Croix, Deborah Carter, Dawn Driver, Iain Fisher, Debbie Foote, Rose Hare, Reg Harris, Tom Hastie, Bill Koch, Kathleen Henderson, Jake Madderm, Steve Martin, Louise Meville, Betsy Rollins, Jim Rollins, Kathy Terlicher, Sanda Turner, Alice Kubek, Mike Bassett, Ina Wallace, Denise Bonin, Sevda Yurdaer (tentative), Marnie Benz, Brian Thomson, Mark Freeland, Rick Rathy, John Cull, Carol Cull

More Umpires are still required for this Meet.

Event: **The 2020 Pan American Cross-Country Cup**
Sponsored by: The Victoria International Cross-Country Association
Date: Saturday, February 29, 2020
Location: Bear Mountain Resort

Times:

First Event – 9:00am

Last Event – 2:50pm

Officials who have committed to attend:

Alice Kubek, Keith Hooey, Rafe Duke, Brian Thomson, Iain Fisher, Keith Newell, Dave Hopkins, Vince Sequeira, Brian Hawksorth, Tyler Coell, Susie Nute, John Akehurst, Mike Bassett, Nancy Baxendale, Brad Potentier

Event: The Francophone Games**Date:** Wednesday July 15, Thursday July 16 and Friday July 17 (tentative)**Location:** Oak Bay Senior Secondary or the University of Victoria**Officials who have committed to attend:**

David Weicker, Dave Hopkins, Maureen Horlick, Keith Newell, Brian Thomson (tentative), Dawn Driver, Nancy Baxendale, Zach Durand, Ina Wallace, Kathleen Henderson, Aileen Lingwood, Susie Nute, Lorna Lundeen, Betsy Rollins, Jim Rollins, Keith Hooey, Rafe Melendez Duke, Todd Blumel, Leslie McGee.

Please note that while all communication with Athletes must be in French, interpreters will be provided to aid in communication with Officials who do not speak French.

Upcoming

List of N/NC events in BC in 2020

For those of you who are collecting high level credits for upgrading:

March 27-29	Van Ryswyk Indoor	Kamloops	N
April 19	Vancouver Sun Run	Vancouver	N
May 3	Vancouver International Marathon	Vancouver	N
May 30	Harry Jerome	Burnaby	N
May 31	Canadian 10,000 Championships	Burnaby	NC
	Pacific Distance Carnival	Burnaby	P
July 10-12	BCA Jamboree	Kamloops	N
July 14-18	Canadian Francophone Games	Victoria	N
November 28	Canadian Cross Country Ch.	Abbotsford	NC

AND Into the More Distant Future:The Invictus Games

There are two cities left in the running to host the 2022 Games, Dusseldorf, Germany and Victoria, BC. While the website for this Meet states that the announcement of the 2022 venue was to be made in November, no information has yet come our way. See the article on the Games <https://www.cbc.ca/news/canada/british-columbia/victoria-in-running-for-evictus-games-1.5260679> We will keep you informed just as soon as the information becomes available.

Canadian Track and Field Championships (Events to be held in Langley): July 8 to 13, 2021, June 23 to 26, 2022 (tentative dates). The Host Organizing Committee has gotten an early start and has begun meeting. At present we are waiting to hear whether the Combined Events will be included in the competitions to be held in Langley. If you are in the neighbourhood, go have a peek at the new Track and Field facility being constructed at McLeod Park in Langley. Such a lovely, blue track.

Looking forward to seeing you soon

Carol

Officiating Q & A Answers

A1

c) 3 (Rule #191.4)

A2

b) 10 hours (Rule #200.6)

A3

The athlete would be disqualified by the Track Referee. (Rule #163.6)