

January 30,  
2021

# BC Athletics Officials' Newsletter

---

One thing we don't have to worry about at a Meet in BC.

---



## Competition Protocols

**Reminder – Guidelines and Protocols for Competition can be found here:**

[bcathletics.org](http://bcathletics.org)

Up to date Provincial Health Orders can be found on the BC Athletics Website. The current orders were issued on December 29, 2020 and have been extended to February 5, 2021.

It is good practice to build your own PPE Kit to bring with you to any competitions you may attend.

**Your PPE Kit** should include:

- Face masks
- Gloves
- Hand sanitizer
- Disinfectant wipes or spray
- Paper Towels

Note: A list of Health Canada approved hand sanitizers and disinfectants can be found [here](#):

Organizing Committees (HOC) will be responsible for sanitizing all equipment to be used by Athletes and Volunteers (including Officials). Officials should be prepared to monitor their involvement and use items from their own kits as is necessary.

## Official's Development

### Your Branch Officials' Committee for 2021

- **Brian Thomson** - Committee Chairperson  
Bill Koch  
Marnie Benz  
Carol Cull  
John Cull  
Cheryl Elke  
Wayne Elke  
Sue Kydd  
Jim Rollins  
Anthony Thomson  
Jasmine Gill – BC Athletics representative to the Committee

**Wanting to Upgrade your Certification??? Please, look at the following information!**

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitofrms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at [wcelke@shaw.ca](mailto:wcelke@shaw.ca). More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol ([gregorylnicol136@gmail.com](mailto:gregorylnicol136@gmail.com)), Alwilda van Ryswyk ([alvan50@shaw.ca](mailto:alvan50@shaw.ca)), Marnie Benz ([m.benz@shaw.ca](mailto:m.benz@shaw.ca))  
Coordinators on the Island – Vince Sequeira ([vince.sequeira@shaw.ca](mailto:vince.sequeira@shaw.ca)), Brian Thomson ([bthomson@alantem.ca](mailto:bthomson@alantem.ca)), Todd Blumel ([toddler@shaw.ca](mailto:toddler@shaw.ca))  
Coordinators in the Lower Mainland – Carol Cull ([carolcull@telus.net](mailto:carolcull@telus.net)), John Cull ([johncull@telus.net](mailto:johncull@telus.net))

Coordinator for Zones 7 and 8 TBA

## Travel Expenses

BCA Officials Committee is approving local travel expenses for payment in the usual way.

Current rates are:

Travel within Local Region \$.30 per km, with a carpool \$.40

For information and claim form, please visit: [www.bcathletics.org/officials/](http://www.bcathletics.org/officials/) Select OFFICIALS EXPENSE CLAIMS

## Covid Kids

Great News! The following Officials upgraded their Officials' Status in 2020:

Deborah Carter	Level 2
Urith Hayley	Level 2
Hardev Sandhu	Level 2
Brenda Chinn	Level 1
Cayden Arnold (U-18)	Level 1
Glen Johnson	Level 1
Deborah Lee	Level 1
Laurie Ritchie	Level 1
Ajax Shen	Level 1
Gary Silvester	Level 1

## Recognition

Congratulations to Alwilda van Ryswyk, one of our longest serving Officials. Alwilda celebrated her 90<sup>th</sup> Birthday in late 2020 and continues her great interest in the Sport of Athletics and most particularly in the Kamloops Track and Field Club which she co-founded.



Congratulations are also extended to Louise Meville, who just celebrated the birth of her newest grandchild, Zander Benjamin Meville. Now isn't that the loveliest of smiles?



## Technical Corner

### Upcoming Officials' Workshops

The on-line Officials' Level 1 (Module 101) and Level 2 (Module 201) Workshops that have been developed by NOC (National Officials' Committee) and are available to be taken by interested individuals.

Those individuals interested in becoming an Athletics' Technical Official and have limited or no prior experience in the Sport are encouraged to take Module 101.

Those individuals with prior experience with the Sport (e.g. Coach, Athlete or former Athlete etc.) are encouraged to take Module 201.

For more information about the process and the steps you will need to take please contact Marnie Benz ([m.benz@shaw.ca](mailto:m.benz@shaw.ca)) who will be only too glad to provide you with all of the information that you require.

### BCA Events and Technical Specifications

BC Athletics Events and Technical Specifications has been updated, September 24, 2020.

Look for the revised printable document [here](#).

Those who use the handy printed booklet, so kindly prepared by Vince Sequeira, will still find it useful, if they print and insert the following updated information:

---

### 3.0 Recognized Age Groups (apply to Men and Women)

Junior Development Age Groups are now:

- U10 (age 9)
- U12 (age 10)
- U12 (age 11)
- U14 (age 12)
- U14 (age 13)

- U-16 (Ages 14-15), Formerly Midget
- U-18 (Ages 16-17), Formerly Youth
- U-20 (Ages 18-19), Formerly Junior
- Senior (Ages 20-34)
- Masters (Ages 35+)

## 4.2 (a) Events

3,000 m (track) now authorized for U-18 and U-20 Men and Women  
 10,000 m (track) now authorized for Senior and Masters Men and Women

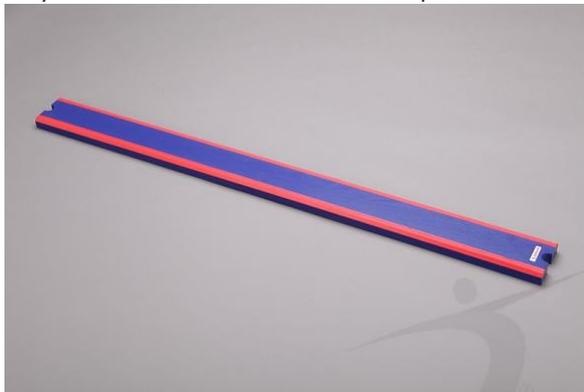
Appendix B Indoor Hurdles Specifications\60mH\Masters Only  
 Addition of Men 60mH 60-69 33" 5 hurdles Spacing 12.00/8.00/16.00

## Horizontal Jumps

As of November 2021, new plasticene indicator boards for Horizontal Jumps will be required. These boards were to have been used beginning in November 2020 but because of the postponement of the Olympics until the Summer of 2021, the implementation of this rule was also postponed.

Currently, a no-jump is called if an athlete is judged, while taking off, to have touched the ground beyond the take-off line. A plasticene board set at an angle of 45° has been long used to assist with such decisions. Under the new Technical Rule (number 30.1.1), it will be a failure on take-off if any part of the take-off shoe or foot breaks the vertical plane of the take-off line. It was felt that this would be more understandable and simpler to judge. The old rule occasionally allowed toecaps to visibly broach the line without marking plasticene. In the future, such moments are to be fouls and the plasticene board, if used, is to be set at 90°.

Below is an example of an indicator board made by Polanik. The red areas are plasticene. When the board is in position the indicator board and plasticene will be 7mm above the height of the take-off board. The diagram included in the World Athletics Competitions and Rules book (TR 29.5) may better illustrate how the board is positioned.



## Procedures for Competition Officials

It is highly desirable to use plasticene fault indicator boards for competitions, and is essential for Championships, and for National and International level events. Competition Directors, working with the relevant field of play officials should ensure that the venue conforms to the conditions in the Technical Manual before any Horizontal Jump competition takes place.

If any of the above conditions (in the Technical Manual) are not met, then determine whether the take-off board, and plasticene fault indicator board may be secured using hardwood wedges. Or, alternatively, whether a “dummy board” may be made secure, and an alternative such as tape, used for the fault line indicator. If the boards cannot be secured by this means, then the relevant field of play officials should advise the Competition Director that the event will not take place. Additional precautions.

The plasticene indicator board, when adjusted correctly, is 7mm higher than the runway, and should not be used in situations where athletes are expected to run over the board. Therefore:

- Warm up trials should be taken without the plasticene indicator board, but an equally secure substitute should be used.
- Plasticene indicator boards should not be used for age class triple jump competitions, if more than one board is in use during the competition. It is not possible to provide for adequate safety under those conditions.

## Throws

Do we need to re-measure a record throw when asked by a coach?

We should politely listen to coaches and then just do the right thing the way we should have been trained, e.g. Follow the best practice for all trials, which is:

- appoint a competent official to judge in the field
- ensure that there are “two pairs of eyes on the tape”
- keep the pin in the ground until the last minute (when the next athlete is walking into the throwing area)

That way we can be sure that we have followed the requirements of the Rule Book, or Rule Books.

Requirements and forms for World Records, Canadian Records, BC Records and World Masters Records vary slightly .

WA Records	Shall be measured by 3 Field Judges.... Referee shall supervise measurement
Canadian Records	Must be verified by a qualified referee OR three qualified Event Officials
World Masters Records	My recollection is that WMA Records require signatures from 3 qualified Event Officials
BCA Records	Require signatures of one Field Judge and a signature (guarantee) of a Referee

There is NO GENERAL REQUIREMENT to re-measure a record throw.

Three competent field judges can fulfill all record requirements themselves with little delay to the next event.

Supervision by a qualified Referee is beneficial, and easy to obtain at a Championship event.

However, at lower-level events qualified Referees may be in short supply.

If we are informed **before completing measurement** that the trial may be a record, then we can follow this good practice:

- Direct an additional judge to go to the pin to observe
- Ensure that 2 judges read the tape
- Make a timed and dated note of the distance and keep separately
- Ensure that 3 judges sign the result sheet and the end of the event

The athlete or their representative bears responsibility for completing the record application form, but officials are able to help, and provide signatures.

Another throws question:

If an implement strikes the cage and lands legally inside the sector lines and the athlete exits the circle legally.... do we measure the throw?

Answer: Yes

## In Touch

- [Membership Renewal](#)

You may renew your membership with BC Athletics for 2021. Unattached members can sign up online through the BC Athletics website and members of BC Athletics clubs should sign up through their club registrar. All Officials participating in Meets must have a current membership. If you took out a Membership with BC Athletics for the first time after September 1, that Membership will be good for the remainder of 2020 as well as 2021.

- [Sharing Memories](#)

Dale Loewen ([dale\\_loewen@telus.net](mailto:dale_loewen@telus.net)) asks that you share your photo or video memories, of events you attend, with him. Dale continues to collect these remembrances in order to create his wonderful year-in-review presentations. Please remember that photos should be taken in landscape rather than portrait orientation.

- [Awards](#)

The following BC Officials were recognized by BC Athletics for their outstanding service as Officials during 2020:

**David Weicker** – who developed and delivered webinars on road races, para event and photo finish training.

**Cheryl and Wayne Elke** – who helped to develop protocols for safe Officiating during the year. These ever-busy Officials Officiated at a number of competitions in Kamloops.

**Marilyn Benz** – officiated at meets throughout the Interior. Marnie also led a highly successful pilot to support Officials' recruitment in 2020.

**John and Carol Cull** – officiated 25 meets in 2020 and helped to develop protocols for safe Officiating during the year.

- Recognition

**Kanwal Neel** – Dr. Kanwal Neel is a recipient of the Athletics Canada 2020 service award for 50 years of officiating in Canada.

Awards information is currently available on Instagram but can also be found on the BC Athletics website.

## Officiating Q & A

### Questions

*Rule Numbers used are those cited in the 2020 World Athletics Competition and Technical Rules manual.*

*If you are eligible for a 2020 Rule Book and have not yet received your copy, please contact your Regional Coordinator.*

### Q 1

Which of the following is deemed assistance not allowed in the competition area?

- Medical examination or treatment by identified medical staff
- Indication of take-off point in High Jump by an Official
- A heart rate monitor worn by an Athlete

### Q 2

An Athlete in a Pole Vault event sprints down the runway but takes several steps outside of the white line marking that runway. What is the decision of the Judge with regard to this action?

- This is allowed, and no action is taken
- The Athlete is asked to restart his attempt
- The Athlete fails at this attempt

### Q 3

How may a Cross Country Race be Started?

- by a gun
- a cannon
- an airhorn
- any of these devices

## Items from the Branch Officials' Committee

The next Officials' Committee Meeting will be held on Sunday, February 21, 2020. This is an on-line meeting.

## With Much Appreciation for Your Help

(apologies for taking so long to thank all the folks listed below)

**Event:** **Royal City Twilight Pole Vault In-Club Meet**  
**Sponsored by:** Royal City Track and Field Club  
**Date:** Tuesday, September 29, 2020  
**Location:** Mercer Stadium, New Westminster

Thanks to:

Cayden Arnold, Gary Silvester, Brenda Chinn, Hardev Sandhu, John Cull, Carol Cull, Celina Wong

**Event:** **Royal City Vault Last Chance Meet**  
**Sponsored by:** Royal City Track and Field Club  
**Date:** Saturday October 3, 2020  
**Location:** Mercer Stadium, New Westminster

Thanks to:

Cayden Arnold, Brenda Chinn, John Cull, Carol Cull

**Event:** **Ocean Athletics Throws Plus In-House**  
**Sponsored by:** Ocean Athletics Track and Field Club  
**Date:** Saturday, October 3, 2020  
**Location:** Bear Creek \* Please note the change in venue \*

Thanks to:

Maureen de St. Croix, Ted de St. Croix, Kevin Kydd, Celina Wong, Deborah Carter, Dawn Driver

**Event:** **UBC Mini Meet**  
**Sponsored by:** UBC Track and Field  
**Date:** Thursday, October 8, 2020  
**Location:** UBC

Thanks to:

Scott Saunders, Larry Blaschuk, Iain Fisher, Urith Hayley, Sevda Yurdaer, John Cull, Carol Cull

**Event:** **Valley Royals Pole Vault Mini Meet**  
**Sponsored by:** Valley Royals Track and Field Club  
**Date:** Saturday October 17, 2020 (October 18 is proposed if the Meet is called due to rain)  
**Location:** Jane and Jerry Swan Track at Rotary Stadium, Abbotsford

Thanks to:

Brenda Chinn, Dawn Driver, Debbie Foote, Glen Johnston, Celina Wong, John Cull, Carol Cull

**Event:** **Royal City Twilight Pole Vault Meet**  
**Sponsored by:** Royal City Track and Field Club  
**Date:** Sunday, October 25, 2020  
**Location:** Mercer Stadium, New Westminster

Thanks to:

Brenda Chinn, Kate Hwang, Jake Madderom, Hardev Sandhu, Gary Silvester, Celina Wong, John Cull, Carol Cull

**Event:** **UBC Mini Meet**  
**Sponsored by:** UBC Track and Field  
**Date:** Saturday, October 31, 2020

Location: UBC

Thanks to:

Scott Saunders, Larry Blaschuk, Brenda Chinn, Iain Fisher, Urith Hayley, Dona Lawson, Glen Johnston, Carol Parsakish, Nima Parsakish, Hardev Sandhu, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: November 7, 2020  
 Location: Burnaby Central High School, Burnaby

Thanks to:

Bill Koch, Brenda Chinn, Deborah Lee, Iain Fisher, Urith Hayley, Jake Madderom, Laurie Ritchie, Jason Swan, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: November 21, 2020  
 Location: Burnaby Central High School, Burnaby

Thanks to:

Brenda Chinn, Deborah Lee, Urith Hayley, Iain Fisher, Kathleen Henderson, Jake Madderom, Glen Johnston, Laurie Ritchie, Gary Silvester, Jason Swan, John Cull, Carol Cull

Event: **BCEP Twilight Meet**  
 Sponsored by: BC Endurance Project  
 Date: December 5, 2020  
 Location: Burnaby Central High School, Burnaby

Thanks to:

Brenda Chinn, Glen Johnston, Jake Madderom, Laurie Ritchie, Kathleen Henderson, Urith Hayley, Deborah Lee, Iain Fisher, Jason Swan, John Cull, Carol Cull

## Officiating Opportunities

We have received many requests for help from Officials with planned Competitions, the first to begin March 19, 2021. The Organizers have not yet sent schedules for their Meets so these Events will be listed in an upcoming Newsletter. Much, of course, also depends on the Covid Protocol updates expected to be issued in early February. We will be back to you soon with more information.

Be Well! Stay Safe!

Carol

## Officiating Q & A Answers

### A1

- b) (Rule #TR6.3.5) Assistance not allowed: Provision of advice or other support by any official of the competition not related to or required by their specific role in the competition.

### A2

- a) (Rule #TR28.2) Note (i) It is not a failure if an athlete runs outside the white lines marking the runway at any point.

**A3**

- d) (Rule #TR56.6) Any of the named devices may be used.