

May 5,
2022

BC Athletics Officials'

Seems like we've had
enough of this kind of
weather to last for the next
while.



Official's Development

Your Branch Officials' Committee for 2022

Brian Thomson - Committee Chairperson

Bill Koch

Marnie Benz
Carol Cull
John Cull
Cheryl Elke
Wayne Elke
Dawn Driver
Debbie Foote
Anthony Thomson
Jasmine Gill – BC Athletics representative to the Committee

Wanting to Upgrade your Certification??? Please, look at the following information!

- Evaluations and Mentoring will take place as circumstances allow. Don't forget to complete the Upgrading Tracking form (<https://www.cognitoforms.com/BCAthletics1/OfficialsUpgradingTrackingForm>), if you require evaluations or credits for upgrading in the coming season.
- If you have already completed the requirements for Upgrading contact Cheryl at wcelke@shaw.ca. More information can be found on the Officials' page of the BC Athletics website.
- You can also speak with your local regional development coordinator if you have any questions.
- Coordinators in the Interior – Greg Nicol – Kamloops - (gregorylnicol136@gmail.com), Marnie Benz – Kelowna - (m.benz@shaw.ca)
Coordinators on the Island – Vince Sequeira (vince.sequeira@shaw.ca), Brian Thomson (bthomson@alantem.ca), Todd Blumel (toddler@shaw.ca)
Coordinators in the Lower Mainland – Carol Cull (carolcull@telus.net), John Cull (johncull@telus.net), Deborah Carter (deborah@walshbusinessgrowth.com)
Coordinator for Zones 7 and 8 TBA

Travel Expenses

As of April 8, 2022, the following reimbursement rates for travel for registered Officials attending a competition are in place.

BCA Officials Committee is approving local travel expenses for payment in the usual way.

Current rates: Travel within Local Region \$.35 per km, with a carpool \$.45

Approved travel to another Region \$.25 per km, with a carpool \$.30

For information and claim form, please visit: www.bcathletics.org/officials/ Select OFFICIALS EXPENSE CLAIMS

No authorization is required for travel expense claims within your local region. Please use the available form on the webpage.

Send directly to John Cull (johncull@telus.net). John asks that you clearly itemize each event attended with specific mileage for that event. Submit travel expense forms within 30 days of the event. Questions??? Ask John!

Please note that all current registered members of BC Athletics who are Officials or are on the pathway to becoming Officials, may apply for reimbursement of their travel expenses if travelling to a Meet in their own zone.

Officials' Memberships

If you have not already done so, now is the time to renew your membership with BC Athletics for the competition year 2022. Those Officials who belong to an Athletics' Club will usually have their membership application looked after by the registrar for your Club. Those of you who do not belong to a Club will apply to BC Athletics directly. Please note that the fee for membership has been increased for 2023. The fee for 2022 remains the same as previous, \$15.75.

It is important that Officials keep a record of their attendance at all Competitions. The Record Card below will help you to do this.

Updated: April 2021

Those Officials who wish to upgrade in more than one event discipline should consider using a separate card or printed record page for each of those disciplines. As an example, if you wanted to upgrade as both a Walks Judge and a Horizontal Jumps Judge, you would use a card to record your credits for Walks and use a separate record card to record your hours and credits for Horizontal Jumps.

The Canadian Outdoor Track and Field Championships are being held in Langley, BC, June 23 to 26, 2022 with the Racewalk portion of the event being held at the Mission Raceway in Mission, BC on June 22nd.

The 2023 Nationals will also be held in Langley from July 27th to 30th. Messages have been sent to Lower mainland Level 1 and 2 Officials asking interested individuals if they would like to become involved with the Championships for 2022. If you did not receive a note from Carol and John and you would like to attend, please let us know. We are only too happy to include you in our roster of participating Officials.



Training

Officiating Para Athletic Events Webinar Series (2022)

Only one training session is still be presented in the Para Athletic Events Webinar Series. More information should be available soon for this upcoming presentation.

TBA

Tie Down Clinic for Seated Throws

The purpose of the webinar series is to raise awareness and provide knowledge of the major rules for officiating para events.

You can use this link to register for this Webinar.

<https://www.bcathletics.org/Content/clinics-and-workshops/259/>

Please note that sessions are limited to **50** participants.

Para Events for JD Athletes

BC Athletics is pleased to announce that we are officially offering Para events for JD athletes!

Beginning this season (2022), we will offer Para Ambulatory events at the JD T&F Championships and the JD Cross Country Championships. We aim to add Para Wheelchair and Seated Events in 2023.

As meet directors & meet secretaries, we ask that when you are hosting meets that include JD events, you create the opportunity for JD athletes who identify as Para Ambulatory to register and be recognized as such in results, while competing with their able-bodied peers.

Recognition

Congratulations to Kanwal Neel, Wayne Elke, Kathy Terlicher and Bob Cowden. All have been designated Jury of Appeal, National list.

Congratulations are extended to Jake Madderom who placed 1st in the 75 to 79 age category at the Sun Run. Well done, Jake!

The National Officials' Committee recently announced their award recipients. David Weicker has been awarded the Official of the Year Award for 2021. Congratulations, David!

In Touch

by Lanie Man

IN FOCUS

We celebrated Volunteer Week and here's an interesting feature showing how diverse and fun Volunteerism can be.

GETTING TO KNOW ... Brenda Chinn



Brenda has been a BC Athletics Official since the Covid era (fall 2020). She is retired but used to work in high performance sport with CSI Pacific and a brief time with BC School Sports. She is currently affiliated with WC Race Series / Kajaks Track and Field Club.

Q. What is your level of Officiating? Why did you choose to specialize in these discipline(s)?

I am working on my Level 3 specializing in Throws. It was a toss-up between Jumps (H/V) and Throws, but my connection as a Board Member with WC Race Series led me to choose Throws.

Q. What started you into Officiating?

It was kind of by accident. As a Board Member of WC Race Series, I need to be a member of BC Athletics and I receive the newsletters. I did the two online "pilot" Athletics Canada officiating modules, thinking they wanted a few people to go through it to see if it made sense and that the questions were understandable. Next thing you know ...

Q. Were you an athlete yourself?

No. Definitely NOT an athlete!

Q. How did you get involved with WC Race Series? Can you share some facts about this club/sport?

I volunteer in a lot of sports especially with the BC Wheelchair Sports Association which covers Athletics, Tennis, and Rugby. My participation with the WC Race Series was as simple as the volunteer President asking me! Their Treasurer was stepping down and they needed someone with some financial experience and was knowledgeable re: gaming grants and reporting.

The WC Race Series promotes the sport of wheelchair racing and para-throws throughout the province. Our early mission was to encourage people with a physical disability into sport and recreation through organized road racing events. This expanded to track events in 2000 and field events in 2012. One of the favourite events is "Push Push Putt Putt" which introduces kids with disabilities to the sport of racing and throws. I started on WC Race Series Board in 2016.

Q. What knowledge/skills/expertise were you able to apply to officiating from your other experiences?

Essentially to be fair and provide a good experience for the athletes and coaches. If you can (i.e. within the rules), make it fun.

Q. What motivated you to continue Officiating?

I do a LOT of volunteering in sport and to be honest, it was something that I could do during the pandemic with many of my other sports/events being shut down.

Q. Contributions or notable involvement in the sport of Track and Field and/or Officiating?

LOL ... I haven't been involved in Track and Field long enough to have "notable" contributions. As I said, I do a LOT of volunteering in sport and was recognized by the BC Sport Hall of Fame with the Eric Whitehead Inspired Service Award in 2019.

Q. What do you enjoy about volunteering?

It is my opportunity to give back to sport. I worked in the sport industry for many years and my network of friends seem to know that I am available to volunteer, which is why I have such a varied list of sports/events that I have helped with. Volunteering allows me to stay involved and meet new people.

Q. What do you enjoy the most with Officiating?

Meeting people and listening to the stories of the veteran officials

Q. What are your Hobbies?

A couple times a week I chase a small, white, dimpled ball around the outdoors (golf)

Q. Any other interesting facts/stories you would like to share?

Fun Fact: I am a local official for Bobsleigh/Skeleton. In that sport, there are only local officials and international Jury. I have been asked to write the Jury exam, but that would require me to study!

I do a LOT of volunteering in volleyball - with a local club with 12 youth teams, as well as hosting of the Women's National Team that trains at the Richmond Oval. I attend all of the international (indoor) tournaments hosted in Canada and coordinate the statistics for Volleyball Canada.

My only non-sporty volunteer gig is with the Marine Mammal Rescue Centre. Primarily we rescue, rehabilitate, and release harbour seals. Some animals who have come through MMR are deemed non-releasable and some (seals, sea lions, and sea otters) are at the Vancouver Aquarium. I serve as one of the moderators for the BC Marine Mammal Rescue Society 24/7 stream of sea otters who are **international stars!** Watch adorable sea otters: <https://www.twitch.tv/marinemammalrescue>

Q. Who is your favorite sea otter?

ALL the sea otters are my BABIES for different reasons. Although it was Joey who made the otters internet sensations when he was found July 2020 and MMR started streaming him 24/7 on YouTube and more recently on Twitch. As most young sea otters, he was deemed non-releasable and joined the 6 otters at the Vancouver Aquarium. Quatse was found last April and now there are a total of 8 sea otters ... I love them all.

Q. What advice would you give to people who are new to officiating or interested in officiating?

Get a chair, clipboard, and clothing that will keep you warm and dry!

OFFICIALS WHO COOK

From the cookbook pages of **Sue Kydd**

KYDD FAMILY FISH FILLETS.

400 degrees. 10-15 minutes oven time

Up to 3 Fish fillets of any kind. (I like a thicker cut, and lately have been using tilapia I buy frozen at Costco. Defrost before cooking!)

Sauce. Mix in small bowl. It will be thick

1/4 C. Mayo

1/4 C. Parmesan cheese

2TB chopped chives

1TBS finely chopped red pepper optional, but does add colour

Topping. mix in another bowl.

1/2 C. Fine bread crumbs or panko

1/2 tsp dried or fresh basil

Some pepper

Place fish in single layer in a baking dish.

Spread sauce over fish

Sprinkle topping over fish

Do not cover.

Bake at 400 till fish flakes and top is crisp, about 10-15 minutes.

And another recipe thanks to a contribution from

Debbie Foote

CHEESIES

From Lynn McFerran – Co-Chair of the Ontario Officials' Committee
This is a recipe from Lynn's Auntie Maggie

½ c butter	1 tsp. salt
1 carton McLarens Imperial cheese	dash of Worcestershire Sauce or more
1 c Flour	dash of Tabasco
2 c Rice Krispies	

Soften the butter and cheese together. Add other ingredients. Add the seasoning to taste (I do not like really spicy)

Roll into 1-inch balls and place on a parchment lined baking tray. Flatten with a fork coated in flour.

350 oven for 10 minutes Be careful. Take them out when just golden brown. If cooked too long they taste nasty.

Can freeze

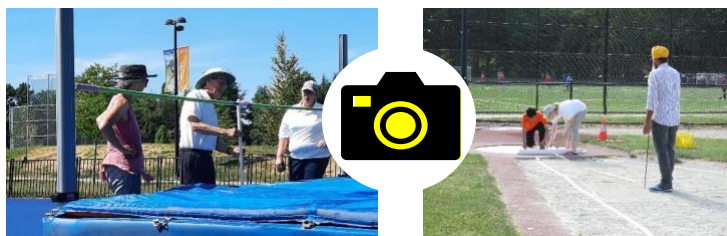
Lynn says that for best results use McLarens Imperial Cheese.

Now it's your turn. If you have a recipe you would like to share, please send it along to Carol at carolcull@telus.net

The BC Athletics Officials Committee

WE NEED YOU!

Calling all BC Athletics Members, for a 2022 Season Assignment.



The Recruitment Working Group of the BC Athletics Officials Committee is working on putting together a short video that shows how FUN and EXCITING being an Official can be —for use in the recruitment of prospective officials.



Think of the Catch Phrase “THIS COULD BE YOU”.

We are asking all officials (when you can without compromising the competition), to take short videos of fellow officials while conducting our various disciplines.

For example, Finish Line, Umpire, Start Line, Call Room, Marshalling, Throws and Jumps judge, measuring sectors, measuring jumps or throws etc.



Instructions:

- ☐ Use your smart phone in the Horizontal Position to capture Photos and Videos.
- ☐ VIDEO IS PREFERRED FOR THIS SPECIAL RECRUITMENT PROJECT – although photos will be used as well!
- ☐ Catch people active and smiling!
- ☐ Photo and Video material submitted by June 30, 2022 will be used in the RECRUITMENT Video.
- ☐ All material submitted for the remainder of the season will be part of the 2022 ANNUAL OFFICIALS Video.
- ☐ Please submit all Videos and Photos to: 2022officials@gmail.com

**The images submitted may be used in other presentations, training and social media posts. Credit will be given when images used. Please include your name in the filename so we can give you credit.*



Officiating Q & A

Questions

Rule Numbers used are those cited in the 2020 and 2022 World Athletics Competition and Technical Rules manuals.

The New WA Rule Books for 2022 are being distributed now by your Regional Development Coordinators. All Registered Officials, Levels 2 and up will receive a copy. If you haven't yet received your copy, please contact your Regional Development Coordinator.

Q 1

In a Long Jump Event it is a fault if the athlete takes off from outside either end of the board.

- a) True
- b) False

Q 2

In a Hammer Throw Event, the 'near side of the cage' is that side which

- a) is on the left side for a right handed thrower
- b) right side for a left handed thrower
- c) right side for a right handed thrower

Q 3

In a relay race, who may pick up a dropped baton?

- a) The athlete who was to receive the baton.
- b) The Starter's Assistant.
- c) The athlete who dropped the baton.

With Much Appreciation for Your Help

Don't forget - If you have ideas, pictures, or thoughts on items for inclusion in this Newsletter please send your submissions to carolcull@telus.net.

Event: 2022 Vancouver Elementary Schools Championship
Sponsored by: UBC Thunderbirds
Date: Wednesday, April 27, 2022
Location: Rashpal Dhillon Track and Field Oval
 UBC, Corner of Wesbrook and 16th Ave.
 Vancouver

Many thanks to:
 Iain Fisher, Jake Madderom, Jen McCutcheon

Event: SFU High Performance Meet #2
Sponsored by: SFU Track and Field
Date: Saturday, April 30, 2022
Location: Throws at Percy Perry Stadium
 All other events to be held at SFU

Many thanks to:

Deborah Carter, Dawn Driver, Debbie Trustham, Paul Trustham, Debbie Foote, Kathleen Henderson, Sanda Turner, John Cull, Carol Cull

Officiating Opportunities

***Please come lend a hand. Send me a note to let me know if you are available in the Lower Mainland.
We need help for the Meets listed below!***

*** It is Important that Officials coming to Meets check the Organizer's website the night before the Meet as
Schedules can Change ***

Please note that the UBC Thunderbirds Meets originally May 3 has been cancelled.

Event: Vancouver Public School League and Preliminaries Meets

Sponsored by: VSSAA

Dates:

Monday, April 4 (UBC) – 4:00 – 8:00pm)
Monday, April 11 (Swangard) – 4:00 – 8:00pm)
Tuesday, April 26 (Swangard) – 4:00 – 8:00pm)
Tuesday, May 4 (UBC) – 4:00 – 8:00pm)
Wednesday, May 11 (Swangard) – 9:00am – 5:00pm)
Thursday, May 12 (Swangard) – 9:00am – 5:00pm)

The Vancouver Public High Schools are asking for a Starter and perhaps a Starter's Assistant for the above listed Meets.
If you are available to help, please let me know. Carol

Event: 2022 North Shore Track and Field Championships

Sponsored by: North Vancouver Schools

Date: Monday, May 2nd and Monday, May 9th

Location: Swangard Stadium
Burnaby, BC

Times:

Track

May 2nd – First Event: 9:00am
Last Event: 5:20pm

May 9th – First Event: 9:00am
Last Event: 4:55pm

Field

(subject to change)

May 2nd

Shot Put – 8:30, 10:45, 1:00, 3:15
Javelin – 8:30, 10:45, 3:00
Long Jump – 8:30, 10:45, 3:00
Triple Jump – 8:30, 10:45, 3:00
Pole Vault – 8:30, 10:45, 1:00, 3:15
High Jump – 8:30, 10:45, 3:00

May 9th

Shot Put – 8:30, 10:45, 1:00, 3:15
Discus – 8:30, 10:45, 1:00, 3:15
Javelin – 8:30, 10:45, 1:00
Long Jump – 8:30, 10:45, 1:00

Triple Jump – 8:30, 10:45, 1:00

High Jump – 8:30, 10:45, 1:00

Officials who have committed to attend:

Marnie Marshall, Cheryl Messier, Birgit Weaver, Iain Fisher, Marina Khrisanova, Jake Madderom (2nd), Sanda Turner

Event: Jennifer Swan Memorial Meet

Sponsored by: Valley Royals Track and Field Club

Date: Saturday, May 7, 2022

Location: Jane and Gerry Swan Track, Rotary Stadium
Abbotsford, BC

Times:

Track

First Event – 9:00am

Last Event – 4:00pm

Field

Discus – 9:00, 10:00

Javelin – 10:00, 11:00

Hammer – 11:30, 1:00

Shot Put – First Event: 10:00, Last Event: 2:00

Long Jump – First Event: 10:00, Last Event: 3:00

High Jump – First Event: 9:30, Last Event: 3:30

Pole Vault – 1:00

Officials who have committed to attend:

Iain Fisher, Vince Gabel, Tom Hastie, Sue Kydd, Debbie Trustham, Paul Trustham, Celina Wong, Deborah Carter, Rose Hare, Hardev Sandhu, Harnek Toor, Marina Khrisanova, Judy Needham, Celina Wong, Tonja Teolis, John Cull, Carol Cull

Event: NorWesters Elementaries Meet and Zone 5 BC summer Games Trials

Sponsored by: NorWesters Track and Field Club

Date: Saturday, May 7 and Sunday, May 8, 2022

Location: Swangard Stadium
Burnaby, BC

Times:

Track

Saturday, May 7

First Event – 9:00am

Last Event – 2:00pm

Sunday, May 8

First Event – 9:00am

Last Event – 2:30pm

Field

Saturday, May 7

Long Jump – First Event: 9:00, Last Event: 2:30

High Jump – First Event: 9:00, Last Event: 12:00

Shot Put – First Event: 9:00, Last Event: 2:30

Discus – First Event: 9:00, Last Event: 3:00

Sunday, May 8

Triple Jump – First Event: 9:00, Last Event: 12:00

High Jump – First Event: 9:00, Last Event: 3:00

Shot Put – First Event: 9:00, Last Event: 1:00

Javelin – First Event: 9:00, Last Event: 3:00

Officials who have committed to attend:

Marnie Marshall, Cheryl Messier, Birgit Weaver, Deborah Carter (May 8), Urith Hayley, Kathleen Henderson, Bill Koch, Deborah Lee (Sun.), Paul, Trustham, Sanda Turner (Sat.), Jake Madderom, Jim Torrance (May 8), Sanda Turner (May 7)

Event: Surrey High Schools Track and Field Championships

Sponsored by: Surrey High Schools

Date: Tuesday May 3, Wednesday May 4 and Friday May 6, 2022

Location: South Surrey Athletic Park – May 3
Bear Creek Park – May 4 and 6

Times:

Track

Tuesday, May 3 – First Event 3:00, Last Event 5:45

Wednesday, May 4 – First Event 3:00, Last Event 5:20

Friday, May 6 – First Event 9:00, Last Event 2:45

Field

Tuesday, May 3

High Jump (two pits) – 3:00, 4:00, 5:00

Triple Jump (two pits) – 3:00, 4:00, 5:00

Discus – 3:00, 4:00, 5:00

Wednesday, May 4

Discus – 3:00, 4:00, 5:00

Javelin – 3:00, 4:00, 5:00

Friday, May 6

Shot Put – 9:00, 10:00, 11:00, 12:00

Hammer – 10:00, 12:00

Javelin – 9:00, 10:00, 12:00

Long Jump (two pits) – 9:00, 11:00, 1:00

Officials who have committed to attend:

Sue Kydd, Kevin Kydd, Ted de St. Croix, Maureen de St. Croix, Nancy Champagne, Sharon Hann, Cathy Carr, Harnek Toor, Hardev Sandhu, John Cull, Carol Cull

Event: Delta Track and Field Championships

Sponsored by: Delta Schools

Date: Tuesday May 10, Wednesday May 11 and Friday May 13, 2022

Location: North Delta Track and Field Facility
North Delta Secondary School
11447 82nd Avenue
Delta, BC

Times:

Track

Tuesday, May 10

First Event – 3:30, Last Event – 5:45

Wednesday, May 11

First Event – 3:30, Last Event – 5:15

Friday, May 13

First Event – 9:00, Last Event 2:00

Field

Tuesday, May 10

Triple Jump – 3:30, 4:30

Discus – 3:30, 4:30

High Jump – 3:30, 4:30

Wednesday, May 11

Discus – 3:30, 4:30

Triple Jump – 3:30, 4:30

High Jump – 3:30, 4:30

Friday, May 13

Shot Put – 9:00, 10:00, 11:00, 12:00, 1:00, 2:00

Javelin – 9:00, 10:00, 11:00, 12:00, 1:00, 2:00

Long Jump (two pits) – 9:00, 11:00, 1:00

Officials who have committed to attend:

Sharon Hann (Wed./Fri.), Cathy Carr (Wed.), Iain Fisher (Tues.), Vince Gabel (Tues.), Vince Gabel (Tues.), Rose Hare (Fri.), Hardev Sandhu (Fri.), John Cull, Carol Cull

Event: **2022 Iululemon Pacific Distance Carnival and Canadian 10,000m Championships**

Sponsored by: Iululemon and BC Athletics**Date:** Saturday May 14, 2022**Location:** Swangard Stadium
Burnaby, BC**Times:****Track**

First Event – 3:30pm (5000/10000m Race Walk)

Last Event – 9:10pm

Officials who have committed to attend:

Louise Meville, Kathy Terlicher, Dawn Driver, Iain Fisher, Rose Hare, Kathleen Henderson, Marina Khrisanova, Jake Madderom, Sanda Turner, Kanwal Neel, John Cull, Carol Cull

Event: **15th Annual Eagle Classic Track and Field Meet**

Sponsored by: Golden Ears Athletics**Date:** Saturday, May 14, 2022**Location:** Maple Ridge Secondary
21911 122nd Avenue
Maple Ridge**Times:****Track**

First Event – 9:00am

Last Event – 5:00pm

Field

High Jump (two pits) – First event 9:30, Last event 4:20

Long Jump (two pits) – First event 9:30, Last event 4:20

Javelin – First event 10:40, Last event 4:20

Shot Put (two circles) – First event 9:30, Last event 5:00

Discus – First event 9:30, Last event 4:20

Officials who have committed to attend:

Debbie Foote, Marina Khrisanova (until 1:30), Dona Lawson, Celina Wong, Sue Kydd, Cathy Carr, Vince Gabel, Scott Saunders, Kevin Kydd, Judy Needham

Event: **ISEA Track and Field Championships**

Sponsored by: Independent Elementary Schools**Date:** Monday, May 16, 2022**Location:** South Surrey Athletic Park**Times:****Track**

First Event – 9:30, Last Event – 3:30

Field

Shot Put (two circles) – 10:00, 11:30, 1:15, 2:30

Discus – 9:45, 10:45, 12:00, 1:00, 2:00, 3:00

Long Jump (two pits) – 10:00, 11:30, 1:15, 2:30

High Jump (two pits) – 10:00, 11:30, 1:15, 2:30

Officials who have committed to attend:

Iain Fisher, Maureen de St. Croix, Ted de St. Croix, John Cull, Carol Cull

Event: **2022 Eastern Valley Athletic Association Track & Field Championship**

Sponsored by: Eastern Valley High Schools

Date: Tuesday May 17th and Thursday May 19th, 2022

Location: Jane and Gerry Swan Track, Rotary Stadium
Abbotsford, BC

Times:

Track

Tuesday, May 17

First Event – 2:15pm

Last Event – 7:30pm (1500m Race Walk)

Thursday, May 19

First Event – 9:15am

Last Event – 4:50pm

Field

Tuesday, May 17

Hammer – 2:00, 3:00, 4:30, 6:00

Pole Vault – 3:30, 5:00

High jump – 3:30, 5:00

Triple Jump (two pits) – 3:30, 4:15, 5:00

Thursday, May 19

High Jump – First Event: 10:30, Last Event: 2:30

Long Jump – First Event: 10:30, Last Event: 3:30

Javelin – First Event: 10:30, Last Event: 3:30

Shot Put – First Event: 10:30, Last Event: 3:30

Discus – First Event: 10:30, Last Event: 3:30

Officials who have committed to attend:

Cathy Carr (19th), Iain Fisher (17th), Scott Markey, Harnek Toor, John Cull (17th), Carol Cull (17th)

Event: **2022 Vancouver Sea to Sky (VS2S) Track & Field Championships**

Sponsored by: Vancouver/Sunshine Coast Schools

Date: Wednesday May 18 and Thursday, May 19, 2022

Location: Swangard Stadium
Burnaby, BC

Times:

Track

Wednesday, May 18

First Event – 9:00am

Last Event – 5:20pm

Thursday, May 19

First Event – 9:00am

Last Event – 4:55pm

Field

Wednesday, May 18

Pole Vault – 10:45, 1:45

Shot Put – 8:30, 10:45, 1:00, 3:15

Javelin – 8:30, 10:45, 3:00

Long Jump – 8:30, 10:45, 3:00

Triple Jump – 8:30, 10:45, 3:00

High Jump – 8:30, 10:45, 3:00

May 19th

Shot Put – 8:30, 10:45, 1:00, 3:15

Discus – 8:30, 10:45, 1:00, 3:15

Javelin – 8:30, 10:45, 1:00

Long Jump – 8:30, 10:45, 1:00

Triple Jump – 8:30, 10:45, 1:00

High Jump – 8:30, 10:45, 1:00

Officials who have committed to attend:

Iain Fisher, Kathleen Henderson, Marina Khisanova, Deborah Lee (Wed. 'til 1:00), Jake Madderom, John Cull, Carol Cull

Event: **Universal JD Meet**

Sponsored by: Universal Track and Field Club

Date: Saturday May 21, 2022

Location: North Delta Track and Field Facility
North Delta Secondary School
11447 82nd Avenue
Delta, BC

Times:

Track

First event – 9:30

Last event – 3:30

Field

High Jump – 10:00, 11:15, 12:25, 1:35

Shot Put – 10:00, 11:15, 12:25, 1:35

Long Jump – 10:00, 11:15, 12:25, 1:35

Discus – 10:00, 11:15, 12:25, 1:35

Officials who have committed to attend:

Sue Kydd, Kevin Kydd, Deborah Carter, Dawn Driver, Zach Durand, Debbie Foote, Kathleen Henderson, Bill Koch, John Cull, Carol Cull

Event: **Universal Open Track & Field Meet and
BC Summer Games Zone 3 & 4 Trials**

Sponsored by: Universal Track and Field Club

Date: Sunday, May 22, 2022

Location: North Delta Track and Field Facility
North Delta Secondary School
11447 82nd Avenue
Delta, BC

Times:

Track

First Event – 10:00am

Last Event – 3:30pm

Field

High Jump – First Event: 9:00am, Last Event: 2:30pm

Long Jump – First Event: 9:00am, Last Event: 2:30pm

Triple Jump – First Event: 9:00am, Last Event: 2:30pm

Shot Put – First Event: 9:00am, Last Event: 2:30pm

Discus – First Event: 11:30am, Last Event: 2:30pm

Hammer – 9:00, 10:15

Officials who have committed to attend:

Sue Kydd, Kevin Kydd, Zach Durand, Deborah Carter, Cathy Carr, Dawn Driver, Iain Fisher, Debbie Foote, Rose Hare, Tom Hastie, Urith Hayley, Kathleen Henderson, Bill Koch, Hardev Sandhu, Jim Torrance, John Cull, Carol Cull

Event: **Big Kahuna Throws Fest**

Sponsored by: Kajaks Track and Field Club
Date: Friday May 20, Saturday May 21 and Sunday May 22
Location: Collier throws Centre
 Minoru, Richmond

Times:

Field

This is a rolling schedule with events being given the same start time

Friday

Javelin – 3:00 Women followed by Men
 Hammer – 3:00 Women followed by Men

Saturday

Hammer – 9:00
 Shot Put
 Discus
 Javelin

Sunday

Hammer – 11:00
 Shot Put
 Discus

Officials who have committed to attend:

Celina Wong

Event: **Fraser North Zone Provincial Qualifiers**

Sponsored by: Fraser North Schools
Date: Tuesday May 24 and Wednesday May 25, 2022
Location: Percy Perry Stadium
 Coquitlam, BC

Times:

Track

Tuesday, May 24
 First Event – 2:00pm
 Last Event – 7:25pm
Wednesday, May 25
 First Event – 9:00am
 Last Event – 1:20pm

Field

Tuesday, May 24
 High Jump – 2:00, 4:15
 Pole Vault – 6:30
 Long Jump – 2:00, 3:30, 6:30
 Triple Jump – 2:00, 3:30, 5:00, 6:30
 Shot Put – 2:00, 3:30, 5:00
 Javelin – 2:00, 3:30, 5:00
 Hammer – 2:00
 Discus – 3:30, 5:00, 6:30
Wednesday, May 25
 High Jump – 9:00, 11:15, 1:00
 Long jump – 9:00, 10:30, 12:00
 Triple Jump – 9:00, 10:30, 12:00
 Shot Put – 9:00, 10:30, 12:00
 Javelin – 9:00, 10:30, 12:00
 Discus – 9:00, 10:30, 12:00

Officials who have committed to attend:

Peter Fejfar, Louise Meville, Kathy Terlicher, Iain Fisher, Sanda Turner, Kathleen Henderson (24th), Marina Khrisanova, Bill Koch, Dona Lawson (25th), Judy Needham (24th), John Cull, Carol Cull

Event: 2022 South Fraser Zone, Secondary Schools Track & Field Championships

Sponsored by: Fraser South Schools
Date: Wednesday, May 25 and Thursday, May 26
Location: South Surrey Athletic Park
 Surrey, BC

Times:

Track

Wednesday, May 25

First event - 12:00

Last event - 5:30

Thursday, May 26

First event – 10:00

Last event – 3:15

Field

Wednesday, May 25

Hammer – 12:30, 1:00

Shot Put (two circles) – 12:00, 2:15, 4:45, 6:00

Javelin – 12:00, 2:15, 4:45

Discus – 2:15, 4:45

Triple Jump (two pits) – 12:00, 2:15,

Thursday, May 26

Long Jump (two pits) – 12:30, 2:00, 3:30

High Jump (two pits) – 12:30, 2:00, 3:30

Pole Vault – 12:30

Javelin – 12:30, 2:00, 3:30

Discus – 12:30, 2:00, 3:30

Officials who have committed to attend:

Cathy Carr, Iain Fisher (26th), Vince Gabel

Event: BC High Schools Combined Events Championships

Sponsored by: BC High Schools
Date: Thursday, June 3 and Friday, June 4, 2022
Location: McLeod Athletic Park,
 Langley

Times:

Schedule not yet available

Officials who have committed to attend:

John Cull, Carol Cull

Event: 2022 Jesse Bent Invitational Track and Field Meet & Canada Summer Games Trials

Sponsored by: Coquitlam Cheetahs Track and Field club
Date: Saturday, June 4 and Sunday, June 5, 2022
Location: Percy Perry Stadium
 Coquitlam, BC

Times:

Track

Saturday, June 4

First Event – 9:00, Last Event 5:15

Sunday, June 5

First Event – 9:00, Last Event – 4:15

*Field*Saturday, June 4

High Jump (two pits) – First Event – 9:30, Last Event – 3:30

Long Jump (two pits) – First Event – 9:00, Last Event – 4:00

Shot Put – First Event – 9:30, Last Event – 4:30

Discus – First Event – 9:00, Last Event – 4:30

Javelin – First Event – 10:30, Last Event – 3:00

Pole Vault – 10:30, 2:00

Sunday, June 5

High Jump – First Event - 9:00, Last Event - 1:00

Triple Jump – First Event - 9:30, Last Event – 2:30

Long Jump – First Event – 9:30, Last Event – 2:00

Shot Put – First Event 9:30, Last Event – 3:30

Discus - 2:30, 3:00, 3:30, 4:00

Javelin – 10:00, 11:00, 12:00, 1:00

Hammer – 8:30, 10:00, 11:30, 1:00

Officials who have committed to attend:

John Cull (Sun.), Carol Cull (Sun.)

There are still more Meets to come. For a more complete list of events, please see the BC Athletics website under 'Officials'.

The next Newsletter will post more Meets with their Schedules.

Be Well! Stay Safe!

Carol

Officiating Q & A Answers

A1

a) True (Rule # TR30.1.2)

A2

c) right side for a right-handed thrower when facing the landing sector or left side for a left-handed thrower when facing the landing sector (Rule # TR32.14.4 Note ii)

A3

c) If dropped, the baton shall be recovered by the athlete who dropped it. (Rule # TR24.6)