## Information and Equipment Checklist Starter's Assistant—Call Room

## Information Needed from Meet Management:

- 1. Location of: check-in area, report-in area, staging area, warm-up areas.
- 2. Location of: restrooms, water, first aid, results, awards, lost and found, implement weigh-in, protests.
- 3. Competition numbers: none, front, back, both? Hip numbers—none, left, right? Distance races—shoulder numbers?
- 4. Field events: check-in with Call Room or event venue?
- 5. Spikes: max length: Track: \_\_\_\_mm; Field: \_\_\_\_mm
- 6. Check-in: \_\_\_\_ minutes before event. Report-in: \_\_\_\_ minutes before event.
- 7. Information provided to coaches and athletes (e.g., check-in times, banned substances).
- 8. Information flow: who needs to know about scratches, no-shows?
- 9. Routes for escorting athletes from Call Room to event.
- 10. Items not approved for Call Room and Field of Competition (e.g., medication, electronic equipment).

## **Equipment Needed from Meet Management:**

- 1. Tent, at least 20 ft. x 20 ft.
- 2. Tables (4) and chairs for clerks, athletes. (30)
- 3. Signboard for check-in schedule, posters and other information (e.g., facility diagram).
- 4. Signage on outside of tent—"Call Room."
- 5. Schedule of events.
- 6. Heat sheets—\_\_\_copies.
- Hip Numbers, Blank Competitor Numbers, Safety Pins. (Competitor numbers should only be given out by Competition Secretary.)
- 8. Large clock visible to athletes in Call Room.
- 9. Communication system to talk with starter/finish line/announcer.
- 10. Cell phone number for Medical.
- 11. Water.
- 12. Tape—adhesive, masking, duck.
- 13. Pens, pencils, magic markers, highlighters (blue and pink), paper and clipboards (6-8) hole punch, stapler.
- 14. Trash cans.

## Personal Equipment

- 1. Rule book
- 2. Posters for Signboard—banned items, spike lengths, etc.
- 3. Gloves (to inspect bags).
- 4. Spike wrench or "multi-tool" to remove spikes and calipers for checking sole/heel thickness.
- 5. Plastic (zip lock) bags for confiscated items. White labels for name tags and label confiscated bags.
- 6. Safety pins.
- 7. Tape—adhesive, masking, duck.
- 8. Pens, pencils, magic markers, highlighters (blue and pink), clipboard, hole punch, stapler