



APPROVED AMENDMENTS TO THE 2020 EDITION OF COMPETITION AND TECHNICAL RULES

Council Meeting July 2021 Tokyo

(The final, edited version of these amendments will be included in the 2022 edition of the Competition and Technical Rules, to be in force as from 1 November 2021)

Legend:	xxx	(black print)	=	rule text
	xxx	(blue strikethrough)	=	deleted from rule text
	xxx	(red bold)	=	added to rule text
	xxx	(green print)	=	interpretation notes
	xxx	(green strikethrough)	=	deleted from interpretation notes
	xxx	(green bold print)	=	added to interpretation notes

Rule	Page	Current	Amended
CR19		Judges	
CR19.4	55	<p>19.4 The Judges shall judge and record each trial and measure each valid trial of athletes in all Field Events. In the High Jump and Pole Vault, precise measurements should be made when the bar is raised, particularly if Records are being attempted. At least two Judges should keep a record of all trials, checking their recordings at the end of each round of trials.</p> <p>The appropriate Judge shall indicate the validity or non-validity of a trial by raising a white or red flag, as appropriate.</p>	<p>19.4 The Judges shall judge and record each trial and measure each valid trial of athletes in all Field Events. In the High Jump and Pole Vault, precise measurements should be made when the bar is raised, particularly if Records are being attempted. At least two Judges should keep a record of all trials, checking their recordings at the end of each round of trials.</p> <p>The appropriate Judge shall normally indicate the validity or non-validity of a trial by raising a white or red flag, as appropriate. Alternate visual indication may also be approved.</p>
CR31		World Records	
31.14.4	73	<p>31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules nor in the case an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules.</p>	<p>31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules unless, in cases covered in Rules 17.4.3 and 17.4.4 of the Technical Rules, it is the first infringement in the event, nor in the case an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules.</p> <p>The amendment to Rule TR17.4 of the Technical Rules means for World Record ratification that if an athlete or relay team achieves a record time and, in that race, that athlete (or any athlete in the relay team) made a single infringement under Rules 17.4.3 or 17.4.4 of the Technical Rules, and in the case of an event with more than one round, it was the first infringement in the event, the record can stand. If the athlete or relay team achieves a record time and, in that race, an infringement occurred more than once or the athlete or relay team carried over such infringement from a previous round of the same event, the record cannot be ratified.</p>
CR32		Events for which World Records are Recognised	
CR32	78	<p>Events for which World Records are Recognised</p> <p>Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.)</p> <p>Men Running, Combined and Race Walking Events: F.A.T. only: 100m; 200m; 400m; 800m; 110m Hurdles; 400m Hurdles; 4 x 100m Relay; 4 x 200m Relay; 4 x 400m Relay; Decathlon. F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 1 Hour;</p>	<p>Events for which World Records are Recognised</p> <p>Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.)</p> <p>Men Running, Combined and Race Walking Events: F.A.T. only: 100m; 200m; 400m; 800m; 110m Hurdles; 400m Hurdles; 4 x 100m Relay; 4 x 200m Relay; 4 x 400m Relay; Decathlon. F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 1 Hour;</p>

	<p>3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 20,000m; 30,000m^o, 35,000m^o, 50,000m.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km^o, 50km.</p> <p>Jumping Events: High Jump; Pole Vault; Long Jump; Triple Jump.</p> <p>Throwing Events: Shot Put; Discus Throw; Hammer Throw; Javelin Throw.</p> <p>Women</p> <p>Running, Combined and Race Walking Events: F.A.T. only: 100m; 200m; 400m; 800m; 100m Hurdles; 400m Hurdles; 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay; Heptathlon; Decathlon.</p> <p>F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 1 Hour; 3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 10,000m; 20,000m; 35, 000m^o; 50,000m*.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km^o, 50km.</p> <p><i>Note (i): Except Race Walking competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed”) races and a World Record for performance achieved in single gender (“Women only”) races.</i></p> <p><i>Note (ii): A women only road race can be staged by having separate women’s and men’s start times. The time differential should be chosen to prevent any possibility of assistance, pacing or interference, especially on courses involving more than one lap of the same section of the course.</i></p> <p>*Initial record to be recognised after 1 January 2019. The performance shall be better than 4:20:00.</p> <p>^oInitial records to be recognised after 1 January 2023. The performance shall be better than xxx for men and xxx for women.</p> <p>The 30,000m record for men shall be deleted from the list upon ratification of the initial record for 35,000m.</p>	<p>3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 20,000m; 30,000m^o, 35,000m^o, 50,000m.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km; 10km; Half Marathon; Marathon; 50km[#], 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km^o, 50km.</p> <p>Jumping Events: High Jump; Pole Vault; Long Jump; Triple Jump.</p> <p>Throwing Events: Shot Put; Discus Throw; Hammer Throw; Javelin Throw.</p> <p>Women</p> <p>Running, Combined and Race Walking Events: F.A.T. only: 100m; 200m; 400m; 800m; 100m Hurdles; 400m Hurdles; 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay; Heptathlon; Decathlon.</p> <p>F.A.T. or H.T.: 1000m; 1500m; 1 Mile; 2000m; 3000m; 5000m; 10,000m; 1 Hour; 3000m Steeplechase; 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay; Race Walking (Track): 10,000m; 20,000m; 35, 000m^o; 50,000m*.</p> <p>F.A.T. or H.T. or T.T.: Road Races: 5km; 10km; Half Marathon; Marathon; 50km[#], 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km^o, 50km.</p> <p><i>Note (i): Except Race Walking competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed”) races and a World Record for performance achieved in single gender (“Women only”) races.</i></p> <p><i>Note (ii): A women only road race can be staged by having separate women’s and men’s start times. The time differential should be chosen to prevent any possibility of assistance, pacing or interference, especially on courses involving more than one lap of the same section of the course.</i></p> <p>*Initial record to be recognised after 1 January 2019. The performance shall be better than 4:20:00.</p> <p>^oInitial records to be recognised after 1 January 2023. The performance shall be better than 2:22:00 for men and 2:38:00 for women.</p> <p>The 30,000m record for men shall be deleted from the list upon ratification of the initial record for 35,000m.</p> <p>#The initial records will be the best performances that comply with WA CR 31</p>
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				as at 1 January 2022. The performances shall be equal or better than 2:43:38 for men and 3:07:20 for women only & 2:59:54 for mixed race.
TR11	Validity of Performances			
TR11.3	109	<p>11.1 No performance accomplished by an athlete will be valid unless it is accomplished during an official competition organised in conformity with the Rules.</p> <p>11.2 Performances in events normally conducted in the stadium, made outside traditional athletics facilities (such as those held in town squares, other sporting facilities, beaches, etc.) or on temporary facilities built within a stadium shall be valid and recognised for all purposes, if they are made subject to all of the following conditions:</p> <p>11.2.1 the relevant governing body as provided in Rules 2 to 3 of the Competition Rules has issued a permit for the event;</p> <p>11.2.2 a qualified panel of National Technical Officials are appointed to and officiate at the event;</p> <p>11.2.3 where applicable, equipment and implements in conformity with the Rules are used; and</p> <p>11.2.4 the event is conducted in a competition area or facility in conformity with the Rules and in respect of which a survey has been made in accordance with Rule 10 of the Technical Rules before the event and, where possible, on the day of the event.</p> <p><i>Note: The current standard forms required to be used for reporting on the conformity of the competition area or facility are available from the World Athletics Office, or may be downloaded from the World Athletics website.</i></p> <p>When a competition described in Rule 11.2 of the Technical Rules is held over more than one day, the survey should be made on the day of the first event. In either case if the surveyor can be satisfied that there will be no movement of alteration to the facilities being surveyed, the survey may be completed up to two days prior to the day of the first event.</p> <p>11.3 Performances made in accordance with these Rules in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.</p>	<p>11.1 No performance accomplished by an athlete will be valid unless it is accomplished during an official competition organised in conformity with the Rules.</p> <p>11.2 Performances in events normally conducted in the stadium, made outside traditional athletics facilities (such as those held on a temporary facility in town squares, other sporting facilities, beaches, etc.) or on a temporary facilities built within a stadium shall be valid and recognised for all purposes, if they are made subject to all of the following conditions:</p> <p>11.2.1 the relevant governing body as provided in Rules 2 to 3 of the Competition Rules has issued a permit for the event;</p> <p>11.2.4 a qualified panel of National Technical Officials are appointed to and officiate at the event;</p> <p>11.2.5 where applicable, equipment and implements in conformity with the Rules are used; and</p> <p>11.2.4 the event is conducted in a competition area or facility in conformity with the Rules and in respect of which a survey has been made in accordance with Rule 10 of the Technical Rules before the event and, where possible, on the day of the event.</p> <p>When a competition described in Rule 11.2 of the Technical Rules is held over more than one day, the survey should be made on the day of the first event. In either case if the surveyor can be satisfied that there will be no movement of alteration to the facilities being surveyed, the survey may be completed up to two days prior to the day of the first event.</p> <p>11.3 Performances in events conducted indoors or in an otherwise fully or partly covered venue where the length or other specifications of the facility do not comply with the rules for indoor competition shall be valid and recognised as if they were achieved outdoors, if they are made subject to all of the following conditions:</p> <p>11.3.1 the relevant governing body as provided in Rules 2 to 3 of the Competition Rules has issued a permit for the event;</p> <p>11.3.2 a qualified panel of National Technical Officials are appointed to and officiate at the event;</p> <p>11.3.3 where applicable, equipment and implements in conformity with the Rules are used;</p> <p>11.3.4 in the case of an oval track, its length is greater than 201.2m (220 yards) but no greater than 400m; and</p> <p>11.3.5 the event is conducted in a competition area or facility in conformity with the Rules and in respect of which, if held on a</p>	

		...	<p style="text-align: center;">temporary facility, a survey has been made in accordance with Rule 10 of the Technical Rules.</p> <p><i>Note: The current standard forms required to be used for reporting on the conformity of the competition area or facility are available from the World Athletics Office, or may be downloaded from the World Athletics website.</i></p> <p>When a result is achieved on a complying facility with no advantage gained and all related rules observed, the fact that it happened at a covered competition site does not prevent a result being listed among the outdoor equivalent distances and used for any statistical purpose (performances e.g. on covered 400m tracks and straights). The current practice that results made in indoor tracks shorter than 200m count towards the indoor 200m does not change.</p> <p>11.4 Performances made in accordance with these Rules in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.</p> <p>...</p>
TR17	The Race		
TR17.2	122	<p>...</p> <p>Obstruction</p> <p>17.2 If an athlete is jostled or obstructed during an event so as to impede their progress, then:</p> <p>17.2.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held or allow the affected athlete (or team) to compete in a subsequent round of the event;</p> <p>17.2.2 if another athlete is found by the Referee to be responsible for the jostling or obstruction, such athlete (or their team) shall be liable to disqualification from that event. The Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held excluding any disqualified athlete (or team) or allow any</p>	<p>...</p> <p>Obstruction</p> <p>17.2 If an athlete is jostled or obstructed during an event so as to impede their progress, then:</p> <p>17.2.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held or allow the affected athlete (or team) to compete in a subsequent round of the event;</p> <p>17.2.2 if another athlete is found by the Referee to be responsible for the jostling or obstruction, such athlete (or their team) shall be liable to disqualification from that event. The Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held excluding any disqualified athlete (or team) or allow any</p>

	<p>affected athlete (or team) (other than any disqualified athlete or team) to compete in a subsequent round of the event.</p> <p>Note: In cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules may also be applied.</p> <p>In both cases Rules 17.2.1 and 17.2.2 of the Technical Rules, such athlete (or team) should normally have completed the event with bona fide effort.</p> <p>Lane Infringement</p> <p>17.3 In all races:</p> <p>17.3.1 run in lanes, each athlete shall keep within their allocated lane from start to finish. This shall also apply to any portion of a race run in lanes;</p> <p>17.3.2 (or any part of races) not run in lanes, an athlete running on a bend, on the outer half of the track as per Rule 17.5.2 of the Technical Rules, or on any curved part of the diversion from the track for the steeplechase water jump, shall not step or run on or inside the kerb or line marking the applicable border (the inside of the track, the outer half of the track, or any curved part of the diversion from the track for the steeplechase water jump).</p> <p>Except as stated in Rule 17.4 of the Technical Rules, if the Referee is satisfied, on the report of a Judge or Umpire or otherwise, that an athlete has infringed this Rule, they or in the case of a relay event, their team shall be disqualified.</p> <p>17.4 An athlete, or in the case of a relay event, their team, shall not be disqualified if the athlete:</p> <p>17.4.1 are pushed or forced by another person to step or run outside their lane or on or inside the kerb or line marking the applicable border, or</p> <p>17.4.2 step or run outside their lane in the straight, any straight part of the diversion from the track for the steeplechase water jump or outside the outer line of their lane on the bend,</p> <p>with no material advantage thereby being gained and no other athlete being jostled or obstructed so as to impede their progress. If material advantage is gained, the athlete (or team) shall be disqualified.</p> <p><i>Note: Material advantage includes improving their position by any means, including removing themselves from a "boxed" position in the race by having stepped or run inside the inside edge of the track.</i></p> <p>This Note specifically outlaws the practice of an athlete seeking to improve their position in races by moving onto the inside of the track (whether intentionally or after being pushed or jostled there by another athlete) to get out of a boxed position by running on the inside until clear. Whilst normally running on the inside of lane 1 in the straight (as distinct from doing so on the bend) would not lead to mandatory disqualification, the Referee now has the power to disqualify in their discretion if this occurs and the athlete is advantaged even if the initial reason for being there was the result of being pushed or jostled. In such cases the athlete should take immediate steps to return to the track without seeking or gaining any advantage.</p>	<p>affected athlete (or team) (other than any disqualified athlete or team) to compete in a subsequent round of the event.</p> <p>Note: In cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules may also be applied.</p> <p>In both cases Rules 17.2.1 and 17.2.2 of the Technical Rules, such athlete (or team) should normally have completed the event with bona fide effort.</p> <p>Jostling should be understood as physical contact on one or more occasions with another athlete or athletes that results in an unfair advantage or causes injury or harm to them or, consequently, to another athlete or athletes.</p> <p>Lane Infringement</p> <p>17.3 In all races:</p> <p>17.3.1 run in lanes, each athlete shall keep within their allocated lane from start to finish. This shall also apply to any portion of a race run in lanes;</p> <p>17.3.2 (or any part of races) not run in lanes, an athlete running on a bend, on the outer half of the track as per Rule 17.5.2 of the Technical Rules, or on any curved part of the diversion from the track for the steeplechase water jump, shall not step or run on or inside the kerb or line marking the applicable border (the inside of the track, the outer half of the track, or any curved part of the diversion from the track for the steeplechase water jump).</p> <p>Except as stated in Rule 17.4 of the Technical Rules, if the Referee is satisfied, on the report of a Judge or Umpire or otherwise, that an athlete has infringed this Rule, they or in the case of a relay event race, their team shall be disqualified.</p> <p>17.4 An athlete, or in the case of a relay event race, their team, shall not be disqualified if the athlete:</p> <p>17.4.1 are is pushed or forced by another person or object to step or run outside their lane or on or inside the kerb or line marking the applicable border, or</p> <p>17.4.2 steps s or runs s outside their lane in the straight, any straight part of the diversion from the track for the steeplechase water jump or outside the outer line of their lane on the bend,</p> <p>17.4.3 in all races run in lanes, touches once the line on their left, or the kerb or line marking the applicable border (as defined in Rule 17.3.2 of the Technical Rules) on a bend;</p> <p>17.4.4 in all races (or any part of races) not run in lanes, steps once on or completely over the kerb or line marking the applicable border (as defined in Rule 17.3.2 of the Technical Rules) on a bend.</p> <p>with and no material advantage is thereby being gained and no other athlete being jostled or obstructed so as to impede their the other athlete's progress (see Rule 17.2 of the Technical Rules). If material advantage is gained, the athlete (or team) shall be disqualified.</p> <p>In races with multiple rounds, an infringement defined in Rules 17.4.3 and 17.4.4 of the Technical Rules may be made only once during all rounds of an event by a particular athlete without the disqualification of that athlete. A</p>
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		<p>second infringement will result in the disqualification of that athlete whether it was made in the same round or in another round of the same event.</p> <p>In the case of Relay Races, any second step (as described in this Rule 17.4.3 and 17.4.4 of the Technical Rules) by an athlete who is a member of a team, regardless of whether committed by the same or different athletes, will result in the disqualification of the team whether it happens in the same round or in another round of the same event.</p> <p>For the ratification of records, see Rule 31.14.4 of the Competition Rules.</p> <p><i>Note: Material advantage includes improving their position by any means, including removing themselves from a “boxed” position in the race by having stepped or run inside the inside edge of the track.</i></p> <p>This Note specifically outlaws the practice of an athlete seeking to improve their position in races by moving onto the inside of the track (whether intentionally or after being pushed or jostled there by another athlete) to get out of a boxed position by running on the inside until clear. Whilst normally running on the inside of lane 1 in the straight (as distinct from doing so on the bend) would not lead to mandatory disqualification, the Referee now has the power to disqualify in their discretion if this occurs and the athlete is advantaged even if the initial reason for being there was the result of being pushed or jostled. In such cases the athlete should take immediate steps to return to the track without seeking or gaining any advantage.</p> <p>Where a race is started in lanes and then continues not using separate lanes, Rules 17.3 and 17.4 of the Technical Rules apply accordingly to each such part of the race. When determining whether the exception in 17.4.3 applies in cases where some part of the shoe / foot is also to the left of the line, there is a requirement for at least some part of the outline of athlete’s shoe / foot to be touching the line, i.e. some contact with the line (depicted by the outline of the relevant part of the shoe or foot) is required for this exception to apply. If this is not the case, then the exception does not apply. All lane infringements should be tracked in the competition data systems and shown in the start lists and results.</p>
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