

BC Athletics 5k Road Championships
Longest Day 5k - June 17, 2022



Place	Name		Gun Time	Club	City
1	Laura	Yantha	00:17:38		North Vancouver
2	Lissa	Zimmer	00:18:31	VFAC	Vancouver
3	Alicia	Kelahear	00:19:01		Vancouver

Place	Name		Gun Time	Club	City
1	Lucas	Bruchet	00:14:21	MI2M	Vancouver
2	Alexander	Gladley	00:14:54	VFAC	Vancouver
3	Brendan	Wong	00:14:55	COQC	Coquitlam

Championship Age Category Winners

Age Cat	Place	Name		Gun Time	Club	City
F16-19	1	Naomi	Dodek	00:24:10	TBIR	West Vancouver
F20-24	1	Erica	Smith	00:19:45		North Vancouver
F20-24	2	Ria	Gill	00:20:53		Delta
F40-44	1	Genevieve	Cauffope	00:19:22	VFAC	Vancouver
F45-49	1	Rachel	Maika	00:20:01	KJAK	Richmond
F45-49	2	Melanie	Clement	00:23:12		Vancouver
F50-54	1	Alita	Dommann	00:20:08	WVAN	North Vancouver
F55-59	1	Lynn	Martin	00:26:11	LGRR	Vancouver
F60-64	1	Patricia	Kearney	00:24:20		New Westminster
F60-64	2	Mary	Hinze	00:30:20	SSRW	Surrey
F65-69	1	Cindy	Rhodes	00:23:11	KRCC	Kelowna
F65-69	2	Laurelee	Nelson	00:23:36	KRCC	Kelowna
F65-69	3	Lynne	Dueck	00:26:27	KJAK	Vancouver
F80-84	1	Nancy	Napier	00:35:15		Vancouver

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Age Cat	Place	Name		Gun Time	Club	City
M16-19	1	Yemane	Mulugeta	00:14:57	OATF	Surrey
M16-19	2	Jaxon	Kuchar	00:15:20		Trail
M16-19	3	Cole	Wheeler	00:15:57	COQC	Coquitlam
M16-19	4	Joel	Worman	00:16:07	UBCO	Kelowna
M16-19	5	Marten	Dommann	00:17:35	WVAN	North Vancouver
M20-24	1	Joshua	Kozelj	00:14:57		Coquitlam
M20-24	2	Jonah	Brost	00:15:42		North Saanich
M35-39	1	Drew	Nicholson	00:16:59	VFAC	Surrey
M35-39	2	Cormac	Brennan	00:17:15		Vancouver
M35-39	3	Kennedy	Okondo	00:19:37		Surrey
M35-39	4	Tyler	Chapman	00:21:25		Vancouver
M40-44	1	Nicholas	Browne	00:20:03	VFAC	Vancouver
M45-49	1	James	Newby	00:16:44		Garibaldi Highlands
M45-49	2	Jeremy	Brown	00:17:46		Burnaby
M45-49	3	Darrell	Lahey	00:18:32	LGRR	Vancouver
M55-59	1	Tyler	Ginther	00:17:36		Surrey
M55-59	2	Charles	Mackey	00:30:23		Vancouver
M60-64	1	David	Guss	00:17:31	KRCC	Kelowna
M60-64	2	Walter	Downey	00:19:05	LGRR	Vancouver
M60-64	3	Bill	Chang	00:24:29	LGRR	Vancouver
M65-69	1	Leo	Lam	00:22:47	LGRR	Vancouver
M65-69	2	Paul	Baluch	00:24:04		Vancouver

**BC Athletics 10k Road Championships
Vancouver Sun Run 10k - April 26, 2022**



Place	Name		Gun Time	Club	City
1	Leslie	Sexton	00:32:39	TBIR	Vancouver
2	Lindsay	Carson	00:34:49	PACT	Burnaby
3	Katrina	Allison	00:35:13	TBIR	Vancouver

Place	Name		Gun Time	Club	City
1	Lucas	Bruchet	00:28:30	MI2M	Vancouver
2	Benjamin	Preisner	00:28:41	MI2M	Vancouver
3	Justin	Kent	00:28:51	CTC1	Burnaby

Championship Age Category Winners

Age Cat	Place	Name		Chip Time	Club	City
F16-18	1	Monika	Arcadi	00:42:19	CITY	New Westminster
F16-18	2	Ava	Dabner	01:04:55	KAML	Kamloops
F16-18	3	Allison	Meikle	01:08:51	TBIR	Vancouver
F16-18	4	Ella	Kaweski	01:11:01	TBIR	Vancouver
F16-18	5	Minji	Jeong	01:11:04	TBIR	Vancouver
F16-18	6	Naomi	Dodek	01:11:06	TBIR	West Vancouver
F19-24	1	Marley	Beckett	00:36:30		North Vancouver
F19-24	2	Ria	Gill	00:43:06		Delta
F25-29	1	Ally	Ginther	00:35:35	PACT	White Rock
F25-29	2	Emma	Carter	00:37:53	TBIR	Vancouver
F25-29	3	Katherine	Carbeck	00:38:00		Vancouver
F30-34	1	Katherine	Watson	00:36:47	VFAC	Vancouver
F30-34	2	Grace	Keenleyside	00:38:27		Vancouver
F30-34	3	Kimberley	Doerksen	00:40:42		Kelowna
F30-34	4	Alicia	Kelahear	00:46:34		Vancouver
F40-44	1	Marina	Khrisanova	01:02:50	GREY	Coquitlam
F45-49	1	Rachel	Maika	00:41:02	KJAK	Richmond
F45-49	2	Melanie	Clement	00:48:10		Vancouver
F45-49	3	Julie	Ubdegrove	01:05:48	PGRR	Prince George
F50-54	1	Monique	Osborne	00:51:42		Burnaby
F55-59	1	Jillian	Fong	00:37:19		Vancouver
F65-69	1	Suzanne	Sharp	01:10:28	GREY	Prince George
F80-84	1	Nancy	Napier	01:42:22		Vancouver

BC Athletics 10k Road Championships
Vancouver Sun Run 10k - April 26, 2022



Age Cat	Place	Name		Chip Time	Club	City
M16-18	1	Sebastian Cino		00:32:46	TBIR	Ottawa
M16-18	2	Isaac Baker		00:33:02	OATF	Surrey
M16-18	3	Cole Wheeler		00:34:31	COQC	Coquitlam
M16-18	4	Jorge Martinez		00:36:37	WVAN	West Vancouver
M16-18	5	Esteban Lopez		00:37:45	NWSA	Burnaby
M16-18	6	Aman Dhillon		00:38:51	WVAN	North Vancouver
M16-18	7	Zachary Kennedy		00:38:53	KJAK	Richmond
M16-18	8	Rohin Dhaliwal		00:39:37	WVAN	North Vancouver
M19-24	1	Thomas Broatch		00:29:58	TBIR	Vancouver
M19-24	2	Yabi Davidoff		00:33:36	TBIR	Vancouver
M19-24	3	Ammad Hussain		00:35:00	TBIR	Vancouver
M25-29	1	Brendan Wong		00:30:17	COQC	Coquitlam
M25-29	2	Alexander Nemethy		00:33:24	UNBC	Victoria
M30-34	1	Alexandre Ricard		00:31:49		Squamish
M30-34	2	Shaun Stephens-Whale		00:33:17		Squamish
M30-34	3	Kyle Kimura		00:33:59	VFAC	Vancouver
M30-34	4	Charles Perrot-Minot		00:35:15	VFAC	Squamish
M30-34	5	Evan Dunfee		00:40:03	WALK	Richmond
M35-39	1	Derek Scott		00:30:52		Vancouver
M35-39	2	Nicolas Jiro		00:32:08		Abbotsford
M35-39	3	Mark Klassen		00:32:09		Mission
M35-39	4	Lee Kennett		00:35:24		Vancouver
M35-39	5	Randy Vis		00:36:27		Langley
M35-39	6	Drew Nicholson		00:36:31	VFAC	Surrey
M35-39	7	Kennedy Okondo		00:39:24		Surrey
M40-44	1	Nicholas Browne		00:32:46	VFAC	Vancouver
M40-44	2	Michael Schwandt		00:38:53		Vancouver
M40-44	3	Darrell Lahey		00:39:54	LGRR	Vancouver
M45-49	1	Ben Lui		00:37:43	VFAC	Vancouver
M45-49	2	Todd Nickel		00:39:18		Vancouver
M45-49	3	Gwendal Castellan		00:44:54		Vancouver
M60-64	1	Brian Nemethy		00:38:51	PGRR	Vanderhoof
M60-64	2	Craig Premack		00:43:01		Burnaby
M65-69	1	Kelly Sharp		00:59:22	GREY	Prince George
M70-74	1	David Walker		01:30:04	GREY	Coquitlam
M75-79	1	Jake Madderom		00:56:39	KJAK	Burnaby
M75-79	2	Arthur Gee		01:51:23	PRRC	Burnaby

**BC Athletics Half Marathon Road Championships
Vancouver Half Marathon - June 26, 2022**



Place	Name		Gun Time	Club	City
1	Jen	Millar	01:18:53		Victoria
2	Corri	Longridge	01:20:33	VFAC	Vancouver
3	Rozlyn	Boutin	01:21:40		Vancouver

Place	Name		Gun Time	Club	City
1	Benjamin	Preisner	01:05:49	MI2M	Vancouver
2	Brendan	Wong	01:07:23	COQC	Coquitlam
3	Alexander	Gladley	01:08:09	VFAC	Vancouver

Championship Age Category Winners

Age Cat	Place	Name		Gun Time	Club	City
F19-	1	Ria	Gill	01:43:59		Delta
F20-24	1	Annika	Austin	01:26:55		Vancouver
F30-34	1	Christine	Bant	01:22:20		Victoria
F30-34	2	Lydia	Tay	01:23:19		Vancouver
F30-34	3	Alicia	Kelahear	01:24:05		Vancouver
F30-34	4	Lissa	Zimmer	01:25:16	VFAC	Vancouver
F30-34	5	Grace	Keenleyside	01:28:24		Vancouver
F35-39	1	Cheryl	Pepin	01:25:33		North Vancouver
F35-39	2	Kelsey	Hunter	01:34:05		Vancouver
F40-44	1	Genevieve	Cauffope	01:27:27	VFAC	Vancouver
F50-54	1	Junko	Kosugi Boddeveld	01:51:40		Port Moody
F55-59	1	Sandra	Sukstorf	02:02:09		Vancouver
F55-59	2	Lynn	Martin	02:08:58	LGRR	Vancouver
F65-69	1	Cindy	Rhodes	01:43:47	KRCC	Kelowna

BC Athletics Half Marathon Road Championships
Vancouver Half Marathon - June 26, 2022



Age Cat	Place	Name		Gun Time	Club	City
M30-34	1	Joshua	Potvin	01:10:15	MI2M	North Vancouver
M30-34	2	Jonathan	Behnke	01:19:55	VFAC	Vancouver
M35-39	1	Mark	Klassen	01:11:31		Mission
M35-39	2	Drew	Nicholson	01:15:42	VFAC	Surrey
M35-39	3	Cormac	Brennan	01:19:52		Vancouver
M35-39	4	Randy	Vis	01:20:09		Langley
M35-39	5	Tyler	Chapman	01:24:03		Vancouver
M35-39	6	Lee	Kennett	01:25:30		Vancouver
M35-39	7	Kennedy	Okondo	01:30:30		Surrey
M40-44	1	Teferi	Kebede Balcha	01:08:42	PIHR	Victoria
M40-44	2	Nicholas	Browne	01:14:20	VFAC	Vancouver
M40-44	3	Jason	Ng	01:22:02		Richmond
M40-44	4	Paul	Crosby	01:22:28	VFAC	Vancouver
M40-44	5	Darrell	Lahey	01:24:39	LGRR	Vancouver
M45-49	1	Jeremiah	Ziak	01:11:17		Vancouver
M45-49	2	David	Morrissey	01:12:10		Vancouver
M45-49	3	James	Newby	01:17:05		Garibaldi Highlands
M45-49	4	Ken	Ginnan	01:23:50		Vancouver
M45-49	5	Todd	Nickel	01:30:52		Vancouver
M45-49	6	Ben	Lui	01:40:33	VFAC	Vancouver
M55-59	1	Arnold	Sikhakhane	02:13:27		White Rock
M60-64	1	David	Guss	01:19:34	KRCC	Kelowna
M60-64	2	Rory	Switzer	01:26:09		Kelowna
M60-64	3	Walter	Downey	01:26:55	LGRR	Vancouver
M60-64	4	Bill	Chang	01:50:05	LGRR	Vancouver
M65-69	1	Paul	Baluch	01:51:44		Vancouver
M75-79	1	Alex	Lau	03:06:23	LGRR	Burnaby