

## WOMENS INDOOR TRACK + FIELD RECORDS | U16-OPEN

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### TRACK EVENTS

| 50M  | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|------|------|---------|-------------------------|-----|-----|------|------------------|----------|
|      | U16  | 6.87    | ZION CORRALES-NELSON    | 98  |     | BBYS | Richmond, BC     | 02.02.13 |
|      | U18  | 6.87    | ZION CORRALES-NELSON    | 98  |     | BBYS | Richmond, BC     | 02.02.13 |
|      | U20  | 6.72    | SHAI-ANNE DAVIS         | 93  |     | KJAK | Richmond, BC     | 03.12.11 |
|      | U23  | 6.72    | SHAI-ANNE DAVIS         | 93  |     | KJAK | Richmond, BC     | 03.12.11 |
|      | OPEN | 6.05    | PHILOMENA MENSAH        | 76  |     | COQC | Lievin, FRA      | 02.13.00 |
| 60M  | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 7.84    | AVIONNE DEAN            | 10  |     | TBIR | Richmond, BC     | 02.01.25 |
|      |      | 7.84    | KAYLIE LOFSTROM         | 10  |     | OACS | Kamloops, BC     | 12.20.25 |
|      | U18  | 7.81    | JASNEET NIJJAR          | 01  |     | UATH | Seattle, WA      | 02.11.28 |
|      | U20  | 7.37    | SHAI-ANNE DAVIS         | 93  |     | UNBC | Toronto, ON      | 02.19.12 |
|      | U23  | 7.31    | YVONNE MENSAH           | 85  |     | KJAK | Champaign, IL    | 02.25.07 |
|      | OPEN | 7.02    | PHILOMENA MENSAH        | 76  |     | COQC | Ghent, BEL       | 02.11.00 |
| 200M | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 24.79   | PAYTON ROGERS           | 10  |     | KJAK | Spokane, WA      | 02.23.25 |
|      | U18  | 25.78   | EMMA CANNAN             | 03  |     | OACS | Kamloops, BC     | 03.01.20 |
|      | U20  | 24.24   | SHAI-ANNE DAVIS         | 93  |     | UNBC | Toronto, ON      | 02.19.12 |
|      | U23  | 23.73   | EMMA CANNAN             | 93  |     | SFUT | Indianapolis, IN | 03.15.25 |
|      | OPEN | 23.54   | JASNEET NIJJAR          | 01  |     | UATH | Spokane, WA      | 02.03.24 |
| 300M | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 42.31   | JESSICA WILLIAMS        | 99  |     | OATF | Richmond, BC     | 02.01.14 |
| 400M | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 58.13   | PAYTON ROGERS           | 10  |     | KJAK | Spokane, WA      | 02.23.25 |
|      | U18  | 58.54   | RAIYA MATONOVICH        | 07  |     | KAML | Saint John, NB   | 03.19.23 |
|      | U20  | 54.69   | MADLINE PRICE           | 95  |     | UNBC | Pocatello, ID    | 02.15.14 |
|      | U23  | 54.17   | JASNEET NIJJAR          | 01  |     | UATH | Fayetteville, AR | 02.17.23 |
|      | OPEN | 52.36   | JASNEET NIJJAR          | 01  |     | UATH | Fayetteville, AR | 02.16.24 |
| 600M | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 1:43.14 | DANIELLE STEER          | 99  |     | OATF | Richmond, BC     | 02.01.14 |
|      | U18  | 1:38.75 | JESSICA WILLIAMS        | 99  |     | OATF | Richmond, BC     | 02.06.16 |
|      | U20  | 1:33.84 | JADE LENTON             | 03  |     | LANG | Toronto, ON      | 03.19.22 |
|      | U23  | 1:29.69 | ALYSSA MOUSSEAU         | 98  |     | VETC | Windsor, ON      | 03.10.18 |
|      | OPEN | 1:29.69 | ALYSSA MOUSSEAU         | 98  |     | VETC | Windsor, ON      | 03.10.18 |
| 800M | AGE  | RECORD  | ATHLETE                 | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | U16  | 2:17.25 | RAIYA MATONOVICH        | 07  |     | KAML | Kamloops, BC     | 02.05.22 |
|      | U18  | 2:16.63 | TANYA HUMENIUK          | 95  |     | UNBC | Richmond, BC     | 04.09.11 |
|      | U20  | 2:10.41 | KATELYN STEWART-BARNETT | 03  |     | CITY | Chicago, IL      | 02.12.22 |
|      | U23  | 2:07.61 | KATELYN STEWART-BARNETT | 03  |     | CITY | Ann Arbor, MI    | 01.18.25 |
|      | OPEN | 2:00.66 | DIANNE CUMMINS          | 74  |     | UNBC | Karlsruhe, GER   | 02.28.03 |

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| 1000M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|----------|------|----------------|-----------------------|-----|-----|------|-------------------|----------|
|          | U16  | 3:11.64        | SELINA TASDEMIR       | 03  |     | KJAK | Richmond, BC      | 02.04.17 |
|          | U18  | 3:08.86        | GRACE THOMPSON        | 97  |     | HHAC | Richmond, BC      | 02.01.14 |
|          | U20  | 2:52.02        | NICOLE HUTCHINSON     | 97  |     | UNBC | Staten Island, NY | 01.16.16 |
|          | U23  | 2:44.61        | REGAN YEE             | 95  |     | UNBC | Saskatoon, SK     | 02.27.16 |
|          | OPEN | 2:37.85        | LINDSEY BUTTERWORTH   | 92  |     | CTC1 | Boston, MA        | 02.14.20 |
| 1200M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 3:43.67        | MAYA BAECHLER         | 05  |     | TBIR | Montreal, QC      | 03.17.19 |
| 1500M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 5:02.82        | CALLI CHARLTON        | 98  |     | TBIR | Richmond, BC      | 02.02.13 |
|          | U18  | 4:26.46        | ADRIANNA BUITELAAR    | 08  |     | VRTC | New York, NY      | 03.16.25 |
|          | U20  | 4:26.46        | ADRIANNA BUITELAAR    | 08  |     | VRTC | New York, NY      | 03.16.25 |
|          | U23  | 4:12.78        | CEILI MCCABE          | 01  |     | UNBC | New York, NY      | 01.28.23 |
|          | OPEN | 4:07.80        | REGAN YEE             | 95  |     | UNBC | Boston, MA        | 02.10.24 |
| MILE     | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 5:25.86        | RAIYA MATONOVICH      | 07  |     | KAML | Kamloops, BC      | 01.17.21 |
|          | U18  | 4:45.74        | ADRIANNA BUITELAAR    | 08  |     | VRTC | New York, NY      | 03.16.25 |
|          | U20  | 4:44.68        | NICOLE HUTCHINSON     | 97  |     | UNBC | Staten Island, NY | 02.12.16 |
|          | U23  | 4:31.57        | CEILI MCCABE          | 01  |     | UNBC | New York, NY      | 01.28.23 |
|          | OPEN | 4:24.95        | REGAN YEE             | 95  |     | UNBC | Boston, MA        | 02.10.24 |
| 2000M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 7:00.77        | LIENKE RAATH          | 10  |     | KAML | Kamloops, BC      | 03.09.24 |
| 3000M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 10:40.50       | RAIYA MATONOVICH      | 07  |     | KAML | Kamloops, BC      | 01.17.21 |
|          | U18  | 9:46.15        | ADRIANNA BUITELAAR    | 08  |     | VRTC | Spokane, WA       | 02.23.25 |
|          | U20  | 9:38.85        | KAIYA ROBERTSON       | 04  |     | UNBC | Boston, MA        | 12.03.22 |
|          | U23  | 8:50.44        | CEILI MCCABE          | 01  |     | UNBC | Boston, MA        | 12.03.22 |
|          | OPEN | 8:38.94        | REGAN YEE             | 95  |     | UNBC | Boston, MA        | 02.03.24 |
| 5000M    | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U20  | 16:20.95       | KAIYA ROBERTSON       | 04  |     | UNBC | Boston, MA        | 12.02.23 |
|          | U23  | 16:20.95       | KAIYA ROBERTSON       | 04  |     | UNBC | Boston, MA        | 12.02.23 |
|          | OPEN | 15:18.56       | GRACE FETHERSTONHAUGH | 00  |     | CITY | Boston, MA        | 03.02.25 |
| 60H      | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 0.76m 9.08     | KATARINA VLAHOVIC     | 00  |     | UATH | Richmond, BC      | 02.07.15 |
|          | U18  | 0.76m 8.70     | DIANA VOLOSHIN        | 97  |     | NORW | Kamloops, BC      | 02.16.14 |
|          | U20  | 0.84m 8.29     | YVONNE MENSAH         | 85  |     | KJAK | Ames, IA          | 02.14.04 |
|          | U23  | 0.84m 8.15     | YVONNE MENSAH         | 85  |     | KJAK | Fayetteville, AR  | 03.11.05 |
|          | OPEN | 0.84m 8.15     | YVONNE MENSAH         | 85  |     | KJAK | Fayetteville, AR  | 03.11.05 |
| 1500RW   | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          | U16  | 8:02.13        | CASSIDY CARDLE        | 02  |     | WALK | Richmond, BC      | 02.04.17 |
| 4 x 200M | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          |      | Researching... |                       |     |     |      |                   |          |
| 4 x 400M | AGE  | RECORD         | ATHLETE               | YOB | AGE | CLUB | LOCATION          | DATE     |
|          |      | Researching... |                       |     |     |      |                   |          |

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| 4 X 800M       | AGE | RECORD | ATHLETE | YOB | AGE | CLUB | LOCATION | DATE |
|----------------|-----|--------|---------|-----|-----|------|----------|------|
| Researching... |     |        |         |     |     |      |          |      |

### JUMPING EVENTS

| LONG JUMP | AGE  | RECORD | ATHLETE            | YOB | AGE | CLUB | LOCATION         | DATE     |
|-----------|------|--------|--------------------|-----|-----|------|------------------|----------|
|           | U16  | 5.11   | GEORGIA ELLENWOOD  | 95  |     | LANG | Kamloops, BC     | 02.21.10 |
|           | U18  | 5.58   | CAROLYN SUTHERLAND | 94  |     | UNBC | Edmonton, AB     | 01.23.11 |
|           | U20  | 6.52   | KRYSHA BAYLEY      | 84  |     | COQC | Fayetteville, AR | 02.23.02 |
|           | U23  | 6.55   | CHRISTABEL NETTEY  | 91  |     | UNBC | Fayetteville, AR | 03.09.13 |
|           | OPEN | 6.99   | CHRISTABEL NETTEY  | 91  |     | UNBC | Stockholm, SWE   | 02.19.15 |

| TRIPLE JUMP | AGE  | RECORD | ATHLETE        | YOB | AGE | CLUB | LOCATION      | DATE     |
|-------------|------|--------|----------------|-----|-----|------|---------------|----------|
|             | U16  | 10.85  | NINA SCHULTZ   | 98  |     | NWSA | Kamloops, BC  | 02.17.23 |
|             | U18  | 11.72  | NINA SCHULTZ   | 98  |     | NWSA | Kamloops, BC  | 02.15.15 |
|             | U20  | 12.36  | KRISTEN SCHULZ | 00  |     | NORW | Ithica, NY    | 12.07.19 |
|             | U23  | 13.30  | YVONNE MENSAH  | 85  |     | KJAK | Champaign, IL | 02.25.07 |
|             | OPEN | 13.30  | YVONNE MENSAH  | 85  |     | KJAK | Champaign, IL | 02.25.07 |

| HIGH JUMP | AGE  | RECORD | ATHLETE        | YOB | AGE | CLUB | LOCATION     | DATE     |
|-----------|------|--------|----------------|-----|-----|------|--------------|----------|
|           | U16  | 1.70   | PAYTON HEER    | 08  |     | KAML | Kamloops, BC | 12.17.22 |
|           | U18  | 1.75   | ALEXA PORPACZY | 00  |     | OATF | Richmond, BC | 03.12.16 |
|           | U20  | 1.82   | HOLLY PARENT   | 91  |     | VTFC | Seattle WA   | 02.13.10 |
|           | U23  | 1.85   | NINA SCHULTZ   | 98  |     | NWSA | Ames, IA     | 02.24.18 |
|           | OPEN | 1.99   | DEBBIE BRILL   | 53  |     | UNBC | Edmonton, AB | 01.23.82 |

| POLE VAULT | AGE  | RECORD | ATHLETE             | YOB | AGE | CLUB | LOCATION     | DATE     |
|------------|------|--------|---------------------|-----|-----|------|--------------|----------|
|            | U16  | 3.50   | GABRIELLE ARMSTRONG | 08  |     | KAML | Kamloops, BC | 02.04.23 |
|            | U18  | 3.92   | MACKENZIE HURTUBISE | 07  |     | LANG | Kamloops, BC | 12.14.24 |
|            | U20  | 3.95   | MACKENZIE HURTUBISE | 07  |     | LANG | Boston, MA   | 03.15.25 |
|            | U23  | 4.01   | SONYA URBANOWICZ    | 04  |     | UNBC | Seattle, WA  | 02.01.25 |
|            | OPEN | 4.42   | CARLY DOCKENDORF    | 83  |     | UNBC | Seattle, WA  | 02.13.10 |

### THROWING EVENTS

| SHOT PUT | AGE  | RECORD | ATHLETE | YOB           | AGE | CLUB | LOCATION        | DATE     |
|----------|------|--------|---------|---------------|-----|------|-----------------|----------|
|          | U16  | 3.00K  | 14.17   | DOLLY GABRI   | 01  | CTC1 | Richmond, BC    | 03.12.16 |
|          | U18  | 3.00K  | 14.87   | DOLLY GABRI   | 01  | UNBC | Richmond, BC    | 02.04.17 |
|          | U20  | 4.00K  | 14.12   | DOLLY GABRI   | 01  | UNBC | Albuquerque, NM | 02.29.20 |
|          | U23  | 4.00K  | 14.13   | AGNES ESSER   | 93  | UNBC | Seattle, WA     | 02.09.13 |
|          | OPEN | 4.00K  | 16.08   | TASHA WILLING | 98  | UNBC | Brookings, SD   | 02.28.21 |

| WEIGHT THROW | AGE  | RECORD | ATHLETE | YOB             | AGE | CLUB | LOCATION         | DATE     |
|--------------|------|--------|---------|-----------------|-----|------|------------------|----------|
|              | U16  | 5.45K  | 13.64   | ANHAD GABRI     | 11  | UNBC | Kamloops, BC     | 03.08.25 |
|              | U18  | 7.26K  | 15.37   | OLIVIA MORICONI | 96  | RRTF | Kamloops, BC     | 02.17.13 |
|              | U20  | 9.07K  | 20.31   | CAMRYN ROGERS   | 99  | KJAK | Seattle, WA      | 02.24.18 |
|              | U23  | 9.07K  | 22.08   | CAMRYN ROGERS   | 99  | KJAK | Fayetteville, WA | 03.11.21 |
|              | OPEN | 9.07K  | 24.06   | CAMRYN ROGERS   | 99  | KJAK | Birmingham, AL   | 03.11.22 |

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### COMBINED EVENTS

| PENTATHLON | AGE  | RECORD | ATHLETE                                                                                  | YOB | AGE | CLUB | LOCATION            | DATE     |
|------------|------|--------|------------------------------------------------------------------------------------------|-----|-----|------|---------------------|----------|
|            | U16  | 2191   | TAYLOR NEVEU<br>(researching...)                                                         | 96  |     | UNBC | Edmonton, AB        | 01.23.11 |
|            | U18  | 3668   | GEORGIA ELLENWOOD<br>(researching...)                                                    | 95  |     | LANG | Edmonton, AB        | 01.22.12 |
|            | U20  | 4340   | NINA SCHULTZ<br>(8.41 - 1037 / 12.14m - 670 / 1.81m - 991 / 6.18m - 905 / 2:26.55 - 737) | 98  |     | NWSA | College Station, TX | 03.11.17 |
|            | U23  | 4502   | NINA SCHULTZ<br>(8.28 - 1066 / 11.61m - 635 / 1.82m - 1003 / 6.39 - 972 / 2:19.79 - 826) | 98  |     | NWSA | Lubbock, TX         | 02.10.18 |
|            | OPEN | 4502   | NINA SCHULTZ<br>(8.28 - 1066 / 11.61m - 635 / 1.82m - 1003 / 6.39 - 972 / 2:19.79 - 826) | 98  |     | NWSA | Lubbock, TX         | 02.10.18 |

## WOMENS INDOOR TRACK + FIELD RECORDS | MASTERS

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| 60M  | AGE | RECORD  | ATHLETE               | YOB | AGE | CLUB | LOCATION         | DATE     |
|------|-----|---------|-----------------------|-----|-----|------|------------------|----------|
|      | W35 | 8.32    | CORRI FELL            | 87  | 35  | TBIR | Kamloops, BC     | 02.25.23 |
|      | W40 | 8.61    | GEORGINA TITUS        | 64  | 44  | UNBC | Kamloops, BC     | 02.21.09 |
|      | W45 | 8.55    | KIM ROSS              | 60  | 46  | UNBC | Toronto, ON      | 03.03.07 |
|      | W50 | 9.00    | VERENA STRODA         | 70  | 54  | UNBC | Kamloops, BC     | 12.14.24 |
|      | W55 | 9.12    | SUNETTE LESSING       | 67  | 56  | KAML | Kamloops, BC     | 03.09.24 |
|      | W60 | 9.06    | PATTY SZYBUNKA        | 57  | 61  | NORW | Edmonton, AB     | 03.09.19 |
|      | W65 | 9.20    | CINDY O'BRIEN HUGH    | 58  | 65  | GREY | Kamloops, BC     | 03.09.24 |
|      | W70 | 10.41   | CHRISTA BORTIGNON     | 37  | 74  | GREY | Kamloops, BC     | 03.20.11 |
|      | W75 | 10.04   | CHRISTA BORTIGNON     | 37  | 75  | GREY | Jyvaskyla, FIN   | 04.04.12 |
|      | W80 | 10.54   | CHRISTA BORTIGNON     | 37  | 80  | GREY | Toronto, ON      | 03.12.17 |
|      | W85 | 11.18   | CHRISTA BORTIGNON     | 37  | 85  | GREY | Kamloops, BC     | 02.26.22 |
|      | W90 | 15.14   | OLGA KOTELKO          | 19  | 91  | GREY | Kamloops, BC     | 03.02.10 |
|      | W95 | 16.53   | OLGA KOTELKO          | 19  | 95  | GREY | Budapest, HUN    | 03.30.14 |
| 200M | AGE | RECORD  | ATHLETE               | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | W35 | 27.45   | JEANETTE VAN DEN BULK | 77  | 36  | AVIC | Seattle, WA      | 03.02.14 |
|      | W40 | 28.28   | MARNE MCMILLAN        | 52  | 41  | UNBC | Columbia, MO     | 03.27.94 |
|      | W45 | 28.84   | KIM ROSS              | 60  | 46  | UNBC | Toronto, ON      | 03.03.07 |
|      | W50 | 30.90   | JANE HILL             | 73  | 51  | GREY | Gainesville, FLA | 03.27.25 |
|      | W55 | 30.84   | CINDY O'BRIEN HUGH    | 58  | 57  | GREY | Kamloops, BC     | 02.14.16 |
|      | W60 | 30.69   | PATTY SZYBUNKA        | 57  | 61  | NORW | Edmonton, AB     | 03.10.19 |
|      | W65 | 31.48   | PATTY SZYBUNKA        | 57  | 65  | NORW | Kamloops, BC     | 02.26.23 |
|      | W70 | 35.74   | CHRISTA BORTIGNON     | 37  | 74  | GREY | Albuquerque, NM  | 03.06.11 |
|      | W75 | 34.53   | CHRISTA BORTIGNON     | 37  | 75  | GREY | Bloomington, IN  | 03.18.12 |
|      | W80 | 38.16   | CHRISTA BORTIGNON     | 37  | 80  | GREY | Toronto, ON      | 03.11.17 |
|      | W85 | 42.09   | CHRISTA BORTIGNON     | 37  | 85  | GREY | Kamloops, BC     | 02.27.22 |
|      | W90 | 1:00.72 | OLGA KOTELKO          | 19  | 91  | GREY | Kamloops, BC     | 03.03.10 |
|      | W95 | 1:14.14 | OLGA KOTELKO          | 19  | 95  | GREY | Budapest, HUN    | 03.28.14 |
| 400M | AGE | RECORD  | ATHLETE               | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | W35 | 58.71   | JEANETTE VAN DEN BULK | 77  | 36  | AVIC | Seattle, WA      | 02.16.14 |
|      | W40 | 1:02.04 | MARNE MCMILLAN        | 52  | 40  | UNBC | Bozeman, MT      | 03.20.93 |
|      | W45 | 1:03.56 | ERNA KOZAK            | 46  | 45  | UNBC | Blaine, MN       | 03.23.91 |
|      | W50 | 1:14.78 | JANE HILL             | 73  | 51  | GREY | Gainesville, FL  | 03.29.25 |
|      | W55 | 1:16.50 | DEBRA LACHANCE        | 68  | 56  | GREY | Kamloops, BC     | 03.08.25 |
|      | W60 | 1:17.77 | CINDY O'BRIEN HUGH    | 58  | 61  | GREY | Kamloops, BC     | 02.29.20 |
|      | W65 | 1:22.79 | ELAINE WHIDDEN        | 54  | 65  | GREY | Kamloops, BC     | 02.29.20 |
|      | W70 | 1:22.07 | DIANE PALMASON        | 38  | 70  | UNBC | Kamloops, BC     | 02.21.09 |
|      | W75 | 1:25.90 | CHRISTA BORTIGNON     | 37  | 75  | GREY | Kamloops, BC     | 02.18.12 |
|      | W80 | 1:32.61 | CHRISTA BORTIGNON     | 37  | 80  | GREY | Daegu, KOR       | 03.25.17 |
|      | W85 | 2:11.47 | LENORE MONTGOMERY     | 30  | 85  | GREY | Kamloops, BC     | 02.13.16 |
|      | W90 | 3:31.50 | OLGA KOTELKO          | 19  | 93  | GREY | Jyvaskyla, FIN   | 04.08.12 |
| 800M | AGE | RECORD  | ATHLETE               | YOB | AGE | CLUB | LOCATION         | DATE     |
|      | W35 | 2:17.78 | MELINA THIBODEAU      | 72  | 36  | UNBC | Edmonton, AB     | 03.02.08 |
|      | W40 | 2:13.69 | ERNA KOZAK            | 46  | 40  | UNBC | Edmonton, AB     | 02.23.86 |
|      | W45 | 2:25.08 | ERNA KOZAK            | 46  | 45  | UNBC | Blaine, MN       | 03.24.91 |
|      | W50 | 2:37.19 | NICOLA EVERTON        | 65  | 51  | UNBC | Daegu, KOR       | 03.23.17 |
|      | W55 | 2:49.80 | MAUREEN DE ST. CROIX  | 53  | 57  | OATF | Kamloops, BC     | 03.19.11 |

## WOMENS INDOOR TRACK + FIELD RECORDS | MASTERS

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| 800M cont. | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|------------|-----|-------------|-----------------------|-----|-----|------|-----------------|----------|
|            | W60 | 2:50.12     | JULIETTE CHRISTIE     | 62  | 61  | UNBC | Kamloops, BC    | 12.16.23 |
|            | W65 | 3:44.83     | LYNETTE BALDOCK       | 46  | 68  | GREY | Kamloops, BC    | 02.15.15 |
|            | W70 | 3:19.81     | DIANE PALMASON        | 39  | 70  | UNBC | Kamloops, BC    | 02.22.09 |
|            | W75 | 3:45.05     | CHRISTA BORTIGNON     | 37  | 76  | UNBC | Landover, MD    | 03.22.13 |
|            | W80 | 4:12.27     | LENORE MONTGOMERY     | 30  | 81  | GREY | Kamloops, BC    | 02.19.12 |
|            | W85 | 4:52.80     | LENORE MONTGOMERY     | 30  | 85  | GREY | Kamloops, BC    | 02.14.16 |
|            | W90 | 8:49.15     | OLGA KOTELKO          | 19  | 93  | GREY | Jyvaskyla, FIN  | 04.03.12 |
| 1500M      | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W35 | 4:57.72     | STEPHANIE BROWN       | 88  | 36  | KRCC | Kamloops, BC    | 03.08.25 |
|            | W40 | 4:31.84     | ERNA KOZAK            | 46  | 41  | UNBC | Edmonton, AB    | 02.21.87 |
|            | W45 | 5:02.18     | JEANIE BEZDAN         | 65  | 45  | UNBC | Kamloops, BC    | 03.06.10 |
|            | W50 | 5:15.89     | JULIETTE CHRISTIE     | 62  | 52  | UNBC | Toronto, ON     | 03.14.15 |
|            | W55 | 5:20.41     | ALITA DOMMANN         | 68  | 56  | VFAC | Gainesville, FL | 03.29.25 |
|            | W60 | 5:38.16     | JULIETTE CHRISTIE     | 62  | 60  | UNBC | Edmonton, AB    | 03.05.23 |
|            | W65 | 7:25.42     | LYNETTE BALDOCK       | 46  | 68  | UNBC | Kamloops, BC    | 02.14.15 |
|            | W70 | 7:41.91     | BARBARA SAUNDERS      | 40  | 70  | UNBC | Kamloops, BC    | 03.06.10 |
|            | W75 | 10:28.88    | RENATE CHEETHAM       | 37  | 78  | GREY | Kamloops, BC    | 02.13.16 |
|            | W80 | 8:21.28     | LENORE MONTGOMERY     | 30  | 81  | GREY | Kamloops, BC    | 02.19.12 |
|            | W85 | 9:31.42     | LENORE MONTGOMERY     | 30  | 85  | GREY | Kamloops, BC    | 02.13.16 |
| MILE       | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W40 | 5:04.0 (h)  | ERNA KOZAK            | 46  | 41  | UNBC | Seattle, WA     | 01.11.87 |
|            | W50 | 5:10.87     | MAUREEN DE ST. CROIX  | 53  | 52  | OATF | Ithaca, NY      | 01.22.05 |
|            | W55 | 5:54.68     | MAUREEN DE ST. CROIX  | 53  | 56  | OATF | Ithaca, NY      | 01.23.10 |
|            | W80 | 12:03.93    | IVY GRANSTROM         | 12  | 84  | UNBC | Greensboro, NC  | 03.30.96 |
|            | W85 | 13:00.96    | IVY GRANSTROM         | 12  | 87  | UNBC | Boston, MA      | 03.27.99 |
| 3000M      | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W35 | 16:56.65    | WENDY BROWN           | 72  | 39  | UNBC | Kamloops, BC    | 03.19.11 |
|            | W40 | 11:59.84    | MELANIE CLEMENT       | 69  | 41  | UNBC | Kamloops, BC    | 03.09.10 |
|            | W45 | 11:15.30    | JULIETTE CHRISTIE     | 62  | 48  | UNBC | Kamloops, BC    | 09.19.11 |
|            | W50 | 11:15.60    | JULIETTE CHRISTIE     | 62  | 52  | UNBC | Toronto, ON     | 03.15.15 |
|            | W55 | 11:17.66    | ALITA DOMMANN         | 68  | 56  | VFAC | Gainesville, FL | 03.26.25 |
|            | W60 | 11:33.70    | JULIETTE CHRISTIE     | 62  | 62  | UNBC | Edmonton, AB    | 01.18.25 |
|            | W65 | 15:22.86    | LYNETTE BALDOCK       | 46  | 69  | GREY | Kamloops, BC    | 02.12.16 |
|            | W70 | 16:55.83    | LYNETTE BALDOCK       | 46  | 70  | GREY | Kamloops, BC    | 03.31.17 |
|            | W75 | 20:58.43    | RENATE CHEETHAM       | 37  | 78  | GREY | Kamloops, BC    | 02.12.16 |
|            | W80 | 17:28.07    | LENORE MONTGOMERY     | 30  | 82  | GREY | Kamloops, BC    | 02.17.13 |
|            | W85 | 19:59.56    | LENORE MONTGOMERY     | 30  | 85  | GREY | Kamloops, BC    | 02.12.16 |
| 5000M      | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W60 | 20:00.87    | JULIETTE CHRISTIE     | 62  | 62  | UNBC | Winnipeg, MB    | 03.02.25 |
| 60H        | AGE | RECORD      | ATHLETE               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W40 | 0.76m 10.51 | JEANETTE VAN DEN BULK | 77  | 42  | AVIC | Toronto, ON     | 03.08.20 |
|            | W45 | 0.76m 10.37 | JEANETTE VAN DEN BULK | 77  | 47  | AVIC | Kamloops, BC    | 03.08.25 |
|            | W50 | 0.76m 10.59 | SUNETTE LESSING       | 67  | 51  | KAML | Kamloops, BC    | 03.31.19 |
|            | W55 | 0.76m 10.71 | SUNETTE LESSING       | 67  | 57  | UNBC | Kamloops, BC    | 12.13.25 |
|            | W60 | 0.69m 11.16 | CINDY O'BRIEN HUGH    | 58  | 64  | GREY | Kamloops, BC    | 02.26.23 |
|            | W65 | 0.69m 11.07 | CINDY O'BRIEN HUGH    | 58  | 66  | GREY | Winnipeg, MB    | 03.01.25 |
|            | W70 | 0.69m 14.35 | DEBORAH LEE           | 50  | 71  | GREY | Kamloops, BC    | 02.27.22 |

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| 60H cont. | AGE | RECORD      | ATHLETE           | CLUB | LOCATION        | DATE     |
|-----------|-----|-------------|-------------------|------|-----------------|----------|
|           | W75 | 0.69m 13.39 | CHRISTA BORTIGNON | GREY | Bloomington, IN | 03.16.12 |

  

| 4 x 200M | AGE | RECORD  | TEAM                                                                                    | CLUB | LOCATION     | DATE     |
|----------|-----|---------|-----------------------------------------------------------------------------------------|------|--------------|----------|
|          | W35 | 2:08.41 | KARIN ADANDE (36), CORI FELL (35)<br>HALIMAH BEAULIEU (41), MARINA KHONINA (41)         | UNBC | Richmond, BC | 02.04.23 |
|          | W40 | 2:10.40 | NANCY CRAIG (60), DIANE LAROSE (43)<br>SHERRY HURST (54), JEANETTE VAN DEN BULK (47)    | AVIC | Richmond, BC | 02.01.25 |
|          | W45 | 2:07.99 | JANE HILL (51), CINDY O'BRIEN HUGH (66)<br>DEBRA LACHANCE (56), SHAUNA BUNBURY (47)     | UNBC | Winnipeg, MB | 03.01.25 |
|          | W50 | 2:15.19 | DEBRA LACHANCE (56), JENNIFER WILSON (61)<br>SHERRY HURST (53), TAMARA ROBERSON (54)    | UNBC | Kamloops, BC | 03.08.25 |
|          | W55 | 2:19.31 | DENISE BONIN (64), ELAINE WHIDDEN (65)<br>SHARON HANN (59), CINDY O'BRIEN HUGH (61)     | UNBC | Kamloops, BC | 03.01.20 |
|          | W60 | 2:16.94 | SHARON HANN (61), CINDY O'BRIEN HUGH (63)<br>LAURIE RITCHIE (60), PATTY SZYBUNKA (64)   | UNBC | Kamloops, BC | 02.27.22 |
|          | W65 | 2:45.37 | DEBORAH LEE (68), KAREN SHOOK (68)<br>SHEILA ALLISON (73), URITH HAYLEY (68)            | UNBC | Kamloops, BC | 03.31.19 |
|          | W70 | 2:49.26 | CHRISTA BORTIGNON (85), DEBORAH LEE (71)<br>DEANNA CLARK (74), AVRIL DOUGLAS (75)       | UNBC | Kamloops, BC | 02.27.22 |
|          | W75 | 3:28.53 | KLAZINA NOORT (79), LENORE MONTGOMERY (81)<br>RUTH CARRIER (81), CHRISTA BORTIGNON (75) | UNBC | Kamloops, BC | 02.18.12 |
|          | W80 | 4:15.33 | LOUISE SORENSEN (81), HILDEGARD BUSCHHAUS (81)<br>OLGA KOTELKO (91), LEONA SMITH (82)   | UNBC | Kamloops, BC | 03.06.10 |

  

| 4 x 400M | AGE | RECORD  | TEAM                                                                                        | CLUB | LOCATION     | DATE     |
|----------|-----|---------|---------------------------------------------------------------------------------------------|------|--------------|----------|
|          | W45 | 6:03.24 | CINDY O'BRIEN HUGH (56), KATHY FRIESEN (55)<br>WINNI MACKAY-SMITH (73), NICOLA EVERTON (49) | UNBC | Kamloops, BC | 02.14.15 |
|          | W60 | 7:20.79 | VALERIE SCOTT (60), DEBORAH (LEE) (65),<br>LYNETTE BALDOCK (69), RENATE CHEETHAM (78)       | UNBC | Kamloops, BC | 02.14.16 |

  

| 4 X 800M | AGE | RECORD   | TEAM                                                                             | CLUB | LOCATION     | DATE     |
|----------|-----|----------|----------------------------------------------------------------------------------|------|--------------|----------|
|          | W55 | 13:55.46 | JULIE VALENTE (55), SHARON HANN (61)<br>DEANNA CLARK (74), CAROL MONTGOMERY (56) | UNBC | Kamloops, BC | 02.25.22 |

  

| 1500RW | AGE | RECORD   | ATHLETE         | YOB | AGE | CLUB | LOCATION     | DATE     |
|--------|-----|----------|-----------------|-----|-----|------|--------------|----------|
|        | W40 | 7:19.70  | NARDENE HAMMOND | 71  | 41  | GREY | Kamloops, BC | 02.15.14 |
|        | W45 | 9:51.58  | RACHEL FOULADI  | 67  | 47  | GREY | Kamloops, BC | 02.14.15 |
|        | W50 | 13:40.63 | LORI GRAHAM     | 58  | 54  | GREY | Kamloops, BC | 02.16.13 |
|        | W55 | 11:25.51 | LORI GRAHAM     | 58  | 58  | GREY | Kamloops, BC | 04.01.17 |
|        | W60 | 9:40.05  | SUZANNE SHARP   | 53  | 64  | GREY | Kamloops, BC | 03.10.18 |
|        | W65 | 9:51.88  | SUZANNE SHARP   | 53  | 65  | GREY | Kamloops, BC | 03.30.19 |
|        | W75 | 12:26.83 | RENATE CHEETHAM | 37  | 79  | GREY | Kamloops, BC | 04.01.17 |
|        | W80 | 12:00.19 | RUTH CARRIER    | 31  | 80  | UNBC | Kamloops, BC | 03.19.11 |
|        | W85 | 13:50.12 | RENATE CHEETHAM | 37  | 87  | GREY | Winnipeg, MB | 03.01.25 |

  

| 3000RW | AGE | RECORD   | ATHLETE                | YOB | AGE | CLUB | LOCATION     | DATE     |
|--------|-----|----------|------------------------|-----|-----|------|--------------|----------|
|        | W35 | 19:20.33 | PAOLA RODRIGUEZ-RUAH   | 74  | 36  | UNBC | Kamloops, BC | 03.03.10 |
|        | W40 | 15:34.52 | NARDENE HAMMOND        | 67  | 41  | GREY | Kamloops, BC | 02.14.14 |
|        | W45 | 20:24.82 | RACHEL FOULADI         | 67  | 47  | GREY | Kamloops, BC | 02.13.15 |
|        | W50 | 19:09.24 | LINDA KEATLEY-CAMPBELL | 56  | 53  | UNBC | Kamloops, BC | 03.03.10 |
|        | W55 | 18:37.55 | JOANNE TURNER          | 53  | 57  | UNBC | Kamloops, BC | 03.03.10 |
|        | W60 | 20:04.33 | SUZANNE SHARP          | 53  | 64  | GREY | Kamloops, BC | 03.09.18 |
|        | W65 | 19:59.72 | SUZANNE SHARP          | 53  | 66  | GREY | Kamloops, BC | 02.28.20 |

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| 3000RW cont. | AGE | RECORD   | ATHLETE         | YOB | AGE | CLUB | LOCATION     | DATE     |
|--------------|-----|----------|-----------------|-----|-----|------|--------------|----------|
|              | W75 | 25:04.56 | RUTH CARRIER    | 31  | 79  | UNBC | Kamloops, BC | 03.03.10 |
|              | W80 | 25:27.78 | RENATE CHEETHAM | 37  | 81  | GREY | Kamloops, BC | 03.29.19 |
|              | W85 | 27:44.45 | RENATE CHEETHAM | 37  | 85  | GREY | Kamloops, BC | 02.24.23 |

### JUMPING EVENTS

| LONG JUMP | AGE | RECORD | ATHLETE            | YOB | AGE | CLUB | LOCATION        | DATE     |
|-----------|-----|--------|--------------------|-----|-----|------|-----------------|----------|
|           | W35 | 3.43   | CATHY ANASTASIO    | 72  | 39  | UNBC | Kamloops, BC    | 03.20.11 |
|           | W40 | 4.47   | GEORGINA TITUS     | 65  | 44  | UNBC | Kamloops, BC    | 02.21.09 |
|           | W45 | 4.46   | SHAUNA BUNBURY     | 77  | 46  | NORW | Montreal, QC    | 02.16.24 |
|           | W50 | 4.70   | SUNETTE LESSING    | 67  | 51  | KAML | Kamloops, BC    | 02.09.19 |
|           | W55 | 4.32   | SUNETTE LESSING    | 67  | 56  | KAML | Kamloops, BC    | 03.09.24 |
|           | W60 | 4.14   | CINDY O'BRIEN HUGH | 58  | 60  | GREY | Edmonton, AB    | 03.10.19 |
|           | W65 | 3.75   | CINDY O'BRIEN HUGH | 58  | 65  | GREY | Kamloops, BC    | 03.09.24 |
|           | W70 | 3.36   | CHRISTA BORTIGNON  | 37  | 74  | GREY | Albuquerque, NM | 03.05.11 |
|           | W75 | 3.67   | CHRISTA BORTIGNON  | 37  | 75  | GREY | Jyvaskyla, FIN  | 04.06.12 |
|           | W80 | 3.28   | CHRISTA BORTIGNON  | 37  | 82  | GREY | Torun, POL      | 03.26.19 |
|           | W85 | 2.70   | CHRISTA BORTIGNON  | 37  | 85  | GREY | Kamloops, BC    | 02.27.22 |
|           | W90 | 1.70   | OLGA KOTELKO       | 19  | 92  | GREY | Kamloops, BC    | 03.20.11 |
|           | W95 | 1.57   | OLGA KOTELKO       | 19  | 95  | GREY | Budapest, HUN   | 03.27.14 |

| TRIPLE JUMP | AGE | RECORD | ATHLETE            | YOB | AGE | CLUB | LOCATION      | DATE      |
|-------------|-----|--------|--------------------|-----|-----|------|---------------|-----------|
|             | W45 | 8.70   | SHAUNA BUNBURY     | 77  | 46  | NORW | Montreal, QC  | 02.18.24  |
|             | W50 | 8.59   | MARGARET RHEBERGEN | 55  | 54  | KAML | Kamloops, BC  | 03.05.10  |
|             | W55 | 9.23   | SUNETTE LESSING    | 67  | 56  | KAML | Kamloops, BC  | 02.02.24  |
|             | W60 | 8.56   | PATTY SZYBUNKA     | 57  | 61  | NORW | Edmonton, AB  | 03.,08.19 |
|             | W65 | 8.23   | PATTY SZYBUNKA     | 57  | 65  | NORW | Kamloops, BC  | 02.25.23  |
|             | W70 | 7.41   | CHRISTA BORTIGNON  | 37  | 74  | GREY | Kamloops, BC  | 03.19.11  |
|             | W75 | 7.75   | CHRISTA BORTIGNON  | 37  | 76  | GREY | Landover, MD  | 03.24.13  |
|             | W80 | 7.42   | CHRISTA BORTIGNON  | 37  | 80  | GREY | Kamloops, BC  | 04.01.17  |
|             | W85 | 6.35   | CHRISTA BORTIGNON  | 37  | 85  | GREY | Kamloops, BC  | 02.26.22  |
|             | W90 | 4.14   | OLGA KOTELKO       | 19  | 91  | GREY | Kamloops, BC  | 03.05.10  |
|             | W95 | 3.68   | OLGA KOTELKO       | 19  | 95  | GREY | Budapest, HUN | 03.29.14  |

| HIGH JUMP | AGE | RECORD | ATHLETE           | YOB | AGE | CLUB | LOCATION     | DATE     |
|-----------|-----|--------|-------------------|-----|-----|------|--------------|----------|
|           | W40 | 1.72   | DEBBIE BRILL      | 53  | 41  | UNBC | Reno, NV     | 02.25.95 |
|           | W45 | 1.65   | DEBBIE BRILL      | 53  | 48  | UNBC | Edmonton, AB | 03.03.02 |
|           | W50 | 1.50T  | JEANNIE COCKCROFT | 66  | 52  | OATF | Richmond, BC | 02.03.18 |
|           | W50 | 1.50T  | SUNETTE LESSING   | 67  | 51  | KAML | Kamloops, BC | 03.31.19 |
|           | W55 | 1.47   | SUNETTE LESSING   | 67  | 57  | KAML | Kamloops, BC | 12.14.24 |

| HIGH JUMP contd. | AGE | RECORD | ATHLETE           | YOB | AGE | CLUB | LOCATION          | DATE     |
|------------------|-----|--------|-------------------|-----|-----|------|-------------------|----------|
|                  | W60 | 1.40T  | MONICA POMIETLARZ | 58  | 61  | OACS | Kamloops, BC      | 02.29.20 |
|                  | W60 | 1.40T  | MONICA POMIETLARZ | 58  | 64  | OACS | Kamloops, BC      | 02.26.23 |
|                  | W65 | 1.37   | MONICA POMIETLARZ | 58  | 66  | OACS | Kamloops, BC      | 12.14.24 |
|                  | W65 | 1.38   | MONICA POMIETLARZ | 58  | 67  | OACS | Kamloops, BC      | 03.08.25 |
|                  | W70 | 1.15   | SANDY ANDERSON    | 40  | 71  | OACS | Kamloops, BC      | 03.20.11 |
|                  | W75 | 1.12   | CHRISTA BORTIGNON | 37  | 75  | GREY | Jyvaskyla, FIN    | 04.03.12 |
|                  | W80 | 0.85   | OLGA KOTELKO      | 19  | 82  | GREY | Edmonton, AB      | 03.04.01 |
|                  | W85 | 0.89   | OLGA KOTELKO      | 19  | 85  | GREY | Sindelfingen, GER | 03.14.04 |
|                  | W90 | 0.77   | OLGA KOTELKO      | 19  | 93  | GREY | Kamloops, BC      | 02.16.13 |
|                  | W95 | 0.78   | OLGA KOTELKO      | 19  | 95  | GREY | Budapest, HUN     | 03.26.14 |

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| POLE VAULT | AGE | RECORD | ATHLETE            | YOB | AGE | CLUB | LOCATION     | DATE     |
|------------|-----|--------|--------------------|-----|-----|------|--------------|----------|
|            | W45 | 2.75   | NANCY CRAIG        | 65  | 49  | VTFC | Richmond, BC | 02.07.15 |
|            | W50 | 2.21   | JENNIFER HARRIS    | 69  | 54  | TBIR | Kamloops, BC | 03.08.24 |
|            | W55 | 2.70   | NANCY CRAIG        | 65  | 59  | VTFC | Kamloops, BC | 03.07.25 |
|            | W60 | 2.00   | MARGARET RHEBERGEN | 55  | 62  | KAML | Kamloops, BC | 03.09.18 |
|            | W65 | 1.65   | MARGARET RHEBERGEN | 55  | 66  | KAML | Kamloops, BC | 02.04.22 |
|            | W80 | 0.85   | OLGA KOTELKO       | 19  | 82  | GREY | Edmonton, AB | 03.03.01 |

### THROWING EVENTS

| SHOT PUT | AGE | RECORD      | ATHLETE                   | YOB | AGE | CLUB | LOCATION      | DATE     |
|----------|-----|-------------|---------------------------|-----|-----|------|---------------|----------|
|          | W35 | 4.00K 11.25 | PINA RUSSO                | 75  | 35  | UNBC | Kamloops, BC  | 03.03.10 |
|          | W40 | 4.00K 9.27  | VERENA STRODA             | 71  | 43  | UNBC | Kamloops, BC  | 02.16.14 |
|          | W45 | 4.00K 9.90  | CAROLYN BOOMER            | 64  | 47  | UNBC | Kamloops, BC  | 03.19.11 |
|          | W50 | 4.00K 10.76 | CAROLYN BOOMER            | 64  | 50  | UNBC | Kamloops, BC  | 02.16.14 |
|          | W55 | 4.00K 10.34 | SUNETTE LESSING           | 67  | 57  | KAML | Kamloops, BC  | 12.14.24 |
|          | W60 | 3.00K 10.20 | MONICA POMIETLARZ         | 58  | 61  | OACS | Kamloops, BC  | 02.28.20 |
|          | W65 | 3.00K 9.75  | MONICA POMIETLARZ         | 58  | 65  | OACS | Kamloops, BC  | 12.16.23 |
|          | W70 | 3.00K 7.93  | ROSE HARE                 | 49  | 74  | GREY | Richmond, BC  | 02.04.23 |
|          | W75 | 2.00K 7.92  | MYRTLE ACTON              | 33  | 79  | UNBC | Kamloops, BC  | 02.19.12 |
|          | W80 | 2.00K 7.29  | GERDA CROSTHWAITE         | 39  | 80  | OACS | Kamloops, BC  | 02.28.20 |
|          | W85 | 2.00K 6.69  | GERDA CROSTHWAITE - REIFF | 39  | 85  | OACS | Kamloops, BC  | 02.01.25 |
|          | W90 | 2.00K 5.74  | OLGA KOTELKO              | 19  | 92  | GREY | Kamloops, BC  | 03.19.11 |
|          | W95 | 2.00K 4.73  | OLGA KOTELKO              | 19  | 95  | GREY | Budapest, HUN | 03.27.14 |

| WEIGHT THROW | AGE | RECORD      | ATHLETE             | YOB | AGE | CLUB | LOCATION          | DATE     |
|--------------|-----|-------------|---------------------|-----|-----|------|-------------------|----------|
|              | W35 | 9.07K 8.52  | TATIANA LITTLE      | 71  | 39  | UNBC | Kamloops, BC      | 03.05.10 |
|              | W40 | 9.07K 9.28  | TATIANA LITTLE      | 71  | 40  | UNBC | Kamloops, BC      | 02.18.11 |
|              | W45 | 9.07K 12.09 | NICOLE CARLOS       | 74  | 49  | OACS | Kamloops, BC      | 02.24.23 |
|              | W50 | 7.26K 14.41 | NICOLE CARLOS       | 74  | 51  | OACS | Kamloops, BC      | 03.07.25 |
|              | W55 | 7.26K 9.83  | CHRISTINE DALGLEISH | 63  | 59  | PGTF | Kamloops, BC      | 02.24.23 |
|              | W60 | 5.45K 12.13 | CHRISTINE DALGLEISH | 63  | 60  | PGTF | Kamloops, BC      | 03.08.24 |
|              | W65 | 5.45K 10.93 | CHERYL CLOSKEY      | 48  | 67  | UNBC | Kamloops, BC      | 02.12.16 |
|              | W70 | 5.45K 10.44 | CHERYL CLOSKEY      | 48  | 71  | UNBC | Edmonton, AB      | 03.08.19 |
|              | W75 | 4.00K 10.27 | CHERYL CLOSKEY      | 48  | 76  | UNBC | Kamloops, BC      | 03.08.24 |
|              | W80 | 4.00K 8.82  | KATHY BRAND         | 42  | 80  | KAML | Kamloops, BC      | 02.24.23 |
|              | W85 | 4.00K 7.56  | OLGA KOTELKO        | 19  | 85  | GREY | Sindelfingen, GER | 03.10.04 |
|              | W90 | 4.00K 7.51  | OLGA KOTELKO        | 19  | 92  | GREY | Kamloops, BC      | 03.20.11 |
|              | W95 | 4.00K 6.97  | OLGA KOTELKO        | 19  | 95  | GREY | Budapest, HUN     | 03.30.14 |

### COMBINED EVENTS

| PENTATHLON | AGE | RECORD | ATHLETE                                                                 | YOB | AGE | CLUB | LOCATION     | DATE     |
|------------|-----|--------|-------------------------------------------------------------------------|-----|-----|------|--------------|----------|
|            | W40 | 2040   | OLESEA CHITUL                                                           | 75  | 43  | GREY | Edmonton, AB | 03.10.19 |
|            |     |        | (12.56 - 476 / 1.16m - 350 / 7.53m - 425 / 3.92m - 371 / 3:02.42 - 418) |     |     |      |              |          |
|            | W45 | 2425   | OLESEA CHITUL                                                           | 75  | 47  | GREY | Toronto, ON  | 02.25.23 |
|            |     |        | (13.00 - 433 / 1.19m - 439 / 7.48m - 465 / 4.48m - 603 / 3:02.72 - 485) |     |     |      |              |          |
|            | W50 | 3566   | SUNETTE LESSING                                                         | 67  | 51  | KAML | Kamloops, BC | 03.31.19 |
|            |     |        | (10.59 - 883 / 1.50m - 941 / 9.19m - 556 / 4.57m - 723 / 3:12.97 - 463) |     |     |      |              |          |
|            | W55 | 2361   | DEBRA LACHANCE                                                          | 68  | 56  | GREY | Winnipeg, MB | 03.02.25 |
|            |     |        | (12.97 - 525 / 1.16m - 555 / 6.90m - 432 / 3.29m - 371 / 3:19.94 - 478) |     |     |      |              |          |

## WOMENS INDOOR TRACK + FIELD RECORDS | MASTERS

BC Athletics is pleased to recognize the accomplishments of our athletes through the BC Athletics Provincial Records program. This document is updated once per season. BC Athletics maintains a list of pending records throughout the year. Please note that records remain a work in progress. For any questions, comments or corrections, please contact [garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org).



| PENT cont. | AGE | RECORD | ATHLETE                                                                                                               | YOB | AGE | CLUB | LOCATION        | DATE     |
|------------|-----|--------|-----------------------------------------------------------------------------------------------------------------------|-----|-----|------|-----------------|----------|
|            | W60 | 3151   | MARGARET RHENERGEN<br>(11.51 - 885 / 1.29m - 830 / 6.15m - 420 / 3.64m - 565 / 3:32.90 - 451)                         | 55  | 62  | KAML | Kamloops, BC    | 03.11.18 |
|            | W65 | 3360   | CINDY O'BRIEN HIGH<br>(11.49 - 906 / 1.22m - 818, 7.59m - 617 / 3.57m - 631 / 3:52.08 - 388)                          | 58  | 66  | GREY | Winnipeg, MB    | 03.02.25 |
|            | W70 | 2891   | CHRISTA BORTIGNON<br>(14.45 - 641 / 1.09m - 701 / 5.98m - 526 / 3.19m - 565 / 3:55.13 - 458)                          | 37  | 74  | GREY | Albuquerque, NM | 03.04.11 |
|            | W75 | 3678   | CHRISTA BORTIGNON<br>(13.39 - 904 / 1.06m - 747 / 7.62m - 637 / 3.39m - 768 / 3:47.46 - 622)                          | 37  | 75  | GREY | Bloomington, IN | 03.16.12 |
|            | W90 | 1074   | OLGOA KOTELKO<br>(DNF - 0 / 0.61m - 239 / 4.91m - 649 / 1.42m - 186 / 8:49.15 - 0)                                    | 19  | 93  | GREY | Jyvaskyla, FIN  | 04.03.12 |
| HEPTATHLON | AGE | RECORD | ATHLETE                                                                                                               | YOB | AGE | CLUB | LOCATION        | DATE     |
|            | W45 | 2339   | NANCY COCHRANE<br>(10.31 - 353 / 3.43m - 296 / 5.80m - 334 / 1.27m - 534 / 13.21 - 402 / 1.45m - 118 / 3:23.54 - 302) |     | 49  |      | Kenosha, WI     | 02.03.02 |