

## BC Athletes @ 2016 Canadian Senior Track and Field Championships Edmonton, Alberta July 7 – 10, 2016

Table 1: Performance analysis, ranked by placing in the final, of Team BC athletes at the 2016 Canadian Track and Field Championships in Edmonton, Alberta (July 7-10, 2016).

Last Name	First Name	Sex	Club	Event	Performance	Pace	Seasonal Best	Personal Best	Type
Esser	Agnes	F	UNBC	Discus	50.32	1	57.91	57.91	Top 3
George	Nathan	M	COQC	400m	45.94	1	45.94	45.94	Top 3
Ramage	Katelynn	F	WALK	10000m RW	50:26.65	1	47:26.89	47:26.89	Top 3
Treasure	Alyx	F	PGTF	High Jump	1.88	1	1.94	1.94	Top 3
Turner	Rostam	M	OACS	Decathlon	7565	1	7601	7601	Top 3
Ayesu-Attah	Ben	M	COQC	400m	46.20	2	46.20	46.20	Top 3
Bruchet	Luc	M	TBIR	5000m	14:02.37	2	13:24.10	13:24.10	Top 3
Ellenwood	Georgia	F	LANG	Heptathlon	5814	2	5935	5935	Top 3
Mason	Mike	M	VRTF	High Jump	2.23	2	2.29	2.33	Top 3
Nielsen	Kyle	M	TBIR	Javelin	71.54	2	71.54	77.24	Top 3
Winter	Chris	M	UNBC	3000m SC	8:38.74	2	8:27.18	8:26.55	Top 3
Woodward	Krista	F	UNBC	Javelin	53.24	2	58.31	60.15	Top 3
Ellenwood	Georgia	F	LANG	Long Jump	6.02	3	6.19	6.19	Top 3
Fraser	Melissa	F	LANG	Javelin	52.00	3	53.39	54.87	Top 3
Gallaughar	Robbie	M	LANG	Long Jump	7.29	3	7.42	7.42	Top 3
Lovett	Django	M	VRTF	High Jump	2.18	3	2.23	2.23	Top 3
Cliff	Rachel	F	TBIR	5000m	16:10.98	4	15:23.94	15:23.94	Top 8
Smith	Jessica	F	VRTF	800m	2:03.77	4	2:01.84	1:59.86	Top 8
Stuart	Lauren	F	KAML	Hammer	64.02	4	67.56	67.56	Top 8
Yee	Regan	F	LANG	3000m SC	10:04.77	4	9:53.99	9:53.99	Top 8
Brockerville	Ryan	M	UNBC	3000m SC	8:56.66	5	8:34.09	8:34.09	Top 8
Butterworth	Alycia	F	UNBC	3000m SC	10:05.90	5	9:41.26	9:41.26	Top 8

Ellenwood	Georgia	F	LANG	High Jump	1.78	5	1.8	1.8	Top 8
Erickson	Quinn	F	CXVC	Discus	45.27	5	50.55	50.55	Top 8
Esser	Agnes	F	UNBC	Hammer	59.11	5	61.00	61.00	Top 8
Moriconi	Olivia	F	UNBC	Shot Put	15.26	5	15.26	15.26	Top 8
Pomfret	Kendra	F	UNBC	1500m	4:20.05	5	4:14.00	4:14.00	Top 8
Restall	Brendon	M	UVIC	800m	1:48.91	5	1:48.51	1:48.43	Top 8
Rowe	Whitney	F	UNBC	200m	24.29	5	23.52	23.52	Top 8
Wodak	Natasha	F	PHIR	5000m	16:23.56	5	15:37.70	15:37.70	Top 8
Gay	John	M	TBIR	3000m SC	8:58.35	6	8:49.22	8:49.22	Top 8
Groenewoud	Chantelle	F	UNBC	3000m SC	10:40.10	6	10:01.73	9:45.42	Top 8
Kimoto	Emma	F	UNBC	High Jump	1.75	6	1.85	1.85	Top 8
Rowe	Whitney	F	UNBC	100m	11.62	8	11.57	11.57	Top 8
Riva	Thomas	M	UVIC	1500	3:58.79	9	3:39.99	3:37.34	Top 16
Wiebe	Devan	F	VOCA	800m	2:06.66	11	2:03.21	2:03.21	Top 16
Crofts	Helen	F	VRTF	800m	2:08.20	16	2:02.23	2:01.35	Top 16
Turner	James	M	OACS	Decathlon	DNF	-	7776	7776	-

Table 2: Performance analysis, ranked by placing in the final, of BC Club athletes at the 2016 Canadian Track and Field Championships in Edmonton, Alberta (July 7-10, 2016).

Last Name	First Name	Sex	Club	Event	Performance	Place	Seasonal Best	Personal Best	Type
Nettey	Christabel	F	UNBC	Long Jump	6.62	1	6.75	6.99	Top 3
Steady	Heather	F	UNBC	Hammer	69.71	1	72.09	72.16	Top 3
Babenko	Dmitry	M	UNBC	10000m RW	48:00.35	3	48:00.35	48:00.35	Top 3
Haynes	Akeem	M	TBIR	100m	10.21	3	10.16	10.16	Top 3
Mara	Tyrell	M	KJAK	Discus	50.11	3	50.11	50.11	Top 3
Wier	Jillian	F	UNBC	Hammer	67.86	3	69.65	69.65	Top 3
Parker	Sullivan	M	UNBC	Shot Put	17.34	4	18.22	18.22	Top 8
Price	Madeline	F	UNBC	200m	23.91	4	23.48	23.48	Top 8

White	Andy	M	NORW	Javelin	66.81	4	66.81	72.35	Top 8
Butterworth	Lindsey	F	VRTF	800m	2:04.55	5	2:02.67	2:02.67	Top 8
Fyffe	Nicolas	M	KJAK	Triple Jump	14.83	5	14.83	14.83	Top 8
Martinson	Geoffrey	M	PIHR	5000m	14:10.15	5	14:10.15	13:43.45	Top 8
Nettey	Sabrina	F	UATH	Long Jump	5.89	5	5.97	6.26	Top 8
Price	Madeline	F	UNBC	400m	53.20	5	52.88	52.88	Top 8
Larose	Annie	F	UNBC	Hammer	57.86	6	58.14	61.55	Top 8
Akbarizadeh	Natasha	F	UNBC	Hammer	57.24	7	59.65	59.65	Top 8
Allen	Spencer	M	UNBC	Pole Vault	4.70	7	4.70	5.00	Top 8
Turner	Rostam	M	OACS	Discus	44.23	7	48.06	48.06	Top 8
Benson	Fiona	F	LANG	800m	2:08.24	8	2:03.11	1:59.59	Top 8
Kennedy	Samantha	F	KJAK	Hammer	55.69	8	55.69	58.65	Top 8
Turner	Rostam	M	OACS	Pole Vault	4.70	9	4.70	4.70	Top 16
Marpole-Bird	Justin	M	TBIR	1500m	3:58.92	10	3:43.36	3:40.79	Top 16
Tourigny	Katherine	F	UNBC	400mHurdles	62.63	10	60.85	60.85	Top 16
Brooking	Lisa	F	LANG	5000m	16:58.27	11	16:11.58	16:11.58	Top 16
Charlton	Braeden	M	UNBC	3000m SC	9:35.15	11	9:13.05	9:13.05	Top 16
Jarron	Lukas	M	UNBC	800m	1:50.66	11	1:50.41	1:50.41	Top 16
Kent	Justin	M	CTC1	1500m	4:00.11	11	3:42.77	3:41.00	Top 16
Clifford	Deon	M	LANG	3000m SC	9:35.86	12	9:04.65	8:59.29	Top 16
Paul-Morris	Adam	M	TBIR	800m	1:50.73	12	1:49.82	1:48.09	Top 16
Therrien	Brittany	F	UNBC	5000m	17:07.76	12	16:45.55	16:45.55	Top 16
Hutchins	Clayton	M	UNBC	5000m	14:49.16	13	14:49.16	14:49.16	Top 16
Labeaud	Natasha		UNBC	5000m	17:16.96	13	16:10.98	15:44.89	Top 16
Atkin	Casey	F	UNBC	800m	2:07.74	15	2:04.67	2:04.67	Top 16
Proceviat	Cameron	M	UNBC	800m	1:51.77	16	1:49.28	1:49.28	Top 16
Hunt	Theo	M	TBIR	5000m	14:59.21	17	14:19.62	14:19.62	Top 32
Bell-Spence	Jonelle	F	UNBC	100m	12.04	21	12.04	12.04	Top 32

Lam	James	M	LANG	800m	1:54.83	21	1:53.50	1:53.50	Top 32
Linde	James	M	COQC	100m	10.66	21	10.61	10.58	Top 32
Harris	Tamara	F	NWSA	800m	2:11.75	25	2:07.31	2:07.31	Top 32
Townsend	Dana	F	UNBC	1500m	5:12.96	28	4:43.38	4:43.38	Top 32
Marshall	Adam	M	LANG	1500m	4:00.42	29	3:52.87	3:52.87	Top 32
Matyas	Zachary	M	LANG	800m	1:59.79	34	1:58.04	1:58.04	Top 50
Butler	Michael	M	UNBC	800m	2:00.11	35	1:58.79	1:58.79	Top 50
Kilmartin	Sandra	F	UNBC	800m	2:16.02	41	2:15.29	2:15.29	Top 50
Balbosa	Chelsea	F	UNBC	800m	2:20.18	48	2:18.12	2:14.82	Top 50
Elson	James	M	NORW	High Jump	NH	-	2.00	2.04	-
Linde	James	M	COQC	200m	DNS	-	21.37	21.17	-
Stroda	Aaron	M	UNBC	Hammer	DNS	-	58.44	58.44	-
Torres	Richard	M	CTC1	800m	DNS	-	1:55.63	1:55.63	-
Watts-Watling	Keely	F	OACS	Heptathlon	DNF	-	4853	4853	-

Table 3: Performance analysis, ranked by placing in the final, of BC athletes at Canadian 10 Km Road Championships in Ottawa, Ontario (May 27, 2016), Canadian Half Marathon Championships in Calgary, Alberta (May 29, 2016) and the 10,000m Championships in Guelph, Ontario (June 25, 2016).

Last Name	First Name	Sex	Club	Event	Performance	Place	Seasonal Best	Personal Best	Type
Wodak	Natasha	F	PIHR	10 Km	33:51	6	33:51	31:59	Top 8
Brooking	Lisa	F	LANG	10 Km	35:19	9	34:38	34:38	Top 12
Friesen	Kevin	M	UNBC	10 Km	30:31	9	29:37	29:37	Top 8
Watkins	Catherine	F	UNBC	10 Km	36:03	12	34:48	33:52	Top 12
Attema	Terence	M	UNBC	Half Marathon	1:08.42	3	1:07.02	1:05.25	Top 3
Hastie	Nick	M	VFAC	Half Marathon	1:14.44	10	1:14.07	1:11.50	Top 12
Wodak	Natasha	F	PIHR	10000m	33:29.67	2	31:53.14	31:41.59	Top 8
Friesen	Kevin	M	UNBC	10000m	29:19.95	3	29:19.95	29:19.95	Top 8
Martinson	Geoffrey	M	PIHR	10000m	30:12.04	7	30:12.04	30:12.04	Top 8

Hunt	Theo	M	TBIR	10000m	32:04.00	24	32:04.00	30:15.94	Top 29
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