

**Team BC Athletes @ Canadian Junior National Track & Field  
Championships  
Ottawa, Ontario  
July 3-9, 2017**

**Personal Bests:**

1. Katarina Vlahovic, 100m Hurdles, 13.63 – Universal Athletics Club
2. Anastas Eliopoulos, 110m Hurdles, 13.56 – Vancouver Olympic Club
3. Camryn Rogers, Hammer, 61.95 – Kajaks Track and Field Club
4. Kaila Butler, Hammer, 58.72 – Unattached BC
5. Rowan Hamilton, Hammer, 62.37 – Valley Royals Track and Field Club
6. Grace Fethersonhaugh, 3000m Steeplechase, 10:25.90 – Royal City Track and Field Club
7. Katherine Lucas, 100m, 11.88 – Vancouver Thunderbirds
8. Jasneet Nijjar, 200m, 23.97 – Universal Athletics Club
9. Denzel Brown, Long Jump, 6.94 – Coquitlam Cheetahs
10. Katherine Lucas, 200m, 24.06 – Vancouver Thunderbirds

**Gold Medalists:**

1. Alger Liang, 10 Km Racewalk, 45:07.00 – Racewalk West
2. Katarina Vlahovic, 100m Hurdles, 13.63 – Universal Athletics Club
3. Anastas Eliopoulos, 110m Hurdles, 13.56 – Vancouver Olympic Club
4. Camryn Rogers, Hammer, 61.95 – Kajaks Track and Field Club
5. Vikramjit Gondara, Hammer, 62.37 – Valley Royals Track and Field Club
6. Alexa Porpaczy, High Jump, 1.77 – Valley Royals Track and Field Club

**Silver Medalists:**

1. Charlie Dannatt, 1500m, 3:53.66 – Hershey Harriers Track and Field Club
2. Quinn Litherland, 400m, 47.78 – Vancouver Thunderbirds
3. Tyler Dozzi, 5000m, 15:01.34 – Prairie Inn and Harriers Racing Team
4. Kaila Butler, Hammer, 58.72 – Unattached BC
5. Rowan Hamilton, Hammer, 62.37 – Valley Royals Track and Field Club
6. Jason Clare, Pole Vault, 4.60 – Nanaimo and District Track and Field Club

**Bronze Medalists:**

1. Grace Fethersonhaugh, 3000m Steeplechase, 10:25.90 – Royal City Track and Field Club
2. Grace Fetherstonhaugh, 3000m, 9:33.71 – Royal City Track and Field Club
3. Kieran Lumb, 5000m, 15:03.98 – Vancouver Thunderbirds
4. Chanell Botsis, Hammer, 57.21 – Kajaks Track and Field Club
5. Joel Della Siega, High Jump, 2.02 – Ocean Athletics Track and Field Club

Table 1: Team BC athletic performance breakdown at 2017 Canadian Junior National Track and Field Championships in Ottawa, Ontario (July 3-9, 2017).

# of BC Athletes with Podium Finish	17	# of Athletes on Team BC	26	% with Podium Finish	65.384%
# of BC Athletes in Top 8	32	# of Athletes on Team BC	26	% in Top 8	>100%
# of BC Athletes that Achieved or Tied their Personal Best	10				

Table 2: Performance analysis, ranked by placing in the final, of Team BC at the Canadian Junior National Track and Field Championships in Ottawa, Ontario (July 3-9, 2017).

Athlete	Gender	Club	Event	Performance	Place	SB	PB
Alexa Porpaczy	F	VRTF	High Jump	1.77	1	1.80	1.80
Alger Liang	M	WALK	10 Km RW	45:07.00	1	44:46.00	44:46.00
Anastas Eliopoulos	M	VOCA	110m H	13.56	1	13.36	13.36
Camryn Rogers	F	KJAK	Hammer	61.95	1	63.42	63.42
Katarina Vlahovic	F	UNIV	100m H	13.63	1	13.63	13.63
Vikramjit Gondara	M	VRTF	Hammer	62.37	1	63.41	63.41
Charlie Dannatt	M	HHAC	1500m	3:53.66	2	3:46.20	3:46.20
Jason Clare	M	NTFC	Pole Vault	4.60	2	4.67	4.70
Kaila Butler	F	UNBC	Hammer	58.72	2	58.72	58.72
Quinn Litherland	M	TBIR	400m	47.78	2	47.61	47.57
Rowan Hamilton	M	VRTF	Hammer	62.37	2	62.37	62.37
Tyler Dozzi	M	PIHR	5000m	15:01.34	2	14:34.80	14:34.80
Chanell Botsis	F	KJAK	Hammer	57.21	3	60.08	60.08
Grace Fetherstonhaugh	F	CITY	3000m	9:33.71	3	9:33.71	9:33.71
Grace Fetherstonhaugh	F	CITY	3000m Steeplechase	10:25.90	3	10:15.32	10:15.32
Joel Della Siega	M	OATF	High Jump	2.02	3	2.06	2.10
Kieran Lumb	M	TBIR	5000m	15:03.98	3	14:17.25	14:17.25

Denzel Brown	M	COQC	Long Jump	6.94	4	6.94	6.94
Denzel Brown	M	COQC	Triple Jump	14.39	4	14.60	14.60
Jasneet Nijjar	F	UNIV	200m	23.83	4	23.83	23.83
Katherine Lucas	F	TBIR	100m	11.88	4	11.88	11.88
Kieran Lumb	M	TBIR	1500m	3:54.57	4	3:51.35	3:51.35
Tasha Willing	F	UNBC	Hammer	51.78	4	55.19	55.19
Tasha Willing	F	UNBC	Shot Put	12.43	4	13.24	13.24
Chicago Bains	F	UNBC	100m H	14.25	5	14.20	14.20
Katherine Lucas	F	TBIR	200m	24.06	5	24.06	24.06
Alexander Savage	M	LANG	Long Jump	6.68	6	6.95	7.10
Tasha Willing	F	UNBC	Discus	37.48	6	40.17	40.17
Trinity Hansma	F	VAAA	High Jump	1.65	6	1.71	1.71
Vikramjit Gondara	M	VRTF	Discus	43.89	6	47.64	47.64
Benjamin Tjernagel	M	COQC	200m	22.05	8	21.86	21.86
Lauren D'Agnolo	F	VICS	400m	56.15	9	54.99	54.99
Bryce Mackenzie	M	COQC	100m	11.07	13	10.78	10.78
Bryce Mackenzie	M	GOLD	High Jump	-	DNS	2.05	2.05
Bryce Mackenzie	M	GOLD	Long Jump	-	DNS	6.80	6.80

## BC Club Athletes – Junior Nationals

### Personal Bests:

1. Kristen Schulz, Triple Jump, 12.16 – Norwesters Track and Field Club
2. Amarveer Sandhu, 200m, 21.76 – Universal Athletics Club
3. Mackenzie Riddell, Decathlon, 5432 – Norwesters Track and Field Club
4. Hana Tyndall, 100m Hurdles, 14.45 – Coquitlam Cheetahs
5. Nicholas Cornell, Javelin, 46.57 – Okanagan Athletics Club

6. Aaryanna Kurucz, 200m, 25.44 – Universal Athletics Club

**Gold Medalists:**

1. Kiera McCarrell, Javelin, 43.35 – Unattached BC
2. Kristen Schulz, Triple Jump, 12.16 – Norwesters Track and Field Club

**Bronze Medalists:**

1. Michael Aono, 400m, 48.42 – Coquitlam Cheetahs

Table 2: BC Club athletic performance breakdown at 2017 Canadian Junior National Track and Field Championships in Ottawa, Ontario (July 3-9, 2017).

# of BC Athletes with Podium Finish	3	# of Athletes Competing	23	% with Podium Finish	13.043%
# of BC Athletes in Top 8	13	# of Athletes Competing	23	% in Top 8	56.522%
# of BC Athletes that Achieved or Tied their Personal Best	6				

Table 4: Performance analysis, ranked by placing in the final, of BC Club athletes at the Canadian Junior National Track and Field Championships in Ottawa, Ontario (July 3-9, 2017).

Athlete	Gender	Club	Event	Performance	Place	SB	PB
Keira McCarrell	F	UNBC	Javelin	43.35	1	48.31	48.31
Kristen Schulz	F	NORW	Triple Jump	12.16	1	12.25	12.25
Michael Aono	M	COQC	400m	48.42	3	48.39	46.79
Amarveer Sandhu	M	UNIV	200m	21.76	4	21.76	21.76
Jorin Lenton	M	GOLD	400m Hurdles	56.32	4	54.75	54.75
Joshua Kozelj	M	COQC	3000m Steeplechase	9:40.04	4	9:34.26	9:34.26
Isaac Sandri	M	NTFC	Javelin	53.13	5	58.22	58.22
Roberto Esquivel	M	NORW	Triple Jump	14.00	5	13.91	13.91
Taryn O'Neill	F	OACS	3000m	9:43.15	6	9:28.12	9:28.12
Mackenzie Riddell	M	NORW	Decathlon	5432	6	5432	5432
Hana Tyndall	F	COQC	100m H	14.45	7	14.45	14.45
Joshua Kozelj	M	COQC	5000m	15:33.70	7	14:59.84	14:59.84

Amarveer Sandhu	M	UNIV	100m	10.97	8	10.92	10.87
Jayden Driver	M	VRTF	Hammer	47.04	8	54.31	54.31
Nathan Mah	M	COQC	100m	11.02	9	10.91	10.85
Nicholas Cornell	M	OACS	Javelin	46.57	9	46.57	46.57
Nicholas Cornell	M	OACS	Hammer	45.34	10	47.83	47.83
Zack Kuzyk	M	GOLD	High Jump	1.94	10	1.94	1.95
Zack Kuzyk	M	GOLD	Long Jump	6.49	10	6.72	6.72
Jayden Driver	M	VRTF	Discus	38.57	11	40.22	41.00
Megan Roxby	F	HHAC	800m	2:16.99	13	2:15.32	2:15.32
Gabriela Aquilini	F	UNBC	High Jump	1.59	15	1.60	1.60
Mikayla Tinkham	F	GOLD	800m	2:18.32	15	2:15.56	2:15.56
Nathan Mah	M	SFUT	200m	22.27	15	21.87	21.87
Aaryanna Kurucz	F	UNIV	200m	25.44	16	25.44	25.44
Aaryanna Kurucz	F	UNIV	400m	57.78	16	57.29	57.29
Vladislav Lyesin	M	PIHR	800m	1:57.83	18	1:55.00	1:55.00
Keira McCarrell	F	UNBC	Long Jump	4.96	20	5.38	5.52
Jorin Lenton	M	GOLD	400m	DNF	23	50.56	50.56
Mikayla Tinkham	F	GOLD	1500m	5:02.48	25	4:54.22	4:45.18
Austin Sutherland	M	HHAC	1500m	4:14.22	27	4:05.09	4:05.09
Stefan Biro	M	HHAC	800m	1:58.56	30	1:56.20	1:56.20
Matthew Thibodeau	M	PIHR	800m	2:00.31	36	1:58.13	1:58.13
Sean Bergman	M	UNBC	5000m	-	DNS	-	15:02.64
Kristen Schulz	F	NORW	Long Jump	-	FOUL	5.49	5.49