

# BC Athletics Board of Directors Report – August 22, 2020 Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

#### **Track & Field Committee**

There are vacant committee positions for which the Technical Manager is working with the Chair of the Track & Field Committee to fill. All interested coaches/athletes are asked to please contact Chris Winter (Chris.Winter@bcathletics.org)

#### **Current Committee:**

- 1. Tyler Heisterman (Board Liaison)
- 2. Tara Self (Chair Sprints/Hurdles)
- 3. Nicholas Ayin (Male Athlete Rep Sprints/Hurdles)
- 4. Jessica Smith (Female Athlete Rep Middle Distance)
- 5. Brant Stachel (Middle Distance)
- 6. Mark Bomba (Middle Distance)
- 7. Laurie Willett (Throws)
- 8. Sheldan Gmitroksi (Throws)
- 9. Open (Jumps)
- 10. Elena Voloshin (Jumps)
- 11. Ana Karanovic (Para)
- 12. Pat Sima-Ledding (Combined Events)
- 13. Barb Vida (Combined Events)
- 14. Open (Sprint / Hurdles)

#### **PILLAR: ATHLETE DEVELOPMENT**

## 1. COVID-19 Response:

- Served on the Athletics Canada "Back on Track" Task Force that worked to develop the Back on Track guidelines as a national tool to assist in developing a responsible return to programming in each province and territory.
  - o Athletics Canada's "Back on Track" Training & Competition Guidelines
- Worked with BCA Staff and Relevant Committees to produce and publish:
  - o BC Athletics Back to Training Addendum
  - o <u>BC Athletics Back to Competition Adde</u>ndum



## 2. BC Athletics Back to Competition – Officials Guidelines

### 2. 2019/2020 BC Athlete Assistance Program (AAP)

- 41 Athletes awarded for a total investment of \$40,000.00
- Upcoming Important Dates:
  - Application Deadline is Nov 1, 2020
  - o BC Athletes Assistance Program (AAP) Athletes Identified February 2021
  - Circulation of Funding February 2021
- o 2020/21 AAP Criteria
  - o Draft Criteria sent to Track & Field Committee for review and approval.

## 3. 2019/2020 BC Athletics High Performance Targeted Athlete Program

• 209 athletes were nominated under this program and receive access to targeted Programming with BC Athletics (ex. BC Throws Project & BC Sprint/Hurdle Project) as well as they are able to register with the Canadian Sport Institute.

Tier	2018/2019	2019/2020	
Provincial Dev Level 2	89	98	
Provincial Dev Level 1	40	64	
Canadian Dev	25	25	
Canadian Elite	23	21	
Total	177	209	

- As of June 2019 (63%) of athletes have registered with CSI Pacific
  - o 2019/2020 Cycle Criteria

#### 4. BC Throws Project

- Project Leadership: Garrett Collier, Sheldan Gmitroski, Laurie Willett, Dylan Armstrong & BCA Staff
- Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Past Activities:
  - 0 2019/2020
    - 2019 BC Throws Summit; Nov 9-10, 2019, Richmond Oval, Richmond, BC
      - (i) 24 Attendees
      - (ii) 3 Expert Coaches (Don Babbitt University of Georgia, Mo Saatara University of California, Berkley, Larry Steinke University of Lethbridge)
    - 2019 BC Throws Project Development Camp; Sept 27-29, 2019; Kamloops, BC
      - (i) Camp Overview
      - (ii) Targeted & Coaches were offered travel grants
      - (iii) 46 Athletes & Coaches Attended

## 5. BC Sprint / Jumps Project



- Project Leadership: Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Activities:
  - o 2020 BC Sprints / Jumps Project Camps Cancelled due to COVID-19

## 6. 2020 BC Team Program

All 2020 BC Team Cancelled due to COVID-19

## 7. 2019/2020 BC Athletics Training Camps & Events

## BC Endurance Project – Whistler High School XC Camp - Cancelled

Date: August 20-23, 2020Location: Whistler, BC

Hosted by BC Athletics & the BC Endurance Project

o Open to all High School Aged Athletes

## • Webinar: Relative Energy Deficiency in Sport

Date: July 9, 2020Location: Online

• Presenters: Dr. Sara Forsyth; Braeden Charlton

• Attendees: 125 Registrations

YouTube Views: 238

## • BC Sprint/Hurdle Project Warm Weather Camp - Cancelled

o Date: March 2020

Location: Las Vegas, Nevada or Tuscon, AZCamp Leaders: Laurier Primeau, Tara Self

o Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches

## • BC Sprint/Hurdle Provincial Development Camp - Cancelled

Date: March 2020Location: Burnaby, BC

o Camp Leaders: Laurier Primeau, Tara Self

Attendees: Targeted to all athletes (U16 and older) & coaches.

#### 2020 Performance Summit

Partnered with Cycling BC

o Date: Jan 25, 2020

o Location: Fortius Sport & Health

Attendees: Open to all BC Athletics Members

o Invitations: BC Athletics High Performance Targeted Athletes & Coaches

Presenters:



Sports Nutrition: Joanna IrvineMental Performance: Matt Fisher

• CSIP Programming: Kurt Innes

• Injury Prevention: Chris Perry (Physiotherapist)

• Anti-Doping: Tara Mowat

• Elite Athletes: Liz Gleadle, Django Lovett

## • Navigating University Recruitment Night

Date: Nov 20<sup>th</sup>, 2019

• Location: Fortius Sport & Health & Online Via Webinar

• Partnered with Streamline Athletes

• Elite Athletes: Django Lovett, Lindsey Butterworth, John Gay

#### • 2019 BC Throws Summit

• Date: Nov 9-10, 2019,

• Location: Richmond Oval, Richmond, BC

- Expert Coaches: Don Babbitt University of Georgia, Mo Saatara University of California,
   Berkley, Larry Steinke University of Lethbridge
- Attendees: 24 Coaches from across BC, Canada and USA.
- Elite Athletes: Liz Gleadle, Camryn Rogers, Matthew Uliana, Eniko Sara

## BC Throws Project Development Camp

o Date: Sept 2019

Location: Kamloops, BC

o Camp Leaders: Garrett Collier, Sheldan Gmitroski, Dylan Armstrong

- Attendees: Open to all Athletics Canada Members. Invites sent to BC Athletics High Performance Targeted Athletes & Coaches.
- o 46 Athletes & Coaches Attended

#### 7. Athlete Identification

#### RBC Training Ground

- o February 29, 2020 Kelowna
- March 29, 2020 Vancouver Cancelled
- BC Athletics promoted the program to our membership and helped to identify coaches to assist at the events.

## Harry Jerome Scholarship

- Call for applications went out early in 2020.
- o Deadline for nominations was May 15th, 2020.
- o Harry Jerome Scholarship was awarded to 5 athletes on June 4, 2020.
- o 5 Athletes nominated for the award:



- Isaiah Collins (Okanagan Athletics)
- Michelle Dadson (South Surrey Athletics)
- Aiden Grout (Langley Mustangs)
- Jaiveer Tiwana (Coast Track Club)
- Tyler Wilson (Ocean Athletics)
- o Press Release

#### **PILLAR: COMPETITION**

#### 1. 2020 Pacific Distance Carnival & Canadian 10,000m Championships

- 2020 Event Cancelled
- 2021 Event Scheduled for May 30, 2021
  - 1. All sponsors have committed support for 2021 event.

#### 2. 2021 Calendar of Events

- It is yet to be seen what sort of impact COVID-19 will have on our 2021 Event Calendar. We will need to hope for the best and plan for the worst to ensure we are able to provide a robust competition calendar under all scenarios looking at Virtual, In-Club, Regional, Provincial, National and International Levels of competition.
- More than ever we will need to explore new ways of hosting meets. (i.e. Twilight Meets, Single event / event groups, single age groups, etc.)
- With the real possibility of a fractured event calendar, there will be a need to recruit and train new Officials and Volunteers in order to grow capacity. The BCA Officials Committee has already worked to deliver a Pilot Online Training Module for Levels 1 & 2 which will be helpful in training these new officials.

#### • 2021 Key Dates:

- o Canadian Track & Field Championships June 24 27, 2021 Montreal, QC
- o BC Track & Field Championships Jamboree July 9-11, 2021 Prince George, BC
- Olympic Games July 23 August 8, 2021 Tokyo, Japan
- o National Youth Track & Field Championships August 6-8, 2020 Sherbrooke, QC
- Canada Summer Games August 6 21, 2021 Niagara, ONT
- o Paralympic Games August 24 Sept 5, 2021 Tokyo, Japan

#### • 2022 Key Dates:

- o Canadian Track & Field Championships June 23 26, 2022 Langley, BC
- BC Track & Field Championships Jamboree TBD Kamloops, BC
- World Athletics Championships July 15 24, 2022 Eugene, USA
- o Commonwealth Games July 27 August 7, 2022 Birmingham, England



National Youth Track & Field Championships – August 5-7, 2022 – Sherbrooke, QC

## 2020 BC Athletics Event Congress

- BC Athletics Track & Field Events Congress is a meeting held annually to discuss scheduling on the BC Athletics Track & Field Calendar of Events for the upcoming season, and next 2 seasons.
- o 2020 Date: TBA; Teleconference Format

## 2. Event Sanctioning

• Oversaw the BC Athletics process for the sanctioning of Track & Field Competitions

Year	Sanctioned Events	Not Received	Cancelled Events	Male Participants	Female Participants	Males (Para)	Females (Para)	Total Participants	PESF Fees
2020	76	NA	54	575	359	3	0	937	\$332.00
2019	79	15	3	9,370	8,940	91	35	18,436	\$6,078.07
2018	68	2	3	11,432	10,691	89	57	22,269	\$6,968.42
2017	76	5	3	10,951	10,087	44	27	21,109	\$6,221.96

#### "Traditional" BC Athletics Sanctioned Meets

Event Name	Total Participants	Event Name	Total Participants	Increase/ Decrease	% Increase / Decrease
Harry Jerome Indoor Games - 2019	480	Harry Jerome Indoor Games	533	53	9.94%
Gary Reed Indoor Invitational	173	Gary Reed Indoor Meet	185	12	6.49%
2019 Van Ryswyk / BC Masters Championships	83	2020 Van Ryswyk / BC Masters Championships	197	114	57.87%
Total	736	be Masters enamplements	915	179	24.77%

## **Comments:**

- COVID-19 led to the cancellation of the majority of events here in BC.
- BC Athletics announced on July 28, 2020 it would be possible to sanction and hold "In-Club" / "In
  Training-Group" Competitions. As a result, we will see more of these types of competitions held
  in late summer and early august allowing athletes to registered officials marks that can be
  included in Provincial/National Rankings and be eligible for Records.

## **PILLAR: ORGANIZATION CAPACITY**

## 1. Organizational Management - Professional Development

- Began "Non-Profit Management Certificate" at SFU.
  - Completed 2 of 6 courses as of August 2020.

#### 2. Communication and Marketing

- BC Athletics' Social Media
  - Efforts made to highlight BC Athletics Programs, Services, and Athlete Highlights using our Website, Social Media, Newsletter, and events.

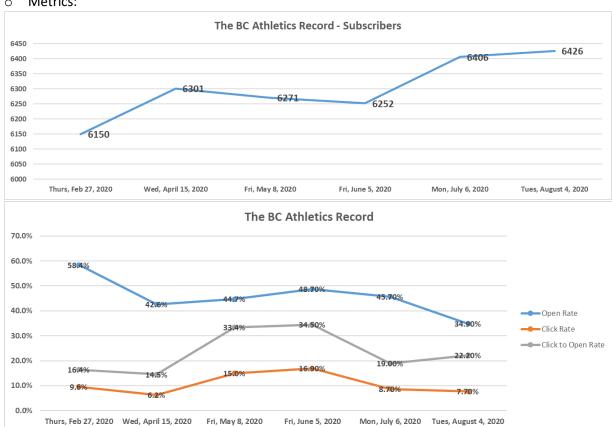


Social Media Channel	August 2017	August 2018	August 2019	August 2020
Twitter Followers	2307	2480	2562	2688
Facebook	1231	1380	2053	2312
Followers				
Instagram	NA	1750	2300	2782
Followers				

#### **BC Athletics' Record eNewsletter**

- o First eNewsletter sent in February. Since then a monthly newsletter has been circulated.
- o The purpose of the "B.C. Athletics RECORD" is to:
  - i. Promote the understanding of the Association's mission and objectives.
  - ii. Keep members and others aware of the Association's programs and services.
- iii. Recognize the achievements of individual athletes in the province.
- Encourage membership contributions to the publication in the form of articles, opinions, iv. letters, etc.
- Advise members of trends and issues in Athletics in other parts of the world and the ٧. implications for Athletics in BC.
- Provide a vehicle for sponsorship advertising opportunities. vi.

#### Metrics:





#### Athletics Canada Annual Athlete of the Year Awards

- BC Winners included:
  - Arnold Boldt Award Para Athlete of the Year in Ambulatory Events Nathan Riech (UNBC)
  - Fred Begley Memorial Trophy Off-Track Athlete of the Year Evan Dunfee (WALK)
  - Dr. Doug Clement Award Coach of the Year Gerry Dragomir (WALK)
  - Jane & Gerry Swan Award Development Coach of the Year Besnik Mece (VOC)

## Sport BC Annual Athlete of the Year Awards

- o The March 12, 2020 Sport BC Awards were postponed due to COVID-19.
- BC Athletes/Coaches Named as Finalists
  - 1. Senior Female Rachel Cliff
  - 2. Senior Male Evan Dunfee
  - 3. Junior Female Camryn Rogers
  - 4. Masters Female Myrtle Acton
  - 5. Para Athlete Nathan Riech
  - 6. High School Female Jasneet Nijjar
  - 7. Female Coach Lynn Kanuka

#### BC Athletics Front-Line Heroes Award

- Presented to deserving BC Athletics members (or their immediate family members) who have been working the front lines in health care and/or essential services
- o Press Release

## BC Athletics Graduating High School Student-Athletes Celebration

o Press Release