



Report to BC Athletics Annual Report 2019-2020

Jennifer Brown, Coach Education Coordinator

The Coach Education Report connects to the Technical Leadership Pillar of the Strategic Plan. It covers NCCP Coach Education Courses, Professional Development Opportunities, NCCP Coach Evaluations, and Coach Developer (Learning Facilitators and Evaluators) Training.

1. NCCP Coach Education

1.1 Overview:

Our NCCP Coach Education courses are context dependent and consists of the following courses. ([Click here for more information](#))

- **Run Jump Throw Wheel** – for coaches in grassroots track and field (covered in the Introductory Programs Report)
- **Sport Coach** – a multi-event courses for coaches with introductory level athletes
- **Club Coach** – an event specific course for coaches with intermediate level athletes
- **Performance Coach** - an event specific course for coaches with high performance athletes
- **Road Running Instructor Course** – for leaders in community road running programs
- **Foundations of Coaching in Athletics** – the foundational theory modules common to both Sport and Club Coach
- **Make Ethical Decisions (MED)** – a multi-sport NCCP course required for coaches to be trained in any context/course.

1.2 Updates since Aug 2019:

- NCCP Sport Coach and Club Coach were updated in 2019 from Athletics Canada and were implemented in BCA in the Fall of 2020.
 - i. Sport Coach is now 2 days instead of 2.5.
 - ii. Both courses begin with common theory modules called the Foundations of Coaching in Athletics. Coaches are only required to complete them once.
- The Road Running Course was previously a pilot in BCA. We are now working with the Athletics Canada Road Running Committee to create a new Road Running Course.

1.3 COVID-19 Response

- BCA worked with Athletics Canada to create a four-part online series of Foundations of Coaching in Athletics (the foundational theory modules common to Sport Coach, Club Coach and the former Road Running Course). Coaches who took the course can complete the in-person modules once safe to do so.
- Make Ethical Decisions is also offered online from Coaches Association of Canada and the Multi-Sport Organizations across Canada.

1.4 NCCP Courses to date Sept 2019 – Aug 2020

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Sept 27	MED	Victoria	AVIC	Ron Wright	4
2	Oct 5-6	Sport Coach T&F	Penticton	City of Penticton	Brenda Van Tighem	5
3	Oct 5-6	Road Running	Penticton	City of Penticton	Mike Van Tighem	3
5	Oct 25-27	Club Coach Throws with Para	Nanaimo	NTFC	Barb Vida, Jennifer Joyce	11
6	Oct 26 28	Road Running	Victoria	VIRA	Mike Van Tighem	15
7	Nov 15	MED	Langley	PSFV	Jennifer Schutz	26
8	Nov 16-17	Sport Coach T&F	South Surrey	OAC	Barb Vida	10
9	Nov 16-17	Road Running	South Surrey	OAC	Lynn Kanuka	2
10	Jan 18-19	Sport Coach	Victoria	AVIC	Amber Gilbert, Sean Steele	9
11	May 5-26	Foundations of Coaching in Athletics	Online	BCA	Barb Vida	13
12	May 6 - 27	Foundations of Coaching in Athletics	Online	BCA	Barb Vida	12
Total:						85

*Foundations of Coaching in Athletics

1.5 Upcoming Courses

- Upcoming Courses are depended on the provincial health situation. If safe to do so, BCA will host the following courses in the fall/winter 2020
 - Sport Coach
 - Club Coach
 - Road Running
 - Performance Coach
- If courses are unable to be hosted in person, BCA will host another Foundations of Athletics Online
- BCA has also received a Northern BC Coaches grant from viaSport to host a Sport Coach and Run Jump Throw Wheel course in September, or postponed if needed.

2. Professional Development Opportunities

2.1 Overview:

- Professional Development Opportunities are available for continuous coach development for coaches of all context. They also offered NCCP Professional Development Points required for coaches to maintain NCCP Certification

2.2 COVID-19 Response

- Our [Professional Development Page \(here\)](#) was updated to include a list of webinars in both track and field and multi-sport in the following areas:

Training during COVID-19	Safe Sport	Coaching and Leadership
Track and Field Specific Resources	Anti-Doping	Inclusion
Para-Specific Resources	Physical Literacy	Strength and Conditioning
Performance Analysis	Injury Prevention	Mental Performance
Other	Nutrition	

- In addition, BCA worked with Athletics Canada to organize a series of 11 webinars from April to July

2.3 Professional Development to date Sept 2019 – Aug 2020

	Date	Course	Place	Club	Facilitator(s)	#'s
1	Sept 28	BC Throws Development Camp	Kamloops	BCA	Garrett Collier, Sheldon Gmitroski, Dylan Armstrong	7
2	Oct 26	BC XC Championship Mentorship	Victoria	BCA	Mike Van Tighem	16
3	Nov 10-11	2019 BC Throws Summit	Richmond	BCA	Don Babbt, Mohamad Saatara, Larry Steinke	24
4	Jan 18-19	Wheelchair Athletics Coach Development Clinic	Richmond	BCWS	Ana Karanovic	8
5	Jan 25	2020 BC Performance Summit	Burnaby	BCA/Cycling BC	Joanna Irvine, Matt Fisher, Kurt Innes, Chris Perry, Tara Mowat, Liz Gleadle, Django Lovett	33
6	Mar 8	All Youth Matter – Youth Inclusion Course	Burnaby	BCA, Softball BC, BC Diving	viaSport LF	4
7	July 9	Relative Energy Deficiency in Sport, RED-s	Online	BCA, SFU	Sara Forsyth, Braeden Charlton	53
Total:						145

2.3 Upcoming:

- We will be launching a webinar series this Fall aligned with Coaches Week

3. Coach Evaluation

3.1 Overview:

- Coaches who wish to be certified in their context can complete their Coach Evaluation. This consists of:
 - **Run Jump Throw Wheel:** Submit a Portfolio Online
 - **Sport Coach:** Submit a Portfolio Online, Practice Observation
 - **Club Coach:** Submit a Portfolio, Practice Observation
 - **Performance Coach:** Submit a Portfolio, Practice Observation, Competition Observation

3.2 COVID-19 Response:

- Until July 2020, coaches can submit their portfolio online and complete their practice and competition observations when safe and available to do so
- Coaches can now complete their practice observation online if available, with preference to an evaluator within their region

3.3 Evaluations to date Sept 2019 – Aug 2020

	Evaluation	#'s
1	Sport Coach	2
2	Club Coach	9
3	Performance Coach	4
	Total:	15

4. Coach Developers

4.3 Overview:

- Coach Developers consist of Learning Facilitators (LF, who facilitate the courses, coach evaluators (CE), and Master Coach Developers

4.4 Updates:

- In Fall 2020 we held trainings to update Learning Facilitators in Sport Coach, Club Coach and Run Jump Throw Wheel a
- We also began updating our Learning Facilitators who required updates to their qualifications including Make Ethical Decisions, Core Learning Facilitator Training, Content Specific Training and Co-Delivery.
- Our annual update of Learning Facilitators will commence again in September 2020