

JD MEET		
TRACK EVENTS		
START TIME	EVENT	
9:00	2000M - 2008	
9:25	60mH-1 F 2010-12	
9:30	60mH-2 M 2010	
9:35	60mH-3 M 2011-12	
9:45	80mH-1 W 2008-09	
9:50	80mH-2 M 2008-09	
10:25	100m-1 W 2008-2009	
10:30	100m-2 W 2008-2009	
10:35	100m-3 M 2008-2009	
10:40	100m-4 M 2009	
10:45	100m-5 F 2010-12	
10:50	100m-6 M 2010-12	
11:30	1000-1 MX 2010-12	
11:40	1200-1 W 2008-09	
11:50	1200-2 M 2008-09	
FIELD EVENTS		
START TIME	FINISH TIME	EVENT
9:00	9:30	JD JAVELIN - F
9:45	10:15	JD JAVELIN - M
9:00	9:30	LJ - F - 2008/2009
9:35	10:05	LJ - F -2010+
10:10	10:55	LJ - M - 2008/2009
11:05	11:45	LJ - M - 2010+
11:00	11:30	SHOT PUT - MIXED
9:20	10:00	HJ - MALE
10:20	11:00	HJ - FEMALE
HS/OPEN MEET		

	TRACK EVENTS	
START TIME	EVENT	
12:00:00 PM	1500 SC HS-1 M	
12:10:00 PM	2000 SC HS-1 W	
12:20:00 PM	2000 SC HS-2 M	
12:30:00 PM	100-1 W	
12:35:00 PM	100-2 W	
12:40:00 PM	100-3 W	
12:45:00 PM	100-4 W (HS/Open)	
12:50:00 PM	100-5 M	
12:55:00 PM	100-6 M	
1:05:00 PM	1500-1 W HS	
1:10:00 PM	1500-2 M HS	
1:20:00 PM	80mH-1 W HS	
1:25:00 PM	80mH-2 M HS	
1:30:00 PM	100mH-1 HS/VAR	
1:40:00 PM	400-1 M (HS/Open)	
1:45:00 PM	400-2 W	
1:50:00 PM	400-3 W (HS/Open)	
2:00:00 PM	300-1 W HS	
2:05:00 PM	300-2 M HS	
2:10:00 PM	600m-1 F (SE)	
2:30:00 PM	1500m-1 M (SE)	
2:55:00 PM	800m-1 F (SE)	
3:05:00 PM	3000m SC-1 F (SE)	
	FIELD EVENTS	
START TIME	FINISH TIME	EVENT

12:00	12:30	Javelin
1:15	1:45	Shot Put (Mixed)
12:15	12:55	Women's LJ
1:00	1:40	Men's LJ