

**Ocean Athletics Twilight Meet #2**  
**Tuesday, July 26, 2022**  
**5:30-8:00pm**

**Date:** Tuesday, July 26<sup>th</sup>

**Where:** South Surrey Athletic Park Track & Field Facility

**Time:** First track event 5:30 pm / Field 5:30pm Last event 8:15 start

**Events:** 100, 200, 400, 600/800, mile, sprint hurdles, intermediate hurdles, javelin, hammer throw, Long Jump, High Jump

**Eligibility:** 2013 (9yrs) and older

**Entry price:** \$6 per event Entries close Sunday July 24<sup>th</sup>, midnight. No Late Entries, nor 'Day of' entries

**Event Registration:** Trackiereg

**Bib# pickup:** Opens 4pm

**Track: 5:30pm Start** Rolling schedule, events run oldest to youngest with females going first in all groupings (exception is hurdles). Once entries have been closed, a tentative schedule will be posted

Sprint Hurdles (no JD hurdles): 110mH, 100mH, 80mH

Mile

100m

800s followed by 600s

300m, 400m

200m

Intermediate Hurdles: 400mH, 300mH, 200mH (2009, 2010 only)

\*\* events with insufficient enrollment will be cancelled and entry fee refunded

**Field: 5:30pm start**

HIGH JUMP U16, U18, U20, Seniors Females and Males

U14, U12, U10 Females & Males to follow – likely 7pm start

\*\* 2 pits will be used if competition numbers warrant the use of 2 pits

LONG JUMP Open (Senior, U20, U18, U16, Masters) Men & Women \*\* 4 jumps max  
JDs \*\* 3 jumps max

HAMMER Open (2010 through to Masters) - 2 flights if participation numbers warrant it  
\*\* 4 throws maximum, with 1 full practice throw due to Parks Bd limitations

JAVELIN JDs (2012-2009) Females and Males  
Open Men & Women (U16, U18, U20, Seniors, Masters) (4 throws max)  
\*\* likely 7pm start  
\*\* 2 flights if participation numbers warrant it