

## OAC Twilight Meet #3 – Tuesday July 19th,

### 2022 Schedule

#### Track events:

Track events run youngest to oldest, female and then male

- 5:30pm: 1000m (U10, U12)
- 5:40pm: 1200m (U14, U16)
- 5:50pm: 400m (U18, U20, senior, master)
- 6:00pm: 300m (U14, U16)
- 6:10pm: 60m (U10, U12)
- 6:20pm: 100m (all age groups)
- 6:40pm: 200m (2011, U14, U16, U18, U20, senior, master)

#### Field events:

- 5:00pm: High Jump (all age groups)
- 6:00pm: Long Jump (all age groups)
- 5:30pm: Shot Put (all age groups)
- 6:00pm: Hammer (U14, U16, U18, U20, senior, master)

Please Note Age Groups:

U10: 2013 (9)

U12: 2012/2011 (10/11)

U14: 2010/2009 (12/13)

U16: 2008/2007 (14/15)

U18: 2006/2005 (16/17)

U20: 2004/2003 (18/19)

Senior: 2002-1988 (20 – 34)

Master: 1987+ (35+)

JD athletes (U10 – U14) are scored separately.