



## VERNON AMATEUR ATHLETICS ASSOCIATION

# 2023 Vernon All Comers Meet

Hosted by the Vernon Amateur Athletics Association  
Sanctioned by BC Athletics

**Sunday, April 23th, 2023**

**Location:**

Greater Vernon Athletics Park, 7000 College Way, Coldstream, B.C. V1B 2S4

**Facility:**

8 Lanes – 400 m, fully automatic timing, complete jumps and throws area. Polyurethane surface for track events and high jump, Concrete circles for shot put. Change rooms and washrooms available.

**Meet Director:**

Michael Stoll: email – [vaaatrack@gmail.com](mailto:vaaatrack@gmail.com)

**Eligible Athletes:**

- 2023 BC Athletics Annual Athlete Members
- 2023 School Club Members – Elementary, middle or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete.
- “Day of Event” School Club Members – Middle or high school students only, whose schools do not hold a BC Athletics School Club Membership can purchase “Day of Event” School Club Membership insurance for \$3.00
- “Day of Event” BC Athletics Membership – Used to participate in sanctioned events when the individual does not hold an annual BC Athletics Competitive Athlete membership.

**Entry Fees:**

- \$15 per event, when pre-registered, payment online or cash on day of event
- \$20 per event, when registering day of event, cash only
- Additional \$3 per if you require “Day of Event” BC Athletics Membership or “Day of Event” School Club Membership, payable day of event, cash only

**Registration:**

- Opens March 14<sup>th</sup>, 2023
- Online registration is available at: [www.trackiereg.com/vernonallcomers2023](http://www.trackiereg.com/vernonallcomers2023) closes 8 pm Saturday, April 22<sup>rd</sup>, 2023
- Day of event registration available starting at 10 am, in the classroom.

**Bib Pick-up:**

Starting at 10 am

At the registration table in the classroom.

## COMPETITION RULES AND OTHER INFORMATION

### **Competition Categories:**

U16 (2009/2008), U18 (2007/2006), U20 (2005/2004), Senior (1984-2003), Master (1988 and earlier - 35yrs of age+).

### **Awards:**

**There will be no medals or ribbons awarded for this meet.**

### **Marshalling:**

- Check in for track events is at the start area for the event
- Check in for Field events is at the event site
- All athletes must check in a minimum of 30 minutes prior to the scheduled start time

### **Competitors Numbers:**

Must be worn on the front for all track events and front or back for field events (at the discretion of the official)

### **Implements:**

All implements will be supplied by the event organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 30 minutes prior to the competition. The weigh-in station will be located in the shed near the throws area.

### **Spike Length:**

The maximum spike length allowed is 7 mm for all events. NOTE: only Pyramid or Christmas Tree spikes allowed. No Needle spikes

### **Order of events:**

All track events will be run females then males. Heats/sections will run slow to fast according to seed times. Athletes not submitting seed times will be placed in slower heats.

### **Athletes with conflicting events:**

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

### **Track events:**

All events will be run as timed finals

### **Qualifying for finals:**

Field Events: Athletes 14 years old and older who finish in the top 8 after three rounds will advance to the final and receive another 3 attempts.

RULE – Based on IAAF Rule 142.4b

Athletes who scratch from an event final that has advanced from a preliminary round are ineligible to compete in any subsequent events at the meet

### **Competitive attire:**

All athletes are encouraged to wear their club uniform.

**Protests:**

“Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event.” Result postings should be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee; e.g. the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete or his /her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protester may contact the relevant Referee through the Meet Director or Technical Information Centre (if there is one), if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

**Jury of appeal:**

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

The original protester, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A deposit of \$50 shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

**Medical:**

First aid will be on site.

**Driving directions to Greater Vernon Athletics Park:**

From the North: From Hwy. 97 turn right onto college way. Turn right into Okanagan College. Parking along the blue curb is free.

From the South: Follow Hwy 97 through Vernon, turn left onto college way. Turn right into Okanagan College. Parking along the blue curb is free.

From the East: Follow Hwy. 6 to Hwy. 97, turn left onto Hwy. 97, turn left onto college way. Turn right into Okanagan College. Parking along the blue curb is free.

