



2017

Annual Awards Banquet

*An Evening to Honour Athletes,
Coaches, Officials & Volunteers*

February 3, 2018 • Richmond, BC



Welcome



On behalf of the Board of Directors, welcome to the BC Athletics Annual Awards Banquet celebrating the 2017 season.

This is a wonderful opportunity to recognize the achievements of our athletes, coaches, officials, club executives and volunteers from last year. They all contribute to the success of Athletics in British Columbia.

I would like to thank the province of British Columbia, viaSport, our business partners, and the Royal Canadian Legion for their ongoing support. Their involvement and participation in our sport enables us to provide a high level of programs and services to our members. BC Athletics offers so much to all ages and levels of its members. It is the support of parents, family, friends and volunteers that makes this all possible.

Congratulations to all. Enjoy your evening.

Greg White

Chair, Board of Directors
BC Athletics



The Program

Opening Remarks

Dinner

Awards Presentations

Track & Field

Road Running

Cross Country

Para-Athletics

Masters

Officials

Coaches

Executive of the Year

Jane Swan Memorial Award

BC Athletics Hall of Fame

Outstanding Athletes of the Year

Canadian Team Recognition

Closing Remarks

Cover photo: Damian Frazee

A special Thank You to coaches, parents and club members who generously provided photos of award nominees and winners.

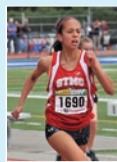
2017 Track & Field Athlete Of The Year Nominees

Midget 14 Female Award Winners

Alicia Bremer

Club: New West Spartans
Track & Field Club
Coaches: Tatjana & Besnik Mece

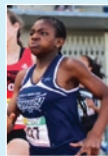
EVENT & PERFORMANCE:
Triple Jump, 10.52m (1st) - BC Athletics
Track and Field Championships
Jamboree



Ange Kengni

Club: Coquitlam Cheetahs
Coach: Tara Self

EVENT & PERFORMANCE:
100m, 12.50 (2nd) - Jesse Bent
Memorial Cheetah Meet
200m, 25.83 (2nd) - Jesse Bent
Memorial Cheetah Meet



Ella Symon

Club: Vancouver Thunderbirds
Coach: Stanley Jang

EVENT & PERFORMANCE:
1500m SC, 5:10.74 (1st) - Jesse Bent
Memorial Cheetah Meet



Emma Cannan

Club: Okanagan Athletics Club
Coach: Pat Sima-Ledding

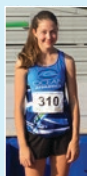
EVENT & PERFORMANCE:
100m, 12.47 (1st) - Jesse Bent
Memorial Cheetah Meet
200m, 25.72 (1st) - BC High School
Track and Field Championship
300m, 41.20 (5th) - National Legion
Track and Field Championships



Emma De Boer

Club: Ocean Athletics
Coach: Jeannie Cockcroft

EVENT & PERFORMANCE:
High Jump, 1.68m (1st) - BC Athletics
Track and Field Championships
Jamboree



Isabelle Forsyth

Club: South Surrey Athletics
Coach: Donald Allemeersch

EVENT & PERFORMANCE:
Discus, 36.14m (1st) - Jesse Bent
Memorial Cheetah Meet



Jasmin Bhandal

Club: Kajaks Track & Field Club
Coach: Garrett Collier

EVENT & PERFORMANCE:
Discus, 31.75m (1st) - Langley Pacific
Invitational



Kaitlyn Loo

Club: Vancouver Olympic Club
Coach: Tatjana Mece

EVENT & PERFORMANCE:
Triple Jump, 10.45m (2nd) - BC Athletics
Track and Field Championships
Jamboree



Katelyn Stewart-Barnett

Club: Royal City Track & Field Club
Coach: Sean Dixon

EVENT & PERFORMANCE:
2000m, 6:34.05 (2nd) - Jesse Bent
Memorial Cheetah Meet
1500m SC, 5:04.66 (1st) - BC Athletics
Track and Field Championships
Jamboree
High Jump, 1.60m (1st) - Ocean Athletics
Summer Series #1



Laysha Tunti

Club: Coquitlam Cheetahs
Coach: Tara Self

EVENT & PERFORMANCE:
80m Hurdles, 11.87 (2nd) - Trevor
Craven Memorial Track and
Field Meet
Long Jump, 5.32m (1st) - Trevor Craven
Memorial Track and Field Meet



Madelyn Bonikowsky

Club: Ocean Athletics
Coach: Lynn Kanuka

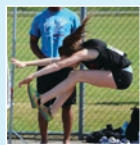
EVENT & PERFORMANCE:
1500m SC, 5:27.65 (2nd) - Langley Pacific
Invitational



Madison Paugh

Club: Nanaimo & District Track &
Field Club

Coach: Dave Morris
EVENT & PERFORMANCE:
Triple Jump, 10.55m (1st) - BC High
School Track and Field Championship

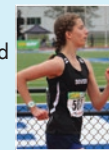


2017 Track & Field Athlete Of The Year Nominees

Olivia Lundman

Club: Nanaimo & District Track & Field
Club

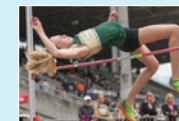
Coach: Brenda Redman
EVENT & PERFORMANCE:
1500m RW, 7:45.90 (3rd) - BC High
School Track and Field Championship



Sophie Fernback

Club: Ocean Athletics
Coach: Jeannie Cockcroft

EVENT & PERFORMANCE:
High Jump, 1.60m (2nd) - BC
High School Track and Field Championship



Alwilda Van Ryswyk Award

TOP FEMALE MIDGET 14 LONG JUMP

Laysha Tunti

Club: Coquitlam Cheetahs
Coach: Tara Self

Top Performance: 5.32m
Trevor Craven Memorial Track and Field Meet



Midget 14 Male Award Winners

Camden Elkin

Club: Unattached British Columbia
Coach: Verena Stroda

EVENT & PERFORMANCE:
100m Hurdles, 15.06 (3rd) - Jack Brow
Memorial Track and Field Meet

Matti Erickson

Club: Kootenay Chaos Track Club
Coach: Alex Ulaszonek

EVENT & PERFORMANCE:
800m, 1:59.05 (3rd) - BC Athletics Track and
Field Championships Jamboree
1200m, 3:13.94 (1st) - BC Athletics Track and
Field Championships Jamboree
300m Hurdles, 42.25 (1st) - Jack Brow
Memorial Track and Field Meet



Nicholas Monro

Club: Langley Mustangs
Coach: Ross Browne

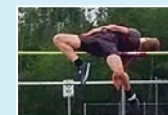
EVENT & PERFORMANCE:
Long Jump, 6.17m (1st) - Ocean Athletics
Summer Series #3



Nolan McEachern

Club: Golden Ears Athletics
Coach: Rick Lloyd

EVENT & PERFORMANCE:
High Jump, 1.80m
(1st) - BC High
School Track and Field Championship



Owen Pinto

Club: Ocean Athletics
Coach: Lynn Kanuka

EVENT & PERFORMANCE:
800m, 1:57.68 (1st) - BC Athletics Track and
Field Championships Jamboree
1200m, 3:14.14 (2nd) - BC Athletics Track and
Field Championships Jamboree

Praise Aniamaka

Club: Universal Athletics Club
Coach: Iuliana Kroeger

EVENT & PERFORMANCE:
100m Hurdles, 14.82 (3rd) - BC Athletics
Track and Field Championships
Jamboree



300m Hurdles, 41.83 (3rd) - BC Athletics Track
and Field Championships Jamboree

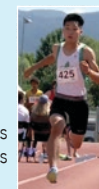
High Jump, 1.74m (1st) - BC High School
Multi-Events Championship
Triple Jump, 13.32m (1st) - Universal Track
and Field Meet

Pentathlon, 2749 points (1st) - BC High School
Multi-Events Championship

Quan Ting Thomas Ma

Club: Vancouver Olympic Club
Coach: Tatjana & Besnik Mece

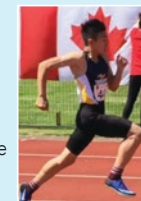
EVENT & PERFORMANCE:
100m Hurdles, 14.58 (1st) - BC Athletics
Track and Field Championships
Jamboree



Terence Cheung

Club: Vancouver Thunderbirds
Coach: Mary Chewing

EVENT & PERFORMANCE:
100m Hurdles, 14.99 (6th) - BC
Athletics Track and Field
Championships Jamboree
300m Hurdles, 42.43 (4th) - BC
Athletics Track and Field
Championships Jamboree



2017 Track & Field Athlete Of The Year Nominees

Midget 15 Female Award Winners

Angelina Shandro

Club: Victoria Speed Project
Coach: Dacre Bowen
EVENT & PERFORMANCE:
200m, 25.66 (1st) - BC High School Track and Field Championship



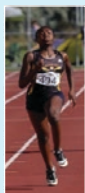
Cassidy Cardle

Club: Racewalk West
Coach: Robert Solmes
EVENT & PERFORMANCE:
1500m RW, 7:07.17 (1st) - National Legion Track and Field Championships



Chisom Obioha

Club: Golden Ears Athletics
Coach: Rick Lloyd
EVENT & PERFORMANCE:
Long Jump, 5.50m (2nd) - National Legion Track and Field Championships



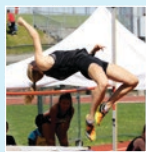
Eniko Sara

Club: Langley Mustangs
Coach: Tom Neilsen
EVENT & PERFORMANCE:
High Jump, 1.60m (1st) - BC High School Track and Field Championship
Javelin, 43.25m (1st) - National Legion Track and Field Championships



Holly Harrison

Club: Langley Mustangs
Coach: Dwayne Lotnick
Event & Performance:
Pentathlon, 3020 (1st) - BC High School Multi-Events Championship



Jade Forrest

Club: Valley Royals Track & Field Club
Coach: Gerard Dumas
EVENT & PERFORMANCE:
Pole Vault, 2.90m (2nd) - Trevor Craven Memorial Track and Field Meet

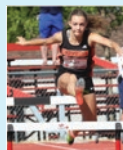
Kamryn Mckean

Club: Alberni Valley Track & Field Club
Coach: Darren Willis
EVENT & PERFORMANCE:
Javelin, 39.63m (2nd) - Dogwood 2 Meet



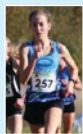
Lindsay Maier

Club: Okanagan Athletics Club
Coach: Pat Sima-Ledding
EVENT & PERFORMANCE:
300m Hurdles, 45.50 (1st) - BC High School Track and Field Championship



Maya Kobylanski

Club: Ocean Athletics
Coach: Lynn Kanuka
EVENT & PERFORMANCE:
1500m SC, 4:59.84 (3rd) - National Legion Track and Field Championships



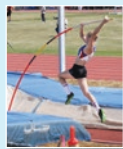
Michelle Dadson

Club: Vancouver Thunderbirds
Coach: Don Allemeersch
EVENT & PERFORMANCE:
Shot Put, 13.56m (1st) - BC High School Track and Field Championship
Discus, 35.18m (1st) - National Legion Track and Field Championships



Olivia van Ryswyk

Club: Ocean Athletics
Coach: Len van Ryswyk
EVENT & PERFORMANCE:
Pole Vault, 3.00m (3rd) - National Legion Track and Field Championships



Midget 15 Male Award Winner s

Aiden Grout

Club: Langley Mustangs
Coaches: Kevin Harrison
EVENT & PERFORMANCE:
High Jump, 1.85m (1st) - Trevor Craven Memorial Track and Field Meet

2017 Track & Field Athlete Of The Year Nominees

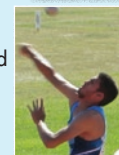
Alex Julien

Club: Comox Valley Cougars
Coach: Graham Morfitt
EVENT & PERFORMANCE:
Javelin, 51.72m (4th) - National Legion Track and Field Championships



Aneel Gillian

Club: Ocean Athletics
Coaches: Carl Savage / Dave McDonald
EVENT & PERFORMANCE:
Pentathlon, 2973 (4th) - National Legion Track and Field Championships



Bryson Wood

Club: Kamloops Track & Field Club
Coach: Shane Wiebe
EVENT & PERFORMANCE:
Long Jump, 6.38m (1st) - Jack Brow Memorial Track and Field Meet
Hammer Throw, 51.03m (1st) - Richard Collier Big Kahuna Throws Fest



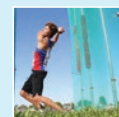
Elliot Payne

Club: Valley Royals Track & Field Club
Coach: Harold Willers
EVENT & PERFORMANCE:
Javelin, 55.79m (1st) - National Legion Track and Field Championships



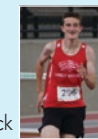
Ethan Katzberg

Club: Nanaimo Track & Field Club
Coach: Bernie Katzberg
EVENT & PERFORMANCE:
Hammer Throw, 61.54m (1st) - National Legion Track and Field Championships



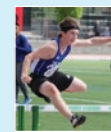
Felix Allen

Club: Langley Mustangs
Coach: Dave Hetherington
EVENT & PERFORMANCE:
300m Hurdles, 40.89 (1st) - BC Athletics Track and Field Championships Jamboree



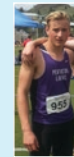
Harrison Trustham

Club: Valley Royals Track & Field Club
Coach: Ziggy Szelagowicz
EVENT & PERFORMANCE:
100m Hurdles, 14.10 (3rd) - National Legion Track and Field Championships
300m Hurdles, 41.40 (2nd) - BC Athletics Track and Field Championships Jamboree



Isaiah Collins

Club: Okanagan Athletics Club
Coach: Pat Sima-Ledding
EVENT & PERFORMANCE:
Discus, 47.85m (1st) - Langley Pacific Meet



Liam Espedido

Club: Valley Royals Track & Field Club
Coach: Ziggy Szelagowicz
EVENT & PERFORMANCE:
High Jump, 1.83m (1st) - BC Athletics Track and Field Championships Jamboree



Michael O'Flynn

Club: NorWesters Track & Field Club
Coach: Elena Voloshin
EVENT & PERFORMANCE:
Pentathlon, 2929 (3rd) - BC Athletics Track and Field Championships Jamboree



Nicholas Aron

Club: Coastal Track Club
Coach: Scott Kent
EVENT & PERFORMANCE:
800m, 1:58.29 (2nd) - National Legion Track and Field Championships

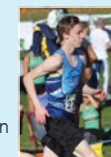


Quinn Cameron

Club: NorWesters Track & Field Club
Coach: Elena Voloshin
EVENT & PERFORMANCE:
Pentathlon, 3171 (1st) - National Legion Track and Field Championships

Tyler Wilson

Club: Ocean Athletics
Coach: Robert Solmes
EVENT & PERFORMANCE:
1500m RW, 6:41.42 (1st) - National Legion Track and Field Championships



Youth Female Track & Field Athlete of the Year Nominees

Alexa Porpaczy

Club: Valley Royals Track & Field Club
Coach: Ziggy Szelagowicz
Events: High Jump, 1.80m



2017 Track & Field Athlete Of The Year Nominees

Alexa Porpacz *continued...*

HIGHLIGHTS:

National Legion Track & Field Championships - 1st
Canadian Junior Track & Field Championships - 1st

RANKINGS:

High Jump: BC Yth – 1, CAN Yth – 1

Grace Fetherstonhaugh

Club: Royal City Track & Field Club
Coach: Sean Dixon

Events: 2000m SC, 6:41.46 (BC Yth Record)
| 3000m SC, 10:15.32

HIGHLIGHTS:

National Legion Track & Field Championships - 1st (2000m SC)
Canada Summer Games - 1st (3000m SC)
Canadian Junior Track & Field Championships - 3rd (3000m SC)

RANKINGS:

2000m SC: BC Yth – 1, CAN Yth - 1

Jasneet Nijjar

Club: Universal Athletics
Coach: Jessie Dosanjh

Events: 100m, 12.14 | 200m, 23.83 (BC Yth Record) | 100m Hurdles, 14.13

HIGHLIGHTS:

Canada Summer Games - 2nd (200m)
Canadian Junior Track & Field Championships - 4th (200m)

RANKINGS:

200m: BC Yth – 1, CAN Yth - 2
100m: BC Yth – 1, CAN Yth - 7
100m Hurdles: BC Yth – 2, CAN Yth - 6

Youth Male Track & Field Athlete of the Year Nominees

Bryce Mackenzie

Club: Golden Ears Athletics
Coach: Rick Lloyd

Events: Long Jump, 6.84m |
Triple Jump, 13.81m |
High Jump, 2.05m

HIGHLIGHTS:

National Legion Track & Field Championships - 3rd (Long Jump)
Canada Summer Games - 12th (Long Jump)
Canadian Junior Track & Field Championships - 13th (Long Jump)

Bryce *continued next column*



Bryce Mackenzie *continued...*

RANKINGS:

Long Jump: BC Yth – 2, CAN Yth - 4
Triple Jump: BC Yth – 2, CAN Yth - 5
High Jump: BC Yth – 1, CAN Yth - 2

Ethan Foster

Club: BC Flyers Athletic Club
Coach: Scott Foster

Events: Decathlon, 6035 | Pole Vault, 4.20m

HIGHLIGHTS:

National Legion Track & Field Championships - 1st (Decathlon)
Canada Summer Games - 7th (Decathlon)

RANKINGS:

Decathlon: BC Yth – 1, CAN Yth - 1
Pole Vault: BC Yth – 1, CAN Yth - 1

Rowan Hamilton

Club: Valley Royals Track & Field Club
Coach: Harold Willers

Events: Hammer Throw, 69.54m (CDN Yth Record) |
Discus, 47.54m

HIGHLIGHTS:

Pan Am Junior Championships - 7th (Hammer)
National Legion Track & Field Championships - 1st (Hammer)
Canadian Junior Track & Field Championships - 2nd (Hammer)

RANKINGS:

Hammer Throw: BC Yth – 1, CAN Yth - 1
Discus: BC Yth – 1, CAN Yth - 2

Junior Female Track & Field Athlete of the Year Nominees

Camryn Rogers

Club: Kajaks Track & Field Club
Coach: Garrett Collier

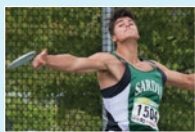
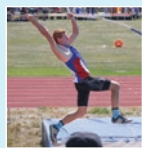
Events: Hammer Throw, 63.42m (CDN Jr Record) | Shot Put, 13.65m

HIGHLIGHTS:

Pan Am Junior Championships - 1st (Hammer)
Canadian Junior Track & Field Championships - 1st (Hammer)

RANKINGS:

Hammer Throw: BC Jr – 1, CAN Jr - 1
Shot Put: BC Jr – 2, CAN Jr - 5



2017 Track & Field Athlete Of The Year Nominees

Chanell Botsis

Club: Kajaks Track & Field Club
Coach: Garrett Collier

Events: Hammer Throw, 60.08m |
Discus, 37.75



HIGHLIGHTS:

Pan Am Junior Championships - 4th (Hammer)
Canada Summer Games - 2nd (Hammer)
Canadian Junior Track & Field Championships - 3rd (Hammer)

RANKINGS:

Hammer Throw: BC Jr – 2, CAN Jr - 2

Kaila Butler

Club: Unattached British Columbia
Coach: Brad Graham

Event: Hammer Throw, 57.72m

HIGHLIGHTS:

Canada Summer Games – 1st
Canadian Junior Track & Field Championships – 2nd

RANKINGS:

Hammer Throw: BC Jr – 3, CAN Jr - 3



Junior Male Track & Field Athlete of the Year Nominees

Anastas Eliopoulos

Club: Vancouver Olympic Club
Coach: Tatjana Mece

Event: 110m Hurdles, 13.36 (CDN Jr Record) | 100m, 10.81

HIGHLIGHTS:

Pan Am Junior Championships - 2nd (110mH)
Canadian Junior Track & Field Championships - 1st (110mH)

RANKINGS:

100m: BC Jr - 2, CAN Jr - 6
110m Hurdles: BC Jr – 1, CAN Jr - 1



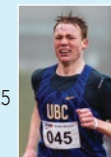
Kieran Lumb

Club: UBC Track & Field Club
Coach: Chris Johnson

Events: 1500m, 3:51.35 | 5000m, 14:14.25

HIGHLIGHTS:

Pan Am Junior Championships - 6th (5000m)
Canadian Junior Track & Field Championships - 3rd (5000m)
Canada Summer Games - 14th (5000m)



Kieran *continued next page*

Kieran Lumb *continued...*

RANKINGS:

1500m: BC Jr - 2, CAN Jr - 7
5000m: BC Jr – 1, CAN Jr - 3

Jason Clare

Club: Nanaimo Track & Field Club
Coach: Arye Rosenoer

Events: Pole Vault, 4.67m

HIGHLIGHTS:

Pan Am Junior Championships - 9th
Canadian Junior Track & Field Championships – 2nd

RANKINGS:

Pole Vault: BC Jr – 1, CAN Jr - 2



Vikramjit Gondara

Club: Valley Royals Track & Field Club
Coach: Harold Willers

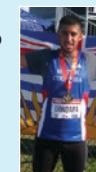
Events: Hammer Throw, 63.41m |
Discus, 47.64m

HIGHLIGHTS:

Pan Am Junior Championships - 8th (Hammer)
Canadian Junior Track & Field Championships - 1st (Hammer)

RANKINGS:

Discus: BC Jr - 1, CAN Jr - 4
Hammer Throw: BC Jr – 1, CAN Jr - 1



Senior Female Track & Field Athlete of the Year Nominees

Alycia Butterworth

Club: Unattached British Columbia
Coach: Pat McCurry

Event: 3000m SC, 9:44.13

HIGHLIGHTS:

IAAF World Track & Field Championships – 26th
Canadian Track & Field Championships – 2nd

RANKINGS:

3000m SC: BC Sr – 1, CAN Sr - 4



Rachel Cliff

Club: Unattached British Columbia
Coach: Richard Lee

Events: 5000m, 15:31.07 |
10,000m, 32:00.03

Rachel *continued next page*



2017 Track & Field Athlete Of The Year Nominees

Rachel Cliff *continued...*

HIGHLIGHTS:

IAAF World Track & Field Championships
- 20th (10,000m)

Canadian Track & Field Championships - 4th (5000m)

Canadian 10K Championships – 1st

RANKINGS:

5000m: BC Sr - 1, CAN Sr - 5

10,000m: BC Sr – 2, CAN Sr - 2



Christabel Nettey

Club: Unattached

British Columbia

Coach: Jeremy Fischer

Event: Long Jump, 6.92m

HIGHLIGHTS:

IAAF World Track & Field Championships – 19th

Canadian Track & Field Championships – 1st

RANKINGS:

Long Jump: BC Sr – 1, CAN Sr - 1

Alyx Treasure

Club: Prince George Track
& Field Club

Coach: Cliff Rovelto

Events: High Jump, 1.92m



HIGHLIGHTS:

IAAF World Track & Field Championships – 21st

Canadian Track & Field Championships – 1st

RANKINGS:

High Jump: BC Sr – 1, CAN Sr - 1

Natasha Wodak

Club: Prairie Inn Harriers

Coach: Lynn Kanuka

Events: 5000m, 15:42.81 |

10,000m, 31:55.47



HIGHLIGHTS:

IAAF World Track & Field
Championships - 16th (10,000m)

Canadian Track & Field Championships
- 8th (5000m)

Canadian 10K Road Championships
- 2nd

RANKINGS:

5000m: BC Sr - 2, CAN Sr - 7

10,000m: BC Sr – 1, CAN Sr - 1

Senior Male Track & Field Athlete of the Year Nominees

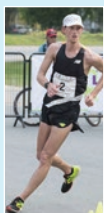
Evan Dunfee

Club: Racewalk West

Coach: Gerry Dragomir

Events: 20K Race Walk, 1:21:22 |

50K Race Walk, 3:46:03



HIGHLIGHTS:

IAAF World Track & Field Championships
- 15th (50K RW)

Canadian Track & Field Championships
- 2nd (20K RW)

RANKINGS:

20 K Race Walk: BC Sr – 2, CAN Sr - 2

50 K Race Walk: BC Sr – 1, CAN Sr - 1

James Linde

Club: Coquitlam Cheetahs

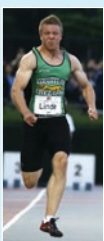
Coach: Tara Self

Events: 100m, 10.42 | 200m, 20.70

HIGHLIGHTS:

Summer Universiade (FISU) - 2nd (200m)

Canadian Track & Field Championships
- 4th (200m)



RANKINGS:

100m: BC Sr – 2, CAN Sr – 16

200m: BC Sr – 1, CAN Sr – 6

Michael Mason

Club: Nanaimo Track & Field Club

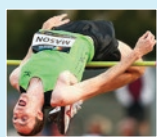
Coach: Jeff Huntoon

Event: High Jump, 2.30m

HIGHLIGHTS:

IAAF World Track & Field
Championships – 18th

Canadian Track & Field Championships – 1st



RANKINGS:

High Jump: BC Sr – 1, CAN Sr - 2

Ben Thorne

Club: Racewalk West

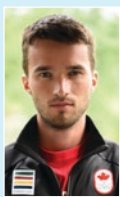
Coach: Gerry Dragomir

Events: 20K Race Walk, 1:21:16

HIGHLIGHTS:

IAAF World Track & Field
Championships – 51st

Canadian Track & Field Championships
– 1st



RANKINGS:

20K Race Walk: BC Sr – 1, CAN Sr - 1

2017 Road Runner of the Year Nominees

Junior Female Road Runner of the Year

Olivia Willett

Club: Unattached / SFU

Coach: Richard Willett / Brit Townsend

HIGHLIGHTS:

BC 5K Junior Champion

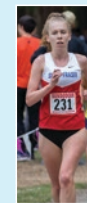
St Patrick's Day 5K – 1st Jr

Steveston Icebreaker 8K – 1st Jr

RANKINGS:

5K: 18:44, BC Jr – 2, CAN Jr – 4

8K: 32:59, BC Jr – 3, CAN Jr – 4



Junior Male Road Runner of the Year

Joshua Kozelj

Club: UVic Track Club

Coach: Brent Fougner

HIGHLIGHTS:

Bazan Bay 5K – 1st

Vancouver Sun Run 10K – 1st Jr

RANKINGS:

5K: 15:17, BC Jr – 2, CAN Jr – 2

8K: 25:34, BC Jr – 1, CAN Jr – 1

10K: 32:00, BC Jr – 1, CAN Jr – 1



Senior Female Road Runner of the Year Nominees

Dayna Pidhoresky

Club: Unattached

Coach: Josh Seifarth

HIGHLIGHTS:

IAAF World Championships Marathon-70th

BC 5K Champion

Around the Bay 30K Champion

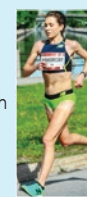
TC10K Champion

RANKINGS:

10K: 33:43, BC – 3, CAN – 3

Half-Marathon: 1:13:45, BC – 5, CAN – 7

Marathon: 2:36:08, BC – 1, CAN – 2



Natasha Wodak

Club: Prairie Inn Harriers

Coach: Lynn Kanuka

HIGHLIGHTS:

Canadian 10K Championship – 2nd

BC 10K Champion

BC Half-Marathon Champion

BC Super Series Champion

RANKINGS:

10K: 33:52, BC – 4, CAN – 6

Half-Marathon: 1:12:58, BC – 2, CAN – 3



Rachel Cliff

Club: Unattached

Coach: Richard Lee

HIGHLIGHTS:

Canadian 10K Champion

NACAC 10K Championship – 3rd

BC 10K Championship – 2nd

Vancouver Sun Run 10K – 3rd

New York Half-Marathon – 8th

RANKINGS:

10K: 33:35, BC – 2, CAN – 2

Half-Marathon: 1:12:07, BC – 1, CAN – 1



Senior Male Road Runner of the Year Nominees

Geoff Martinson

Club: Prairie Inn Harriers

Coach: Richard Lee

HIGHLIGHTS:

Canadian Half-Marathon
Championship – 2nd

BC 10K Champion

BC Super Series Champion

Vancouver Sun Run 10K – 2nd

RANKINGS:

10K: 29:46, BC – 1, CAN – 1

Half-Marathon: 1:04:28, BC – 1, CAN – 2



Kevin Coffey

Club: Unattached

Coach: Richard Lee

HIGHLIGHTS:

Canadian 10K Championship – 3rd

BC 5K Championship – 3rd

BC 10K Championship – 3rd

RANKINGS:

5K: 14:48, BC – 5, CAN – 11

10K: 30:21, BC – 3, CAN – 6



Theo Hunt

Club: Unattached

Coach: Richard Lee

HIGHLIGHTS:

BC Super Series – 2nd

Longest Day 5K Champion

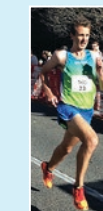
Vancouver Sun Run 10K – 3rd BC

RANKINGS:

5K: 15:05, BC – 11, CAN – 20

8K: 25:06, BC – 6, CAN – 11

10K: 30:52, BC – 5, CAN – 11



2017 Cross Country Runners Of The Year

Midget 14 Female Cross Country Runner of the Year

Katelyn Stewart-Barnett

Club: Royal City Track & Field Club
Coach: Sean Dixon

HIGHLIGHTS:

BC XC F14 Championships – 1st
BC High Schools Junior Championship – 3rd (2nd Grade 9)
Age 14 Lower Mainland XC Series – 1st (undefeated in 4 races)



Midget 15 Male *continued...*

Keaton Heisterman

Club: Nanaimo Track & Field Club
Coach: Tyler Heisterman

HIGHLIGHTS:

BC XC M15 Championships – 2nd
BC High Schools Junior Championship – 2nd (1st Grade 10)
Canadian Youth XC Championship – 148th



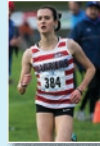
Youth Female Cross Country Runner of the Year

Justine Stecko

Club: Prairie Inn Harriers
Coach: Bruce Deacon

HIGHLIGHTS:

BC Junior Championships – 1st
BC High Schools Senior Championship – 1st
Canadian Junior Championship – 35th (4th BC Athlete)



Midget 14 Male Cross Country Runner of the Year

Matti Erickson

Club: Kootenay Chaos
Coach: Alex Ulaszonek

HIGHLIGHTS:

BC XC M14 Championships – 1st
BC High Schools Junior Championship – 1st (1st Grade 9)



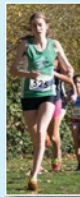
Midget 15 Female Cross Country Runner of the Year

Kendra Lewis

Club: Vancouver Olympic Club
Coach: Besnik & Tatjana Mece

HIGHLIGHTS:

BC XC F15 Championships – 1st
Age 15 Lower Mainland XC Series – 1st (undefeated in 5 races)



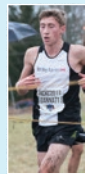
Midget 15 Male Cross Country Runners of the Year

Jack Dannatt

Club: Hershey Harriers
Coach: Cindy O'Krane & Darcie Montgomery

HIGHLIGHTS:

BC XC M15 Championships – 1st
Canadian Youth XC Championship – 106th



Midget 15 Male *continued next column*

2017 Cross Country Runners Of The Year

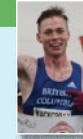
Junior Male Cross Country Runner of the Year

Kieran Lumb

Club: Vancouver Thunderbirds, UBC
Coach: Chris Johnson

HIGHLIGHTS:

NACAC Junior Cross Country Championship - 1st (T)
IAAF World Junior Cross Country Championship – 55th (1st Canadian)
BC Junior Championships – 3rd (2nd BC Athlete)
NAIA Championships – 3rd
Canadian Junior Championships – 1st Place



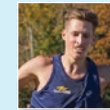
Senior Male Cross Country Runner of the Year

Lucas Bruchet

Club: Vancouver Thunderbirds
Coach: Richard Lee

HIGHLIGHT:

BC Senior Championships – 1st
Canadian Senior Championships – 1st



Senior Female Cross Country Runners of the Year

Rachel Cliff

Club: Unattached
Coach: Richard Lee

HIGHLIGHTS:

BC Senior Championships – 3rd
Canadian Senior Championships – 3rd (1st BC Athlete)



Natasha Wodak

Club: Prairie Inn Harriers
Coach: Lynn Kanuka

HIGHLIGHTS:

BC Senior Championships – 1st
Canadian Senior Championships – 4th (2nd BC Athlete)



2017 Para-Athletics Athletes Of The Year

Liam Stanley

Club: Prairie Inn Harriers
Coach: Bruce Deacon

EVENTS:

T37 1500m, 4:09.13 (CDN Record) | T37 800m, 2:03.11 (CDN Record)

HIGHLIGHTS:

World Para Athletes Championships - 2nd (T37 1500m)
Canadian Track & Field Championships - 2nd (1500 Meter Run Para Ambulatory)
Canadian Track & Field Championships - 1st (800 Meter Run Para Ambulatory)

RANKINGS:

T37 1500m: BC – 1, CAN – 1, World – 1
T37 800m: BC – 1, CAN – 1, World - 2



Ness Murby

Club: Unattached British Columbia
Coach: Ingrid Ruys

EVENTS:

F11 Javelin, 26.24m (CDN Record) | F11 Discus, 30.05m

HIGHLIGHTS:

World Para Athletes Championships - 3rd (F11 Javelin)
Canadian Track & Field Championships - 1st (Javelin Para Ambulatory)
Canadian Track & Field Championships - 3rd (Discus Para Ambulatory)

Rankings:

F11 Javelin: BC – 1, CAN – 1, World – 2
F11 Discus: BC – 1, CAN – 1, World - 5



2017 Masters Athletes Of The Year

Masters Road Running Female Athlete of the Year

Jillian Fong – F50

Jillian had the highest age-graded result for her five best road races this year. She won all of her races in the F50 division, starting with the Ice Breaker in January and finishing with the Under Armour Eastside 10K. Jillian set new BC road records in the 5K (18:05), the 8K (29:46), and the 10K (37:18). She also bettered the Vancouver Sun Run F50 record with a 36:47 performance.



Masters Road Running Male Athlete of the Year

Mark Bennett – M55

Mark had the highest age-graded result for the male road runners this year, narrowly ahead of Kevin O'Connor. He was within three seconds of the BC record at the West Van 5K (16:57) and ran an excellent 35:12 in the Sun Run. In Canada, he is the 2nd-ranked M55 athlete in the 5K, and 1st in the 8K and the aided 10K and half-marathon.



Masters Field Female Athlete of the Year

Christa Bortignon – W80

For the 2017 track and field season, Christa broke a total of four world records and 12 Canadian records. She starting with breaking the long and triple jump world records at the Canadian and BC Indoor Championships. At the World Masters Championships, Christa broke world records in these same events outdoors, winning the gold medal in these events as well shot put. Christa again broke the outdoor world records in the long jump and triple jump while winning gold at the CMA/NCCWMA Championships.



Masters Field Male Athlete of the Year

Reidar Zapf-Gilje – M65

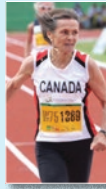
Reidar is a multi-talented athlete who competed in 18 different track and field events in 2017 and was ranked #1 in Canada in 13 of them. He broke nine BC records and two Canadian records. His Canadian record in the pentathlon ranks him #1 in the world. He is also ranked #2 in the world in the 2000m SC and 800m. Reidar excelled in all four jumping events and all five throwing events. At the CMA/NCCWMA Championships, Reidar won eight gold medals.



Masters Track Female Athlete of the Year

Christa Bortignon – W80

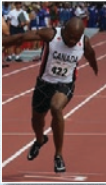
Christa won six gold medals at the WMA Championships including gold in the 60m, 200m and 400m. At the CMA/NCCWMA Championships, Christa won gold in the 100m and 200m. She broke seven Canadian records on the track, specifically the indoor 50m, 60m, 200m and 400m records, and the outdoor 100m, 200m and 200mH records. For the 2017 WMA Rankings, Christa is ranked #1 in the world in seven track events across both indoor and outdoor disciplines.



Masters Track Male Athlete of the Year

Marvin Johnson – M40

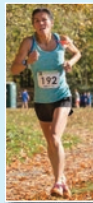
Marvin broke the BC masters indoor records in the 200m and 400m and an outdoor record as part of a 4x100m relay team. At the CMA/NCCWMA Championships, Marvin defeated some of the top American sprinters to win the 100m and 400m. He is ranked #1 in Canada in these events. Marvin's 400m time of 51.34 is #2 all-time in BC and ranks him #12 in the world for 2017.



Masters Cross Country Female Athlete of the Year

Jill Delane – F50

Jill had the best female age-graded average at the BC and the Canadian Cross-Country Championships. She was the first F50 finisher in the BC Championships and won the F50 division of the Vancouver Spirit Run. Her performance helped the BC Masters team to a second-place finish in the provincial team competition at the Canadian Cross-Country Championships.



Masters Cross Country Male Athlete of the Year

Kevin O'Connor – M50

Kevin was the best age-graded male athlete at the BC and the Canadian Cross-Country Championships. He was the top M50 athlete at both and had a great race at the Canadian Championships with a 3rd place masters finish. His performance helped the BC Masters team to a second-place finish in the provincial team competition at the Canadian Cross-Country Championships.



2017 Coaching Excellence Awards

Junior Development Coach of the Year

Ted de St. Croix

A track and field coach for 13 years, Ted de St. Croix leads the Ocean Athletics JD program. A proponent of long-term athlete development, Ted's training is designed to meet the needs of developing multi-ability athletes. Skill development, enjoyment, and social opportunities are the priority, with his athletes knowing he is having fun right along with them. Ted is also committed to working with the newer Ocean Athletics JD coaches, making sure they are receiving continued training and skill development, and ensuring they are becoming better coaches. He is a cornerstone of the JD program.



Midget / Youth Coach of the Year

Jessie Dosanjh

Head coach and a founding member of Universal Athletics Club, Jessie Dosanjh has been coaching track and field athletes for almost two decades. A sprint/hurdle specialist, Jessie works to help each athlete he encounters reach their full potential. Under his guidance, a number of athletes had remarkable achievements in 2017. Standout performances of the season include Jasneet Nijjar's new BC Youth 200m Record and Katarina Vlahovic earning Bronze for Canada in the 100m Hurdles at the Commonwealth Youth Games. Vlahovic also won Gold at the Canadian Junior Championships and broke the BC High School 100m Hurdles Record.



Junior / Senior Coach of the Year

Garrett Collier

Head Coach of Kajaks Track & Field Club, 2017 saw Garrett Collier guide his throws group to superb performances at the provincial, national, and international levels. His athletes won medals at the BC Championships, Junior & Senior National Championships, Canada Summer Games, and the Pan American U20 Championships. Building on their shared success from the previous season, his athletes Camryn Rogers and Chanell Botsis placed 1st and 3rd respectively at the Canadian Junior Track & Field Championships in the Hammer Throw. Rogers and Botsis both went on to compete for Canada at the Pan Am Junior Championships, with Rogers taking home Gold in the Hammer Throw with a national record-setting throw of 63.42m and Botsis placing 4th.



High-Performance Coach of the Year

Tara Self

Tara Self, herself a highly successful sprinter and Olympian, has come full circle, currently leading a talented squad of sprinters and hurdlers as the Head Coach of the Coquitlam Cheetahs. Over the past decade she has coached numerous provincial and national champions in the sprints. This success continued in 2017, when she saw her athletes represent Canada at three separate international championships. Highlights from the season include James Linde earning Silver in the 200m at the Summer Universiade (FISU) and Benjamin Ayesu-Attah's winning Gold in the 400m at the Jeux de la Francophonie.



2017 Excellence in Officiating Awards

Dave Coupland Award– Inspirational

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Cheryl & Wayne Elke

Wayne and Cheryl Elke have been involved in track and field since their son joined the Kamloops Track & Field Club in 2006. Cheryl coached the Run Jump Throw program and was on the club executive, and Wayne became the club equipment manager. In 2007, they began officiating. In 2017, Wayne received his Field Referee Throws Level 4 and Cheryl received her Field Referee Throws Level 3. They like to travel to other meets and enjoy working with their fellow officials, coaches, meet organizers and, most of all, interacting with the athletes. Wayne and Cheryl are also on the BCA Officials Committee, on which Cheryl serves as the Provincial Upgrading Coordinator.

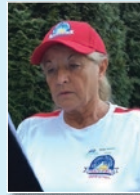


Mary Temple Award – Novice Official

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Betsy Rollins

Betsy Rollins began in athletics 55 years ago as a hurdler/long jumper in Trail, B.C. She sponsored and coached many Vancouver high school track teams during her teaching career. After retirement, Betsy resumed competing with as a Kajaks Masters athlete. Through club volunteer hours, she became involved in officiating, bringing a wealth of experience. She has a wonderful way with youngsters, and runs events firmly but with understanding.



Ralph Coates Memorial Award – Longstanding Service

A registered Official who has contributed dependable, long term and versatile service to Track and Field.

Iain Fisher

Iain Fisher started his athletics career as a runner in 1961 with the Vancouver Olympic Club. His father soon became as an official, and even officiated as a starter at the 1976 Olympics. In 1967, Iain followed his coach and mentor Ivor Davies in organizing the cross-country races at Brockton Oval, in Stanley Park. So began his officiating career. Highlights of Iain's career include officiating at the 1994 Commonwealth Games; being on the start line for all races at the 2001 IAAF World Championships; being on the organizing committees of the last six Canadian Cross-Country Championships held in Vancouver and being inducted into the BC Athletics Hall of Fame in 2007. Iain's favourite memory as an official is working with the amazing volunteer team of BC Athletics officials, the "best in Canada." Iain is active in encouraging athletes to give back to our sport as coaches, officials, or administrators, once their competitive career is over.



2017 BC Athletics Annual Awards

Jane Swan Award

Ron Wichmann

Ron Wichmann fell in love with track and field as an elementary school student and has been running ever since. In 1984, as a teacher, Ron began coaching athletes on the school's fields. Soon more athletes were joining the group and the Chilliwack YMCA Running Club was born. The club eventually became known as the Chilliwack Track & Field Club.



Ron has been the head coach of the CHWK since its inception, acting as both a mentor and a role model, still competing in track and road racing. Ron is respectful and encouraging, never disparaging in conversing with athletes of all ages. He is well-known, liked, and respected by athletes, parents and coaches

in the running community provincially and afar.

Ron believes in giving back to athletes just as coaches gave their time and expertise to him. During his 33 years of coaching, he has been instrumental in the success of the Chilliwack Track & Field Club through support of JD athletes and mentorship of other JD coaches. His goal for athletes of all ages and abilities is to help them to improve their times, distances and general fitness in a

positive, supportive environment.

For several years, Ron participated on the BCA JD Committee. He was also instrumental in lobbying the Chilliwack City and School District to build a track and field complex for the 1993 BC Summer Games.

Executive of the Year Award

Shirley Young

A long time BCA Official and Competition Secretary, Shirley Young was a tremendously hard working, committed, knowledgeable, and dedicated member of our Provincial Association. Shirley was one of only three Nationally-listed Competition Secretaries.



In the early 1980's Shirley was initiated as a parent at South Fraser Track and Field Club, quickly becoming the club president, a member of the Officials' Committee, and the Provincial Advisor to the BC Summer Games. Shirley started completing the meet results for her own club, and once electronic results became

available, Shirley grasped the technology and was a pioneer in the field.

Shirley soon began helping other clubs and associations, and became the "go to" person for managing meet entries and results. Her skills were remarkable, her devotion even greater. Her support

for the sport and her work ethic will never be forgotten.

Shirley was previously recognized by BC Athletics as the recipient of the Dave Coupland Inspirational Award and the Ralph Coates Longstanding Service Award. Respected by all, Shirley Young is a beloved and true legend.

2017 BC Athletics Annual Awards

BC Athletics Hall Of Fame Inductees, 2017

MAURICE TARRANT - ATHLETE

Maurice Tarrant's assault on the Canadian Masters record book began in the late 1980s. Since then, he has broken more than 50 Canadian records. While most of his racing was done in British Columbia, he did compete at the:

World Athletics Veterans Association (now World Masters Athletics) Championships in Eugene, Ore. and Buffalo, N.Y. where he won gold and bronze.

World Masters Games in Edmonton where he won three golds in the M75 category.

His dominance however is most evident in the Vancouver Island Road Race Series where, in eight races from 5K to half-marathon, Maurice has won his age category EVERY YEAR since 1988.

GIVING BACK - Every spring Maurice:

- Coaches a training group for the Victoria 10K.
- Coordinates the course marshals for the Royal Victoria Marathon.
- For many years directed his club's race in the Island Series.

RECORDS - Maurice still holds 16 BC Masters Road Running and 10 BC masters track records.

Inducted into the Canadian Masters Athletics Hall of Fame in 2010, BC Athletics is very proud and honoured to welcome Maurice Tarrant into the BC Athletics Hall of Fame.

LENORE MONTGOMERY - ATHLETE

True to the value of Sport for Life, Lenore Montgomery began running in masters road races when she was 53. Her assault on the Canadian masters record books began 20 years later.

In 2003, when she was 73, Lenore broke the W70 Canadian Record for 5,000m and captured gold in the 5000m and silver in 1,500m at the Canadian Masters Track & Field Championships. Lenore established World and Canadian records at distances from 400m to 10K in the W70, W75 and W80 categories, with her 5000m record from 2003 still standing.

In 2011 Lenore's outstanding performances, records and honours continued with:

- Canadian record in the W80 800m
- A world record in the 1,500m.
- A W80 victory in the prestigious Carlsbad 5000, in



world record time.

- Gold in the 400m and the 5K at the World Masters Athletics championships in Sacramento, Calif.
- Being named BC Athletics Masters Female Road Runner of the Year.

In 2012, at 81, Lenore improved both her record times from the previous year and was named CMA Athlete of the Month for July 2012 and inducted into the Canadian Masters Athletics Hall of Fame in 2012. BC Athletics is honoured to induct into the BC Athletics Hall of Fame Lenore Montgomery, a true proponent and champion of Athletics as a Sport for Life.

JOHN HAWKINS - ATHLETE

Excelling in both high jump and basketball while attending UBC, John Hawkins' success and involvement in track & field has continued for more than five decades. His track & field achievements include:

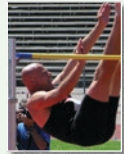
- 1st Canadian to clear 7 feet in the high jump
- 1970 Commonwealth Games silver medal
- 1971 Pan American Games
- 1972 Olympian
- 1973 World Student Games bronze medal
- 1973 Pan-Pacific Games gold medal

As a masters athlete John has:

- Competed in 12 Canadian Masters Track & Field Championships.
- Won 39 gold, seven silver and six bronze medals in a range of events including high jump, pole vault, long jump, discus, javelin, hurdles, pentathlon and throws pentathlon.

MASTERS RECORDS

- Broke Canadian Masters records 37 times in High jump (M40, M45, M50, M55, M60), Pole vault (M55), Decathlon (M50, M55), and Long Jump (M55).
- Currently John has 12 Canadian Masters records in the outdoor High jump (M40, M50, M55, M60), Pole vault (M55) and decathlon (M55) and indoor records in the high jump, heptathlon and pentathlon.
- World and International Masters Track & Field Championships
- Nine World Masters Championships: four gold, five silver and five bronze.
- Two World Masters Games: two gold and one silver medal.



2017 BC Athletics Annual Awards

BC Athletics Hall Of Fame Inductees, 2017

- USA Masters Track & Field Championships: 22 gold medals.

HONOURS

- Twice selected as the Canadian Masters Field Athlete of the Year.
- Three times BC Athletics Masters Male Athlete of the Year.
- 2006 Sport BC Masters Athlete of the Year.
- John continues to give back to the sport of Athletics through his volunteer work as:
 - A coach for the West Vancouver Track and Field Club for five years and two years as president.
 - Combined events coach for the UBC track and field team.
 - Canadian Masters Athletics multi-events records chair.

Inducted into the CMA Hall of Fame in 2015, BC Athletics is honoured to induct John Hawkins into the BC Athletics Hall of Fame.

HERB PHILLIPS - ATHLETE

Herb Phillips has been the most successful long-distance runner ever in BC Masters Athletics, competing in events from 800m on the track to 100K on the Road. His accomplishments include:

- 1988 M45 Canadian Masters 10K Road Champion and the Vancouver Marathon, Toronto Marathon, Victoria Marathon and the USA Masters Marathon Champion.
- 1992 to 2007 - 11-time Canadian Masters Cross-Country Champion.
- 2000 - M60 Ultra Marathon Champion (Canadian 100K, World 100K, Haney to Harrison 100K). In addition he also won the M60 NCCWMA 10K, the TC 10K, Hawaii 10K, Vancouver Sun 10K, the San Francisco Marathon, two Vancouver Half-Marathons, BC 5K Championship, BC Cross-Country Championship, Canadian Cross-Country Championship, and three gold at the Hayward Classic T&F meet in Eugene.

Herb's success continued when, in 2015, his M75 age group 5,000m time of 20:51.35 ranked him #2 in the world for his age group.

Herb has:

- Competed in 1,042 races.
- Logged 102,641 miles (this is more than 4 times around Earth).

- Set and still holds 19 BC and five Canadian records.
- Set a single-age world record (2:47:28) for the M63 marathon.

- At 64, ran the marathon in 2:47:02.

BC ATHLETICS MASTERS AWARDS

- Male Road Running Athlete of the Year 10 times.
- Male Cross Country Athlete of the Year six times.
- Male Track & Field Athlete of the Year twice.
- Over his running career Herb has been a member of both the Kajaks Track & Field Club and the Prairie Inn Harriers, served as a director of the BC Athletics Masters Committee for eight years - four as chair.

Inducted into the CMA Hall of Fame in 2017 BC Athletics is honoured to induct Herb Phillips into the BC Athletics Hall of Fame.

AVRIL DOUGLAS - ATHLETE

Avril Douglas' running career began in the early 90s in the W45 age division. In 1993, she set a Canadian masters record in the W45 200m, a record that stands today. In 1996, Avril broke five Canadian masters records in the W50 100m, 200m, 400m, 800m, 1500m and added the mile record the following season.

Competing in the W55 age group at the 2001 Canadian Masters Championships, Avril broke all three Canadian masters sprint records in the 100m, 200m and 400m and, in doing so, set world masters W55 records at 200m and 400m. She still holds four Canadian masters records at 200m (W45: 27.15), 400m (W45: 60.02 and W55: 62.40) and mile (W55: 5:41.38).

International success has been a part of Avril's success in athletics. She won silver in the 800m and bronze in the 400m at the 1993 World Masters Championships in Japan and then again in 2000 with five golds at the North American, Central American and Caribbean WMA Championship in Kamloops, B.C.

She competed for the Richmond Kajaks Track & Field Club under the coaching of her long-time coaches Rod Palmer and JJ Schmidt and gives back to the club by coaching the Kajaks' Track Rascals program.

Inducted into the Canadian Masters Athletics Hall of Fame in 2011 and chosen as BC Athletics Masters Women Athlete of the Year four times, BC Athletics is honoured to welcome Avril Douglas to the BC Athletics Hall of Fame.



2017 Canadian Teams Recognition

NACAC 10K

FEB. 26, SAN JUAN, PUERTO RICO

NAME	EVENT	HOMETOWN	CLUB
Lucas Bruchet	10K	Vancouver	TBIR
Rachel Cliff	10K	Vancouver	UNBC

Pan American Cross-Country Championships

MARCH 4, BOCA RATON, FLORIDA

NAME	EVENT	HOMETOWN	CLUB
Hannah Bennison	5K	Vernon	OACS
Lisa Brooking	8K	Surrey	LANG
Kieran Lumb	6.5K	Vancouver	TBIR
Bruce Deacon	Team Coach	Victoria	PIHR
Mark Gottfried	Physiotherapist	Victoria	

IAAF World Cross-Country Championships

MARCH 26, KAMPALA, UGANDA

NAME	EVENT	HOMETOWN	CLUB
Hannah Bennison	6K	Vernon	OACS
Lisa Brooking	10K	Surrey	LANG
Kieran Lumb	8K	Vancouver	TBIR
Lynn Kanuka	Head Coach	Surrey	OATF
Gillian Wright	Team Manager	Vancouver	UNBC
Chris Napier	Physiotherapist	Vancouver	
Dr. Melina Thibodeau	Team Physician	Victoria	

IAAF World Relays

MAY 4 – 5, NASSAU, BAHAMAS

NAME	EVENT	HOMETOWN	CLUB
Ben Ayesu-Attah	4x400m	Coquitlam	COQC
Whitney Rowe	4x400m	Burnaby	UNBC
Dr. Duriell Bernard	Chiropractor	Port Moody	

Pan American Race Walking Cup

MAY 13 – 14, LIMA, PERU

NAME	EVENT	HOMETOWN	CLUB
Mathieu Bilodeau	50km Racewalk	Vancouver	WALK
Evan Dunfee	20km Racewalk	Richmond	WALK
Alger Liang	10km Racewalk	Vancouver	WALK
Benjamin Thorne	20km Racewalk	Kitimat	WALK
Gerry Dragomir	Head Coach	Vancouver	WALK

2017 Canadian Teams Recognition

IPC World Championships

JULY 14 – 23, LONDON, GREAT BRITAIN & N.I.

NAME	EVENT	HOMETOWN	CLUB
Ness Murby	F11 Javelin	Salt Spring Island	UNBC
Tristan Smyth	T54 4x400m	Maple Ridge	WCRS
Liam Stanley	T37 1500m	Victoria	PIHR
Bruce Deacon	Team Coach	Victoria	PIHR
Lisa Myers	Team Coach	Victoria	BCWS
Dr. Duriell Bernard	Chiropractor	Port Moody	
Nathan Garrison	Massage Therapist	Victoria	
Dr. Melina Thibodeau	Team Physician	Victoria	

Commonwealth Youth Games

JULY 18 – 23, NASSAU, BAHAMAS

NAME	EVENT	HOMETOWN	CLUB
Paul Fisher	400m	Vancouver	TBIR
Dolly Gabri	Shot Put / Discus	Surrey	CTC1
Alexa Porpaczy	High Jump	Surrey	VRTC
Katarina Vlahovic	100m Hurdles	Surrey	UATH

Pan American Junior Championships

JULY 21 – 23, TRUJILLO, PERU

NAME	EVENT	HOMETOWN	CLUB
Chanell Botsis	Hammer Throw	Richmond	KJAK
Jason Clare	Pole Vault	Nanaimo	NTFC
Joel Della Siega	High Jump	Vancouver	TBIR
Anastas Eliopoulos	110m Hurdles	Vancouver	VOC
Vikramjit Gondara	Hammer Throw	Abbotsford	VRTC
Rowan Hamilton	Hammer Throw	Chilliwack	VRTC
Quinn Litherland	400m / 4*100m	Vancouver	TBIR
Kieran Lumb	5,000m	Vancouver	TBIR
Keira McCarrell	Javelin / Heptathlon	Abbotsford	UNBC
Taryn O'Neill	3,000m	Lake Country	OAC
Camryn Rogers	Hammer Throw	Richmond	KJAK
Janet Neufield	Team Manager	New Westminster	UNBC

2017 Canadian Teams Recognition

Jeux de la Francophonie

JULY 21 – 30, ABIDJAN, IVORY COAST

NAME	EVENT	HOMETOWN	CLUB
Spencer Allen	Pole Vault	Kamloops	UNBC
Ben Ayesu-Attah	400m / 4*400m	Coquitlam	COQC
Ryan Brockerville	3000m SC	Marystown, N.L.	UNBC
Lindsey Butterworth	800m	North Vancouver	CTC1
Helen Crofts	800m	West Vancouver	UNBC
Erica Digby	5,000m	Vancouver	TBIR
John Gay	3000m SC	Kelowna	TBIR
Justin Kent	1500m	Surrey	CTC1
Kendra Pomfret	1500m / 5,000m	Roberts Creek	TBIR
Brendon Restall	800m	Victoria	UVIC
Jessica Smith	800m	North Vancouver	VRTC
Lauren Stuart	Hammer Throw	Kamloops	UNBC
Rostam Turner	Decathlon	Kelowna	OAC
Pat Sima-Ledding	Team Coach	Kelowna	OAC
Patricia Roney	Physiotherapist	Victoria	
Dr. Erik Yuill	Chiropractor	Vancouver	

World Mountain Running Championship

JULY 30, PREMANA, ITALY

NAME	EVENT	HOMETOWN	CLUB
Annika Austin	4K	Vancouver	TBIR
Adele Blaise-Sohnius	8K	Germany	UNBC
Aidan Doherty	8K	West Vancouver	HHAC
Adrienne Gomes	8K	Squamish	UNBC
Chantelle Groenewoud	8K	Vancouver	CVSC
Ross Henderson	8K	North Vancouver	HHAC
Kieran Lumb	8K	Vancouver	TBIR
Austin Sutherland	8K	North Vancouver	HHAC

IPC World Para Athletics Junior Championships

AUG. 3 – 6, NOTTWIL, SWITZERLAND

NAME	EVENT	HOMETOWN	CLUB
Michael Barber	T20 1500m	Victoria	PIHR
David Johnson	T12 100m	Saanichton	VICS

2017 Canadian Teams Recognition

IAAF World Championships

AUG. 4 – 13, LONDON, GREAT BRITAIN & N.I

NAME	EVENT	HOMETOWN	CLUB
Mathieu Bilodeau	50 km Racewalk	Québec City	WALK
Alycia Butterworth	3000m SC	Parksville	UNBC
Lindsey Butterworth	800m	North Vancouver	CTC1
Rachel Cliff	10,000m	Vancouver	BCEP
Evan Dunfee	50 km Racewalk	Richmond	WALK
Liz Gleadle	Javelin	Vancouver	TBIR
Michael Mason	High Jump	Nanose Bay	NTFC
Christabel Netthey	Long Jump	Surrey	UNBC
Dayna Pidhoresky	Marathon	Vancouver	UNBC
Ben Thorne	20 km Racewalk	Kitimat	WALK
Alyxandria Treasure	High Jump	Prince George	PGTF
Jillian Weir	Hammer Throw	Kingston, Ont.	UNBC
Natasha Wodak	10,000m	Surrey	PIHR
Dr. Paddy McCluskey	Team Physician	Victoria	
Dr. Simon Pearson	Chiropractor	Victoria	
Dr. Trent Stellingwerff	IST Lead/Physiologist	Victoria	

Summer Universiade Games (FISU)

AUG. 19 – 30, TAIPEI, TAIWAN

NAME	EVENT	HOMETOWN	CLUB
Spencer Allen	Pole Vault	Kamloops	UNBC
Ben Ayesu-Attah	400m / 4*400m	Coquitlam	COQC
Agnes Esser	Discus / Hammer Throw	Victoria	UNBC
John Gay	3000m SC	Kelowna	TBIR
Nathan George	400m / 4*400m	Pitt Meadows	COQC
James Linde	100m / 200m / 4*100m	Coquitlam	COQC
Sullivan Parker	Shot Put	Tofino	UNBC
James Turner	Decathlon	Kelowna	OAC
Regan Yee	1500m	Langley	LANG
Carolyn Daubeny	Massage Therapist	Vancouver	
Sheldan Gmitroski	Team Coach	Victoria	





2017 B.C. Athletics Annual Awards Banquet

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