



2019 Annual Award Nominees & Recipients

COACHING, OFFICIATING, & VOLUNTEER SERVICE AWARDS

Coaching Excellence Award Recipients

Name	Club	Category
Graeme Fell	Vancouver Thunderbirds	Junior Development
Besnik Mece	Vancouver Olympic Club	U16 / U18
Garrett Collier	Kajaks Track & Field Club	U20 / Senior
Gerry Dragomir	Racewalk West	High Performance

Officiating Service Award Recipients

Name	Club	Category
Dave Short	Ocean Athletics	Longstanding Service
Chris Eliopoulos	Vancouver Olympic Club	Inspirational Service
Marilyn Benz	Okanagan Athletics	Novice Official
Brad Heinzman	Okanagan Athletics	Official of the Year

Volunteer Service Award Recipients

Name	Club	Category
Dan Horan	Trail Track & Field Club	Jane Swan
Urith Hayley	Greyhounds Track & Field Club	Executive of the Year

CROSS COUNTRY ATHLETE AWARDS

Cross Country Runners of the Year Recipients – U16

Name	Gender	Club
Ella Madsen	Female	Coquitlam Cheetahs
Christina Peet Williams		Chilliwack Track & Field
Caiden Lee	Male	Ocean Athletics
Tion McLeish		Victoria Speed Project

Cross Country Runners of the Year Recipients – U18

Name	Gender	Club
Madelyn Bonikowsky	Female	Kootenay Chaos
Jaiveer Tiwana	Male	Coastal Track Club

Cross Country Runners of the Year Recipients – U20

Name	Gender	Club
Taryn O'Neill	Female	Okanagan Athletics/ Villanova University
Jack Boden	Male	Prairie Inn Harriers / University of Victoria

Cross Country Runners of the Year Recipients – Senior

Name	Gender	Club
Sarah Inglis	Female	Langley Mustangs
Luc Bruchet	Male	Mile2Marathon

HALL OF FAME INDUCTIONS

Hall of Fame Inductees

Name	Club	Category
Jake Madderom	Kajaks Track & Field Club	Athlete & Builder

MASTERS ATHLETE AWARDS

Masters Athlete of the Year Recipients (Female)

Name	Club	Category
Patty Szybunka	NorWesters Track & Field Club	Track
Myrtle Acton	Peninsula Track & Field Club	Field
Jen Millar	Unattached BC	Cross Country
Natasha Wodak	Prairie Inn Harriers Racing Team	Road Running

Masters Athlete of the Year Recipients (Male)

Name	Club	Category
Tom Dickson	Greyhounds Masters TFC	Track
Michael Deady	Unattached BC	Field
Dave Cressman	Unattached BC	Cross Country
David Guss	Kelowna Running Club	Road Running

PARA-ATHLETIC ATHLETE AWARDS

Para-Athletics Athlete of the Year Recipients

Name	Gender	Club	Events
Ness Murby & Eva Fejes	Female	Unattached BC	Discus (F11)
Nathan Reich	Male	Unattached BC	1500m (T38)

ROAD RUNNING ATHLETE AWARDS

Road Runner of the Year Award Recipients – Junior

Name	Gender	Club
Jonah Brost	Male	Prairie Inn Harriers Racing Team

Road Runner of the Year Award Recipients – Senior

Name	Gender	Club
Rachel Cliff	Female	Vancouver Thunderbirds
Evan Esselink	Male	Mile2Marathon

TRACK & FIELD ATHLETE AWARDS

Track & Field Athlete of the Year Recipients – U16 (Female)

Name	Club	Events
Hannah Arychuk	Victoria Speed Project	300m
Maya Baechler	Vancouver Thunderbirds	800m . 1200m
Liepa Bajarunas	Coquitlam Cheetahs	Javelin
Brianna Breau	Okanagan Athletics Club	Javelin
Mekhila Brown	Okanagan Athletics Club	High Jump
Jaeland Cummings	UNBC	300m
Lindsay Cyr	South Surrey Athletic Club	Shot Put
Keerat Dhillon	Universal Athletics Club	Discus
Sophie Forsyth	Vancouver Olympic Club	1500m SC
Emily Franke	South Surrey Athletic Club	Shot Put
Madison Gordon	Langley Mustangs	High Jump . Pentathlon
Isabella Hall	Alberni Valley Track & Field Club	Hammer
Sasha Kolodko	UNBC	Hammer
Ella Madsen	Coquitlam Cheetahs	800m . 1200m . 2000m
Jordyn Reed	Vancouver Thunderbirds	Triple Jump
Adria Sellers	Vancouver Olympic Club	300mH
Isla Stewart	Ocean Athletics	High Jump
Sonya Urbanowicz	Nanaimo & District Track & Field Club	Pole Vault
Krysthina Vlahovic	Universal Athletics	80mH

Track & Field Athlete of the Year Recipients – U16 (Male)

Name	Club	Events
Mason Andulajevic	UNBC	Hammer
Cayden Arnold	Ocean Athletics	Pole Vault
Cole Bibby	Kamloops Track & Field Club	Javelin
Tyson Carr	Okanagan Athletics Club	300m . Pole Vault
Kairo Chiang	Royal City Track & Field Club	100mH
Ryan Cyr	South Surrey Athletic Club	Shot Put
Kai Hussein	Coquitlam Cheetahs	Shot Put
Hudson Irvine	Coastal Track Club	800m
George Kordas	Ocean Athletics	Pole Vault
Jaxon Kuchar	Trail Track & Field Club	1500m SC
Caiden Lee	Ocean Athletics	800m . 1200m . 2000m
Ethan Longley	South Surrey Athletic Club	Hammer . Shot Put
Yang Luo	Nanaimo & District Track & Field Club	300mH
Deven Marrero	South Surrey Athletic Club	Hammer
Isaac Naumenko	UNBC	1500m RW
Michael Ogbeiwii	South Surrey Athletics	Shot Put . Discus . Hammer
Frank Padar	UNBC	Shot Put
Nate Paris	Nanaimo & District Track & Field Club	100mH . 300mH . High Jump
Ethan Tansky	Comox Valley Cougars	300mH
Aidan Turner	Ocean Athletics	100mH . 300mH . Pole Vault
Levi Tuura	Royal City Track & Field Club	High Jump
Matthew Uliana	Vancouver Thunderbirds	Discus . Hammer . Shot Put
Kian Zabihi	Kamloops Track & Field Club	Hammer . Shot Put

Track & Field Athlete of the Year Recipients – U18

Name	Gender	Club	Event
Kendra Lewis	Female	Vancouver Olympic Club	1500m, 3000m
Aidan Grout	Male	Langley Mustangs	High Jump

Track & Field Athlete of the Year Recipients – U20

Name	Gender	Club	Event
Alexa Porpaczy	Female	UNBC / University of Arizona	High Jump
Rowan Hailton	Male	Kajaks Track & Field Club	Hammer

Track & Field Athlete of the Year Recipients – Senior

Name	Gender	Club	Event
Liz Gleadle	Female	Vancouver Thunderbirds	Javelin
Evan Dunfee	Male	Racewalk West	50KM Racewalk

